

Port Talbot Harriers v Swansea Harriers
Western Avenue Playing Fields, Port Talbot
Thursday June 25th 2009

Well done to everyone who took part or helped out in tonights match, especially the timekeepers and the ladies who sorted out the catering. It was pleasing to see everyone enter the spirit of the event with some tough competition and a bit of a social afterwards.

Our Congratulations go to Port Talbot Harriers who won the overall match.

800m

1. Adrian Weaver (Port Talbot Harriers & A.C.) - 2.31.8
2. Jerome Evans (Port Talbot Harriers & A.C.) - 2.32.9
3. Kevin Corcoran (Swansea Harriers) - 2.35.9
4. Chris Fulcher (Port Talbot Harriers & A.C.) - 2.36.1
5. Peter Spriggs (Swansea Harriers) - 2.39.9
6. Uku Kumari (Swansea Harriers) - 2.51.7
7. Angela Delaney (Swansea Harriers) - 2.52.7
8. Lyndsey Dodds (Swansea Harriers) - 2.59.2
9. John Ayres (Port Talbot Harriers & A.C.) - 3.01.8

1 Mile

1. Charles Walsh (Port Talbot Harriers & A.C.) - 4.58
2. Anthony (Guest) - 5.05
3. Leighton Gardner (Swansea Harriers) - 5.45
4. Carol Moseley (Port Talbot Harriers & A.C.) - 6.27
5. Adrian Ross (Swansea Harriers) - 6.30
6. Tony Holling (Port Talbot Harriers & A.C.) - 6.32
7. Sian Phillips (Swansea Harriers) - 6.33
8. Uku Kumari (Swansea Harriers) - 6.36
9. Michelle Witham (Swansea Harriers) - 6.52

400m

1. Kyle Fulcher (Port Talbot Harriers & A.C.) - 65.6
2. Gary Irving (Swansea Harriers) - 66.6
3. Peter Spriggs (Swansea Harriers) - 68.1
4. Mario Rabaiotti (Port Talbot Harriers & A.C.) - 70.4
5. Lyndsey Dodds (Swansea Harriers) - 72.4
6. Sean Treloar (Port Talbot Harriers & A.C.) - 73.2
7. Helen Eve (Swansea Harriers) - 75.5
8. Angela Delaney (Swansea Harriers) - 76.1
9. John Ayres (Port Talbot Harriers & A.C.) - 80.5
10. Carol Moseley (Port Talbot Harriers & A.C.) - 85.1

3000m

1. Steve Rees (Port Talbot Harriers & A.C.) - 9.20
2. Carl Ellis (Port Talbot Harriers & A.C.) - 10.12
3. Gary Irving - (Swansea Harriers) 11.20
4. Kevin Corcoran (Swansea Harriers) - 11.22

5. Leighton Gardner (Swansea Harriers) - 11.56
6. Sian Phillips (Swansea Harriers) - 12.55
7. Michelle Witham (Swansea Harriers) - 13.44
8. John Ayres (Port Talbot Harriers & A.C.) - 14.04

4x200m Relay

1. Port Talbot Harriers & A.C Men - 2.02.4
2. Swansea Harriers Men - 2.07.5
3. Swansea Harriers Mixed - 2.07.7
4. Port Talbot Harriers Masters - 2.30.2

Match Result

Port Talbot Harriers 75 Swansea Harriers 68