

Atlantic College 10K

Sunday 15 February 2004. 11:00 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:30:40	GARDINER, Richard	Cardiff AC		449	1
2	0:31:21	REES, Martin	Swansea Harriers	Vet50 Men	96	2
3	0:31:26	RICHARDS, Paul	Swansea Harriers		492	3
4	0:31:38	MORGAN-LEE, Andy	salford harriers		406	4
5	0:31:43	JONES, Simon	Cardiff AAC		264	5
6	0:31:48	JONES, Rodri	western harriers		343	6
7	0:31:52	BAKER, Julian	Les Croupiers		483	7
8	0:32:24	LEWIS, Simon	Cardiff AC		392	8
9	0:33:12	GURMIN, Matthew	Abertillery Achilles Athletic Club		265	9
10	0:33:19	GRIFFITHS, Paul	Swansea Harriers		161	10
11	0:33:38	LEWIS, Geraint	Bridgend		340	11
12	0:33:54	BULLEN, Richard	Les Croupiers	Vet40 Men	141	12
13	0:34:25	ROBERTS, Mark	Swansea Harriers		455	13
14	0:34:27	LEWIS, Tim	Brackla Harriers		95	14
15	0:34:35	NURSE, Simon	Les Croupiers		318	15
16	0:34:49	MCGEOCH, Mick	Les Croupiers	Vet40 Men	130	16
17	0:35:20	MEYLER, Chris	Pontypridd Roadents AC		52	17
18	0:35:24	JONES, Gareth			138	18
19	0:35:40	FOSS, Mark			39	19
20	0:36:07	EDWARDS, Kit	MDC	students boys	497	20
21	0:36:12	SPILSBURY, Ian	Penarth & Dinas Runners		2	21
22	0:36:23	DYDE, Robert	Pembroke Harriers		256	22
23	0:36:30	TOWNSEND, Matthew	Les Croupiers		34	23
24	0:36:45	TALBOG, Paul	Neath Harriers		399	24
25	0:36:50	DIXON, Sharon	Bristol	Vet35 Ladies	152	25
26	0:36:52	EVANS JONES, Dewi	trots	Vet40 Men	336	26
27	0:36:54	COLES, David	Les Croupiers	Vet40 Men	174	27
28	0:36:57	GRIFFITHS, Dave	West Four Harriers		127	28
29	0:37:12	MEYLER, Phil	Pontypridd Roadents AC	Vet40 Men	53	29
30	0:37:20	ELLIS, Melanie	Shaftesbury Barnet	Vet35 Ladies	28	30
31	0:37:28	OSBORNE, Simon	Bridgend	Vet40 Men	94	31
32	0:37:53	HUGHES, Maggie			222	32
33	0:38:11	CLEMENT, Clem	Penarth & Dinas Runners	Vet40 Men	21	33
34	0:38:13	DIFFEY, John	Les Croupiers		109	34
35	0:38:16	THOMAS, David			180	35
36	0:38:23	LANDERS, Nick	Newport Harriers		410	36
37	0:38:24	BELCHER, Paul		Vet50 Men	17	37
38	0:38:30	PRICE, David	Les Croupiers		63	38
39	0:38:38	DONOVAN, Alan		Vet40 Men	486	39
40	0:38:43	JAMES, Daniel	Pontypridd Roadents AC	students boys	485	40
41	0:38:44	OSMOND, Clive	Les Croupiers	Vet40 Men	176	41
42	0:38:46	DIFFEY, Andy (James)	Les Croupiers		108	42
43	0:38:55	MORTON, Peter		students boys	250	43
44	0:39:04	ASTON, Jeff	Les Croupiers	Vet50 Men	478	44
45	0:39:06	WILCOX, Robert James	Penarth & Dinas Runners		236	45
46	0:39:08	GREEN, Mike			185	46
47	0:39:11	JONES, Christopher	San Domenico	Vet50 Men	129	47
48	0:39:11	HAMER, Phil			354	48
49	0:39:14	SEWELL, Richard	Les Croupiers	Vet40 Men	453	49
50	0:39:16	DAWES, Paul	San Domenico		495	50
