

Llys Y Fran Race 2003

Pos	No	NAME	CLUB	Time	Cat
	1726	MIKE EVANS	TROTS	00:37:55	OM
	2752	DAVID ASTINS	PEMBS TRI	00:38:29	OM
	3744	LES HEWITSON	CARDIGAN RC	00:40:40	M40
	4740	ROBERT DYDE	PEMBS HARRIERS	00:41:31	OM
	5754	MARK KALLENBERG	CARDIGAN RC	00:41:36	M40
	6735	TONY HALL	SARN HELEN	00:41:43	M40
	7745	MICHAEL REES	CARDIGAN RC	00:41:44	OM
	8741	HYWEL WYN JONES	AMMAN VALLEY HARRIERS	00:41:45	M40
	9765	PAUL ROSE	CARDIGAN RC	00:43:02	OM
	10743	KEITH GREEN	TIPTON HARRIERS	00:43:24	M50
	11734	DALLAS WISEMAN	SARN HELEN	00:43:40	OM
	12764	AINSLEY CORP	NONE	00:44:38	OM
	13753	ANN THOMAS	TROTS	00:44:48	F35
	14751	ELLIE JONES	PEMBS TRI	00:45:22	OF
	15731	PAUL REYNISH	PEMBS TRI CLUB	00:45:27	OM
	16757	MARY BOWEN REES	TROTS	00:45:52	F35
	17742	LYNN GREEN	CARDIGAN RC	00:46:30	F45
	18730	MARTIN DYDE	PEMBS HARRIERS	00:47:02	M40
	19762	RICHARD BROWN	PEMBS TRI	00:47:22	OM
	20756	SHAN CUTHBERT	CARDIGAN RC	00:48:09	F35
	21727	CLAIRE CLEATHERO	TROTS	00:49:36	OF
	22737	JOHN EDWARDS	NONE	00:50:54	M50
	23750	HELEN MCNAMARA	PEMBS HARRIERS	00:51:21	F45
	24739	TERRY GOVER	PEMBS TRI CLUB	00:52:06	M50
	25736	SIMON HALL	NONE	00:52:12	OM
	26759	CAROL HOWARD	PEMBS HARRIERS	00:52:15	F45
	27725	CAROL KUHLMANN	CARDIGAN RC	00:52:37	F45
	28749	KAREN CORCORAN	PEMBS TRI CLUB	00:53:07	F45
	29761	BRIAN HEALEY	CARDIGAN RC	00:53:23	M50
	30746	HILARY MCCARTHY	CARDIGAN RC	00:53:55	F35
	31760	MIKE HODGES	TROTS	00:54:27	M50
	32729	LORRAINE DYDE	PEMBS HARRIERS	00:54:50	F45
	33748	PETER MUNN	NONE	00:55:32	M40
	34758	LON MORGAN	TROTS	00:56:12	F45
	35728	JILL COLMAN	PEMBS HARRIERS	00:56:33	F35
	36755	DAVID HOWELLS	NONE	00:57:40	M50
	37747	REBECCA EDWARDS	CARDIGAN RC	00:57:56	OF
	38763	VAL BROWN	PEMBS TRI	01:01:03	F35
	39732	PAULINE CHARLETT	PEMBS HARRIERS	01:06:07	F35
	40733	RUTH HALL	NONE	01:07:33	OF
	41738	ALLEN WATTS	SARN HELEN	01:16:06	M50