

MERTHYR MAWR LANE 5km RESULTS – 28th May 2008

Organised by **Bridgend AC**. Thanks to **St Johns Ambulance, Merthyr Mawr Estate** and **Mr Tudor** (Farmer) and the **Tennis Club** for their support, and assistance of many **Bridgend AC** members and friends who helped out. See you on **Wednesday 27th May 2009!**

<i><u>Pos</u></i>	<i><u>No</u></i>	<i><u>Time</u></i>	<i><u>Name</u></i>	<i><u>Age</u></i>	<i><u>Club</u></i>	<i><u>Mob Pos</u></i>
1	4	14.59	Lewys Hobbs	SM	Swansea Harriers	
2	6	15.19	Daniel Stevens	SM	Unattached	
3	7	47	Daniel Beynon	SM	Swansea Harriers	
4	18	52	Julian Baker	SM	Les Croupiers RC	1
5	8	57	Geraint Lewis	SM	Cardiff AAC	
6	102	16.28	Richie Bullen	M40	Les Croupiers RC	2
7	113	31	Paul Talbot	M40	Neath Harriers	
8	9	40	Stuart Crees	SM	Les Croupiers RC	3
9	36	48	Nick Dukes	SM	Les Croupiers RC	4
10	130	56	Gareth Davies	M40	Bridgend AC	5
11	124	17.07	Chris Harchy	M40	Lliswerry RC	
12	14	21	Phil George	SM	Les Croupiers RC	6
13	101	27	Simon Osborne	M40	Bridgend AC	7
14	32	29	Bryn Williams	SM	Bridgend AC	8
15	126	31	Martin Webborn	M40	Swansea Harriers	
16	10	39	Joe Thomas	SM	Bridgend AC	9
17	5	42	Andrew Cleverly	SM	Swansea Harriers	
18	121	43	Mick McGeoch	M50	Les Croupiers RC	10
19	31	47	Kieran Mackintosh	JM	Port Talbot Harriers	
20	22	49	Dean Johnston	SM	Unattached	
21	16	50	Matt Townsend	SM	Les Croupiers RC	11
22	35	57	James Nunn	SM	Cardiff Tri	
23	19	57	Steve Morris	SM	Bridgend AC	12
24	12	57	Mark Emery	SM	Bridgend AC	13

25	20	18.01	Daniel Harris	SM	Les Croupiers RC	14
26	123	07	Steven Hooper	M40	Pontypridd Roadents	
27	110	10	Martin Williams	M40	Les Croupiers RC	15
28	117	12	Huw Roberts	M50	Bridgend AC	16
29	17	15	Andrew Weaver	SM	Port Talbot Harriers	
30	30	17	Gareth Lynch	SM	Cardiff Tri	
31	140	20	Paul Coker	M50	Les Croupiers RC	17
32	145	25	Dave Rose	M40	Brackla Harriers	18
33	104	32	Dave Hughes	M40	Bridgend AC	19
34	15	36	Alun Rees	SM	Neath Harriers	
35	29	41	Jerome Evans	JM	Port Talbot Harriers	
36	122	42	Chris Fulcher	M40	Port Talbot Harriers	
37	27	44	Huw Evans	SM	Unattached	
38	115	46	Alun Evans	M40	Unattached	
39	138	19.00	Ian McDonald	M40	San Domenico RC	
40		07	Matt Hurford	SM	Les Croupiers RC	20
41	204	25	Clare Phillips	MW35	Swansea Harriers	
42	131	26	Alex Williams	M40	Unattached	
43	127	32	John Morgan	M40	Brackla Harriers	21
44	206	36	Katie Beecher	SW	Les Croupiers RC	22
45	34	45	Geraint Rees	SM	Brackla Harriers	23
46	118	45	Clive Osmond	M40	Les Croupiers RC	24
47	116	48	Dominic Shields	M40	San Domenico RC	
48	119	50	John Embling	M50	Bridgend AC	25
49	105	53	Phil Probert	M40	Unattached	
50	103	54	John Diffey	M40	Les Croupiers RC	26
51	111	55	Graeme Donnan	M50	Les Croupiers RC	27
52	139	56	James Delaney	M50	San Domenico RC	
53	28	20.01	Paul Ford	M40	Brackla Harriers	28

