

DALE HALF MARATHON

Pembs

2005

Tri's

| Pos | No | First | Name | Club | Time | Cat | Age |
|-----|-----|----------|-----------|------------------------|----------|-----|-----|
| 1 | 364 | ANDREW | ABBOTT | SARN HELEN | 01:21:39 | OM | |
| 2 | 354 | GRAHAM | JEFFERIES | CARDIGAN RUNNING CLUB | 01:25:46 | M40 | 42 |
| 3 | 312 | PETER | HARRIES | NONE | 01:25:52 | OM | 38 |
| 4 | 336 | JAMES | PADFIELD | SWANSEA UNIVERSITY | 01:27:17 | OM | 29 |
| 5 | 392 | KEVIN | WHEELER | NONE | 01:30:05 | M40 | 45 |
| 6 | 376 | TONY | HALL | SARN HELEN | 01:30:12 | M40 | 50 |
| 7 | 327 | STEPHEN | THOMAS | NONE | 01:30:44 | M40 | 44 |
| 8 | 379 | PAUL | ROSE | CARDIGAN RUNNING CLUB | 01:30:58 | M40 | 41 |
| 9 | 362 | OWEN | DERRICK | PEMBROKESHIRE HARRIERS | 01:32:31 | OM | 29 |
| 10 | 374 | MATT | BRAWN | NONE | 01:33:18 | OM | 27 |
| 11 | 322 | NICK | DAVIES | NONE | 01:33:19 | M40 | 47 |
| 12 | 370 | CLAIRE | CLEATHERO | TROTS | 01:35:15 | OF | 31 |
| 13 | 302 | ROBERT | THOMSON | NONE | 01:35:47 | OM | 27 |
| 14 | 349 | CAROLINE | JOHN | UWA HARRIERS | 01:36:47 | F35 | 40 |
| 15 | 375 | CHARLIE | PALMER | NONE | 01:36:49 | OM | 38 |
| 16 | 331 | PAUL | OUGHTON | NONE | 01:37:15 | M40 | 44 |
| 17 | 333 | LEE | WELLS | NONE | 01:37:32 | OM | 23 |
| 18 | 373 | PATRICK | MARTIN | PTC | 01:39:09 | OM | 22 |
| 19 | 339 | ALEX | ILLYAT | PEMBS TRI | 01:39:25 | OM | 25 |

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|----|-----|----------|------------|------------------------|----------|-----|----|
| 20 | 307 | GARETH | WILLIAMS | NONE | 01:40:43 | OM | 36 |
| 21 | 348 | SARAH | JAMES | CARDIGAN RUNNING CLUB | 01:40:50 | OF | 32 |
| 22 | 384 | MARK | LLEWELLYN | NONE | 01:40:50 | OM | 31 |
| 23 | 320 | GRAHAM | BARLOW | NONE | 01:40:57 | M40 | 48 |
| 24 | 368 | CLAIR | DAVIES | PEMBS TRI | 01:41:12 | F35 | 35 |
| 25 | 360 | RICHARD | THOMPSON | PEMBROKESHIRE TRI | 01:41:13 | M40 | 42 |
| 26 | 371 | M | LAWRENCE | PEMBS HARRIERS | 01:42:14 | F35 | 48 |
| 27 | 335 | JANE | BUCK | CARDIGAN RUNNING CLUB | 01:42:15 | F35 | 42 |
| 28 | 381 | DALLAS | WISEMAN | SARN HELEN | 01:43:37 | OM | 33 |
| 29 | 313 | C | MARKS | SWANSEA HARRIERS | 01:43:47 | OF | 22 |
| 31 | 395 | MARTIN | LOW | NONE | 01:44:36 | M40 | 57 |
| 32 | 334 | JOHN | REES | NONE | 01:44:40 | M40 | 41 |
| 33 | 353 | VAL | BROWN | PEMBROKESHIRE TRI | 01:46:05 | F35 | 39 |
| 34 | 347 | WARREN | HEATON | NONE | 01:46:22 | OM | 34 |
| 35 | 394 | AINSLEY | CORP | PEMBS TRI | 01:46:26 | OM | 30 |
| 36 | 316 | PAUL | EDWARDS | PEMBROKESHIRE HARRIERS | 01:46:36 | M40 | 46 |
| 37 | 332 | BRIAN | HEALY | CARDIGAN RUNNING CLUB | 01:46:42 | M40 | 59 |
| 37 | 342 | JIM | COOPER | TROTS | 01:46:42 | M40 | 49 |
| 38 | 319 | HELEN | MCNAMARRA | PEMBROKESHIRE HARRIERS | 01:47:02 | F35 | 49 |
| 39 | 329 | PETER | NICHOLAS | NONE | 01:44:15 | M40 | 42 |
| 40 | 372 | NEIL | MCCARTHY | NONE | 01:44:15 | OM | 35 |
| 41 | 341 | MICHAEL | CATLING | ROAD RUNNERS CLUB | 01:47:26 | M40 | 45 |
| 42 | 377 | JUNE | BRAZELL | NONE | 01:47:40 | F35 | 56 |
| 43 | 378 | RICHARD | BRAZELL | NONE | 01:47:40 | OM | 33 |
| 44 | 325 | PAUL | COLMAN | PEMBROKESHIRE HARRIERS | 01:48:10 | M40 | 44 |
| 45 | 309 | E | BATEMAN | PEMBROKESHIRE HARRIERS | 01:48:42 | M40 | 48 |
| 46 | 390 | LAURENCE | WORTH | PEMBS HARRIERS | 01:50:00 | M40 | 42 |
| 47 | 326 | JILL | COLMAN | PEMBROKESHIRE HARRIERS | 01:50:33 | F35 | 41 |
| 48 | 308 | LOIS | REED | NONE | 01:53:29 | OF | 24 |
| 49 | 391 | STEVE | BIRMINGHAM | BRACKLA HARRIERS | 01:53:58 | OM | 35 |
| 50 | 363 | MALCOLM | CLUCK | NONE | 01:54:11 | M40 | 47 |
| 51 | 324 | PENNY | TOMKINSON | NONE | 01:54:30 | F35 | 45 |