51	0:39:22	GILLARD, Alan		Vet40 Men	157	51
52	0:39:27	HANNA, Kelsham	Rhayader AC		405	52
53	0:39:30	WILLIAMS, Jason			261	53
54	0:39:31	THOMAS, Paul		Vet40 Men	445	54
55	0:39:31	STEPHEN, Charles			470	55
56	0:39:44	KETCHIN, Andy	Cardiff Medics		219	56
57	0:39:45	GRIFFITHS, John	Cardiff Harlequins	Vet40 Men	179	57
58	0:39:46	CLARKE, Kelvin	Islwyn Running Club	Vet40 Men	397	58
59	0:39:47	BLACKMORE, Chris	Cardiff Harlequins		188	59
60	0:39:48	DEACON, Peter	Swansea Harriers	Vet40 Men	462	60
61	0:39:54	LEECH, Sharon	Amman Valley Harriers		47	61
62	0:39:55	GUNTHORPE, David	Cardiff Tri		60	62
63	0:40:07	DELANEY, James	San Domenico	Vet40 Men	328	63
64	0:40:08	OWEN, Eifion		Vet40 Men	48	64
65	0:40:12	DUNSCOMBE, Mark	Sarn Helen	Vet40 Men	166	65
66	0:40:17	FORD, Sharon	Brackla Harriers		243	66

67	0:40:17	EZARD, Paul	Brackla Harriers		58	67
68	0:40:19	MORGAN, Ed	Taff Ely Triathlon	Vet40 Men	150	68
69	0:40:28	PALMER, Andrew	Penarth & Dinas Runners		121	69
70	0:40:34	TENNANT, Brian	Serpentine Running Club		493	70
71	0:40:39	DONNAN, Graeme	Les Croupiers	Vet50 Men	12	71
72	0:40:40	POWELL, Mark			42	72
73	0:40:40	WILLIAMS, David			126	73
74	0:41:00	HILL, Terry	Brackla Harriers		59	74
75	0:41:03	WILLIAMS, Paul		students boys	74	75
76	0:41:18	FORD, Paul	Brackla Harriers		244	76
77	0:41:20	GAFFEL, Gary			75	77
78	0:41:22	SCHOLEY, Julie	Les Croupiers	Vet35 Ladies	151	78
79	0:41:23	HALLIWELL, Mark	Brackla Harriers	Vet40 Men	66	79
80	0:41:24	SAMSON, Glyn		Vet40 Men	494	80
81	0:41:29	DAVIES, Stuart	Cornelly Striders	Vet40 Men	259	81
82	0:41:33	PUGSLEY, R.			412	82
83	0:41:42	MURPHY, Denis	Les Croupiers	Vet50 Men	103	83
84	0:41:51	OSAKA, Toshihiro		students boys	213	84
85	0:42:00	BOWSHER, Stephen		Vet40 Men	122	85
86	0:42:01	SUMMERHAYES, Polly	Cardiff Medics		220	86
87	0:42:06	HOBBS, K			263	87
88	0:42:07	RIDOUT, Mike	Brackla Harriers	Vet50 Men	177	88
89	0:42:17	EVANS, Craig	Pencoed Tri Club		252	89
90	0:42:38	LAWRENCE, Michael	Pembroke Harriers	Vet40 Men	333	90
91	0:42:38	BURT, Tony	Brackla Harriers	Vet60 Men	137	91
92	0:42:40	ROBSON, Kate	Les Croupiers		162	92
93	0:42:41	SHANAHAN, Andy	Pencoed Tri Club		350	93
94	0:42:45	ANSELL, Stuart	Cardiff Tri		240	94
95	0:42:50	POWELL, Anthony			98	95
96	0:42:51	BENTLEY, Tom		students boys	201	96
97	0:42:53	ATKINS, Lucy	Pontypridd Roadents AC		325	97
98	0:42:55	CHANDLER, Mike	Pontypridd Roadents AC	Vet50 Men	322	98
99	0:42:55	WEEKS, John	Islwyn Running Club	Vet40 Men	155	99
100	0:42:58	MILLER, Carol	Les Croupiers	Vet35 Ladies	237	100
101	0:42:58	DAVIES, Gary	Road Runners Club	Vet40 Men	23	101
102	0:43:05	TANDY, Phil	San Domenico	Vet40 Men	117	102
