

Gwent Cross Country League 2011-2012

3 March 2012 : Blaise Castle, Bristol

Senior Women (138 Starters)

Pos	Athlete	Club	Time	Pts
1	G. Nicholls	University of Bath	18.16	138
2	C. Blew	(23) Taunton Athletic Club	18.23	137
3	L. Richens (ind)	Westbury Harriers	19.10	136
4	G. Kinsey	(35) Stroud & District Athletic Club	19.25	135
5	A. Grady	University of Bath	19.41	134
6	R. Baker	Cardiff Amateur Athletic Club	19.45	133
7	S. Voller	Westbury Harriers	19.46	132
8	K. Beecher	Les Croupiers Running Club	19.52	131
9	R. Underhill	(23) Cardiff University Harriers	19.58	130
10	R. Pierce	Team Bath	20.17	129
11	D. Marsden	Westbury Harriers	20.18	128
12	A. Davies	(23) University of Bath	20.28	127
13	D. Kennedy	Bristol and West Athletic Club	20.41	126
14	E. Bayliss	Pont-y-Pwl & District Runners	20.42	125
15	L. O'Duffy	(40) Les Croupiers Running Club	20.43	124
16	O. Sadler	(23) Bristol and West Athletic Club	20.55	123
17	S. Haikala	(40) Brecon Athletic Club	20.56	122
18	L. Smith	Westbury Harriers	21.00	121
19	K. Roberts	Bridgend Athletic Club	21.02	120
20	R. Golding	(35) Westbury Harriers	21.10	119
21	N. Gething	(40) Parc Bryn Bach Runners	21.14	118
22	V. Tester	Westbury Harriers	21.23	117
23	S. Turvey	(23) Cardiff University Harriers	21.25	116
24	T. Loftus	Cardiff University Harriers	21.31	115
25	L. Summers	(40) Chepstow Harriers	21.44	114
26	C. Beatty	Les Croupiers Running Club	21.45	113
27	K. Prior	(35) Wells City Harriers	21.46	112

28	K. Winstone		Westbury Harriers	21.51	111
29	L. Davies		Cardiff Amateur Athletic Club	21.57	110
30	C. Jolliffe	(45)	Bristol and West Athletic Club	22.02	109
31	A. Davies		Bristol and West Athletic Club	22.07	108
32	E. Relton	(23)	University of Wales - Swansea	22.08	107
33	C. Griffiths		Bridgend Athletic Club	22.09	106
34	J. Becker	(35)	Les Croupiers Running Club	22.15	105
35	L. Barker	(23)	Brecon Athletic Club	22.20	104
36	V. Lawson	(40)	Chepstow Harriers	22.27	103
37	C. Watt	(45)	Thornbury Running Club	22.38	102
38	A. Rhys		Les Croupiers Running Club	22.41	101
39	B. McInnes		Thornbury Running Club	22.45	100
40	C. Tailby	(40)	Les Croupiers Running Club	22.46	99
41	L. Heath	(35)	Wells City Harriers	22.47	98
42	L. Ellis		Great Western Runners	22.48	97
43	L. Cleary	(45)	Penarth and Dinas Runners	22.49	96
44	K. Ingleby		Westbury Harriers	22.50	95
45	A. Ahmed	(23)	University of Bath	22.51	94
46	J. Tucker	(40)	Les Croupiers Running Club	22.53	93
47	V. Shufflebottom		Westbury Harriers	23.05	92
48	T. Paisie		Cardiff Amateur Athletic Club	23.11	91
49	H. Taunton	(23)	Taunton Athletic Club	23.13	90
50	B. Lee		Westbury Harriers	23.15	89
51	S. McCarthy	(40)	Les Croupiers Running Club	23.17	88
52	E. Oughton	(40)	Great Western Runners	23.20	87
53	M. Morris	(35)	Port Talbot Harriers & A. C.	23.21	86
54	N. Prosser	(23)	Cardiff University Harriers	23.22	85
55	W. Owen	(40)	San Domenico Road Runners Club	23.23	84
56	S. Thorne		Westbury Harriers	23.30	83
57	R. Loudon	(45)	Newport Harriers Athletic Club	23.36	82
58	D. Cleary		Westbury Harriers	23.39	81
59	S. Baker	(40)	Wells City Harriers	23.42	80
60	F. Machin	(35)	Les Croupiers Running Club	23.44	79
61	H. Johnson	(35)	Westbury Harriers	23.48	78
62	H. Brookes		Bristol and West Athletic Club	23.49	77
63	C. Turnbull		Great Western Runners	23.50	76
64	C. Brambley-Tucker	(40)	Port Talbot Harriers & A. C.	23.51	75
65	R. Rowland	(45)	Thornbury Running Club	23.55	74
66	F. Davies	(55)	Pontypridd Athletic Club	23.59	73
67	T. Chick		Westbury Harriers	24.00	72
68	A. Knight	(40)	Wells City Harriers	24.05	71
69	H. Smith		Cardiff University Harriers	24.08	70

