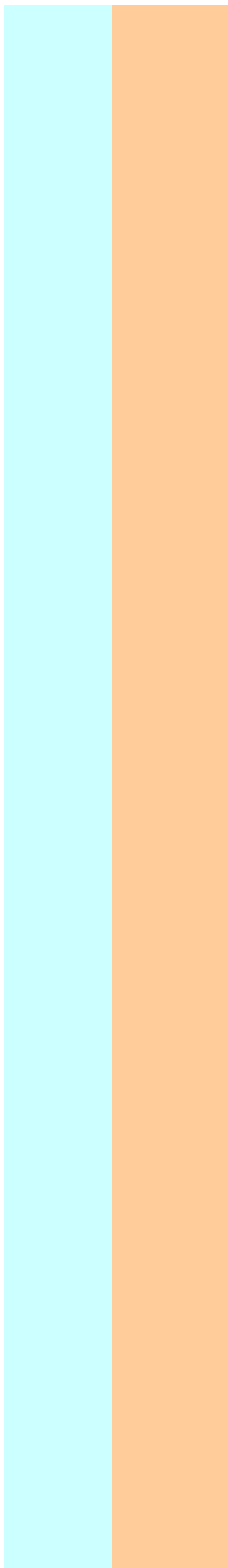


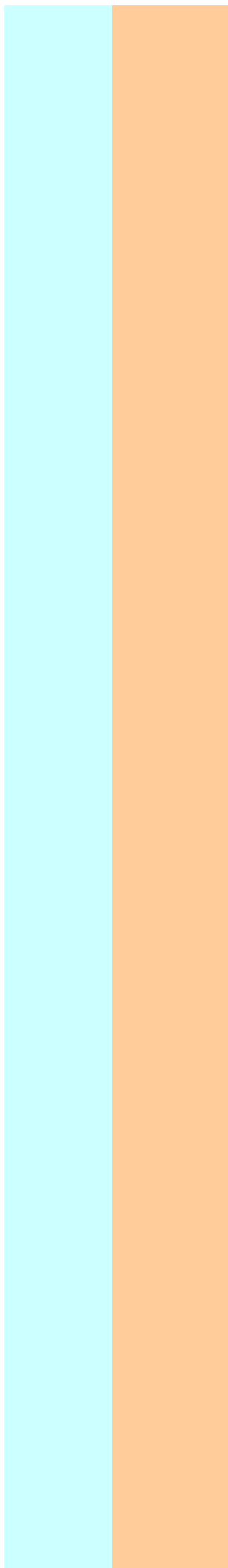
PORTHCAWL LIONS CLUB FUNRUN BOXING DAY 2008 RESULTS

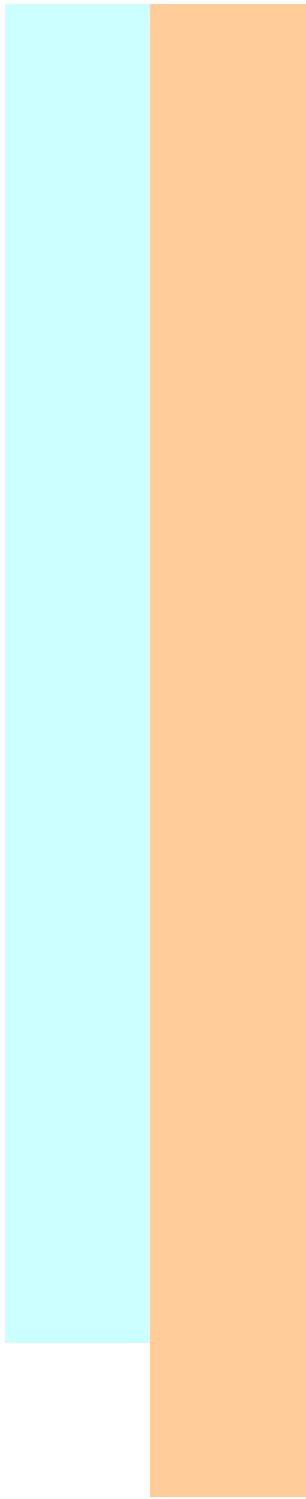
POSITION	RUNNERS' NO:	TIME MIN/SEC	RUNNERS' NAME	CATEGORY	CLUB
1	103	24.49	MARTIN GAUNT	SENIOR MALE	0
2	202	25.13	JONATHAN BUTLER	SENIOR MALE	0
3	245	25.41	DAVID NORMAN	SENIOR MALE	SWANSEA
4	226	26.06	RICHARD WILDER	SENIOR MALE	0
5	237	26.19	TIM LEWIS	VETERAN MALE	BRIDGEND ATHLETIC
6	288	26.33	RICHARD DANDO	SENIOR MALE	0
7	320	27.19	GARETH LYNCH	SENIOR MALE	LES CROUPIERS RC
8	276	27.25	SIMON JONES	SENIOR MALE	RUNNER LIFE.COM
9	230	27.27	CHRIS GIBSON	SENIOR MALE	0
10	137	27.55	OLIVER QUAYLE	SENIOR MALE	0
11	41	27.59	ELINOR KIRK	SENIOR FEMALE	0
12	4	28.31	MATTHEW HERBERT	SENIOR MALE	0
13	228	28.38	JON EMBLING	VETERAN MALE	0
14	239	28.49	JEFF THOMAS	VETERAN MALE	BRIDGEND ATHLETIC
15	221	28.56	DAVE HUGHS	VETERAN MALE	BRIDGEND ATHLETIC
16	206	28.56	JOHN COLE	SENIOR VET MALE	0
17	287	29.02	NEIL DAVIES	VETERAN SENIOR MALE	CORNELLY STRIDERS
20	20	29.04	A JENKINS	SENIOR MALE	0
21	112	29.11	NIOBE MENENDEZ	VETERAN FEMALE	0