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| 52 | 388 | STEPH | CODD | NONE | 01:54:33 | OF | 29 |
| 53 | 382 | HELEN | WILLIAMS | TROTS | 01:54:43 | F35 | 45 |
| 54 | 303 | ALEX | WILLIAMS | NONE | 01:54:47 | OM | 37 |
| 55 | 383 | ALEX | HOLLAND | TROTS | 01:54:57 | OM | 38 |
| 56 | 366 | ALEX | BALLARD | NONE | 01:55:08 | OM | 32 |
| 57 | 367 | LEIGH | FENNELL | NONE | 01:55:14 | OM | 32 |
| 58 | 387 | GARY | SUBBIANI | NONE | 01:55:44 | M40 | 41 |
| 59 | 369 | CAROL | HOWARD | PEMBS HARRIERS | 01:55:48 | F35 | 50 |
| 60 | 304 | ALAN | JOHNSTONE | INGLI RUNNERS | 01:56:13 | M40 | 57 |
| 61 | 345 | CLIFFORD | DIEGO | NONE | 01:58:41 | M40 | 51 |
| 62 | 317 | SUE | LLOYD | PEMBROKESHIRE HARRIERS | 01:59:04 | F35 | 41 |
| 63 | 385 | D-KEITH | BROWN | VALE OF GLAMORGAN R.R | 01:59:09 | M40 | 63 |
| 64 | 386 | JAMES | SUBBIANI | NONE | 02:00:05 | OM | 34 |
| 65 | 343 | NEVILLE | DEWSON | ROAD RUNNERS CLUB | 02:00:18 | M40 | 65 |
| 66 | 340 | PETER | SCOBLE | NONE | 02:01:41 | M40 | 60 |
| 67 | 393 | IAN | HIPKINS | PEMBS TRI | 02:02:22 | M40 | 56 |
| 68 | 328 | JOHN | WILKINS | NONE | 02:02:39 | M40 | 46 |
| 69 | 337 | HANNEKE | VAN DER WERF | NONE | 02:02:41 | F35 | 40 |
| 70 | 351 | PATRICK | GROVES | NONE | 02:03:12 | M40 | 54 |
| 71 | 350 | SAM | GROVES | NONE | 02:03:12 | OM | 29 |
| 72 | 346 | MIKE | HODGES | TROTS | 02:04:13 | M40 | 52 |
| 73 | 397 | TIM | MORGAN | NONE | 02:04:59 | M40 | 47 |
| 74 | 396 | ANDY | BOORMAN | NONE | 02:05:00 | M40 | 45 |
| 75 | 357 | JAN | YOUNGER | PEMBROKESHIRE HARRIERS | 02:05:43 | F35 | 55 |
| 76 | 380 | RUTH | HALL | SARN HELEN | 02:06:39 | OF | 29 |
| 77 | 310 | RICHARD | NASH | NONE | 02:08:55 | OM | 28 |
| 78 | 338 | GLYN | MORGAN | NONE | 02:10:01 | OM | |
| 79 | 314 | PAUL | MASON | NONE | 02:11:37 | OM | 39 |
| 80 | 344 | LORRAINE | DYDE | PEMBROKESHIRE HARRIERS | 02:11:49 | F35 | 48 |
| 81 | 318 | PAULINE | CHARLETT | PEMBROKESHIRE HARRIERS | 02:15:32 | F35 | 43 |
| 82 | 305 | MARK | WARREN | NONE | 02:17:10 | M40 | 43 |
| 83 | 301 | MARTIN | HUGHES | NONE | 02:21:02 | OM | 38 |

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| 84 | 359 | SUE | THOMAS | NONE | 02:29:32 | F35 | 45 |
| 85 | 356 | BARBARA | THOMAS | PEMBROKESHIRE HARRIERS | 02:31:27 | F35 | 61 |
| 86 | 365 | ALLEN | WATTS | SARN HELEN | 02:38:09 | M40 | 76 |
| 87 | 355 | TASMIN | AYERS | NONE | 02:56:40 | OF | 28 |
| 9999 | 306 | JOHN | BEARNE | NONE | | M40 | 52 |
| 9999 | 311 | CHERYL | STANSFIELD | NONE | | F35 | 48 |
| 9999 | 315 | ALAN | GARDNER | MIDLAND VETERANS | | M40 | 65 |
| 9999 | 321 | WYNNE | REES | NONE | | M40 | 56 |
| 9999 | 323 | IAN | RALFS | NONE | | M40 | 58 |
| 9999 | 330 | VICTOR | BROWN | NONE | | M40 | 44 |
| 9999 | 352 | ADRIAN | HUGHES | NONE | | M40 | 36 |
| 9999 | 358 | PETER | AINSWORTH | NONE | | M40 | 47 |
| 9999 | 361 | ROLAND | SHERWOOD | AMMAN VALLEY HARRIERS | | M40 | 60 |
| 9999 | 389 | KATE | RABAIOTTI | PEMBS | | OF | 23 |

9999 Did not Finish or Run