70	J. Scholey	(50) Les Croupiers Running Club	24.09	69
71	J. Cummins	(35) Westbury Harriers	24.12	68
72	V. Woodsford	San Domenico Road Runners Club	24.13	67
73	A. Scrivens	(35) Caerleon Running Club	24.16	66
74	Y. Bullen	(45) Les Croupiers Running Club	24.26	65
75	T. Halliday	(45) Wells City Harriers	24.27	64
76	P. Williams	(50) Port Talbot Harriers & A. C.	24.29	63
77	C. Hayes	(35) Cardiff Amateur Athletic Club	24.34	62
78	V. Howlett	(35) Westbury Harriers	24.35	61
79	C. Pearson	Les Croupiers Running Club	24.36	60
80	R. Edworthy	(23) University of Wales - Swansea	24.37	59
81	S. Doherty	Cardiff University Harriers	24.46	58
82	C. Dallimore	(55) Les Croupiers Running Club	24.50	57
83	S. Tucker	(35) Westbury Harriers	24.51	56
84	C. Pocock	(23) Cardiff University Harriers	24.56	55
85	C. Thomas	(40) Wells City Harriers	24.57	54
86	R. Harris	Penarth and Dinas Runners	25.02	53
87	E. Turner	(55) Les Croupiers Running Club	25.12	52
88	M. Parrott	(45) Thornbury Running Club	25.15	51
89	A. James	(60) Les Croupiers Running Club	25.19	50
90	K. Jones	(40) Neath Harriers	25.24	49
91	V. Hughes	(45) Westbury Harriers	25.27	48
92	E. Morgan	(23) University of Wales - Swansea	25.30	47
93	V. Ford	(50) Great Western Runners	25.32	46
94	D. Howells	(35) Barry & Vale Harriers A. A. C.	25.39	45
95	K. Roberts	Les Croupiers Running Club	25.52	44
96	J. Ash	(35) Les Croupiers Running Club	25.59	43
97	E. Wharmby	(45) Newport Harriers Athletic Club	26.01	42
98	J. Mills	(55) Thornbury Running Club	26.02	41
99	E. Luke	Penarth and Dinas Runners	26.14	40
100	B. Tucker	(40) Brecon Athletic Club	26.17	39
101	A. Bushell	(35) Thornbury Running Club	26.18	38
102	R. Sampson-Geroski	(23) University of Bath	26.20	37
103	C. Hunt	(35) Port Talbot Harriers & A. C.	26.34	36
104	Y. Williams	(50) Penarth and Dinas Runners	26.41	35
105	L. Charman	(23) University of Bath	26.42	34
106	D. Evans	(45) Chepstow Harriers	26.48	33
107	R. Hambrook	(60) Porthcawl Runners Life	26.50	32
108	C. Goldsmid	(45) Wells City Harriers	26.51	31
109	S. Adkins	(60) Caerleon Running Club	26.55	30
110	B. Havers	Chepstow Harriers	27.00	29
111	L. Phillips	(35) Blaenau Gwent	27.10	28

