

DALE HALF MARATHON 2006



Pos	No	First	Name	Club	Time	Cat	Age
1	1	ANDREW	ABBOTT	SARN HELEN	01:20:12	OM	35
2	211	CLIVE	THOMAS	TROTS	01:21:54	M40	47
3	235	MIKE	EVANS	TROTS	01:22:38	OM	31
4	246	CARWYN	THOMAS	SARN HELEN	01:27:09	OM	18
5	233	MARTYN	MORG--	NONE	01:27:25	OM	25
6	77	PETER	HARRIS	NONE	01:28:29	OM	39
7	239	DAVID	MURRAY	NONE	01:29:24	OM	25
8	91	RON	JENKINS	NONE	01:30:15	M40	49
9	157	JAMES	PADFIELD	SWANSEA UNIVERSITY	01:30:34	OM	30
10	205	JOHN	SINNETT	PEMBS HARRIERS	01:30:59	M40	49
11	212	STEPHEN	THOMAS	NONE	01:31:34	M40	45
12	19	ROGER	COOMBS	TROTS	01:32:02	M40	40
13	201	SHAN	ROBERTS	INGLI RUNNERS	01:32:27	F35	39
14	49	GARETH	ELIOT	PEMBS HARRIERS	01:32:54	OM	24
15	229	SAM	GROVES	NONE	01:35:20	OM	30
16	33	MARK	DUNSCOMBE	SARN HELEN	01:35:27	M40	44
17	247	BARRIE	GRIFFITHS	NONE	01:35:56	M40	42

18	253	SARAH	TAGG	CARDIGAN RUNNING CLUB	01:36:49	OF	33
19	17	PAUL	COLMAN	PEMBS HARRIERS	01:38:21	M40	42
20	245	PETER	DAVIES	SARN HELEN	01:39:16	M50	51
21	219	MERVYN	WILLIAMS	PEMBS TRI	01:39:47	OM	39
22	82	KEVIN	HILL	PEMBS TRI	01:40:15	OM	38
23	30	KAT	DRIVER	PEMBS HARRIERS	01:40:30	OF	29
24	22	MARTIN	DAVIES	TROTS	01:40:32	OM	24
25	12	JIM	BUCK	PEMBS TRI	01:40:32	M40	40
26	251	CAROLINE	JOHN	SARN HELEN	01:40:46	F35	41
28	11	TERRY	BROWN	NONE	01:40:00	M40	45
29	99	MICHAEL	LAWRENCE	PEMBS HARRIERS	01:41:01	M40	49
30	206	PAUL	SLACK	NONE	01:41:50	OM	39
31	255	MARIE	JONES	MERLIN BRIDGE BOXING	01:41:20	F35	42
32	231	JUNE	BRAZELL	NONE	01:42:23	F45	57
33	16	CARLTON	COATES	PEMBS TRI	01:41:28	M40	43
34	90	MICHAEL	JAMES	PEMBS HARRIERS	01:42:30	OM	21
35	85	ADRIAN	HOWARTH	PEMBS TRI	01:42:27	OM	38
36	227	ALEX	WILLIAMS	ROAD RUNNERS CLUB	01:42:37	OM	38
37	234	DORIAN	JAMES	NONE	01:43:20	OM	24

38	224	WARREN	HEATON	NONE	01:43:52	OM	35
39	7	MICHAEL	BAILEY	PEMBS HARRIERS	01:44:02	OM	39
40	44	PAUL	EDWARDS	PEMBS HARRIERS	01:44:15	M40	47
41	254	RICHARD	BRIDLE	NONE	01:44:59	OM	36
42	73	DAVE	GRIFFITHS	TROTS	01:45:55	M40	43
43	6	PAUL	ARNOLD	3 MS GORSEINON	01:46:21	OM	38
44	200	JOHN	REES	NONE	01:46:30	M40	42
45	75	MARTIN	HARRIS	NONE	01:47:30	OM	39
46	8	EDWARD	BATEMAN	PEMBS HARRIERS	01:48:53	M40	49
47	244	JAMES	THOMAS	SARN HELEN	01:49:10	OM	24
48	228	IAN	MERRICK	NONE	01:49:14	OM	29
50	226	ANDREA	WILLIAMS	NONE	01:49:20	OF	
51	166	CENNYDD	POWELL	NONE	01:49:37	OM	39
52	215	HELEN	WALKER	PEMBS HARRIERS	01:49:59	F45	50
53	98	DAVID	LANGFORD	NONE	01:50:53	M40	47
54	172	JASON	PROTHEROE	NONE	01:50:59	OM	38
55	207	BOB	SMITH	NONE	01:51:22	M40	45
56	57	GERALD	GRAY	MULTISPORT	01:51:52	M50	51
57	54	JULIAN	FORSTER	NONE	01:53:38	M40	49
58	237	PENELOP	REES	TROTS	01:54:17	OF	32

