

Hilly 4m 2007

Pos	Time	Name	Club
1	23.34	Darren Hiscox	Bridgend A.C.
2	26.14	Bryn Griffiths	Bridgend A.C.
3	26.22	Charles Walsh	Port Talbot Harriers
4	26.22	Mark Reynolds	Neath Harriers
5	27.03	Daniel Hiscox	Aberdare
6	27.22	Mick Tabor	Les Croupiers
7	27.24	Keiran Mackintosh	Port Talbot Harriers
8	27.25	Rob Pearce	Brackla Harriers
9	27.35	Adrian Weaver	Port Talbot Harriers
10	27.36	Chris Bradshaw	Port Talbot Harriers
11	27.49	Graham Brown	Les Croupiers
12	27.58	Chris Fulcher	Port Talbot Harriers
13	28.12	Jerome Evans	Port Talbot Harriers
14	28.35	Keith Powell	Cornelly Striders
15	28.45	Nigel Barnes	Port Talbot Harriers
16	28.49	Will John	Brackla Harriers
17	28.55	Peter Turner	Cornelly Striders
18	28.59	Huw Beatty	
19	29.02	Paul Ezard	Brackla Harriers
20	29.04	Alun Rees	
21	29.13	Angharad Mason	Brackla Harriers
22	29.18	Jonothan David	Brackla Harriers
23	29.21	Mark Jones	Cornelly Striders
24	29.34	Neil Lonergan	
25	29.36	Richard Jones	Cornelly Striders
26	29.40	Wayne Frewen	Brackla Harriers
27	30.06	Andrew Dunscombe	Brackla Harriers
28	30.11	Alan Perkins	Port Talbot Harriers
29	30.23	Matthew Herbert	Cornelly Striders
30	30.43	Jonothan Kersting	Swansea Harriers
31	31.21	Stuart Davidson	Bridgend A.C.
32	31.32	Gary Waters	Swansea Harriers
33	31.41	John Collins	Swansea Harriers
34	31.50	Gareth Davies	Brackla Harriers
35	32.00	Tony Burt	Brackla Harriers
36	32.03	Mel James	Les Croupiers
37	32.23	Phil Protheroe	Brackla Harriers
38	32.29	Sam Brookes	
39	32.33	Nick Darroch	Brackla Harriers
40	33.17	Andrea Starritt	Brackla Harriers
41	33.21	Len Tew	Port Talbot Harriers
42	33.55	Judith Oakley	Vegan Runners
43	33.57	Mark Morris	Port Talbot Harriers
44	34.50	Julie Webster	Brackla Harriers
45	34.55	Raymond Boyce	Cornelly Striders
46	34.59	Malcolm Jones	Brackla Harriers
47	35.05	Michael Oakley	Vegan Runners
48	35.09	John Hiscox	Ponty Roadents
49	35.12	Libby Lavis	Brackla Harriers

50	35.20	Keith Treharne	Brackla Harriers
51	35.25	Lee Kwok	Glam. Health & Ra
52	35.38	Alan Furnell	Port Talbot Harriers
53	36.01	John Morgan	Brackla Harriers
54	36.24	John Davies	Port Talbot Harriers
55	36.33	Rhian Williams	Brackla Harriers
56	37.10	Linda Lloyd	Brackla Harriers
57	37.25	Liz Pearce	Brackla Harriers
58	38.23	Sarah Hartrey	Brackla Harriers
59	38.28	Karen Davies	Brackla Harriers
60	38.32	Rhian Davies	Brackla Harriers
61	39.10	Jane Griffiths	Brackla Harriers
62	40.09	Cath Hather	Brackla Harriers
63	40.31	Michael Lonergan	
64	43.17	Paula Thomas	Brackla Harriers
65	44.55	Patricia Davidson	Brackla Harriers
66	45.35	Sian Nolan	Brackla Harriers
67	45.36	Mary Donnelly	Brackla Harriers
68	46.00	Pat Stanley	Brackla Harriers
69	47.38	Sian Ackland	Brackla Harriers
70	1.00.36	Natalie Walsh	
71	1.00.38	Clare Boops	