112	J. Nurse	(35) Les Croupiers Running Club	27.18	27
113	E. Page	(45) Sarn Helen Orienteering & R. C.	27.33	26
114	R. Spears	(40) Les Croupiers Running Club	27.45	25
115	T. Talbot	Great Western Runners	28.01	24
116	V. Clare	(50) Lliswerry Runners	28.34	23
117	K. Ridgewell	(45) Westbury Harriers	28.53	22
118	J. Travers	(55) Great Western Runners	28.57	21
119	Y. Forsey	(50) Lliswerry Runners	29.06	20
120	E. Noonan	(55) Westbury Harriers	29.22	19
121	K. Chadwell	(40) Les Croupiers Running Club	29.47	18
122	S. Mogford	Amman Valley Harriers	30.03	17
123	G. Howells	(60) Caerleon Running Club	30.15	16
124	G. Murphy	(55) Les Croupiers Running Club	30.21	15
125	S. Perons	(45) Les Croupiers Running Club	30.24	14
126	L. Muller	(55) Les Croupiers Running Club	30.25	13
127	C. Johnson	(65) Les Croupiers Running Club	30.40	12
128	C. Scapens	(45) Westbury Harriers	30.53	11
129	E. Arwyn	(55) Les Croupiers Running Club	31.10	10
130	A. Mogford	(45) Amman Valley Harriers	31.16	9
131	M. Rowson	(60) Les Croupiers Running Club	31.32	8
132	P. Thomas	(65) Taf Running & Orienteering Teams	31.56	7
133	P. Hoddinott	(35) Caerleon Running Club	32.05	6
134	F. Williams	(45) San Domenico Road Runners Club	33.12	5
135	P. Parr	(60) Great Western Runners	33.37	4
136	H. Williams	(35) Aberdare Valley A. A. C.	38.07	3
137	A. Butler	(70) Great Western Runners	42.42	2

Gwent Cross Country League 2011-2012

3 March 2012 : Blaise Castle, Bristol

Senior Men (214 Starters)

Pos	Athlete	Club	Time	Pts
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1	B. Nagy	(23)	University of Bath	32.00	214
2	N. Young	(23)	Bristol and West Athletic Club	32.15	213
3	A. Davies	(45)	Brecon Athletic Club	32.34	212
4	A. Marriott		Wells City Harriers	33.06	211
5	H. Evans	(35)	Les Croupiers Running Club	33.30	210
6	M. Ellis		Westbury Harriers	33.43	209
7	M. Roberts	(40)	Swansea Harriers Athletic Club	33.54	208
8	C. Pristavec		Les Croupiers Running Club	34.02	207
9	J. Bancroft		Wells City Harriers	34.31	206
10	D. Randall		Bristol and West Athletic Club	34.33	205
11	S. Paterson		Les Croupiers Running Club	34.40	204
12	P. Parry	(40)	Bristol and West Athletic Club	34.41	203
13	H. Matthews		Brecon Athletic Club	34.44	202
14	D. Coales	(40)	Team Bath	34.51	201
15	F. McGrath	(23)	Westbury Harriers	35.16	200
16	A. Glover		Westbury Harriers	35.23	199
17	D. Jones		Team Bath	35.24	198
18	H. Aggleton		Cardiff Harlequins	35.32	197
19	B. Pointing		Taunton Athletic Club	35.34	196
20	N. Dukes	(35)	Les Croupiers Running Club	35.35	195
21	C. Williams	(40)	Neath Harriers	35.36	194
22	D. Summers		Westbury Harriers	35.44	193
23	J. Terry		Westbury Harriers	35.48	192
24	W. Massey	(23)	Westbury Harriers	35.55	191
25	S. Crees		Les Croupiers Running Club	35.59	190
26	P. Coles	(45)	Pontypridd Athletic Club	36.10	189
27	R. Mann	(23)	University of Wales - Swansea	36.20	188
28	R. Sage	(35)	Les Croupiers Running Club	36.24	187
29	C. Palmer		Westbury Harriers	36.38	186
30	L. Rawlinson		Caerleon Running Club	36.44	185
31	J. Collier		Westbury Harriers	36.47	184
32	B. Moon		Cardiff Harlequins	36.48	183
33	J. King		Caerleon Running Club	36.50	182
34	J. Gilling		Wells City Harriers	36.55	181
35	D. Bodman	(23)	Aberdare Valley A. A. C.	36.59	180
36	G. Ward		Westbury Harriers	37.02	179
37	N. Frost	(50)	Pontypridd Athletic Club	37.05	178
38	A. Harper	(23)	University of Wales - Swansea	37.09	177
39	T. Bowerman	(23)	University of Wales - Swansea	37.11	176
40	K. Dunn		Westbury Harriers	37.14	175
41	R. Bullen	(50)	Les Croupiers Running Club	37.19	174

