

Pentyrch Hill Race

Tuesday 29 April 2003

Pos	Name	Club	Age	Time
1	Julian Baker	Les Croupiers	SM	44:47
2	Matthew Collins	MDC	SM	45:47
3	Tim O'Connor	Swansea	SM	47:0
4	Adrian Woods	Eyri	M40	47:09
5	Robert Gordon	Westbury	SM	47:10
6	Andrew Jones	MDC	SM	47:49
7	Ian Andrews	SW Road Runners	SM	48:22
8	Peter Coles	Unatt	M40	48:34
9	Paul Hovarth	San Domenico	SM	48:45
10	Andrew Keron	MDC	SM	48:52
11	Phil Adams	Neath	M40	50:42
12	Ruth Pickvance	Swansea	W40	50:54
13	Julian Carter	MDC	SM	51:23
14	Phillip Holder	Cardiff Harlequins	M40	51:56

15	Ron Morris	San Domenico	M50	52:14
16	Chris Taylor	Mercia Fell Runners	M40	52:21
17	Alan Gillard	Unatt	M40	53:50
18	Ifor Powell	Westbury	SM	53:56
19	Kevin Crew	Aberdare	M40	54:24
20	Gwyn Lloyd	Pontypridd	M45	54:33
21	Richard Self	Unatt	SM	54:40
22	Andy Stott	MDC	M40	55:46
23	Gareth Gibb	Unatt	SM	55:49
24	John Collins	Swansea	M65	55:56
25	Rhys Williams	MDC	SM	56:02
26	Ronan Carbery	Cardiff Harlequins	SM	56:07
27	Daniel James	Pontypridd	JM	56:26
28	Roger Day	MDC	M55	56:32
29	Martin Lucas	MDC	M40	56:35
30	Mick Learoyd	MDC	M40	57:06
31	Paul Brown	Unatt	SM	57:17

32	Steve Robst	Unatt	SM	57:24
33	Haydn Griffiths	MDC	M40	57:25
34	Andy Ketchin	Cardiff Medics	SM	57:50
35	Howard Kent	Les Croupiers	M50	57:58
36	Alun Thomas	Cardiff Medics	SM	58:00
37	Alan Stone	MDC	M40	58:09
38	Nigel Griffiths	Aberdare	M40	58:14
39	Russ Evans	Unatt	M40	58:21
40	Ann Folan	Pontypridd	SW	58:26
41	Anna Phillips	Cardiff Medics	SW	58:33
42	Chris Blackmore	Cardiff Harlequins	SM	58:49
43	Tim Shepphard	Cardiff Medics	SM	58:56
44	Norman Jones	MDC	M40	60:24
45	Carol Miller	Les Croupiers	W40	60:47
46	Neil Parker	Islwyn	SM	60:53
47	Joanna Pritchard	Les Croupiers	SW	60:58
48	Shaun Prichard	Les Croupiers	SM	60:59

49	Rob Summerhayes	Cardiff Medics	SM	61:03
50	Pete Morfey	Cardiff Harlequins	M40	61:25
51	Neil Parker	Islwyn	SM	61:33
52	Jim Delaney	San Domenico	M45	61:50
53	Barry Stevens	Multi Sport RC	M40	61:51
54	David Stevens	Multi Sport RC	M40	61:51
55	Paul Sheppherd	Unatt	M40	63:59
56	Richard Fletcher	Unatt	SM	64:01
57	Doug Webb	Unatt	M40	64:05
58	John Carpanini	Unatt	SM	64:21
59	Gareth Buffett	MDC	M50	64:27
60	Frances Williams	Les Croupiers	W35	64:30
61	Jackie Huybs	Unatt	W40	65:38
62	Rhidian Cockwell	Cardiff Harlequins	SM	67:46
63	David Gilbert	MDC	M50	67:55
64	Pete Evans	Unatt	M40	68:13
65	Roland Knight	Hengoed	M40	69:04

66	Ken Blackman	Unatt	M55	69:24
67	Cledwyn Jones	MDC	M65	69:29
68	Andrew Weston	Unatt	SM	69:37
69	Dean James	Unatt	M40	70:32
70	Carwyn Jenkins	Unatt	SM	70:58
71	Fay Williams	Cardiff Medics	SW	71:15
72	Geraint Torrington	Unatt	SM	72:07
73	Thushila Batuwitage	Unatt	SM	72:12
74	Mike Clinch	Unatt	M40	72:50
75	Ken Hadow	MDC	M40	73:36
76	Les Pugh	MDC	M50	73:47
77	John Payne	Unatt	SM	73:59
78	Simon Hudd	Penarth & D	SM	76:08