

Teifi 10 - 2011

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Age</u>	<u>Club</u>	<u>Class</u>	<u>Time</u>	<u>£</u>	
529	1	Dewi Griffiths	19	Carmarthen Harriers	M	50.48	8	
515	2	Sam Pearch	32	Shelton Striders	M	57.44	8	
585	3	Andrew Reynolds	28	Port Talbot Harriers	M	59.21	8	
638	4	Gareth Green	34	San Domenico	M	60.56	8	
565	5	James Thomas	37	Aberystwyth Uni	M	61.07	10	
586	6	Royston Whitehouse	48	Neath Harriers	M40	61.10	8	
543	7	Gareth Ayres	28	Port Talbot Harriers	M	61.18	8	
603	8	Michael Davies	42	Sarn Helen	M40	61.44	8	
594	9	Jonathan Jones	40	Carmarthen Harriers	M40	62.31	8	
599	10	Daniel Hooper	37	Sarn Helen	M	63.17	8	
553	11	Glyn Price	44	Sarn Helen	M40	63.44	8	
656	12	Gethin Jones	38	Sarn Helen	M	63.53.33	8	
583	13	Arwel Lewis	52	Eryri Harriers	M50	63.53.76	8	
584	14	Adrian Weaver	33	Port Talbot Harriers	M	64.37	8	
639	15	Glyn Sansom	49	San Domenico	M40	65.17	8	
660	16	Richard Marks	61	Sarn Helen	M50	65.24	8	
573	17	Neil Jones	39	Amman Valley	M	65.35	8	
580	18	Clifford Evans	52	Aberystwyth Uni	M50	65.48	8	
546	19	Paul Rees	46	Port Talbot Harriers	M40	65.52	8	
596	20	David Powell	50	Aberystwyth AC	M50	66.04	8	

556	21	Eric Rees	39	Sarn Helen	M	66.12	8	
568	22	Dylan Owen	46	Eryri Harriers	M40	66.17	8	
519	23	Jack Tremlett	31		M	66.33	10	
597	24	Phoebe Webster	30	Aberystwyth AC	F	66.59	8	
535	25	Ana O'Neill	38	Pembrokeshire Harriers	F35	67.13	8	
587	26	Barry Owen	36	Emlyn Runners	M	67.16	8	
563	27	John Hopkins	48	Port Talbot Harriers	M40	67.19	8	
567	28	Mark Dunscombe	49	Sarn Helen	M40	67.30	8	
511	29	Clem Clement	51	Penarth & Dinas Runners	M50	67.38	8	
562	30	Huw Griffiths	35		M	67.53	10	
534	31	David O'Neill	41	Pembrokeshire Harriers	M40	68.08	8	
558	32	Huw Price	48	Sarn Helen	M40	68.37	8	
560	33	Jeff Saycell	40		M40	68.53	10	
570	34	Ian Evans	32	Aberystwyth AC	M	69.16	8	
566	35	Irfon Thomas	22		M	69.19	10	
502	36	Philip Turner	43	Sospan R.R	M40	69.21	8	
662	37	Alex Lewis	31		M	69.30	10	
569	38	Paul Rose	46	Aberystwyth	M40	69.33	8	
555	39	Joanne Thatcher	42	Aberystwyth A.C	F35	70.09	8	
642	40	James Delaney	55	San Domenico	M50	70.20	8	
524	41	Mark Terry	53	Trots	M50	70.55	8	
589	42	Paul Lewis	45	3 M Gorseinon	M40	71.05	8	

544	43	David Cornish	45	Port Talbot Harriers	M40	71.17	8	
595	44	Nicola Quinn	43	Emlyn Runners	F35	71.21	8	
538	45	Alan Perkins	60	Port Talbot Harriers	M50	71.45	8	
507	46	Robert Daines	27	Pembrokeshire Harriers	M	71.53	8	
658	47	Teifion Davies	16	Sarn Helen	M	72.11	8	
536	48	David Davies	63	Neath Harriers	M50	72.13	8	
561	49	Kevin Bryan	41		M40	72.15	10	
552	50	Bryan Meredith	38	Rhondda Valley Runners	M40	72.25.17	8	
531	51	Gordon Orme	68	Cardigan Running Club	M50	72.25.52	8	
571	52	Goronwy Evans	54	Aberystwyth AC	M50	72.35	8	
550	53	Dawn Kenwright	55	Sarn Helen	F45	72.51	8	
520	54	Elizabeth Goodwin Jones	32	Trots	F	73.40	8	
659	55	Alison Hayes	40	Les Croupiers	F35	73.48	8	
590	56	Dennis Collins	46	Rhondda Valley Runners	M40	74.00	8	
559	57	Richard Phillips	34	Trots	M	74.16	8	
551	58	Amy Edwards	29	Rhondda Valley Runners	F	74.22	8	
591	59	Sam Clarke	35		M	74.37	10	
514	60	Michelle Karen Grey	30	Port Talbot Harriers	F	75.08	8	
577	61	Murray Kisbee	61	Sarn Helen	M50	75.29	8	
624	62	Eric Davey	61	Llanelli AC	M50	75.58	8	
509	63	Anita Worthing	55	Aberystwyth A.C	F45	76.11	8	
648	64	Jason Wilkins	41		M40	76.21	8	