103	0:43:11	OLIVER, Colin			416	103
104	0:43:13	GILBODY, Jon			469	104
105	0:43:15	EVANS, Rob	Brackla Harriers	Vet40 Men	358	105
106	0:43:23	SUMMERHAYES, Rob	Cardiff Medics		221	106
107	0:43:25	DAVIES, Des	Les Croupiers	Vet50 Men	235	107
108	0:43:36	THOMAS, Andrew		Vet40 Men	276	108
109	0:43:37	CADOGAN, Jeff			5	109
110	0:43:38	WALKER, Claire	Pewsey Vale RC		251	110
111	0:43:43	WILSON, Rob	Penarth & Dinas Runners	Vet40 Men	351	111
112	0:43:47	CANNOR, Shaun	Les Croupiers		349	112
113	0:43:49	REES, Phil			182	113
114	0:43:49	WHITE, Phil			394	114
115	0:43:52	TANDY, Joe		students boys	197	115
116	0:43:54	WILLIAMS, Jan	Les Croupiers	Vet35 Ladies	457	116
117	0:43:58	DAVIES, Leighton	Brackla Harriers		242	117
118	0:44:20	THOMAS, Matthew		students boys	50	118
119	0:44:24	WILLIAMS, Heidi			85	119
120	0:44:27	WEBB, Anna		Vet45 Ladies	459	120
121	0:44:28	FERRAND, Joel	swoc	students boys	408	121
122	0:44:30	HENDRY, Neil	Penarth & Dinas Runners	Vet40 Men	24	122
123	0:44:33	JONES, Gideon		Vet40 Men	266	123
124	0:44:36	HOLLOWAY, Don		Vet50 Men	91	124
125	0:44:43	MIYAGAWA, Yuma		students boys	206	125
126	0:44:44	TURNER, Amy	Les Croupiers		401	126
127	0:44:45	PARKER, Steve	Pencoed Tri Club		479	127
128	0:44:47	STOCK, Rupert		students boys	207	128
129	0:45:00	COLMAN, Paul	Pembroke Harriers	Vet40 Men	255	129
130	0:45:05	GWILYM, Siwan			347	130
131	0:45:08	MOLYNEUX, Anne	Epsom & Ewell	Vet35 Ladies	29	131
132	0:45:09	RAYNOR, Michael			183	132
133	0:45:14	THOMAS, Anthony			415	133
134	0:45:14	MORSE, Nigel			43	134
135	0:45:27	DAVIES, Jeff	Team Real Runners		45	135
136	0:45:36	SINCLAIR, Paul			506	136
137	0:45:41	BOWSHER, Judi	Brackla Harriers	Vet35 Ladies	33	137
138	0:45:48	LOWTHER, Keith	San Domenico	Vet50 Men	396	138

139	0:45:52	KEEPING, Stuart		Vet40 Men	456	139
140	0:45:52	PROTHEROE, Phil	Road Runners Club		105	140
141	0:45:55	SEAMAN, Carl	Rhondda Valley Runners		329	141
142	0:45:56	SEWELL, Steve		Vet40 Men	11	142
143	0:45:57	FIELDING, Paul	port talbot	Vet40 Men	253	143
144	0:45:58	HILL, Steve			355	144
145	0:46:06	ARCHER, Dan	RAF Triathlon Club	Vet40 Men	316	145
146	0:46:11	WALLACE, Jeff		Vet40 Men	119	146
147	0:46:16	FURLONG, Paul		Vet50 Men	409	147
148	0:46:18	TREHARNE, Keith	Brackla Harriers	Vet50 Men	139	148
149	0:46:20	RICHARDS, Samuel			338	149
150	0:46:30	THOMAS, James		Vet40 Men	169	150
151	0:46:32	PHILLIPS, Sian	Swansea Harriers	Vet35 Ladies	178	151
152	0:46:33	SEDGMOND, Andrew	Les Croupiers	Vet40 Men	330	152
153	0:46:36	WILLIAMS, Martin	gwent police	Vet40 Men	337	153
154	0:46:37	FOLLAN, Anne	Pontypridd Roadents AC		465	154
155	0:46:43	HOWE, Richard			111	155
