

20th Pentyrch Hill Race

Held on Tuesday, April 25th, 2006

1	66	Matthew Collins	(Mynyddwyr de Cymru, SM)	42:46
2	9	Afan Humphries	(Cwmbran, U20M)	43:07
3	58	Peter Coles	(Pontypridd Roadents, M40)	48:18
4	47	Nick Frost	(Pontypridd Roadents, M45)	49:04
5	20	Keith Davies	(Les Croupiers, SM)	49:25
6	19	Tony Robson	(Pennine Fell Runners, SM)	50:31
7	63	Julian Carter	(Les Croupiers, SM)	50:45
8	73	Mark Saunders	(Mynyddwyr de Cymru, M40)	51:10
9	32	Alun Williams	(unattached, M40)	51:34
10	65	Matthew Stott	(Chepstow, SM)	52:02
11	38	Ifor Powell	(Westbury, SM)	52:19
12	67	John Palsler	(Radyr CS, U20M)	52:36
13	68	Phil Adams	(Neath, M40)	53:49
14	71	Gareth Morgan	(unattached, SM)	54:12
15	12	Richard Jones	(unattached, SM)	54:39
16	49	Jason Stanlan	(Pontypridd Roadents, SM)	55:07
17	72	Barry Johnston	(Les Croupiers, M50)	55:22
18	6	Nic Powell	(WFRA, SM)	56:01
19	24	Chamberlain	(Sri Chimnoy, SM)	56:19
20	37	Richard Self	(Les Croupiers, M40)	56:26
21	55	Mark Benbow	(Cardiff Harlequins, M40)	56:57
22	21	David Gunthorpe	(Cardiff Triathletes, SM)	57:03
23	25	Gwyn Lloyd	(Pontypridd Roadents, M50)	57:11
24	74	Keith Tannetta	(unattached, M40)	57:21
25	45	John Hughes	(Rhondda Tri, M40)	57:41
26	59	Peter Williams	(unattached, M40)	57:44
27	50	Steve Jones	(Islwyn, M40)	57:51
28	34	Andrew Grainger	(unattached, SM)	58:12
29	64	Andy Stott	(Chepstow, M40)	58:30
30	56	Patrick Sullivan	(Islwyn, M40)	58:47
31	62	Steve Robst	(unattached, SM)	58:56
32	23	John Collins	(Swansea, M65)	59:05
33	60	Haydn Griffiths	(Mynyddwyr de Cymru, M40)	59:13
34	29	Ben Warwick	(unattached, SM)	59:52
35	22	Mick Learoyd	(Mynyddwyr de Cymru, M40)	59:56
36	52	Luke Richards	(unattached, SM)	60:20
37	2	Julian Williams	(unattached, SM)	60:27
38	44	Andy Pearson	(unattached, SM)	60:59
39	61	Alan Stone	(Mynyddwyr de Cymru, M40)	61:08
40	54	Mike Pedley	(Dark Peak, M40)	61:16
41	15	Derek Rainbird	(Club69, M45)	61:21
42	27	Andy Dunscombe	(Brackla, M40)	61:26
43	31	Guy Shingler	(unattached, SM)	61:28
44	35	Ray Davies	(Pontypridd Roadents, M40)	61:34
45	30	Alan Thomas	(unattached, SM)	61:36
46	51	Mandy Jones	(Islwyn, W35)	61:43
47	70	Robert Ford	(Pontypridd Roadents, M50)	62:15
48	69	John Rigby	(unattached, SM)	62:20
49	48	David Stubbs	(unattached, M40)	62:26
50	40	Kate Auchterlonie	(unattached, SW)	62:32
51	33	Garry Woods	(Fairwater, M40)	62:35
52	4	Beth Dale	(unattached, SW)	64:08
53	46	Neil Hendry	(Penarth & Dinas, M50)	64:18
54	26	Peter Morfey	(Cardiff Harlequins, M50)	64:45

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55	18	Andrew Whelan	(unattached, SM)	66:05
56	16	Rhydian Cockwell	(Cardiff Harlequins, SM)	66:40
57	13	Peter Roberts	(Risca, M40)	66:49
58	10	Richard Lawrence	(unattached, M40)	66:50
59	43	Kim Williams	(Cardiff Harlequins, M50)	67:06
60	1	Paul Edwards	(unattached, M40)	67:21
61	11	Mark Hawtin	(unattached, SM)	67:26
62	3	Dan Hooper	(unattached, M40)	68:22
63	14	Steve Hill	(Penarth & Dinas, M40)	68:39
64	5	David Hughes	(unattached, M45)	68:51
65	17	John Owen	(unattached, SM)	68:54
66	36	Dewi Hughes	(unattached, M50)	68:55
67	57	Glyn Hicks	(Islwyn, M50)	69:03
68	39	Gareth Withers	(Cardiff Harlequins, M40)	75:33
69	42	John Gwatkin	(Cardiff Harlequins, M50)	75:50
70	41	Arny Williams	(Cardiff Harlequins, M50)	76:27
71	28	Fiona Glenn	(Islwyn, SW)	78:08
72	53	Sarah Dodd	(Les Croupiers, SW)	78:23
73	7	Cath Tebbutt	(unattached, W35)	86:33
74	8	Elisia Pearce	(unattached, SW)	87:01