

Atlantic College 10k

St Donat's Castle

20/03/2011 - 0

Overall Result

22/03/2011 14:59

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
1	31:23	139	Rowan AXE	M	Cardiff AAC	Msenior/1	
2	31:28	292	Afan HUMPHRIES	M	Swansea	Msenior/2	
3	31:37	424	Richard GARDER	M	Unattached	Msenior/3	
4	33:12	104	Austin DAVIES	M	Brecon Athletics Club	M40/1	
5	33:38	340	Julian BAKER	M	Les Croupiers	M40/2	
6	33:52	439	Phil COOK	M	Les Croupiers	M40/3	
7	33:58	358	Daniel THOMAS	M	Swansea Harriers	Msenior/4	
8	34:30	387	Peter COLES	M	Pontypridd Roadents	M40/4	
9	34:47	84	Stefan SIMMS	M	Griffithstown Harriers	M40/5	
10	34:52	368	Stuart CREES	M	Les Croupiers	Msenior/5	
11	35:17	336	Peter MORTON	M	Unattached	Msenior/6	
12	35:22	127	Henry WRIGHT	M		Msenior/7	
13	35:54	419	Geraint LEWIS	M	Porthcawl Runners	Msenior/8	
14	35:59	155	Scott HOWELL	M	Les Croupiers	M50/1	
15	36:06	352	Alan DAVIES	M	Unattached	M50/2	
16	36:09	299	Anne-Marie HUTCHISON	F	Neath	Fsenior/1	
17	36:57	305	Martin WILLIAMS	M	Les Croupiers	M40/6	
18	37:23	371	Natasha COCKRAM	F	Cwmbran	Fsenior/2	
19	37:26	374	Lee MORRIS	M	3 M's	Msenior/9	
20	37:32	130	Mick MCGEOGH	M	Les Croupiers	M50/3	
21	37:33	386	Kate ROBERTS	F	Bridgend AC	Fsenior/3	
22	37:45	350	Andrew MOORSON	M	Swansea Harriers	Msenior/10	
23	37:52	304	Ben FARAG	M	Les Croupiers	Msenior/11	
24	37:55	346	Dan WHAITES	M	Unattached	Msenior/12	
25	37:56	351	Richard JONES	M	Swansea Harriers	M50/4	
26	38:12	372	Jeff THOMAS	M	Porthcawl Runners	M40/7	
27	38:16	116	John FOSTER	M	Lliswerry	M50/5	
28	38:24	311	Paul REES	M	Port Talbot Harriers &	M40/8	
29	38:32	75	Gareth COADY	M	Wick Harriers	Msenior/13	
30	38:40	433	Richard MARKS	M	Sarn Helen	M60/1	
31	38:47	282	Ian LIDDIATT	M	Penarth and Dinas	M40/9	
32	38:57	373	Paul PRICE	M	Unattached	M40/10	
33	39:03	128	Rob SCOTT	M	Les Croupiers	Msenior/14	
34	39:07	391	Nezl DAUZET	M	Cornelly Striders	Msenior/15	
35	39:08	442	Sandy JOHNSTON	M	Les Croupiers	M60/2	
36	39:13	289	Andrew RUSSELL	M	Les Croupiers	Msenior/16	
37	39:16	98	Niall FOSTER	M		Msenior/17	
38	39:21	306	Keith POWELL	M	Cornelly Striders	M50/6	
39	39:33	179	So NAKAYAMA	M	AC Student	AC-M/1	
40	39:38	312	Mike MURPHY	M	Les Croupiers	M50/7	
41	39:39	60	Sharon LEECH	F	Carmarthen Harriers	F35/1	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
42	39:40	82	Andrew MACLAEN	M	Cardiff Tri	M40/11	
43	39:41	92	Melanie ELLIS	F	Shaftesbury Barnet	F45/1	
44	40:14	403	Alun EVANS	M	Unattached	M40/12	