42	N. Taviner (ind)	Bristol and West Athletic Club	37.34	173
43	S. Shields	San Domenico Road Runners Club	37.40	172
44	Peter Crane	(50) Neath Harriers	37.47	171
45	M. Hurford	(35) Les Croupiers Running Club	37.56	170
46	M. Palser	Les Croupiers Running Club	37.58	169
47	D. James	(50) Les Croupiers Running Club	38.03	168
48	K. Ham	(50) Westbury Harriers	38.05	167
49	N. Edwards	(45) Great Western Runners	38.06	166
50	G. Lynch	(35) Les Croupiers Running Club	38.08	165
51	S. Masters	(50) Wells City Harriers	38.13	164
52	A. Cooke	Bristol and West Athletic Club	38.22	163
53	R. Phillips	Westbury Harriers	38.23	162
54	R. Evans	(40) Pontypridd Athletic Club	38.26	161
55	C. Edwards	(40) Pontypridd Athletic Club	38.27	160
56	A. Pillow	(23) University of Bath	38.28	159
57	E. Ball	(45) San Domenico Road Runners Club	38.29	158
58	J. Thraves	(40) Great Western Runners	38.30	157
59	T. Gd	(23) University of Wales - Swansea	38.31	156
60	J. Jones	(40) Carmarthen & District Harriers A.C.	38.45	155
61	A. Gardiner	San Domenico Road Runners Club	38.50	154
62	P. Grandon	Bristol and West Athletic Club	38.57	153
63	M. Havard	(45) San Domenico Road Runners Club	38.58	152
64	G. Robinson	Stroud & District Athletic Club	39.16	151
65	T. Jeffery	Les Croupiers Running Club	39.17	150
66	E. Kilgour	(40) Westbury Harriers	39.18	149
67	D. Wintle	(55) Great Western Runners	39.19	148
68	P. Chan	(40) Great Western Runners	39.20	147
69	A. Pitt	(45) Stroud & District Athletic Club	39.32	146
70	A. Cleves	(35) Les Croupiers Running Club	39.39	145
71	P. Sowerby	(45) Brecon Athletic Club	39.42	144
72	J. Bailey-Gard (Jun)	Westbury Harriers	39.43	143
73	R. Lowe	Bristol and West Athletic Club	39.51	142
74	G. Williams	Aberdare Valley A. A. C.	39.52	141
75	M. McGeoch	(55) Les Croupiers Running Club	39.59	140
76	T. Dukes	Wells City Harriers	40.07	139
77	S. Johnston	(60) Les Croupiers Running Club	40.08	138
78	I. Ruck	(40) Westbury Harriers	40.09	137
79	S. Young	(40) Thornbury Running Club	40.22	136
80	J. Cleall-Harding	(55) Les Croupiers Running Club	40.32	135
81	K. Jackson	(50) Dursley & District Athletic Club	40.34	134
82	T. Fowler	(23) Newport Harriers Athletic Club	40.38	133
83	G. Sansom	(50) San Domenico Road Runners Club	40.49	132