54	135	03	Richard Boon	M40	Les Croupiers RC	29
55	13	04	Richard Jones	SM	Les Croupiers RC	30
56	120	08	Ian Ogilvie	M40	Brackla Harriers	31
57	218	14	Jane Coker	MW45	Les Croupiers RC	32
58	11	17	Matt Herbert	SM	Cornelly Striders	
59	21	22	Phil Protheroe	SM	Brackla Harriers	33
60	216	25	Debbie Cooke	MW35	Bridgend AC	34
61	125	28	Wayne Warner	M40	Unattached	
62	999	29	Steve Alexander	M40	Les Croupiers RC	35
63	146	31	Mark Davies	M40	Port Talbot Harriers	
64	112	32	Stephen Owen	M50	Les Croupiers RC	36
65	142	37	Jonathan Davies	M40	Brackla Harriers	37
66	128	58	Wayne Frewen	M40	Brackla Harriers	38
67	141	21.02	Andrew Dunscombe	M40	Pontypridd Roadents	
68	212	04	Charlotte Johns	MW35	Brackla Harriers	39
69	107	09	John Collins	M60	Swansea Harriers	
70	132	11	Bob Woolerton	M60	Bridgend AC	40
71	224	16	Gina Hardman	MW35	Bridgend AC	41
72	106	36	Steve Brace	M40	Bridgend AC	42
73	203	47	Clare Hughes	SW	Bridgend AC	43
74	33	22.00	Kristian Shearon	SM	Brackla Harriers	44
75	134	03	Tony Burt	M60	Brackla Harriers	45
76	213	14	Libby Lavis	MW45	Brackla Harriers	46
77	137	20	Nick Darrock	M40	Brackla Harriers	47
78	133	26	Mario Rabiotti	M40	Port Talbot Harriers	
79	144	31	Allan Jones	M50	Brackla Harriers	48
80	23	32	Matthew Kitchen	SM	Unattached	
81	143	39	James Thomas	M40	Brackla Harriers	49
82	114	23.40	Ian Swanson	M50	Port Talbot Harriers	

83	221	50	Patricia Jones	MW45	Brackla Harriers	50
84	109	58	Keith Treharne	M60	Brackla Harriers	51
85	136	24.20	Keith Starr	M60	Unattached	
86	214	42	Julie Webster	M35	Brackla Harriers	52
87	129	48	Ralph Davey	M60	Les Croupiers RC	53
88	217	25.12	Julie Scholey	MW45	Les Croupiers RC	54
89	209	36	Cath Hather	MW35	Brackla Harriers	55
90	215	26.15	Clare Jones	MW35	Brackla Harriers	56
91	207	27.07	Lisa Ekman	MW35	Brackla Harriers	57
92	220	09	Sarah Birkett	MW35	Brackla Harriers	58
93	26	17	Jonathan Davies	SM	Unattached	
94	24	17	Paul Moon	SM	Unattached	
95	201	27	Sara Smiles	SW	Brackla Harriers	59
96	108	52	Simon Hudd	M40	Unattached	
97	219	28.03	Sara Hartrey	MW35	Brackla Harriers	60
98	211	33	Paula Thomas	MW45	Brackla Harriers	61
99	208	29.13	Paula James	MW35	Pontypridd Roadents	
100	210	57	Mary Donnelly	MW45	Brackla Harriers	62
101	25	30.16	Connor Davies	JM	Unattached	
102	202	31.15	Bethan Jones	SW	Unattached	
103	205	32.18	Sian Ackland	MW35	Brackla Harriers	63
104	222	59	Shirley Rose	MW35	Brackla Harriers	64
105	223	37.08	Cheryl Smiles	SW	Brackla Harriers	65

MERTHYR MAWR LANE 5km - WINNERS – 2008

Men

	Name	Club	Time
1 st	Lewys Hobbs	Swansea Harriers	14:59
2 nd	Daniel Stephens	Unattached	15:19