45	40:18	217	Pjotr SAUER	M	AC Student	AC-M/2	
46	40:37	56	Terry JONES	M	Porthcawl Runners	Msenior/18	
47	40:45	300	Robort BAMSEY	M	Neath Harriers	M50/8	
48	40:48	69	Clem CLEMENT	M	Penarth and Dinas	M50/9	
49	41:04	35	Robert FINCH	M		Msenior/19	
50	41:06	124	Howard KENT	M	Les Croupiers	M50/10	
51	41:28	385	Matt GOVIER	M	Cardiff AAC	Msenior/20	
52	41:36	49	Paul BELCHER	M	AC Staff	AC-Staff/1	
53	41:41	366	Graham COLVIN	M	Celtic Tri	M40/13	
54	41:45	357	Huw ROBERTS-THOMAS	M	Cardiff Tri	Msenior/21	
55	41:50	376	Ian OGLIVIE	M	Brackla Harriers	M40/14	
56	42:09	392	Terry LOCKLEY	M	Unattached	Msenior/22	
57	42:18	399	Helen JESSOP	F	Les Croupiers	Fsenior/4	
58	42:21	370	Richard JONES	M	Cornelly Striders	Msenior/23	
59	42:33	426	Kim WEHDEN	F	Islwyn	F45/2	
60	42:38	114	James BAKER	M		Msenior/24	
61	42:41	334	Allan JONES	M	Brackla Harriers	M50/11	
62	42:44	274	Kyle JENNERMANN	M	Atlantic College	AC-Staff/2	
63	42:45	46	Steve DAVIES	M	Port Talbot Harriers &	M40/15	
64	42:49	144	Alexander CAPLETON	M	Les Croupiers	Msenior/25	
65	42:50	394	Stephen OWEN	M	Les Croupiers	M50/12	
66	43:08	309	Dave TREHERNE	M	Unattached	Msenior/26	
67	43:18	331	James THOMAS	M	Brackla Harriers	M40/16	
68	43:19	115	Richard LONG	M	Cardiff AAC	M40/17	
69	43:22	322	Alan MANN	M	Les Croupiers	M50/13	
70	43:27	129	William DAVIES	M		M50/14	
71	43:31	412	Nick LEWIS	M	Wick Harriers	Msenior/27	
72	43:33	148	Hayden STEPHENSON	M	Cardiff Hash House Ha	Msenior/28	
73	43:36	72	David MOORE	M		Msenior/29	
74	43:39	156	Tom COE	M		Msenior/30	
75	43:41	279	Ruth PICKVANCE	F	Atlantic College	AC-Staff/3	
76	43:42	95	Steve HODSON	M		Msenior/31	
77	43:45	316	Sally WILSON	F	Ingli	F35/2	
78	43:49	314	Dawn KENWRIGHT	F	Sarn Helen	F55/1	
79	43:53	137	Matthew COMPTON	M		Msenior/32	
80	43:58	428	Mais Gabriel JOHANSEN	M	Atlantic College	AC-M/3	
81	44:01	343	Tim O'SULLIVAN	M	Les Croupiers	M50/15	
82	44:05	48	Gary GUNNER	M	Croft Ambery	M60/3	
83	44:14	447	Chris SPARROW	M	Rhondda Valley Runners	Msenior/33	
84	44:15	436	Stuart KEEPING	M	Unattached	M40/18	
85	44:19	294	Graeme DONNAN	M	Les Croupiers	M50/16	
86	44:26	296	Shaun CONNOR	M	Les Croupiers	M40/19	
87	44:27	422	Cornelius CORCORAN	M	Pontypridd Roadents	M40/20	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
88	44:30	360	Charlotte JOHNS	F	Brackla Harriers	F35/3	
89	44:47	136	Antony FURLONG	M	Penarth and Dinas	Msenior/34	
90	44:59	431	Dean BIRT	M	Pontypridd Roadents	Msenior/35	
