

**COYTRAHEN CANTER July 18<sup>th</sup> 2009**

**3K MULTI TERRAIN**

1.	<b>CHRIS</b>	<b>WILLIAMS</b>	NEATH A.C.	9.43s
2.	<b>ADRIAN</b>	<b>WEAVER</b>	PORT TALBOT AC	10.02s
3.	<b>KATE</b>	<b>ROBERTS</b>	BRIDGEND AC	10.23s (F-u/23)
4.	<b>KATE</b>	<b>BEECHER</b>	LES. C R.C.	10.55s
5.	<b>JOHN</b>	<b>O'SHEA</b>	LES. C R.C.	11.30s (o/50)
6.	<b>CLIVE</b>	<b>OSMOND</b>	LES. C R.C.	11.54s (o/40)
7.	<b>SANDRA</b>	<b>PINKHAM</b>	PORT TALBOT AC	12.14s (F-o/40)
8.	<b>MIKE</b>	<b>DAVIES</b>	LES. C R.C.	12.26s
9.	<b>ERIC</b>	<b>HUGHES</b>	BRIDGEND AC	12.42s (o/70)
10.	<b>ALAN</b>	<b>PERKINS</b>	PORT TALBOT AC	12.43s
11.	<b>ALAN</b>	<b>MANN</b>	LES. C R.C.	12.55s
12.	<b>JEFF</b>	<b>ASTON</b>	LES. C R.C.	12.57s (o/60)
13.	<b>JULIE</b>	<b>SCHOLEY</b>	LES. C R.C.	13.14s (F-o/50)
14.	<b>STEVE</b>	<b>WILLIAMS</b>	LES. C R.C.	13.36s
15.	<b>LEN</b>	<b>TEW</b>	PORT TALBOT AC	13.37s
16.	<b>BARRIE</b>	<b>ROBERTS</b>	BOURNVILLE AC	13.38s
17.	<b>RAY</b>	<b>JAMES</b>	PORT TALBOT AC	14.32s
18.	<b>PAULINE</b>	<b>WILLIAMS</b>	PORT TALBOT AC	14.32s
19.	<b>STEVE</b>	<b>LEWIS</b>	LES. C R.C.	14.37s
20.	<b>CHRIS</b>	<b>LLOYD</b>	UNATTACHED	14.37s
21.	<b>ELEANOR</b>	<b>RUSSELL</b>	UNATTACHED	26.52s
22.	<b>ANDREW</b>	<b>RUSSELL</b>	LES. C R.C.	26.52s

A new women's course record for Kate Roberts, also Julie Scholey in the o/50 Ladies. In the men's section a new course record in the o/70s by Eric Hughes.