156	0:46:47	WARD, Jemma	Les Croupiers		167	156
157	0:46:49	MASON, Alan		NDB	32	157
158	0:46:57	DAVIS, Chris			193	158
159	0:46:59	HENDRY, Joanna	Penarth & Dinas Runners		25	159
160	0:47:04	REES, Lisa	Cardiff Tri		395	160
161	0:47:04	BLACKMORE, Zsuzsanna			189	161
162	0:47:04	MARSTAD, Andreas		students boys	195	162
163	0:47:05	VERSPoor, Rudi		students boys	215	163
164	0:47:06	THOMAS, Emma			346	164
165	0:47:07	KAY, Adrian			102	165
166	0:47:23	JONES, Cledwyn	Les Croupiers	Vet60 Men	233	166
167	0:47:24	BEATTY, Claire	Les Croupiers		133	167
168	0:47:31	PHILLIPS, Anthony	Penarth & Dinas Runners	Vet40 Men	341	168
169	0:47:32	WILLIAMS, Stephen	Les Croupiers	Vet40 Men	507	169
170	0:47:43	VAN DER VEN, Colette		students girls	214	170
171	0:47:46	PAYNE, John			260	171
172	0:47:46	JONES, Shan		Vet45 Ladies	159	172
173	0:47:47	CLAYDON, Mary			163	173
174	0:47:55	COLES, Stewart			143	174
175	0:47:56	MACHIN, Frances	Les Croupiers		112	175
176	0:47:57	HIBBS, David		Vet40 Men	6	176
177	0:47:58	CUNNANE, John		Vet50 Men	331	177
178	0:48:03	DAVIES, Adrian	City of London Police		110	178
179	0:48:07	PARKER, Simon	Fontygary Tri-Club		488	179
180	0:48:10	HARRIES, John			54	180
181	0:48:11	JAKEMAN, Ian			175	181
182	0:48:16	DUNCAN, Grant		Vet40 Men	90	182
183	0:48:18	PEARCE, Michael	Pembroke Harriers	Vet50 Men	448	183
184	0:48:21	WILLIAMS, Nicola	Les Croupiers		393	184
185	0:48:25	GILBERT, David	MDC	Vet50 Men	239	185
186	0:48:25	ROBERTS, Glenn			403	186
187	0:48:30	NTOKOZO, Xaba	Atlantic College	students boys	246	187
188	0:48:35	COLMAN, Jill	Pembroke Harriers	Vet35 Ladies	332	188
189	0:48:36	OTLEY, C.O.		Vet50 Men	402	189
190	0:48:44	BAILEY, Mel	San Domenico	Vet50 Men	326	190
191	0:48:47	CROSS, Neil		Vet40 Men	26	191
192	0:48:49	HOWE, Richard W			460	192
193	0:48:50	NAYLOR, Larissa	Great Western Runners		476	193
194	0:48:51	JAMES, Simon	Les Croupiers		172	194
195	0:48:55	JAMES, Mike	Les Croupiers	Vet60 Men	173	195
196	0:48:57	THOMAS, Alwyn		Vet40 Men	505	196
197	0:48:57	CURRIE, Seona	Penarth & Dinas Runners	Vet35 Ladies	170	197
198	0:48:59	THOMAS, Richard		Vet40 Men	51	198
199	0:48:59	FISHER, Paul		Vet40 Men	257	199
200	0:48:59	HYBART, Pete			232	200
201	0:49:01	FARNHAM, Malcolm	Les Croupiers	Vet60 Men	327	201
202	0:49:02	GRIFFITHS, Neil			501	202
203	0:49:08	MADDOCK, Huw		Vet40 Men	499	203
204	0:49:11	FLOWER, Nicola		Vet35 Ladies	454	204
205	0:49:14	EYRE, Deliene	3M's Gorseinon	Vet35 Ladies	192	205
206	0:49:14	EYRE, Marcus	3M's Gorseinon	Vet40 Men	191	206
207	0:49:27	GREEN, Richard	Bridgend		356	207
208	0:49:28	RAMSEY, Jo			278	208
209	0:49:30	READ, Jamie			147	209
210	0:49:40	MILLS, Laura			97	210