3rd Daniel Beynon Swansea Harriers 15:47
u20 Man

1st Keiran Mackintosh Port Talbot Harriers 17:47
40+ Man

1st Richie Bullen Les Croupiers RC 16:28
50+ Man

1st Mick McGeoch Les Croupiers RC 17.43
Team (4 to score)

1 st 27pts	Les Croupiers	Julian Baker Stuart Crees	Richie Bullen Nick Dukes
2 nd 36pts	Swansea Harriers	Lewys Hobbs Martin Webborn	Daniel Beynon Andrew Cleverly
3 rd 53pts	Bridgend AC	Gareth Davies Bryn Williams	Simon Osborne Joe Thomas

Women

1 st	Clare Phillips	Swansea Harriers	19.25
2 nd	Katie Beecher	Les Croupiers	19.36
3 rd	Jane Coker	Les Croupiers	20.14

35+ Woman

1st Debbie Cooke Bridgend AC 20.25

45+ Woman

1st Libby Lavis Brackla Harriers 22.14

Team (3 to score)

1st 15pts Les Croupiers Katie Beecher Jane Coker
Julie Scholey

2 nd	17pts	Bridgend AC	Debbie Cooke Clare Hughes	Gina Hardman
3 rd	22pts	Brackla Harriers	Charlotte Johns Patricia Jones	Libby Lavis

Mob Match Scoring - Bridgend AC & Brackla Harriers v Les Croupiers RC

Bridgend & Brackla (43 runners)	5, 7, 8, 9, 12, 13, 16, 18, 19, 21, 23, 25, 28, 31, 33, 34, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, [48, 49, 50, 51, 52, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, & 65]	= 539 points – 231 pts = 308 points
Les Croupiers (22 runners)	1, 2, 3, 4, 6, 10, 11, 14, 15, 17, 20, 22, 24, 26, 27, 29, 30, 32, 35, 36, 53 & 54	= 471 points

MOB MATCH SCORING RULE (Adopted 2007)

Every runner a team finishes, beyond the last scoring team member of the opponents, there will be a deduction the following - 1 point for 1 runner, 2 points for 2 runners, 3 points for 3 runners etc. Therefore Bridgend & Brackla had 16 extra runners this year therefore $1 + 2 + 3 + 4 + 5 + 6 + 7 + \dots + 21 = 231$ points is deducted from the score. This rule gives a team an incentive to get as many runners to compete as possible.

Complete Team Scores

Men – 4 to score

1.	Les Croupiers RC	4	6	8	9	=	27	points
2.	Swansea Harriers	1	3	15	17	=	36	points
3.	Bridgend AC	10	12	13	16	=	51	points
4.	Les Croupiers "B"	14	18	21	24	=	77	points
5.	Bridgend AC "B"	23	25	28	33	=	109	points
6.	Port Talbot Harriers	19	29	34	35	=	117	points

7.	Les Croupiers "C"	27	31	46	50	=	154	points
8.	Brackla Harriers	32	43	53	56	=	184	points

Women – 3 to score

1.	Les Croupiers	2	3	10	=	15	points
2.	Neath Harriers	4	6	7	=	17	points
3.	Brackla Harriers	5	8	9	=	22	points
4.	Brackla Harriers "B"	11	12	13	=	36	points

Weather Conditions

Heavy rain throughout the day and left the course wet with puddles. There was light rain with 5 – 8mph head wind on the first half of the race. Temperature was 16° C at start time.

Course Records

Senior Men	Richard Gardiner	Cardiff AAC	14:48	2005
Masters 40+	Andy Eynon	Bridgend AC	15.41	2004
Masters 50+	Huw Roberts	Bridgend AC	17:37	2007
Masters 60+	Jon Kersting	Swansea Harriers	19.51	2005
Junior Man	Jonathan Butler	Swansea Harriers	16.44	2006
Senior Ladies	Catherine Dugdale	Swansea Harriers	16.49	2006
Master Ladies 35+	Satu Haikala	Brecon AC	18.32	2005
Master Ladies 45+	Frances Gill	Neath Harriers	19.00	2007
Junior Ladies	Alice Johnston	Cardiff AAC	21.47	2007

