

Gwent Cross Country League 2009-2010

8 November 2009 : University of Bath

Senior Men (305 Starters)

Pos	Athlete	Club	Time	Pts
1	B. Tickner	Wells and Yeovil	31.16	305
2	T. Russell	Bristol and West Athletic Club	31.42	304
3	A. Hains	Cardiff Amateur Athletic Club	31.48	303
4	S. Mitchell	(23) Bristol and West Athletic Club	32.09	302
5	O. Jones	Windsor Slough and Eton	32.28	Guest
6	A. Davies	(45) Brecon Athletic Club	32.30	301
7	L. Hobbs	Swansea Harriers Athletic Club	32.33	300
8	C. Discombe	Les Croupiers Running Club	32.39	299
9	R. Buffett	(23) University of Bath	32.41	298
10	R. Peters	(23) Bristol and West Athletic Club	32.44	297
11	C. Hopkins	(23) Swansea Harriers Athletic Club	32.50	296
12	T. Wallis	Bristol and West Athletic Club	32.54	295
13	S. Davies	Belgrave Harriers	33.02	Guest
14	D. Griffiths	(23) Carmarthen & District Harriers A.C.	33.03	294
15	A. Hunt	Cardiff Amateur Athletic Club	33.04	293
16	D. Roper	Cheltenham Harriers	33.08	Guest
17	A. Russell	Stroud & District Athletic Club	33.13	292
18	M. Jenkin	Bideford Athletic Club	33.35	Guest
19	T. Curr	Stroud & District Athletic Club	33.36	291
20	S. McGuigan	Bristol and West Athletic Club	33.36	290
21	M. Roberts	(35) Swansea Harriers Athletic Club	33.44	289
22	A. Humphries	(23) Cwmbran Harriers	33.47	288
23	S. Paterson	San Domenico Road Runners Club	33.58	287
24	M. Hobbs	Swansea Harriers Athletic Club	34.06	286
25	M. Hopkinson	(23) Taunton Athletic Club	34.07	285
26	S. Dalgliesh	(23) Westbury Harriers	34.08	284
27	P. Ryder	Cardiff Amateur Athletic Club	34.10	283

28	P. Parry	(45) Bristol and West Athletic Club	34.19	282
29	Matthew Evans	(23) Neath Harriers	34.26	281
30	T. Phillips	(23) University of Wales Inst. Cardiff	34.46	280
31	L. Ladd	(23) Carmarthen & District Harriers A.C.	34.59	279
32	D. Rees	Swansea Harriers Athletic Club	35.03	278
33	A. Lindsey	Wells and Yeovil	35.16	277
34	P. Coles	(45) Pontypridd Athletic Club	35.17	276
35	C. Moore	(23) Cardiff University Harriers	35.19	275
36	M. Palser	Les Croupiers Running Club	35.23	274
37	N. Dukes	Les Croupiers Running Club	35.27	273
38	H. Matthews	Brecon Athletic Club	35.29	272
39	M. Harvey	Neath Harriers	35.32	271
40	D. Mapp	(23) Bideford Athletic Club	35.35	Guest
41	C. Williams	(40) Neath Harriers	35.36	270
42	N. Wood	(23) University of Wales Inst. Cardiff	35.38	269
43	S. Crees	Les Croupiers Running Club	35.39	268
44	D. Bodman	(23) Aberdare Valley A. A. C.	35.44	267
45	P. Cook	(40) Les Croupiers Running Club	35.45	266
46	P. Griffiths	(40) Neath Harriers	35.51	265
47	A. Sheffield	Team Bath	35.54	264
48	P. Talbot	(40) Neath Harriers	35.55	263
49	K. Fairbank	Cardiff Amateur Athletic Club	35.57	262
50	R. Bullen	(45) Les Croupiers Running Club	35.58	261
51	D. Coales	Team Bath	36.13	260
52	S. Rose	Team Bath	36.14	259
53	J. Smith	(23) University of Bath	36.18	258
54	T. Hawkins	Wells and Yeovil	36.19	257
55	A. Ingle	Bideford Athletic Club	36.20	Guest
56	D. Studley	(23) Westbury Harriers	36.26	256
57	A. Sampson	Team Bath	36.42	255
58	T. Hindle	(40) Brecon Athletic Club	36.45	254
59	J. Gilling	Wells and Yeovil	36.47	253
60	R. Caburn	(40) Taunton Athletic Club	36.49	252
61	M. Green	Thornbury Running Club	36.52	251
62	G. Ward	Westbury Harriers	36.55	250
63	C. Davies	Swansea Harriers Athletic Club	36.56	249
64	L. Hiscox	Pontypridd Athletic Club	37.03	248
65	D. Jones	Team Bath	37.11	247
66	C. Fraser	(23) University of Bath	37.17	246
67	D. Buchanan	San Domenico Road Runners Club	37.26	245
68	Phil Crane	(45) Neath Harriers	37.27	244
69	M. Lewis	(40) Taunton Athletic Club	37.28	243

