

GNOLL 5K RESULTS 2012

NAME	CLUB	CAT.	TIME
1.Ian Harris	3M Gorseinon	M	19.41
2.Alex Williams	Port Talbot Harriers	MV	19.49
3.Chris Lewis	-	M	20.12
4.Clare Phillips	Port Talbot Harriers	FV	20.25
5.Kevin Lewis	Neath Harriers	MV	20.55
6.Ceri Slyman	-	M	22.00
7.Ben Williams	Neath Harriers	MJ	22.25
8.Ian Williams	Port Talbot Harriers	MV	22.30
9. Michelle Grey	Port Talbot Harriers	F	22.36
10.Graham Vyner	Celtic Tri	MV	23.12
11.Matthew John	-	M	24.20
12.Colleen O'Leary	Port Talbot Harriers	FV	24.25
13.Anne-Marie Tucker	Run4All	F	24.43
14.Darren Chapple	-	M	25.09
15.Richard Williams	Neath Harriers	MV	25.13
16.Jade Thomas	-	F	25.21
17.Julia Rees	Port Talbot Harriers	F	25.31
18.Megan Clark-Reid	Run4All	F	25.32
19.Jonathan Williams	-	MV	25.44
20.Paul Hambly	-	M	26.00
21.Allison Lewis-Wong	Run4All	FV	26.56
22.Ian Michael	-	MV	27.21
23.Kathryn John	-	FV	28.02
24.Mike Shaw	-	MV	28.16
25.Carl Messer	-	M	29.21
26.Sian Wadham	Run4All	FV	29.40
27.James Rees	-	M	29.49
28.Catherine Bowen	Run4All	FV	29.54
29.Kay Barnes	Run4All	FV	30.00
30.Helen Thomas	Run4All	FV	30.49
31.Jo Phillips	Run4All	FV	30.49
32.Paula Phillips	Run4All	FV	31.16
33.Adam Matthews	-	MJ	31.59
34.Annest Megan Phillips	-	FJ	32.46
35.Jane Roe	-	FV	32.57
36.Judith Michael	Run4All	FV	33.00
37.Lyn Eluned Davies	Run4All	FV	33.19
38.Wendy Bromham-Davies	Run4All	FV	33.26
39.Jane Hill	Run4All	FV	33.31
40.Karen Hurley	Run4All	FV	33.31

