

Key: V starts at 40 years of age

SV starts at 55 years of age - the age you are on the 1st January determines what age category you continue on for that year

All races count towards championship

## Port Talbot Harriers Women Cross Country Table 2017

Name	Category	Gwent League					West Glam					Races Run	Total	Position
		Glebelands - 12/2/17	Pembrey Park -4/3/17	Llandaff - 14/10/17	Brecon Leisure Centre - 12/11/17	Pembrey Park - 3/12/17	Margam Park - 15/1/17	Aberavon Beach- 26/3/17	Llandmadoc - 27/9/17	Gnoll Park - 22/10/17	Kenfig Nature Reserve - 26/11/17			
M. Morris	V	29	29	30	30		30	28	30		7	206	1	
Linda Woodland	SV	30	30	29	29		28	29	28		7	203	2	
H. Jones	V						30	27	30	29	4	116	3	
Sarah Howard							27	29	26		3	82	4	
A .Parsons	V							26	27	25	3	78	5	
Jayne Perkins							25	23	20		3	68	6	
Michelle Grey							29	28			2	57	7	
Ffion Davies								26	27		2	53	8	

Sharon Penhale	V						26		24			2	50	<b>9</b>
Bethan Thomas	V						24	25				2	49	<b>10</b>
Mair Davies									23	19		2	42	<b>11</b>
Joanne Juliff	V						19			21		2	40	<b>12</b>
Pauline Williams	SV								25			1	25	<b>13</b>
Laura Kennedy								24				1	24	<b>14</b>
Jane Harwood										24		1	24	<b>15</b>
Rebecca Roberts							23					1	23	<b>16</b>
Leanne Morris	V									23		1	23	<b>17</b>
Jody Francis								22				1	22	<b>18</b>
Cerys Mills							22					1	22	<b>19</b>
Alys Golding									22			1	22	<b>20</b>
Jules Jones										22		1	22	<b>21</b>
Anne Thomas	V								21			1	21	<b>22</b>
Julia Jones							21					1	21	<b>23</b>
Rhian Powell	V						20					1	20	<b>24</b>
Claire Sim							18					1	18	<b>25</b>
												0	0	<b>26</b>

## Port Talbot Harriers Vet Women Cross Country 2017

Gwent League	West Glam
--------------	-----------

Name	Category											Races Run	Total	Position
		Glebelands - 12/2/17	Pembrey Park -4/3/17	Llandaff - 14/10/17	Brecon Leisure Centre - 12/11/17	Pembrey Park - 3/12/17	Margam Park - 15/1/17	Aberavon Beach- 26/3/17	Llandmadoc - 27/9/17	Gnoll Park - 22/10/17	Kenfig Nature Reserve - 26/11/17			
M. Morris	V	29	29	30	30			30	28	30		7	206	1
Linda Woodland	SV	30	30	29	29		29		29	28		7	204	2
H. Jones	V						30	29	30	29		4	118	3
A.Parsons	V							28	27	27		3	82	4
Bethan Thomas	V						27	27				2	54	5
Sharon Penhale	V						28		25			2	53	6
Joanne Juliff	V						24			25		2	49	7
Anne Thomas	V							26				1	26	8
Julia Jones	V						26					1	26	9
Pauline Williams	V								26			1	26	10
Leanne Morris	V									26		1	26	11
Rhian Powelll	V						25					1	25	12
Charlene Davies	V											0	0	13
Rhian P Evans	V											0	0	14
	V											0	0	15

## Port Talbot Harriers Men - Cross Country 2017

Name	Category	Gwent League					West Glam					Races Run	Total	Position
		Glebelands - 12/2/17	Pembrey Park -4/3/17	Llandaff - 14/10/17	Brecon Leisure Centre - 12/11/17	Pembrey Park - 3/12/17	Margam Park - 15/1/17	Aberavon Beach- 26/3/17	Llandmadoc - 27/9/17	Gnoll Park - 22/10/17	Kenfig Nature Reserve - 26/11/17			
D. Cornish	V	30	30	26	29		22	25	28	19		8	209	<b>1</b>
I. Swanson	SV	29	28	24	26		16	16	25	12		8	176	<b>2</b>
Gareth Poston				30			29	30		29		4	118	<b>4</b>
Chris Lewis	V			28			26	27		25		4	106	<b>3</b>
A. Perkins	SV			25	27		15			11		4	78	<b>5</b>
J. Ayres	V				28		19	18		13		4	78	<b>6</b>
John Young	V			27	30					20		3	77	<b>7</b>
A. Furnell	SV		29				20	22				3	71	<b>8</b>
M. Rabaiotti	V						18	21		17		3	56	<b>9</b>
Nino Gatti								29		27		2	56	<b>10</b>
Jamie Lewis									30	23		2	53	<b>11</b>
Chris John							28			22		2	50	<b>12</b>
Carl Singleton							24			26		2	50	<b>13</b>



## Port Talbot Harriers Vet Men - Cross Country 2017

Name	Category	Gwent League					West Glam					Races Run	Total	Position
		Glebelands - 12/2/17	Pembrey Park - 4/3/17	Llandaff - 14/10/17	Brecon Leisure Centre - 12/11/17	Pembrey Park - 3/12/17	Margam Park - 15/1/17	Aberavon Beach - 26/3/17	Llandmadoc - 27/9/17	Gnoll Park - 22/10/17	Kenfig Nature Reserve - 26/11/17			
D. Cornish	V	30	30	27	29		29	28	29	26		8	228	<b>1</b>
I. Swanson	SV	29	28	25	26		24	19	26	20		8	197	<b>2</b>
Chris Lewis	V			29			30	29		30		4	118	<b>3</b>
J. Ayres	V				28		27	21		21		4	97	<b>4</b>
A. Perkins	SV			26	27		23			19		4	95	<b>5</b>
John Young	V			28	30					27		3	85	<b>6</b>

A. Furnell	SV		29				28	25				3	82	7
M. Rabaiotti	V						26	24		24		3	74	8
Paul Roberts	V								28	25		2	53	9
P. Deacon	SV								27	22		2	49	10
Llyr Jones	V							30				1	30	11
Steven Jones	V								30			1	30	12
Mark Hiddlestone	V		30									1	30	13
Mark Taylor	V									29		1	29	14
John Hopkins	V									28		1	28	15
A. Williams	V							27				1	27	16
Mike James	V							26				1	26	17
A. Roberts	V						25					1	25	18
Brian Lewis	V									23		1	23	19
Tim Allen	V							22				1	22	20
Gary Owen	V							20				1	20	21
P. Rees	V											0	0	22
J. Hopkins	V											0	0	23
B. Henderson	SV											0	0	24
Darren Vaughan	V											0	0	25
S. Williams	V											0	0	26
Ray James	V											0	0	27
A. Holling	V											0	0	28
C. Parker	V											0	0	29
I. Williams	V											0	0	30
Mike Worlock	V											0	0	31
G. Jones	V											0	0	32
D. Parfitt	V											0	0	33
P. Jelley	V											0	0	34
D. Williams	V											0	0	35
P. Robbins	V											0	0	36

Key: V starts at 40 years of age  
SV starts at 55 years of age