

### **Senior Men (5.5 Miles Cross Country)**

- 1 Marc Hobbs (MMTG) 29.59
- 2 Steve Davies (MMTG) 30.49
- 3 Chris Friend (Univ of Wales Swansea) 30.59 (U20)
- 4 Mark Davies (MMTG) 31.01 (U20)
- 5 Lewis Hobbs (MMTG) 31.05
- 6 Paul Richards (Neath Abbey) 31.19 (V40)
- 7 Steve Rees (Port Talbot Harriers & A.C.) 31.51
- 8 Jonathan Williams (MMTG) 32.17
- 9 Paul Talbot (Neath Black Tuesday) 32.33
- 10 Chris Davies (MMTG) 33.08
- 11 Mike Loynes (3M's Gorseinon R.R.) 33.11
- 12 Chris Lewis (Univ of Wales Swansea) 33.15 (U20)
- 13 Mark Evans (Amman Valley Harriers) 33.33
- 14 Kevin Lewis (Neath Black Tuesday) 33.43 (V40)
- 15 Chris Parker (Swansea Uplands) 34.06 (V40)
- 16 Alan Davies (3M's Gorseinon R.R.) 34.16 (V50)
- 17 John Williams (Neath Black Tuesday) 34.38 (V45)
- 18 Peter Greenwood (Univ of Wales Swansea) 34.43 (U20)
- 19 Steve Williams (Neath Black Tuesday) 34.51 (V45)
- 20 Tom Alexander (Univ of Wales Swansea) 35.01
- 21 Paul Coker (Guest) 35.19 (V45)
- 22 Peter Watkeys (Univ of Wales Swansea) 35.20
- 23 Steve Wilkinson (Port Talbot Harriers Vets) 35.53 (V40)
- 24 Gareth Ayres (Port Talbot Harriers & A.C.) 36.09
- 25 Rob Sandles (3M's Gorseinon R.R.) 36.12 (V40)
- 26 Jason Statham (Land Registry Wales) 36.13
- 27 Jon Embling (Corus) 36.18 (V50)
- 28 Dave Thomas (3M's Gorseinon R.R.) 36.26
- 29 Stephen Richards (Univ of Wales Swansea) 36.29 (U20)
- 30 Mike Evans (Neath Black Tuesday) 36.52 (V45)
- 31 Richard Webster (3M's Gorseinon R.R.) 37.01 (V50)
- 32 Mike Gleeson (Visteon) 37.08
- 33 Andrew Reynolds (Neath Black Tuesday) 37.09
- 34 Anthony Oliver (Univ of Wales Swansea) 37.15 (U20)
- 35 Peter Turner (Cornelly Striders A.C.) 37.22 (V55)
- 36 David Sullivan (3M's Gorseinon R.R.) 37.27
- 37 Dean Llewellyn (MMTG) 37.31
- 38 Kevin Taylor (Amman Valley Harriers) 37.54 (V45)
- 39 Grant Thomas (Team Wecori) 38.07
- 40 Chris Fulcher (Port Talbot Harriers & A.C.) 38.40
- 41 Peter Deacon (Univ of Wales Swansea) 38.44 (V45)
- 42 Rob Fowler (Amman Valley Harriers) 38.50 (V60)
- 43 Steve Hames (Neath Black Tuesday) 39.04 (V40)
- 44 Alan Perkins (Port Talbot Harriers Vets) 39.32 (V50)
- 45 Steve Martin (Univ of Wales Swansea) 39.34 (V40)
- 46 Tony Holling (Port Talbot Harriers Vets) 39.40 (V50)
- 47 Gareth Phillips (Team Wecori) 40.07
- 48 Mark Reynolds (Neath Black Tuesday) 40.10
- 49 John Collins (Swansea Harriers Veterans) 40.20 (V65)
- 50 Simon Pinner (Team Wecori) 40.42 (V45)
- 51 Andrew Brown (Land Registry Wales) 40.51 (V40)
- 52 Nigel Fransisco (Team Wecori) 41.04 (V40)
- 53 Tony Burt (Cornelly Striders A.C.) 41.29 (V60)
- 54 John Farmer (Cornelly Striders A.C.) 41.29 (V50)
- 55 Glyn Williams (3M's Gorseinon R.R.) 42.09 (V55)
- 56 Haydn Williams (Amman Valley Harriers) 42.59
- Position Name Team Time Category
- 57 Steve Keogh (Land Registry Wales) 43.41
- 58 Rob Gardner (Team Wecori) 43.50 (V45)

59 Ray Boyce (Cornelly Striders A.C.) 44.06 (V45)  
60 John Davies (Port Talbot Harriers Vets) 44.55 (V55)  
61 Steve Press (Team Wecori) 44.59  
62 Paul Trotter (Land Registry Wales) 45.06 (V45)  
63 Ian Swanson (Port Talbot Harriers Vets) 45.09 (V55)  
64 Thomas Morris (Pontrhydyfen) 45.10 (U20)  
65 Richard Donne (3M's Gorseinon R.R.) 45.42 (V45)  
66 Mario Rabaiotti (Univ of Wales Swansea) 46.03 (V40)  
67 Arfon Rees (Team Wecori) 46.08  
68 Mike Todd (Amman Valley Harriers) 46.10 (V50)  
69 Neil Lewis (Mumbles Milers) 47.56 (V45)  
70 Paul Jones (Mumbles Milers) 49.36  
71 Keith Harris (Mumbles Milers) 51.08 (V40)

76 Started

**Senior Ladies & V70 Men (3 Miles Cross Country)**

1 Francis Gill (Neath Harriers) 20.14 (F45) 20  
2 Carol Glover (Univ of Wales Swansea) 20.40 19  
3 Jane Coker (Guest) 21.25 (F45) 0  
4 Amanda Evans (3M's Gorseinon R.R.) 22.06 (F35) 18  
5 Louise Miskell (3M's Gorseinon R.R.) 22.07 (F35) 17  
6 Deborah Youngs (3M's Gorseinon R.R.) 22.21 (F35) 16  
7 Catherine Marks (Univ of Wales Swansea) 22.43 15  
8 Liz Clarke (Guest) 22.58 (F45) 0  
9 Dave Naylor (Univ of Wales Swansea) (V70M) 1  
10 Eryllois Davies (Team Wecori) 23.13 14  
11 Michelle Witham (Univ of Wales Swansea) 23.18 13  
12 Jayne Arnold (3M's Gorseinon R.R.) 23.28 (F35) 12  
13 Kirsty Woolford (3M's Gorseinon R.R.) 24.27 11  
14 Maria Parisi (Univ of Wales Swansea) 25.16 10  
15 Jemma Corcoran (Swansea Harriers A.C.) 25.21 (U20) 9  
16 Sophia Rovira (Univ of Wales Swansea) 25.22 8  
17 Jayne Dawson (3M's Gorseinon R.R.) 25.27 (F35) 7  
18 Julie Thomas (3M's Gorseinon R.R.) 25.59 (F40) 6  
19 Helen Bealey (Univ of Wales Swansea) 26.01 (U20) 5  
20 Sandy Williams (Univ of Wales Swansea) 27.07 4  
21 Bev Crawford (Mumbles Milers) 32.07 (F35) 3  
22 Fiona Neill (Mumbles Milers) 35.27 (F35) 2

22 Ladies Started

1 V70 Man Started