70	M. Flook		Bristol and West Athletic Club	37.34	242
71	G. Fereday		Newport Harriers Athletic Club	37.36	241
72	P. Kendrick	(45)	Brecon Athletic Club	37.39	240
73	Peter Crane	(45)	Neath Harriers	37.40	239
74	M. Lewis		Wells and Yeovil	37.41	238
75	M. O'Leary	(23)	Neath Harriers	37.49	237
76	R. Matthews		Chepstow Harriers	37.50	236
77	D. Thomas	(23)	Swansea Harriers Athletic Club	37.52	235
78	S. Hollier	(60)	Clevedon Athletic Club	37.54	234
79	G. Landon		Team Bath	37.54	233
80	S. Wilson (ind)		Swansea Harriers Athletic Club	37.55	232
81	R. Wallis		Westbury Harriers	37.56	231
82	R. Jones	(50)	Les Croupiers Running Club	37.57	230
83	A. Woods	(40)	Bridgend Athletic Club	38.00	229
84	J. Foster	(50)	Lliswerry Runners	38.02	228
85	N. Urquhart	(40)	Team Bath	38.07	227
86	R. Sage		Les Croupiers Running Club	38.09	226
87	J. King	(35)	Caerleon Running Club	38.10	225
88	A. Baker	(40)	Pontypridd Athletic Club	38.11	224
89	P. Hayes	(50)	Taf Running & Orienteering Teams	38.12	223
90	M. Leathard		Chepstow Harriers	38.13	222
91	L. Rawlinson		Caerleon Running Club	38.14	221
92	P. Osborne	(45)	Swansea Harriers Athletic Club	38.19	220
93	A. Anderson	(23)	Cardiff University Harriers	38.20	219
94	K. Griffiths	(45)	Taf Running & Orienteering Teams	38.21	218
95	A. Cleverley	(23)	Swansea Harriers Athletic Club	38.22	217
96	G. Robinson		Stroud & District Athletic Club	38.25	216
97	M. McGeoch	(50)	Les Croupiers Running Club	38.27	215
98	I. Teed		Chepstow Harriers	38.28	214
99	S. Davies	(23)	Pontypridd Athletic Club	38.31	213
100	R. Wilder	(35)	Les Croupiers Running Club	38.35	212
101	P. Horsfall		Thornbury Running Club	38.39	211
102	M. Hurford		Les Croupiers Running Club	38.40	210
103	M. Stott	(23)	Chepstow Harriers	38.41	209
104	A. Wall	(23)	Taunton Athletic Club	38.42	208
105	S. Osborne	(45)	Bridgend Athletic Club	38.45	207
106	M. Evans		Amman Valley Harriers	38.47	206
107	L. Sturgess-Durden		Team Bath	38.54	205
108	R. Self	(45)	Les Croupiers Running Club	38.59	204
109	C. Walsh	(35)	Port Talbot Harriers & A. C.	39.00	203
110	A. Weaver		Port Talbot Harriers & A. C.	39.02	202
111	D. Wythe	(50)	Wells and Yeovil	39.06	201