84	C. O'Donovan	(23)	Westbury Harriers	40.55	131
85	S. Wadley	(50)	Newport Harriers Athletic Club	40.58	130
86	K. Lewis	(50)	Neath Harriers	41.00	129
87	J. Lam	(35)	San Domenico Road Runners Club	41.01	128
88	D. Hobbs (ind)	(40)	Westbury Harriers	41.02	127
89	G. Goldsmid	(50)	Wells City Harriers	41.05	126
90	M. Murphy	(55)	Les Croupiers Running Club	41.09	125
91	C. Harwood	(60)	Wells City Harriers	41.14	124
92	D. Austin	(40)	Chepstow Harriers	41.21	123
93	A. Jones	(40)	Les Croupiers Running Club	41.32	122
94	J. Flower	(45)	North Somerset	41.35	121
95	B. Pringle		Westbury Harriers	41.36	120
96	N. Williams	(40)	Pontypridd Athletic Club	41.37	119
97	T. Jewel-Davies	(45)	Westbury Harriers	41.40	118
98	A. Maggs	(40)	Team Bath	41.45	117
99	N. Bower	(40)	Team Bath	41.45	116
100	S. Allen		Thornbury Running Club	42.02	115
101	C. Johnson	(45)	Westbury Harriers	42.06	114
102	G. Cole	(40)	Wells City Harriers	42.13	113
103	V. Edwards		Cardiff Harlequins	42.19	112
104	S. Morath		Penarth and Dinas Runners	42.24	111
105	J. Greene	(23)	University of Wales - Swansea	42.28	110
106	J. Potts	(40)	San Domenico Road Runners Club	42.30	109
107	G. Slater	(40)	Thornbury Running Club	42.39	108
108	E. Cummings	(40)	Les Croupiers Running Club	42.41	107
109	M. Joyce	(35)	Les Croupiers Running Club	42.56	106
110	S. Arnold	(40)	Wells City Harriers	42.59	105
111	C. Nellins	(50)	Penarth and Dinas Runners	43.00	104
112	T. Cridland (ind)		Westbury Harriers	43.06	103
113	N. Kerry	(40)	Westbury Harriers	43.11	102
114	D. Engledew	(50)	Bristol and West Athletic Club	43.12	101
115	J. Hall	(50)	Westbury Harriers	43.26	100
116	G. Griffiths		Les Croupiers Running Club	43.29	99
117	G. Crispie	(50)	Les Croupiers Running Club	43.30	98
118	S. Merrick	(45)	Swansea Harriers Athletic Club	43.33	97
119	I. McDonald	(45)	San Domenico Road Runners Club	43.38	96
120	J. Bailey-Gard (Sen)	(60)	Westbury Harriers	43.39	95
121	S. Hazel	(40)	Les Croupiers Running Club	43.43	94
122	C. Osmond	(50)	Les Croupiers Running Club	43.50	93
123	K. Holm	(23)	University of Wales - Swansea	43.53	92
124	N. Langridge	(60)	Thornbury Running Club	43.54	91
125	J. Frith		Thornbury Running Club	44.01	90

126	C. Davies	(35)	San Domenico Road Runners Club	44.02	89
127	G. Orme (ind)	(65)	Carmarthen & District Harriers A.C.	44.03	88
128	J. Aggleton	(55)	Cardiff Harlequins	44.11	87
129	J. Cant		Westbury Harriers	44.25	86
130	R. Whitcombe	(50)	Wells City Harriers	44.31	85
131	A. Mason	(50)	Les Croupiers Running Club	44.34	84
132	E. Burd	(23)	University of Wales - Swansea	44.38	83
133	T. Jefferies	(65)	Westbury Harriers	44.42	82
134	R. Morris	(60)	San Domenico Road Runners Club	44.51	81
135	A. Gillard	(50)	Cardiff Harlequins	44.54	80
136	J. Hargreaves	(55)	Great Western Runners	44.57	79
137	J. Magee	(35)	Les Croupiers Running Club	44.58	78
138	S. Hughes		Aberdare Valley A. A. C.	44.59	77
139	C. Shepherd	(50)	Westbury Harriers	45.12	76
140	P. Mountain	(50)	Bristol and West Athletic Club	45.20	75
141	A. Davidson		Les Croupiers Running Club	45.21	74
142	R. Wilcox	(40)	Penarth and Dinas Runners	45.23	73
143	H. Mason	(45)	Caerleon Running Club	45.27	72
144	A. Williams		Barry & Vale Harriers A. A. C.	45.30	71
145	S. Alexander	(40)	Les Croupiers Running Club	45.36	70
146	P. Hughes		San Domenico Road Runners Club	45.39	69
147	T. Caveney	(50)	Les Croupiers Running Club	45.45	68
148	S. Maher		University of Bath	45.50	67
149	J. Beveridge	(50)	Wells City Harriers	45.56	66
150	K. Taylor	(50)	Amman Valley Harriers	45.58	65
151	R. Sewell	(55)	Les Croupiers Running Club	46.02	64
152	A. Perkins	(60)	Port Talbot Harriers & A. C.	46.06	63
153	T. Synge	(45)	Westbury Harriers	46.07	62
154	G. John	(55)	Les Croupiers Running Club	46.13	61
155	S. Hames	(45)	Neath Harriers	46.17	60
156	G. Torrington	(40)	Westbury Harriers	46.20	59
157	D. Griffiths	(45)	Newport Harriers Athletic Club	46.23	58
158	D. Smout	(60)	Parc Bryn Bach Runners	46.32	57
159	S. Scurrell		Taf Running & Orienteering Teams	46.33	56
160	M. Bradley	(60)	Penarth and Dinas Runners	46.38	55
161	J. Delaney	(55)	San Domenico Road Runners Club	46.40	54
162	C. Rees	(40)	Chepstow Harriers	46.41	53
163	R. Bloss	(45)	Westbury Harriers	46.52	52
164	A. Lomvardos	(40)	Westbury Harriers	46.54	51
165	N. Pringle	(50)	Lliswerry Runners	46.55	50
166	D. Breen	(55)	Porthcawl Runners Life	47.05	49
167	P. Chadwick	(50)	Wells City Harriers	47.12	48