91	45:05	390	Matthew THOMAS	M	Unattached	Msenior/36	
92	45:06	421	Robert FORD	M	Pontypridd Roadents	M50/17	
93	45:13	180	Tim OGALLO	M	AC Student	AC-M/4	
94	45:15	165	Debbie COOKE	F	Bridgend AC	F45/3	
95	45:19	178	Toby MORRIS	M	AC Student	AC-M/5	
96	45:20	176	Sander CUMMINGS	M	AC Student	AC-M/6	
97	45:20	398	Rebecca JOHN	F	Unattached	Fsenior/5	
98	45:22	78	Peter WELBIRG	M	Griffithstown Harriers	Msenior/37	
99	45:23	405	Alex FORD	M	Brackla Harriers	M60/4	
100	45:26	310	Tristian STOLE	M	Atlantic College	AC-Staff/4	
101	45:30	31	Julia BECKER	F	Les Croupiers	F35/4	
102	45:33	106	Yvonne BULLEN	F	Les Croupiers	F45/4	
103	45:38	54	Stephen PARSLOW	M		M40/21	
104	45:39	9	Liam DAVIES	M	FERC	M50/18	
105	45:48	341	Wouter POORTINGA	M	Atlantic College	Msenior/38	
106	45:51	395	Rhian JINNY-JONES	F	Griffithstown Harriers	Fsenior/6	
107	45:55	415	David WILLIAMS	M	Les Croupiers	M40/22	
108	45:56	123	Julie SCHOLEY	F	Les Croupiers	F45/5	
109	45:57	379	Andrew LUCAS	M	3 M's	M40/23	
110	46:02	28	David GOODALL	M		M50/19	
111	46:13	329	Dafydd DAVIES	M	Atlantic College	AC-M/7	
112	46:28	133	Grant DUNCAN	M		M50/20	
113	46:34	437	Barry MORGAN	M	Brackla Harriers	Msenior/39	
114	46:46	443	James HALE	M	Unattached	Msenior/40	
115	46:48	287	Gareth DAVIES	M	Atlantic College	AC-Staff/5	
116	46:50	339	Gary DAVIES	M	Unattached	M40/24	
117	46:57	342	Michael TERRY	M	TROT	M60/5	
118	46:59	414	Gary BODMAN	M	Les Croupiers	M40/25	
119	47:06	11	Martin BARRETT	M		M40/26	
120	47:08	317	Robert SMITH	M	Pembrokeshire Harriers	M40/27	
121	47:12	283	Gareth REES	M	Les Croupiers	M40/28	
122	47:15	105	Paul FURLONG	M		M60/6	
123	47:18	8	Annette DAVIES	F	FERC	F45/6	
124	47:20	109	Steve HILL	M	Penarth and Dinas	M40/29	
125	47:21	418	Matt RIDLEY	M	Unattached	Msenior/41	
126	47:23	417	Sarah CUDLIPP	F	Unattached	F35/5	
127	47:25	365	Libby LAVIS	F	Brackla Harriers	F45/7	
128	47:28	261	Andrew COLPITTS	M	AC Student	AC-M/8	
129	47:29	39	Stephen TARLING	M		M50/21	
130	47:31	307	Carol MILLER	F	Les Croupiers	F45/8	
131	47:32	252	Iilya ANDRUSHCENKO	M	AC Student	AC-M/9	
132	47:33	143	David BOUCHER	M		M50/22	
133	47:41	94	Phillip MEARS	M	Pegasus (Cardiff)	M40/30	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
134	47:43	3	Tom REES	M		Msenior/42	
135	47:48	6	Garry JONES	M	Bridgend AC	M50/23	
136	47:59	408	Peter ROBERTS	M	Griffithstown Harriers	M50/24	
137	47:59	380	Tony BURT	M	Brackla Harriers	M60/7	
138	48:06	377	Graham BARTON	M	Unattached	M40/31	