59	114	MARTIN	LOW	NONE	01:54:26	M50	58
60	214	PENNY	TOMKINSON	NONE	01:54:59	F45	46
61	232	PETER	BRAZELL	NONE	01:55:01	M50	56
62	27	CLIFF	DEIGO	NONE	01:55:42	M50	52
63	209	JULIAN	STONE	NONE	01:55:46	OM	36
64	248	ALAN	JOHNSTONE	INGLI RUNNERS	01:56:24	M50	58
65	160	DAVID	PHILLIPS	PEMBS HARRIERS	01:56:55	M50	62
66	230	MATT	MEAD	NONE	01:56:56	OM	29
67	88	RICHARD	INCLEDON	NONE	01:57:39	M40	46
68	225	SIMON	REYNOLDS	NONE	01:57:48	M40	45
69	220	HELEN	WILLIAMS	TROTS	01:57:50	F45	46
70	21	HUGH	DANIELS	NONE	01:58:06	OM	35
71	131	KATY	MARSH	NONE	01:58:10	OF	33
72	204	FAY	SHARPE	3MS GORSEINON	02:00:09	F45	46
73	84	MIKE	HODGES	TROTS	02:00:29	M50	53
74	47	LUCY	ELCOMB	PEMBS TRI	02:01:39	OF	28
75	236	LON	MORGAN	TROTS	02:01:39	F45	49
76	95	GARETH	JONES	SARN HELEN	02:03:45	M40	
77	96	JAN	JONES	SARN HELEN	02:03:45	F35	41
78	250	HELEN	WILLIAMS	ABERYSTWYTH AC	02:04:07	F35	44

79	55	DAVE	GIBBY	NONE	02:04:26	OM	39
80	143	ADELE	MOSS	NONE	02:04:29	OF	31
81	146	SEAMUS	O'SULLIVAN	NONE	02:04:56	OM	35
82	243	ADRIAN	ALLEN	LORDSHILL ROAD RUNNERS	02:05:45	M40	
83	203	GARETH	ROBINSON	CHAPEL ALLERTON RR	02:06:32	OM	31
84	216	PETER	WALKER	PEMBS HARRIERS	02:06:38	M50	57
85	221	PAUL	O'NEIL	NONE	02:06:56	M40	46
86	151	JOANNA	OWEN	NONE	02:10:52	F35	35
87	83	BECKY	HILL	NONE	01:11:10	OF	25
88	29	TERRY	DOBSON	PEMBS TRI	02:11:45	M40	46
89	81	VICKY	HENLEY	NONE	02:11:45	F35	42
90	13	ROBIN	BURN	NONE	02:15:11	M50	62
91	176	LUCY	RACZ	NONE	02:15:11	F35	37
92	86	DAVID	HOWELLS	PEMBS TRI	02:15:52	M50	53
93	217	MARK	WARREN	NONE	02:16:18	M40	44
94	115	MARILYN	MANZE	EDMONTON RUNNING CLUB	02:16:32	F45	52
95	14	KATHRYN	CHANDLER	NONE	02:17:59	OF	32
96	32	CHRIS	DUNN	NONE	02:20:16	OM	37
97	93	ELIN	JONES	PEMBS TRI	02:21:53	F35	41
98	223	RACHEL	BAILEY	NONE	02:21:53	OF	25

99	61	MICHAEL	GREEN	NONE	02:22:11	M40	49
100	240	DOMINIC	SHERWOOD	TINGLE	02:27:36	OM	22
101	242	BEN	GRIFFITHS	NONE	02:27:36	OM	35
102	249	JON	ROBERTS	NONE	02:30:29	OM	22
103	252	RICHARD	PEARCE	NONE	02:30:29	OM	22
104	213	BARBARA	THOMAS	PEMBS HARRIERS	02:31:01	F45	62
105	208	PATRICK	SMITH	NONE	02:33:58	M40	49
106	10	JANET	BELL	PEMBS HARRIERS	02:35:42	F45	61
107	94	GARETH	JONES	PEMBS TRI	02:40:22	M40	41
108	241	FRANCIS	SHERWOOD	TINGLE	02:47:37	OM	26
109	141	JAMES	MOSS	NONE	02:47:38	OM	36
110	218	ALLEN	WATTS	SARN HELEN	02:48:34	M50	77
9999	3	JAYNE	ARNOLD	3 MS GORSEINON		OF	34
9999	15	PAULINE	CHARTLET	PEMBS HARRIERS		F35	44
9999	23	ROBIN	DAVIES	NONE		M40	41
9999	24	GARETH	DAVIES	NONE		OM	36
9999	26	CARYL	DAVIES	SARN HELEN		OF	18
9999	34	LILY	DYU	TEAM DEVIANT		OF	31

9999	51	DARREN	EVANS	PEMBS TRI	OM	22
9999	71	MICHAEL	GRIFFITHS	NONE	M50	59
9999	76	JENNIFER	HARRIS	NONE	OF	30
9999	87	GAYNOR	HULLAND	3MS GORSEINON	F35	39
9999	100	SUE	LLOYD	PEMBS HARRIERS	F35	42
9999	116	CATHERIN	MARKS	NONE	OF	23
9999	137	JUSTIN	MATTHEWS	NONE	OM	32
9999	140	JOHN	MCADAMS	NONE	M40	40
9999	159	DAVID	PERRETT	NONE	OM	
9999	202	NEVILLE	ROBERTS	INGLI RUNNERS	M40	42
9999	210	JARMO	SUORSA	NONE	M40	42
9999	222	ALISON	KINSEY	NONE	F45	47

9999 Did not Finish or Run