168	D. Shields	(45)	San Domenico Road Runners Club	47.22	47
169	R. Phillips		Taf Running & Orienteering Teams	47.28	46
170	G. Bodman	(45)	Les Croupiers Running Club	47.55	45
171	P. Wright	(60)	Wells City Harriers	48.04	44
172	B. Mogford	(50)	Amman Valley Harriers	48.09	43
173	M. Evans	(50)	Chepstow Harriers	48.10	42
174	S. Singh	(23)	University of Wales - Swansea	48.27	41
175	G. Trueman	(60)	Stroud & District Athletic Club	48.28	40
176	R. Perons	(45)	Les Croupiers Running Club	48.32	39
177	K. McEntee	(50)	Chepstow Harriers	48.36	38
178	R. Hughes	(50)	Westbury Harriers	48.55	37
179	J. Jones	(40)	Pontypridd Athletic Club	48.56	36
180	R. Anderson	(70)	Llswerry Runners	48.57	35
181	M. Bennett	(60)	Great Western Runners	49.02	34
182	S. Dickinson	(40)	Wells City Harriers	49.09	33
183	T. Carr	(40)	Westbury Harriers	49.12	32
184	E. Davey	(60)	Llanelli Amateur Athletic Club	49.14	31
185	S. Broom	(40)	Neath Harriers	49.23	30
186	P. Morfey	(55)	Cardiff Harlequins	49.24	29
187	G. Rees	(45)	Les Croupiers Running Club	49.32	28
188	G. Crump	(50)	Bristol and West Athletic Club	49.38	27
189	M. James	(65)	Les Croupiers Running Club	49.52	26
190	T. Fenton	(50)	Great Western Runners	49.58	25
191	P. Mainstone	(60)	Thornbury Running Club	50.15	24
192	S. Pearce		Newport Harriers Athletic Club	50.22	23
193	D. Hughes	(45)	Bridgend Athletic Club	50.26	22
194	C. Bennett	(55)	Great Western Runners	50.27	21
195	H. Attwood	(60)	Llswerry Runners	50.29	20
196	D. Osborne	(45)	Brecon Athletic Club	50.31	19
197	D.E. Williams	(45)	Les Croupiers Running Club	50.36	18
198	M. Rossiter	(50)	Les Croupiers Running Club	50.37	17
199	R. Hobbs	(65)	Dursley & District Athletic Club	50.45	16
200	M. Halsall		Llanelli Amateur Athletic Club	51.14	15
201	J. Aston	(60)	Les Croupiers Running Club	51.16	14
202	P. Holder	(50)	Cardiff Harlequins	51.31	13
203	R. Sherwood	(65)	Carmarthen & District Harriers A.C.	52.27	12
204	J. Davies	(60)	Port Talbot Harriers & A. C.	53.42	11
205	A. Bray	(50)	Chepstow Harriers	54.24	10
206	R. Davey	(65)	Les Croupiers Running Club	57.00	9
207	S. Selwyn	(40)	Thornbury Running Club	57.46	8
208	S. Parsons	(70)	Great Western Runners	58.10	7
209	H. Evans	(50)	Llanelli Amateur Athletic Club	59.13	6

210	I. Swanson	(60) Port Talbot Harriers & A. C.	59.40	5
211	G. Lewis	(60) Bitton Athletic Club	63.02	4