139	48:10	118	Catherine HAYES	F	Barry Athletic	F35/6	
140	48:11	117	Dawn HOWLES	F	Barry Athletic	F35/7	
141	48:15	119	Edward BENNETT	M		Msenior/43	
142	48:24	321	Loretta DALEY	F	Unattached	F45/9	
143	48:31	64	Nick LUSH	M	AC Staff	M50/25	
144	48:31	425	Robin DAVIES	M	Unattached	Msenior/44	
145	48:43	353	Keith STARR	M	Unattached	M60/8	
146	48:51	260	Ben TSUI	M	AC Student	AC-M/10	
147	48:53	446	Simon CARTER	M	Brackla Harriers	Msenior/45	
148	49:03	140	Joanna ROTHWELL	F		Fsenior/7	
149	49:08	232	Cecilia KARLSSON	F	AC Student	AC-F/1	
150	49:11	51	Graham SMITH	M	AC Staff	AC-Staff/6	
151	49:12	208	Luke PIZZATO	M	AC Student	AC-M/11	
152	49:13	27	Andrew WOODHOUSE	M		M40/32	
153	49:14	406	Clare WILLIAMS	F	Islwyn	F35/8	
154	49:15	12	Martin DONOVAN	M	Lliswerry	M50/26	
155	49:17	427	Natalie NEWTON	F	Unattached	Fsenior/8	
156	49:21	448	Owen THOMAS	M	Unattached	M40/33	
157	49:26	112	Geoff JONES	M		M40/34	
158	49:33	65	Jon Morten STEINVEG	M	AC Staff	M40/35	
159	49:35	85	Antonio PANICOLA	M		M40/36	
160	49:39	327	Fadi BAYDOUN	M	Atlantic College	AC-M/12	
161	49:44	335	Brian DIAS	M	Cardiff AAC	Msenior/46	
162	49:46	440	Peter COTTNAM	M	Penarth and Dinas	M40/37	
163	49:47	125	Magali GATARD	F		F35/9	
164	49:51	121	Charlotte SMITH	F		Fsenior/9	
165	49:51	444	Antony PHILLIPS	M	Porthcawl Runners	M40/38	
166	49:53	71	Fran MACHIN	F	Les Croupiers	F35/10	
167	49:59	149	Beverley WARBURTON	F		F45/10	
168	50:00	349	James UNDERWOOD	M	Unattached	Msenior/47	
169	50:00	318	Andy MORTON	M	Unattached	M50/27	
170	50:11	206	Paul LAU	M	AC Student	AC-M/13	
171	50:19	150	Lee NEWMAN	M	Porthcawl Runners	Msenior/48	
172	50:19	237	Diego RECINOS	M	AC Student	AC-M/14	
173	50:22	396	Gwyneth PARRY	F	Unattached	F55/2	
174	50:23	383	Michael DUNCAN	M	Unattached	Msenior/49	
175	50:24	382	Zoe WILLIAMS	F	Unattached	Fsenior/10	
176	50:31	181	Anette PLASSEN	F	AC Student	AC-F/2	
177	50:37	445	Elsbeth JARMAN	F	Abergavenny Striders	F45/11	
178	50:40	141	Andrew ROTHWELL	M		M50/28	
179	50:45	110	Yvonne WILLIAMS	F	Penarth and Dinas	F55/3	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
180	50:48	354	Carlos LAND	M	Unattached	M40/39	
181	50:48	413	Lia PELLEGRINI	F	Unattached	Fsenior/11	
182	50:50	348	Rob RINGER	M	Unattached	M40/40	
183	50:51	347	Jane UNDERWOOD	F	Unattached	F35/11	
184	50:52	332	Vicki HOPKINS	F	Brackla Harriers	F45/12	
185	50:57	194	Tim LIM	M	AC Student	AC-M/15	
186	51:14	280	Arib RAMAL	M	Atlantic College	AC-M/16	