23	306	29.30	PETER JOHNS	VETERAN MALE	0
18	214	29.43	DAVID MUNROE	SENIOR MALE	0
22	249	29.46	GARETH COADY	SENIOR MALE	WICK HARRIERS
25	235	29.46	FRASER WALSH	SENIOR MALE	0
26	207	29.47	PETER TURNER	VETERAN MALE	CORNELLY STRIDERS
19	106	29.51	MELANIE STANTON	SENIOR FEMALE	0
27	106	29.51	MELANIE STANTON	SENIOR FEMALE	0
24	214	29.53	DAVID MUNROE	SENIOR MALE	0
28	255	30.07	PAUL DAVIES	VETERAN MALE	0
29	312	30.17	GERAINT LEWIS	SENIOR MALE	0
30	241	30.18	RICHARD JONES	SENIOR MALE	RUNNER LIFE.COM
31	136	30.31	PAUL EZARD	SENIOR MALE	0
32	105	30.38	JOANNE JOHNSON	SENIOR FEMALE	0
33	45	30.43	MORGAN DAVIES	JUNIOR MALE	0
34	149	30.53	LEIGH JAMES	SENIOR FEMALE	0
35	322	30.55	ANDREW MUNDEY	SENIOR MALE	0
36	297	31.01	ANDREA STARRITT	VETERAN FEMALE	BRACKLA HARRIERS
37	26	31.05	ZOE THOMAS	JUNIOR FEMALE	0
38	232	31.05	WAYNE FREWEN	VETERAN MALE	0
39	22	31.33	CERY S MORGAN	JUNIOR FEMALE	0
40	267	31.33	D JENKINS	SENIOR MALE	0
41	249	31.34	GARETH COADY	SENIOR MALE	WICK HARRIERS
42	254	32.08	MELVYN BUTLER	VETERAN MALE	0
43	343	32.10	RICH WILLIAMS	VETERAN MALE	0
44	304	32.16	IAN HENRY	SENIOR MALE	0