211	0:49:41	JONES, Arwyn		Vet50 Men	319	211
212	0:49:44	KNIGHT, Roland		Vet50 Men	247	212
213	0:49:44	JOHNSON, Clare	Les Croupiers	Vet55 Ladies	441	213
214	0:49:48	PHILLIPS, A. Teca	Penarth & Dinas Runners	Vet35 Ladies	451	214
215	0:49:55	REYNOLDS, Andrea	Swansea Harriers	Vet35 Ladies	135	215
216	0:50:00	REYNOLDS, David		Vet60 Men	190	216
217	0:50:04	TURNER, Wayne	Les Croupiers	Vet50 Men	317	217
218	0:50:10	HALL, Jeremy	Cardiff Tri		342	218
219	0:50:20	CLEMENT, Janice	Penarth & Dinas Runners	Vet45 Ladies	22	219
220	0:50:20	WHITMARSH KNIGHT, Steve		Vet50 Men	65	220
221	0:50:25	KING, Michael	Nailsea Running Club	Vet50 Men	140	221
222	0:50:29	JOHNSON, James		Vet60 Men	477	222
223	0:50:30	BROWN, Sheila		Vet55 Ladies	38	223
224	0:50:30	CHRISTMAS, Steven		Vet40 Men	491	224
225	0:50:39	THOMAS, Rhian		students girls	202	225
226	0:50:42	DYDE, Lorraine	Pembroke Harriers	Vet45 Ladies	334	226
227	0:50:42	RYAN, Toby		students boys	210	227
228	0:50:43	VAN LYNDEN, Joanna		students girls	200	228
229	0:50:43	ZIOLKOWSKI, Yetta		students girls	212	229
230	0:50:47	ARCHER, Paul	south wales police		443	230
231	0:50:52	JARMAN, Elspeth		Vet35 Ladies	279	231
232	0:50:53	BULBECK, Lynn		Vet35 Ladies	148	232
233	0:51:11	KAEMPFE, Kurt		students boys	218	233
234	0:51:13	MCKENZIE, Malcolm		Vet50 Men	1	234
235	0:51:17	REGRAGUI, Sabria		students girls	203	235
236	0:51:18	BUSHELL, Geoff		Vet50 Men	224	236
237	0:51:20	YOUNGER, Jan	Pembroke Harriers	Vet45 Ladies	258	237
238	0:51:31	EDWARDS, Ian		Vet40 Men	238	238
239	0:51:37	MORGAN, Howard		Vet60 Men	115	239
240	0:51:37	LLWYD, Gwenllian			496	240
241	0:51:38	CONROY, Annie	Les Croupiers	Vet55 Ladies	35	241
242	0:51:42	PEARCE, E.J.	Brackla Harriers	Vet35 Ladies	262	242
243	0:51:43	SWAYSLAND, Sarah			10	243
244	0:51:44	DUFFY, Hilary			164	244
245	0:51:46	FRANKS, Simon		Vet40 Men	187	245
246	0:51:50	WARNER, Ian John		Vet40 Men	40	246
247	0:51:56	WILLIAMS, Kevin		Vet40 Men	484	247
248	0:52:01	COLLINS, Andrea			55	248
249	0:52:01	CLARK, D			464	249
250	0:52:02	FRUDD, Andrew			16	250
251	0:52:03	GRAY, Liz	Ware Joggers	Vet35 Ladies	70	251
252	0:52:13	DAVIES, James			44	252
253	0:52:26	STEGGLES, Gareth			27	253
254	0:52:27	JONES, G.J.		Vet40 Men	463	254
255	0:52:29	ELLIOTT, Jessica			84	255
256	0:52:39	LOUDON, Myfanwy	Newport Harriers	Vet65 Ladies	125	256
257	0:52:40	O'NEILL, Paul		Vet40 Men	442	257
258	0:52:41	WILLIAMS, Nick		Vet40 Men	73	258
259	0:52:44	DARBY, Paul			145	259
260	0:53:00	CORN, Ken		Vet40 Men	154	260
261	0:53:16	BARTLETT, Ann		Vet45 Ladies	134	261
262	0:53:22	BAILEY, Nicola			359	262
263	0:53:32	REES, Catherine			15	263