112	D. Goodger	Newport Harriers Athletic Club	39.08	200
113	S. Morris	(35) Bridgend Athletic Club	39.13	199
114	K. Lewis	(45) Neath Harriers	39.19	198
115	P. Jenkins	(45) Bridgend Athletic Club	39.20	197
116	C. Johnson	(40) Westbury Harriers	39.21	196
117	G. Lynch	Les Croupiers Running Club	39.27	195
118	D. Vorres	(45) Griffithstown Harriers A. A. C.	39.29	194
119	D. Reynolds	(23) Cardiff University Harriers	39.30	193
120	W. Collins	(23) Taunton Athletic Club	39.33	192
121	P. Davies	(50) Bridgend Athletic Club	39.34	191
122	M. Wheeler	(23) Cardiff University Harriers	39.34	190
123	M. Tabor	(55) Les Croupiers Running Club	39.38	189
124	M. Havard	(40) San Domenico Road Runners Club	39.39	188
125	R. Evans	Pontypridd Athletic Club	39.41	187
126	A. Ballance	(45) Westbury Harriers	39.42	186
127	F. Checcia	(40) Team Bath	39.44	185
128	S. Hooper	(40) Pontypridd Athletic Club	39.46	184
129	J. Ford	Team Bath	39.46	183
130	S. Johnston	(60) Les Croupiers Running Club	39.55	182
131	C. Hudson	(23) University of Bath	39.56	181
132	G. Sansom	(45) San Domenico Road Runners Club	39.57	180
133	S. Prior	(40) Wells and Yeovil	40.05	179
134	N. Richardson	Team Bath	40.06	178
135	A. Pitt	(45) Stroud & District Athletic Club	40.07	177
136	B. Park	(50) Kidderminster & Stourport A.C.	40.09	Guest
137	N. Rees	(50) Les Croupiers Running Club	40.14	176
138	P. Duma	Great Western Runners	40.16	175
139	P. Sowerby	(45) Brecon Athletic Club	40.17	174
140	P. Chan	(40) Great Western Runners	40.19	173
141	I. McDonald	(45) San Domenico Road Runners Club	40.23	172
142	K. Jackson	(40) Dursley & District Athletic Club	40.27	171
143	A. Wood	(40) San Domenico Road Runners Club	40.31	170
144	S. Shields	Guest	40.33	Guest
145	J. Jones	Aberystwyth Athletic Club	40.34	169
146	R. Hooper	(50) Westbury Harriers	40.34	168
147	E. Moxey	Cardiff University Harriers	40.37	167
148	J. Cleall-Harding	(55) Les Croupiers Running Club	40.38	166
149	K. Taylor	(50) Amman Valley Harriers	40.39	165
150	K. Ham	(40) Thornbury Running Club	40.41	164
151	L. Carter	(50) Chepstow Harriers	40.45	163
152	N. Bower	(40) Team Bath	40.47	162
153	K. Russ	Westbury Harriers	40.49	161

154	J. Embling	(50)	Bridgend Athletic Club	40.51	160
155	A. Rees	(45)	Bridgend Athletic Club	40.52	159
156	R. Marks	(55)	Sarn Helen Orienteering & R. C.	40.55	158
157	R. Coombs	(40)	Taf Running & Orienteering Teams	40.56	157
158	A.N. Unknown		Anonymous Athletic Club	40.57	156
159	D. Hollier		Clevedon Athletic Club	41.00	155
160	B. Tyrrell	(50)	Thornbury Running Club	41.04	154
161	B. Pringle		Westbury Harriers	41.06	153
162	P. Kellam	(40)	Les Croupiers Running Club	41.11	152
163	J. Blore	(23)	Chepstow Harriers	41.16	151
164	S. Barnes	(40)	Cotswold All Runners	41.19	Guest
165	G. Hardman	(40)	Bridgend Athletic Club	41.24	150
166	J. Potts	(40)	San Domenico Road Runners Club	41.25	149
167	T. Tondel	(50)	Thornbury Running Club	41.28	148
168	P. Lewis	(40)	3M Gorseinon Road Runners	41.31	147
169	S. Wadley	(45)	Newport Harriers Athletic Club	41.33	146
170	R. Bowen	(60)	Neath Harriers	41.33	145
171	D. Taylor	(45)	Bristol and West Athletic Club	41.42	144
172	D. Scarborough	(50)	Bridgend Athletic Club	41.45	143
173	D. Davies	(60)	Neath Harriers	41.50	142
174	T. Jefferies	(65)	Westbury Harriers	41.52	141
175	P. Murphy	(55)	Great Western Runners	41.53	140
176	D. Hardie	(50)	3M Gorseinon Road Runners	41.54	139
177	P. Dyson	(50)	Swansea Harriers Athletic Club	41.55	138
178	T. Davies		Frome Athletic Club	41.59	Guest
179	A. Russell		Les Croupiers Running Club	42.00	137
180	Jeff Thomas	(40)	Bridgend Athletic Club	42.05	136
181	A. Every	(40)	Team Bath	42.08	135
182	R. Morris	(60)	San Domenico Road Runners Club	42.09	134
183	K. Corcoran	(45)	Swansea Harriers Athletic Club	42.10	133
184	E. Tickner	(50)	Wells and Yeovil	42.11	132
185	M. Murphy	(55)	Les Croupiers Running Club	42.13	131
186	J. Kerley (ind)	(50)	Team Bath	42.20	130
187	P. Court		Westbury Harriers	42.22	129
188	G. Torrington	(35)	Westbury Harriers	42.23	128
189	A. Smith		Cardiff Harlequins	42.26	127
190	J. Greenwood	(55)	Thornbury Running Club	42.29	126
191	C. Blackmore		Cardiff Harlequins	42.31	125
192	J. Pocknell	(40)	Caerleon Running Club	42.32	124
193	J. Davies		San Domenico Road Runners Club	42.33	123
194	G. Davis	(50)	Team Bath	42.35	122
195	S. Merrick	(45)	Swansea Harriers Athletic Club	42.41	121