45	30	32.18	RHODRI GRIFFITH	JUNIOR MALE	0
46	305	32.22	CHARLOTTE JOHNS	VETERAN FEMALE	BRACKLA HARRIERS
47	211	32.26	ROB THOMAS	VETERAN MALE	0
48	29	32.35	JOSH PHILLIPS	JUNIOR MALE	0
50	302	32.36	STUART DAVIES	VETERAN MALE	0
51	286	32.37	JOHN JOSEPH	SENIOR MALE	0

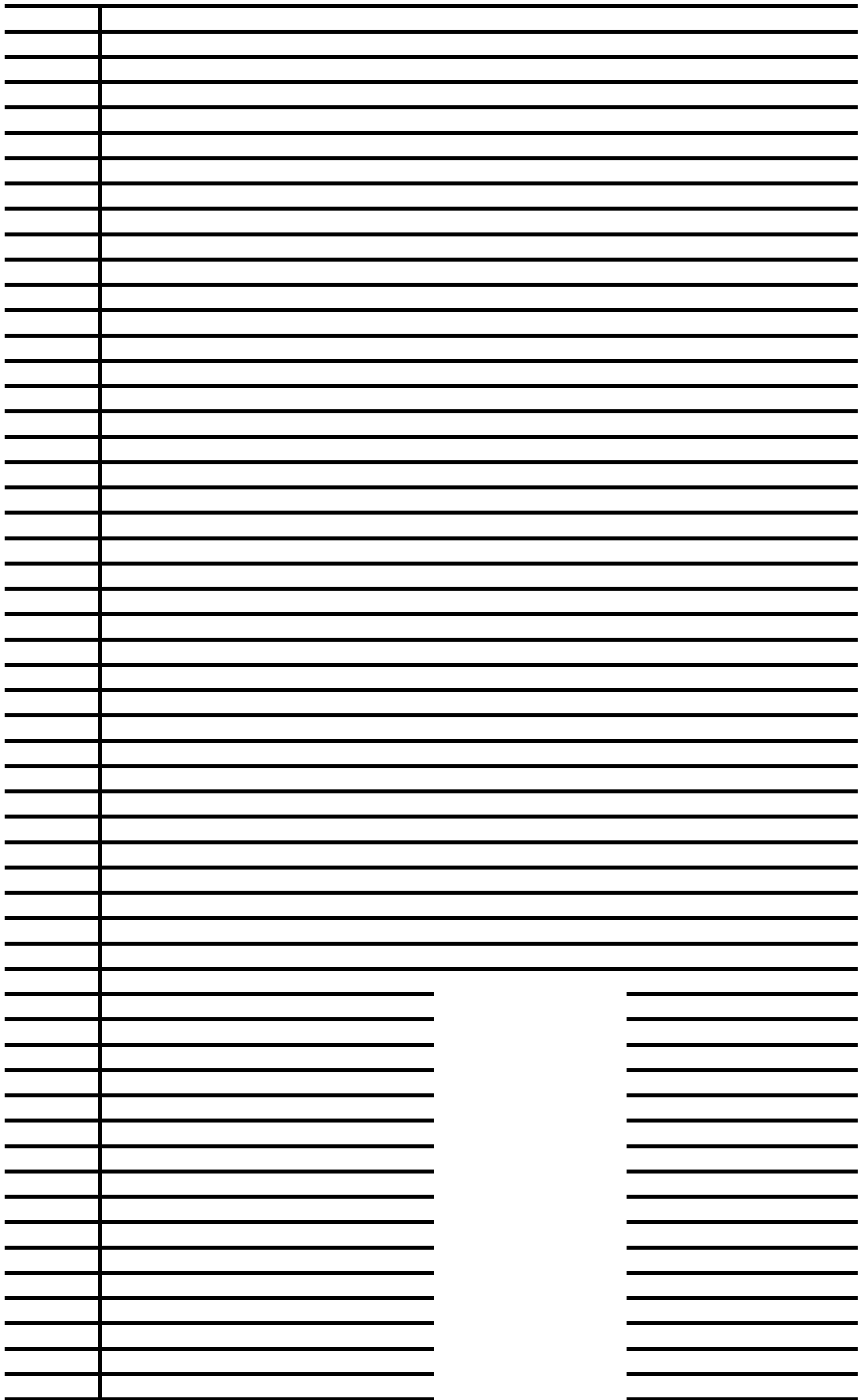
52	107	32.38	LIZ ASHTON	SENIOR FEMALE	0
49	222	32.39	TARIK AMER	SENIOR MALE	0
53	332	33.07	ALAN MACKAY	VETERAN MALE	0
54	292	33.08	VERNON JONES	SENIOR VET MALE	0
55	259	33.12	GRANT BAILEY	SENIOR MALE	0
56	342	33.24	BEN RUDDLE	VETERAN MALE	0
57	142	33.32	KERRITH ASHBY	VETERAN MALE	0
58	262	33.32	JONATHON TOMALIN-REEVES	SENIOR MALE	0
59	120	33.34	CLARE HUGHES	SENIOR FEMALE	0
60	342	33.38	BEN RUDDLE	VETERAN MALE	0
61	217	33.38	STEVE CARTLIDGE	VETERAN MALE	0
62	338	33.39	RHYS RYLAND	VETERAN MALE	0
63	134	33.40	MARK CLATWORTHY	SENIOR MALE	0
64	17	33.41	JOHNATHON WILLICOMBE	SENIOR MALE	0
65	113	33.45	EFA LLEWELLYN	SENIOR FEMALE	0
66	131	33.56	LEE BODENHAM	SENIOR FEMALE	RUNNERSLIFE.CO.UK
67	250	33.56	DAVE BREEN	VETERAN MALE	0
68	8	34.00	JUDI RHYS	VETERAN FEMALE	LES CROUPIERS RC