187	51:17	432	Rhiannen OWENS	F	Unattached	Fsenior/12	
188	51:23	319	Rosie SPEARS	F	Unattached	F35/12	
189	51:27	138	Delyth MURRAY-LINES	M		Msenior/50	
190	51:28	435	Beu COE	M	Unattached	Msenior/51	
191	51:34	281	Chris DAVIES	M	Atlantic College	AC-Staff/7	
192	51:37	362	Jeff WALLACE	M	Unattached	M50/29	
193	51:39	397	Richard PARRY	M	Unattached	M50/30	
194	51:52	93	Heather DENNIS	F	Penarth and Dinas	F35/13	
195	51:56	337	Rachel MERRYMAN	F	Unattached	F35/14	
196	51:56	37	Jane ALLELY	F		F45/13	
197	51:57	330	Natalie RICHARDS	F	Unattached	Fsenior/13	
198	52:11	235	Aliaume LEROY	M	AC Student	AC-M/17	
199	52:16	381	Maureen HARRIS	F	Unattached	F35/15	
200	52:19	57	Ceri GREENALL	F	Cicil Service Sports Cl	Fsenior/14	
201	52:28	326	Gina HARDMAN	F	Bridgend AC	F35/16	
202	52:28	325	Sue POTTER	F	Unattached	F45/14	
203	52:33	388	Ian PATTERSON	M	Unattached	M40/41	
204	52:33	389	Kirsty PATTERSON	F	Unattached	Fsenior/15	
205	52:35	142	John LEWIS	M		M40/42	
206	52:35	378	Keith TREHARNE	M	Brackla Harriers	M60/9	
207	52:40	229	Mubarak SANNI	M	AC Student	AC-M/18	
208	52:41	215	Ola MAEHLLEN	M	AC Student	AC-M/19	
209	52:43	324	Dave JOHNSTON	M	Unattached	M40/43	
210	52:43	367	Linda COLVIN	F	Unattached	F45/15	
211	52:45	157	Kathryn JONES	F		Fsenior/16	
212	52:46	192	Marton JALKOCZI	M	AC Student	AC-M/20	
213	52:51	41	Stephen HUNT	M		M60/10	
214	52:58	26	Paul DAVIES	M	Cardiff Tri	M50/31	
215	53:12	96	Ian STRATTON	M	Brackla Harriers	M40/44	
216	53:12	269	Natscha VOGEL	F	AC Student	AC-F/3	
217	53:22	333	Patricia JONES	F	Brackla Harriers	F55/4	
218	53:24	284	Jennifer EVANS	F	Unattached	Fsenior/17	
219	53:26	152	Alison WHITFIELD	F		F35/17	
220	53:26	86	Katherine PANICOLA	F		F45/16	
221	53:31	364	Robin WALLACE	M	Unattached	Msenior/52	
222	53:37	276	James ROBERTS	M	Atlantic College	AC-Staff/8	
223	53:38	132	Robert HARTTY	M		M50/32	
224	53:49	308	Arwyn JONES	M	Unattached	M60/11	
225	54:04	293	Vegar S HAVELORD	M	Atlantic College	AC-M/21	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
226	54:06	410	Simon PLAYER	M	Unattached	Msenior/53	
227	54:09	17	Mark CARTER	M		M40/45	
228	54:15	266	Sam LJUNGBERG	M	AC Student	AC-M/22	
229	54:16	108	Michelle HOEY	F		Fsenior/18	
230	54:17	257	Sam ROLLITT	M	AC Student	AC-M/23	
231	54:18	420	Sally MARTIN	F	Unattached	Fsenior/19	
232	54:35	59	Ian john WARNER	M		M50/33	
233	54:41	411	Ryan DAVIES	F	Wick Harriers	Fsenior/20	