649	65	M Taylor	51		M50	76.32	10	
523	66	David Oak	65	Port Talbot Harriers	M50	76.34	8	
542	67	Neil Marvin	44	Port Talbot Harriers	M40	76.41	8	
508	68	Claire Beatty	33	Les Croupiers	F	76.58	8	
572	69	Peter Deacon	54	Swansea Harriers	M50	77.43	8	
574	70	Gwen Morris	26	Ingli Runners	F	77.53	8	
537	71	Mario Rabiotti	48	Port Talbot Harriers	M40	77.58	8	
533	72	Dominic Shields	46	San Domenico	M40	78.23	8	
518	73	Rose Goodwin Jones	31		F	78.26	10	
618	74	Gari Thomas	44	Emlyn Runners	M40	78.29	8	
622	75	Laurence Worth	48	Pembrokeshire Harriers	M40	79.03	8	
657	76	Sian Roberts-Jones	31	Sarn Helen	F	79.08	8	
528	77	Caryl Davies	23	Sarn Helen	F	79.46	8	
548	78	Cameron Pope	55	Aberystwyth A.C	M50	80.10	8	
575	79	Paul Padget	55	Ingli Runners	M50	81.00	8	
532	80	Claire House	38	San Domenico	F35	81.09	8	
530	81	Robert Smith	50	Pembrokeshire Harriers	M50	81.52	8	
504	82	Richard Springett	47		M40	82.35	10	
554	83	David Mc Donald	42	Les Croupiers	M40	82.56	8	
500	84	Greg King	43	Sospan R.R	M40	83.12	8	
619	85	Aled Davies	23		M	83.30	10	
588	86	Kyra Kirkham	35	Emlyn Runners	F35	84.15	8	

545	87	Del Eyre	47	3 M Gorseinon	F45	84.31	8	
549	88	Gillian Mc Cue	33	Les Croupiers	F	84.48	8	
539	89	John Ayres	55	Port Talbot Harriers	M50	85.03	8	
582	90	Ormond Williams	50	Sarn Helen	M50	85.05	8	
557	91	Stephen Job	43		M40	85.12	10	
512	92	Janice Clement	53	Penarth & Dinas Runners	F45	86.06	8	
632	93	Jane Wilkins	48	Cardigan Running Club	F45	86.51	8	
522	94	Yvonne Williams	57	Penarth & Dinas Runners	F45	87.12	8	
664	95	Kel Evans	38		M	88.10	10	
581	96	Gwydion Williams	17	Sarn Helen	M	88.45	8	
516	97	Hayley Davies	44	Cardigan Running Club	F35	88.53	8	
592	98	Julia Roworth	47	Emlyn Runners	F45	90.06	8	
547	99	Steffan Jones	21	Sarn Helen	M	90.12	8	
579	100	Linda Rees	50	3 M Gorseinon	F45	90.20	8	
578	101	Paul Rees	49	3 M Gorseinon	M40	90.22	8	
605	102	Sue Thomas	43	Emlyn Runners	F35	90.46	8	
678	103	Carwyn Thomas	22	Sarn Helen	M	91.07	8	
598	104	Lon Morgan	53	Emlyn Runners	F45	91.21	8	
526	105	Ian Swanson	61	Port Talbot Harriers	M50	91.31	8	
576	106	Fay Sharpe	51	3M Gorseinon	F45	92.33	8	
503	107	Rebecca Darby	24	Emlyn Runners	F	92.34	8	
646	108	Chris Williams	23		M	93.51	10	

505	109	Hayley Springett	18		F	95.36	10	
625	110	Nigel Leighton Jones	56	Llanelli AC	M50	95.53	10	
527	111	Colin Anthony	65	Port Talbot Harriers	M50	96.28	8	
540	112	Helen Stretch	58	Aberystwyth A.C	F45	97.10	8	
517	113	Peter Harding	71	Trots	M50	99.23	8	
506	114	Bernadette Wilkinson	46	San Domenico	F45	104.23	8	
564	115	Gudrun Jones	53	Sarn Helen	F45	107.12	8	
593	116	Jess Roworth	21	Emlyn Runners	F	107.29	8	
647	117	Barry Jones	23		M	109.49	10	
666	118	Dorian Rees	35		M	117.35	10	
541	119	Shan Breese	51	Aberystwyth A.C	F45	119.17	8	
521	120	Allen Watts	82	Sarn Helen	M50	156.26	8	
525		Jason Dickinson	43	Trots	M40	DNF	8	
513		Sasha Macken	38	Les Croupiers	F35	DNS	8	
510		Jason Lane	39		M	DNS	10	