69	261	34.08	SCOTT BAILEY	SENIOR MALE	0
70	33	34.08	ROSS COOPER	JUNIOR MALE	0
71	23	34.08	MATHEW BURNELL	JUNIOR MALE	0
72	102	34.08	PAUL BIGMORE	VETERAN MALE	0
73	203	34.14	DAVID ROBERTS	VETERAN MALE	0
74	331	34.14	CHRIS BARRETT	VETERAN MALE	0
75	143	34.16	ROBERT GREEN	SENIOR MALE	0
76	289	34.18	NICOLAS WAGER	SENIOR MALE	0
77	218	34.23	MARK CITGROVE	VETERAN MALE	0
78	242	34.27	DANIEL COLE	SENIOR MALE	0
79	266	34.29	ANGUS RUDD	VETERAN MALE	0
80	284	34.33	JOHN POWELL	JUNIOR MALE	0
81	347	34.37	RHODRI WILLIAMS	JUNIOR MALE	0
82	290	34.46	STEVE RIDDLER	VETERAN MALE	0
83	281	34.48	JOHN HOWELLS	SENIOR MALE	0
84	210	34.56	ANTONIO PANICOLA	VETERAN MALE	0
85	247	34.57	JAMES HADLEY	SENIOR MALE	WICK CARRIERS
86	246	35.00	NICK LEWIS	SENIOR MALE	WICK HARRIERS
87	42	35.03	GARETH KIRK	JUNIOR MALE	0
88	135	35.05	THOMAS ROGERS	SENIOR MALE	0
89	210	35.07	ANTONIO PANICOLA	VETERAN MALE	0
90	31	35.09	GRANT GAIR	JUNIOR MALE	0
91	238	35.12	GARETH GRIER	SENIOR MALE	0
92	36	35.13	LUKE JONES	JUNIOR MALE	0
93	293	35.17	JOHN LEWIS	VETERAN MALE	0
94	318	35.20	PAUL HEATLEY	SENIOR MALE	0