196	D. McAtee	(45) Newport Harriers Athletic Club	42.45	120
197	R. Samuel	Cardiff Harlequins	42.48	119
198	J. Hancock	(35) Taf Running & Orienteering Teams	42.49	118
199	P. Rees	(40) 3M Gorseinon Road Runners	42.50	117
200	L. Morgan	(35) San Domenico Road Runners Club	42.54	116
201	D. Hughes	(40) Bridgend Athletic Club	43.02	115
202	D. Bright	(50) Les Croupiers Running Club	43.06	114
203	S. Partridge	(55) Neath Harriers	43.13	113
204	J. Thorpe	(40) Great Western Runners	43.18	112
205	M. Davies	(50) Lliswerry Runners	43.20	111
206	L. Davies	(35) Pontypridd Athletic Club	43.21	110
207	Les Watson	(45) Taf Running & Orienteering Teams	43.24	109
208	R. Appleby	(40) Wells and Yeovil	43.25	108
209	E. Davey	(50) Llanelli Amateur Athletic Club	43.30	107
210	M. Harvey	(23) Chepstow Harriers	43.38	106
211	S. Arnold	(40) Wells and Yeovil	43.40	105
212	J. O'Shea	(50) Les Croupiers Running Club	43.41	104
213	L. Allen	Team Bath	43.44	103
214	J. Delaney	(50) San Domenico Road Runners Club	43.47	102
215	L. Chapman	(60) Amman Valley Harriers	43.49	101
216	P. Meyler	(50) Pontypridd Athletic Club	43.51	100
217	F. Van Arkel	(45) Forest of Dean Athletic Club	43.54	99
218	H. Mason	(40) Caerleon Running Club	43.56	98
219	M. Halsall	Llanelli Amateur Athletic Club	43.57	97
220	P. Bristow	(45) San Domenico Road Runners Club	43.58	96
221	P. Hawkins	(40) Great Western Runners	44.07	95
222	D. Thornton	(40) Westbury Harriers	44.10	94
223	C. Osmond	(45) Les Croupiers Running Club	44.14	93
224	J. Tuck	(40) Wells and Yeovil	44.16	92
225	P. Holder	(45) Cardiff Harlequins	44.19	91
226	S. Harrhy	(45) Lliswerry Runners	44.21	90
227	J. Hargreaves	(55) Great Western Runners	44.22	89
228	D. Smout	(60) Parc Bryn Bach Runners	44.27	88
229	D. Shields	(40) San Domenico Road Runners Club	44.28	87
230	A.N. Unknown	Anonymous Athletic Club	44.29	86
231	K. Grey	(50) Fairwater Runners	44.30	85
232	P. Chadwick	(50) Wells and Yeovil	44.32	84
233	R. Withers	(40) Pembrokeshire Harriers	44.39	83
234	R. Whitcombe	(50) Wells and Yeovil	44.40	82
235	T. Fenton	(50) Great Western Runners	44.41	81
236	M. Medhurst	(40) Newport Harriers Athletic Club	44.49	80
237	K. McEntee	(50) Chepstow Harriers	45.04	79