234	54:41	384	William JEFFERSON	M	Unattached	Msenior/54	
235	54:51	160	L BOUTRAIS-LODGE	F		F35/18	
236	54:58	164	Mark HARPER	M		Msenior/55	
237	55:04	111	Sara HERMANIS	M		Msenior/56	
238	55:05	255	Rune MORTENSEN	M	AC Student	AC-M/24	
239	55:09	1	Paul WESSON	M		M40/46	
240	55:10	323	Geoff CHEETAM	M	RCT Homes	M50/34	
241	55:12	228	Mackenzie PETERS	M	AC Student	AC-M/25	
242	55:18	250	George KITCHING	M	AC Student	AC-M/26	
243	55:20	77	Andrew PARKES	M		M40/47	
244	55:22	103	Hugh PRICE	M		M60/12	
245	55:40	29	Bernadette JONES	F	Women's Running Netw	F35/19	
246	55:44	16	Robert LEE	M	Fitness First	M50/35	
247	56:00	161	Steven TARLING	M		Msenior/57	
248	56:00	241	Ibrahim ALIF	M	AC Student	AC-M/27	
249	56:02	423	Justin JONES	M	Pontypridd Roadents	Msenior/58	
250	56:03	76	Steffan LEWIS	M		Msenior/59	
251	56:07	407	Kerry PELLATT	F	Unattached	F35/20	
252	56:14	195	Sarah PETTEM	F	AC Student	AC-F/4	
253	56:19	345	Sandra STEVENS	F	Unattached	F55/5	
254	56:25	68	Janice CLEMENT	F	Penarth and Dinas	F45/17	
255	56:26	205	Penelope KYRITSIS	F	AC Student	AC-F/5	
256	56:26	409	Hywel REES	M	Unattached	Msenior/60	
257	56:35	359	Tamara RAZ-NICK	F	Brackla Harriers	F35/21	
258	56:37	55	Louise PIPER JONES	F		Fsenior/21	
259	56:37	102	Martin SMIDMAN	M		M50/36	
260	56:49	262	Leo FATHI	M	AC Student	AC-M/28	
261	56:50	173	Anya FISHER	F	AC Student	AC-F/6	
262	56:53	2	Anne WESSON	F		F35/22	
263	56:57	212	Sarah COLLISTER	F	AC Student	AC-F/7	
264	57:03	247	Laura BROWER	F	AC Student	AC-F/8	
265	57:04	190	Catherine ADOR	F	AC Student	AC-F/9	
266	57:07	50	Phil HARRINGTON	M	AC Staff	AC-Staff/9	
267	57:08	273	Robbie YOUNG	M	Atlantic College	AC-Staff/10	
268	57:08	275	Simon NEENAN	M	Atlantic College	AC-Staff/11	
269	57:10	191	Ingviil DAATLAND H	F	AC Student	AC-M/29	
270	57:18	259	Merone TADESSE	F	AC Student	AC-M/30	
271	57:25	242	Viktor NESHEIM	M	AC Student	AC-M/31	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
272	57:34	163	Katrina HARPER	F		F45/18	
273	57:40	441	Patricia COTTNAM	F	Penarth and Dinas	F45/19	
274	57:59	62	Gary REES	M		M60/13	
275	58:00	285	Amanda THOMPSON	F	Les Croupiers	F45/20	
276	58:02	224	Amy COX	F	AC Student	AC-F/10	
277	58:06	97	Lyndon ANDERSON	M		M40/48	
278	58:07	153	Steve RODERICK	M		M40/49	
279	58:07	167	Marie-s AHLEFELDT	F	AC Student	AC-F/11	
280	58:08	73	Oliver TUTAS	M		M40/50	
281	58:30	134	Barbara TATE	F		F45/21	
282	58:31	356	Owen ROBERTS-THOMAS	M	Unattached	Msenior/61	
283	58:35	168	Catherine ARNOLD	F	AC Student	AC-F/12	