264	0:53:33	BATER, Adrian		Vet40 Men	272	264
265	0:53:33	MARRIS, Lyn		Vet40 Men	273	265
266	0:53:45	VAUGHAN, Rob		Vet50 Men	146	266
267	0:53:50	THOMAS, Cecilia	David Lloyd	Vet45 Ladies	345	267
268	0:53:51	CHABERT, Catherine		Vet45 Ladies	184	268
269	0:53:52	BAIRSTOW, Clare	Brackla Harriers	Vet35 Ladies	160	269
270	0:54:00	DOEL, Phillip		Vet40 Men	144	270
271	0:54:05	DAVEY, Graham	Les Croupiers	Vet50 Men	482	271
272	0:54:06	BOULT, David		Vet50 Men	156	272
273	0:54:19	WILLIAMS, Joanna			271	273
274	0:54:37	SULLIVAN, Jeff		Vet50 Men	68	274
275	0:54:44	VINCE, Roger		Vet40 Men	37	275
276	0:54:54	HANSON, N		Vet40 Men	360	276
277	0:54:54	RANDALL, Ivan			348	277
278	0:55:01	THOMAS, J.P.	old parish running club		353	278
279	0:55:02	LEWIS, John	old parish running club		352	279
280	0:55:18	ISRAEL, Stephen			324	280
281	0:55:31	BROWN, Avril	Brackla Harriers	Vet35 Ladies	131	281
282	0:55:46	PRATT, Aranka		Vet55 Ladies	158	282

283	0:55:48	WHITWORTH, Vicky		Vet35 Ladies	487	283
284	0:55:49	FRY, Anne			339	284
285	0:56:14	FERRAND, Nigel	swoc	Vet40 Men	407	285
286	0:56:15	KILLICK, Richard		Vet50 Men	277	286
287	0:56:26	FRENCH, Louise		Vet35 Ladies	489	287
288	0:56:27	SMITH, Julia		Vet35 Ladies	490	288
289	0:56:29	BROWN, Sian		Vet45 Ladies	171	289
290	0:56:40	HAMILTON, Richard		NDB	268	290
291	0:56:40	WAITE, Jeff			181	291
292	0:56:41	BLADEN, Alan	Les Croupiers	Vet60 Men	320	292
293	0:56:51	ELLIOTT, Alison			92	293
294	0:57:04	MCCARTHY, Steve		Vet40 Men	447	294
295	0:57:08	MABLY, Kevin			77	295
296	0:57:23	HOWELL, Alan		Vet50 Men	46	296
297	0:57:25	DAVIES, Elaine		Vet45 Ladies	508	297
298	0:57:28	MCTAVISH, Jane			76	298
299	0:57:29	GITTINS, Mark		Vet40 Men	335	299
300	0:57:31	DAVIES, Philip		Vet40 Men	275	300
301	0:57:40	DAKIN, Jane	Brackla Harriers	Vet35 Ladies	241	301
302	0:57:47	ROBERTS, Anne		Vet45 Ladies	93	302
303	0:57:54	NEWMAN, Tracey	Les Croupiers		118	303
304	0:58:16	HUDD, Simon	Penarth & Dinas Runners		400	304
305	0:58:17	MALLEN, Liz		Vet35 Ladies	411	305
306	0:58:31	THOMAS, Carole		Vet45 Ladies	223	306
307	0:58:32	REES, Juliana		Vet45 Ladies	225	307
308	0:58:34	HONEYBUN, Nia		Vet35 Ladies	114	309
309	0:58:35	AVERY, Ian		Vet50 Men	124	310
310	0:58:36	MOORE, Winnie	Sospan Road Runners	Vet55 Ladies	165	311
311	0:58:47	GOODWIN, John		Vet50 Men	36	312
312	0:58:49	DAVEY, Ralph	Les Croupiers	Vet50 Men	398	313
313	0:58:53	MORTON, Andy		Vet40 Men	323	314
314	0:59:03	WHITWORTH, Mick		Vet40 Men	446	315
315	0:59:16	REES, Phil		Vet60 Men	14	316
316	0:59:21	DAY, Michelle	Team Real Runner	Vet35 Ladies	86	317
317	0:59:22	DOYLE, Rob		Vet40 Men	249	318
318	0:59:25	BWYE, Anthony		Vet40 Men	321	319