238	D. Proffitt	(55) Newport Harriers Athletic Club	45.11	78
239	B. Jones	(40) Les Croupiers Running Club	45.12	77
240	J. Magee	(35) Les Croupiers Running Club	45.13	76
241	H. Samways	Team Bath	45.16	75
242	S. Davey	(45) Caerleon Running Club	45.23	74
243	D. Osborne	(45) Brecon Athletic Club	45.29	73
244	A. Haq	(23) Cardiff University Harriers	45.30	72
245	C. Watts	Wells and Yeovil	45.38	71
246	G. Cole	Wells and Yeovil	45.41	70
247	P. Spriggs	(35) Swansea Harriers Athletic Club	45.46	69
248	M. Harris	(55) Westbury Harriers	45.49	68
249	S. Bendle	(45) Swansea Harriers Athletic Club	45.56	67
250	G. Trueman	(55) Stroud & District Athletic Club	46.06	66
251	P. Wright	(55) Wells and Yeovil	46.14	65
252	N. Tatnell	(50) Les Croupiers Running Club	46.19	64
253	L. Jones	Thornbury Running Club	46.24	63
254	A. Bunney	(40) Aberdare Valley A. A. C.	46.31	62
255	P. Evans	Brecon Athletic Club	46.33	61
256	J. Aston	(60) Les Croupiers Running Club	46.46	60
257	J. Rees	(40) Pembrokeshire Harriers	46.50	59
258	C. Corcoran	(40) Pontypridd Athletic Club	46.50	58
259	J. Clune	(60) Thornbury Running Club	47.02	57
260	R. Fowler	(60) Amman Valley Harriers	47.13	56
261	M. Rusca	(45) Wells and Yeovil	47.17	55
262	M. Bennett	(55) Great Western Runners	47.19	54
263	B. Dias	Cardiff Amateur Athletic Club	47.22	53
264	G. Jones	(40) Sarn Helen Orienteering & R. C.	47.26	52
265	G. Jenkins	(23) Sarn Helen Orienteering & R. C.	47.27	51
266	I. Morris	(45) Taf Running & Orienteering Teams	47.28	50
267	D. Vandenburg	Team Bath	47.29	49
268	D. Williams	(45) Les Croupiers Running Club	47.38	48
269	M. Clash	(55) Pembrokeshire Harriers	47.47	47
270	P. Mainstone	(55) Thornbury Running Club	48.13	46
271	R. Summers	(40) Chepstow Harriers	48.20	45
272	R. Hobbs	(60) Dursley & District Athletic Club	48.33	44
273	A. Lloyd	Amman Valley Harriers	48.35	43
274	N. Pringle	(50) Lliswerry Runners	49.16	42
275	T. Holling	(50) Port Talbot Harriers & A. C.	49.26	41
276	A. Bray	(50) Chepstow Harriers	49.49	40
277	J. Wilson	(60) Westbury Harriers	49.53	39
278	D. Finch	(60) Chepstow Harriers	50.11	38
279	C. Bennett	(55) Great Western Runners	50.20	37

280	A. Reid	(40) Team Bath	50.40	36
281	A. Taylor	(50) Caerleon Running Club	50.50	35
282	K. Williams	(45) Les Croupiers Running Club	50.51	34
283	R. Anthony	(55) Taf Running & Orienteering Teams	51.00	33
284	S. Williams	(50) Les Croupiers Running Club	51.25	32
285	G. Bodman	(45) Les Croupiers Running Club	52.01	31
286	H. Brown	(60) Les Croupiers Running Club	52.15	30
287	R. Silver	(55) Les Croupiers Running Club	52.39	29
288	J. Davies	(60) Port Talbot Harriers & A. C.	52.54	28
289	H. Jones	(50) Taf Running & Orienteering Teams	52.59	27
290	R. Brigden	(60) Team Bath	53.55	26
291	R. Davey	(60) Les Croupiers Running Club	54.18	25
292	N. Chipper	(50) Lliswerry Runners	54.39	24
293	I. Swanson	(55) Port Talbot Harriers & A. C.	55.25	23
294	M. Walker	(60) Cotswold All Runners	56.06	Guest
295	G. Bishop	(70) Thornbury Running Club	56.48	22
296	S. Selwyn	(45) Thornbury Running Club	58.06	21