284	58:40	393	Thomas WILLIAMS	M	Unattached	Msenior/62	
285	58:41	313	Kate JOSEPH	F	Unattached	Fsenior/22	
286	58:44	291	Terese NYGARD	F	Atlantic College	AC-F/13	
287	58:44	20	Mike WILLIAMS	M		M60/14	
288	58:45	338	Charlotte DAVIES	F	Unattached	F45/22	
289	58:54	45	Gemma PRICE EVANS	F		Fsenior/23	
290	58:56	40	Helen HUNT	F		F55/6	
291	59:03	169	Yassine BENJELLOUN	F	AC Student	AC-F/14	
292	59:08	174	Marlene STRASSER	F	AC Student	AC-F/15	
293	59:24	47	David SALT	M		M60/15	
294	59:26	344	Bryn WERN	M	Unattached	M50/37	
295	59:28	258	Rhys ROWLANDS	M	AC Student	AC-M/32	
296	59:33	100	Anne ROBERTS	F		F55/7	
297	59:38	147	Maggie VINESTOCK	F		F45/23	
298	59:45	146	Sarah VINESTOCK	F		Fsenior/24	
299	59:47	404	Caroline BARNETT-PHILL	F	Unattached	F35/23	
300	1:00:35	43	Rob EVANS	M		M40/51	
301	1:00:39	70	Justin HOSTETTLER DAVI	M		Msenior/63	
302	1:00:40	227	Stephanie LAU	F	AC Student	AC-F/16	
303	1:01:24	42	Aranka PRATT	F		F55/8	
304	1:01:48	270	Louis WATTS	M	AC Student	AC-M/33	
305	1:01:49	267	Jacob MOERCH	M	AC Student	AC-M/34	
306	1:01:57	277	Dianah HUYNH	F	Atlantic College	AC-F/17	
307	1:02:28	120	Kathy BENNETT	F		F45/24	
308	1:02:30	254	Adrian LEONG	M	AC Student	AC-M/35	
309	1:02:36	402	Jo SPROUL	F	Unattached	F35/24	
310	1:02:51	90	Clive EVANS	M		M60/16	
311	1:03:03	355	Julie OWEN	F	Unattached	Fsenior/25	
312	1:03:21	66	Ai- Lin KEE	F		F35/25	
313	1:03:31	328	Judith BAYDOWN	F	Unattached	F55/9	
314	1:03:33	438	Mary DAVIES	F	Unattached	F45/25	
315	1:03:34	361	Frances SLOAN	F	Unattached	F45/26	
316	1:03:40	219	I Mae CHUA	F	AC Student	AC-M/36	
317	1:03:49	7	Nia STERLING	F		Fsenior/26	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
318	1:03:49	429	Andrew KNOTT	M	Unattached	Msenior/64	
319	1:03:51	83	Kate DUNN	F		F35/26	
320	1:04:06	183	Sonia CHEUNG	F	AC Student	AC-F/18	
321	1:04:07	186	Rebecca JENNINGS	F	AC Student	AC-F/19	
322	1:04:07	32	Tina LLOYD	F		F45/27	
323	1:04:39	151	Mark BURGE	M		Msenior/65	
324	1:04:43	87	Esther PHILLIPS	F		Fsenior/27	
325	1:04:44	101	Emma DAVIES	F		F35/27	
326	1:05:12	61	Lyn REES	F		F55/10	
327	1:05:17	401	Diane MCTAVISH	F	Unattached	F45/28	
328	1:05:30	430	Harrison NENEST	M	Atlantic College	AC-M/37	
329	1:05:30	222	Tom BLACKWOOD	M	AC Student	AC-M/38	
330	1:05:42	400	Helen MCTAVISH	F	Unattached	F45/29	
331	1:06:36	80	Alan CRIPPS	M		M50/38	
332	1:06:39	171	Albert OYDVIN	M	AC Student	AC-M/39	
333	1:06:42	172	Sergio PIRLA L	M	AC Student	AC-M/40	