319	0:59:27	EVANS, F.		Vet35 Ladies	502	320
320	0:59:32	ROBERTS, David			461	321
321	0:59:39	BURTON, Ruth			357	322
322	0:59:40	TAPSCOTT, Mike			57	323
323	0:59:52	STANLEY, Pat	Brackla Harriers	Vet45 Ladies	227	324
324	0:59:55	GAGE, Sarah		Vet35 Ladies	3	325
325	1:00:20	NITIKARN, Patt		students boys	216	326
326	1:00:21	PRITCHARD, Suzanne			270	327
327	1:00:23	MICHAEL, Carolyn		Vet35 Ladies	444	328
328	1:00:34	COLLINS, Simon			107	329
329	1:00:36	MULLINS, Paula			56	330
330	1:01:16	VELDA, Keith	Les Croupiers	Vet50 Men	226	331
331	1:01:22	JONES, Ceri		Vet35 Ladies	4	332
332	1:01:24	DAVIES, Siwan			101	333
333	1:01:33	DAVIES, Martin		Vet50 Men	248	334
334	1:01:50	ROSE, Shirley	Brackla Harriers	Vet35 Ladies	245	335
335	1:01:50	MILIOITI, Mikhaela		NDB	344	336
336	1:01:59	WILLIAMS, Janice	port talbot	Vet35 Ladies	254	337
337	1:02:10	LAWLEY, Peter	Bedford Harriers	Vet40 Men	481	338
338	1:02:10	SINGLETON, Veronica	Les Croupiers	Vet35 Ladies	480	339
339	1:02:33	DAY, Dan	Road Runners Club		87	340
340	1:02:35	TATE, Barbara		Vet35 Ladies	89	341
341	1:02:40	PENNY, Amanda		Vet35 Ladies	67	342
342	1:02:54	THOMAS, Chenette		Vet35 Ladies	61	343
343	1:02:59	WARD, Joan		Vet45 Ladies	123	344
344	1:03:13	MCKENZIE, Alison		Vet35 Ladies	88	345
345	1:04:16	MELNUISH, P.			414	346
346	1:04:17	EAST, Linda		Vet35 Ladies	20	347
347	1:04:18	NEEDHAM, Alexandra			450	348
348	1:04:53	JONES, Sue Shannon	Womens Running Network	Vet45 Ladies	267	349
349	1:05:05	BOWN, Beatrix		Vet45 Ladies	404	350
350	1:05:39	BAUM, Brittany		students girls	211	351
351	1:05:40	MADDOCK, Angela		Vet35 Ladies	498	352
352	1:05:55	WILLIAMS, Jeffrey Mark			269	353
353	1:05:55	THOMAS, Miranda			79	354
354	1:05:55	THOMAS, Leighton			80	355

355	1:06:07	HAMBLIN, Claire			100	356
356	1:06:08	HAMBLIN, Laura			99	357
357	1:06:33	GAMBLE, Charlotte	Penarth & Dinas Runners	Vet45 Ladies	500	358
358	1:07:22	MELNUISH, Molly			413	359
359	1:07:31	VAN SITBERT, Cornie	Berts Bricks South Africa	Vet35 Ladies	142	360
360	1:07:47	WYNN, Elspeth		Vet45 Ladies	452	361
361	1:10:19	CHAFUKIRA, Amon		students boys	209	362
362	1:10:57	GRANVILLE, Mary Jane		students girls	228	363
363	1:10:58	WILLIAMS, Grace		students girls	194	364
364	1:12:15	WITHERS, Margaret		Vet45 Ladies	274	365
365	1:14:03	WATSON, Tanya		Vet45 Ladies	62	366
366	1:15:56	WYATT, Penny		Vet35 Ladies	19	367
367	1:30:02	TAYLOR, Chris		Vet40 Men	504	368
368	1:30:03	TAYLOR, Midge		Vet45 Ladies	503	369
369	1:30:03	WALTERS, Sandra		Vet35 Ladies	234	370

There were 369 finishers in the All Competitors category.

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