334	1:06:51	23	Cathryn FERRIS	F		F35/28	
335	1:07:08	196	Karissa SINGH	F	AC Student	AC-F/20	
336	1:07:16	369	Jayne JOHSON	F	Unattached	F35/29	
337	1:07:20	288	Lauren ROWE	F	Unattached	Fsenior/28	
338	1:07:44	363	Nina WALLACE	F	Unattached	Fsenior/29	
339	1:08:00	416	Derek WARD-THOMPSON	M	Unattached	M40/52	
340	1:08:25	295	Floria HAV	F	Atlantic College	AC-F/21	
341	1:08:38	58	Laurence BROPHY	M		M60/17	
342	1:08:40	302	Simon HUDD	M	Unattached	M40/53	
343	1:08:58	185	Franzi HELFRICH	M	AC Student	AC-M/41	
344	1:08:59	210	Nora BAEKKELUND	F	AC Student	AC-F/22	
345	1:09:01	375	Rachel JENKINS	F	Unattached	Fsenior/30	
346	1:09:36	216	Laura RIGELL	F	AC Student	AC-F/23	
347	1:09:55	25	Daphne AUSTERBERRY	F		F55/11	
348	1:09:56	53	Sally NORRIS	F	AC Staff	F35/30	
349	1:09:59	154	Hedd WOOD	F	Atlantic College	AC-F/24	
350	1:10:03	243	Henry O'SULLIVAN	M	AC Student	AC-M/42	
351	1:10:11	253	Nicole HOOGELANDER	F	AC Student	AC-F/25	
352	1:10:39	239	Jia TEOH	F	AC Student	AC-M/43	
353	1:10:50	315	Theodor KONOMI	M	Atlantic College	AC-M/44	
354	1:10:51	272	Andrea CUPKOVA	F	AC Student	AC-F/26	
355	1:10:51	234	Eliza LANZILLO	F	AC Student	AC-F/27	
356	1:10:52	122	Aleem ZAFAR	M		Msenior/66	
357	1:10:52	13	Jane GIBSON	F		F45/30	
358	1:10:53	14	Michael GARNETT	M		M40/54	
359	1:11:02	24	Helen POWELL	F		F35/31	
360	1:12:40	303	Caroline KARLSEN	F	Atlantic College	AC-F/28	
361	1:12:52	113	Gill HIETT	F		F45/31	
362	1:13:38	188	Josh WILLIAMS	M	AC Student	AC-M/45	
363	1:13:49	297	Erica JAMIESON	F	Atlantic College	AC-F/29	

Pos.	Time	No.	Name	Sex	Club	Cat/Pos	AAW
364	1:13:50	301	Aditya MEHRA	M	Atlantic College	AC-M/46	
365	1:13:50	220	Giulia ROVERATO	F	AC Student	AC-F/30	
366	1:13:50	182	Uxia FERNANDEZ	F	AC Student	AC-M/47	
367	1:15:45	268	Theo PORT	M	AC Student	AC-M/48	
368	1:16:03	320	Megan GORMAN	F	Unattached	Fsenior/31	
369	1:19:42	213	Hugo FERRADANS	M	AC Student	AC-M/49	
370	1:19:43	278	El Fatihe HAJAR	F	Atlantic College	AC-F/31	
371	1:19:43	256	Chizzi NJOKU	F	AC Student	AC-M/50	
372	1:20:12	230	Sara YIP	F	AC Student	AC-F/32	
373	1:20:57	197	Helene SOLEM	F	AC Student	AC-F/33	
374	1:21:18	187	Man Isha KAUR	F	AC Student	AC-M/51	
375	1:22:03	5	Gwyn JONES	F	Bridgend AC	F35/32	
376	1:22:03	226	Gwilym JONES	M	AC Student	AC-M/52	
377	1:27:23	201	Carys BOUGHTON	F	AC Student	AC-F/34	
378	1:30:54	286	Natche LEABGMEAY	F	Atlantic College	AC-F/35	
379	1:34:49	131	Allen WATTS	M	Sarn Helen	M60/18	