95	248	35.25	RYAN DAVIES	SENIOR MALE	WICK HARRIERS
96	252	35.28	ALLAN JONES	VETERAN MALE	0
97	327	35.32	ROBERT JONES	VETERAN MALE	0
98	43	35.32	SIAN KIRK	SENIOR FEMALE	0
99	280	35.34	LEON MARKS	SENIOR MALE	0
100	108	35.37	LIBBY LAVIS	SENIOR VET FEMALE	0
101	294	35.42	ALEX STARRITT	JUNIOR MALE	0
102	295	35.48	OWAIN ROBERTS	SENIOR MALE	0
103	46	35.50	JO WILLIAMS	VETERAN FEMALE	0
104	117	35.53	LYNNE WEBSTER	SENIOR FEMALE	0
105	117	35.53	LYNNE WEBSTER	SENIOR FEMALE	0

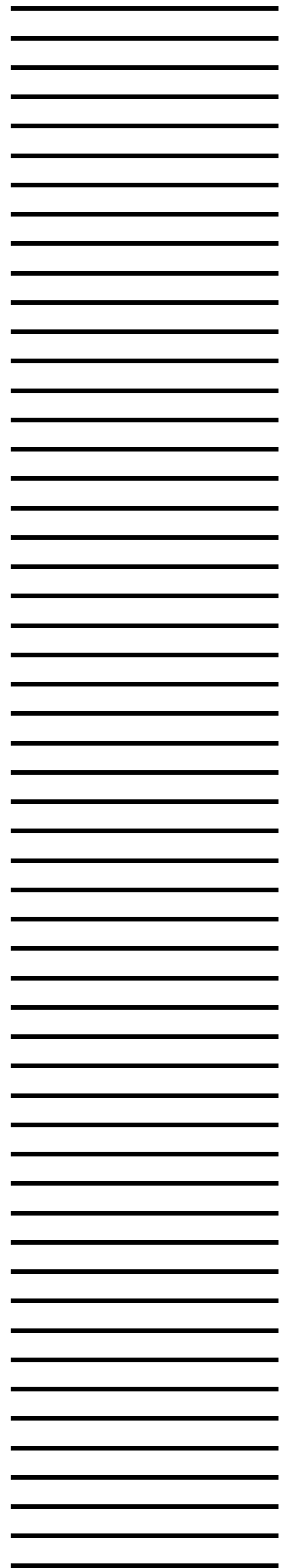
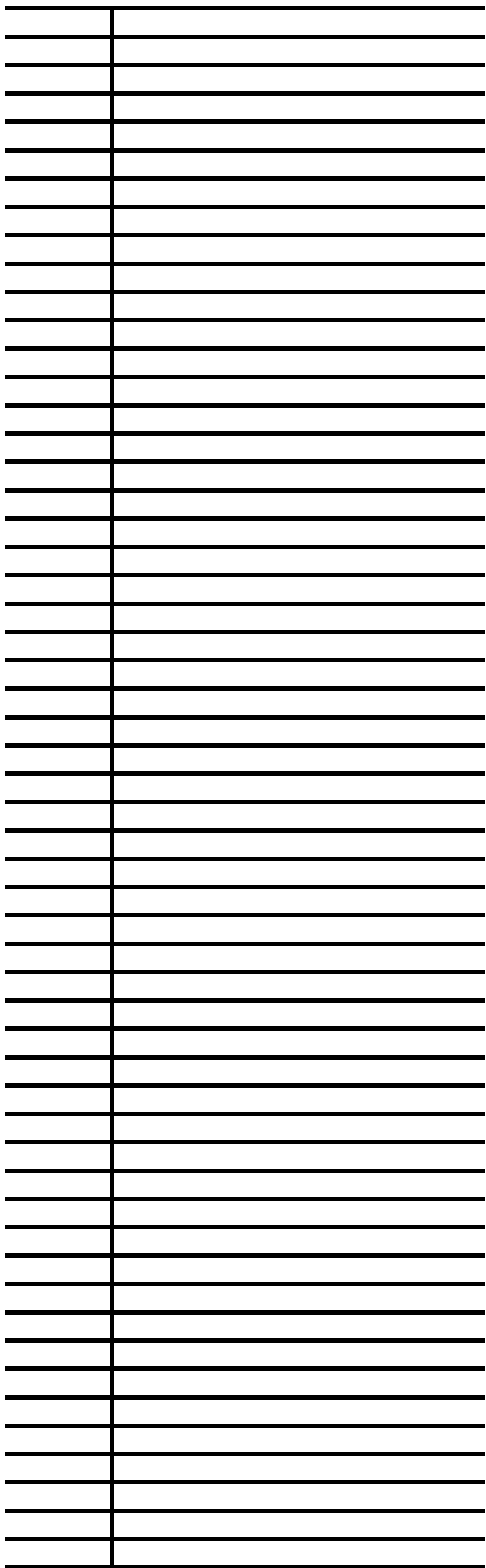
106	334	36.04	MICHAEL HNYDA	VETERAN MALE	0
107	227	36.08	STUART DAVIDSON	VETERAN MALE	0
108	148	36.13	MIKE CAHILL	VETERAN MALE	0
109	264	36.16	JOHN FARMER	VETERAN MALE	0
110	319	36.22	MIKE RIDOUT	VETERAN MALE	0
111	251	36.23	KEITH TREHARNE	SENIOR VET MALE	0
112	7	36.23	JAMES BOWSHER-MURRAY	SENIOR MALE	0
113	40	36.26	JACK PRICE	JUNIOR MALE	0
114	328	36.28	PETER BARRETT-LEE	VETERAN MALE	0
115	141	36.31	STEVE JONES	SENIOR VET FEMALE	0
116	333	36.35	MICHAEL HNYDA	VETERAN MALE	0
117	344	36.40	ANDY HARRIS	SENIOR MALE	0
118	127	36.43	PAT JONES	SENIOR VET FEMALE	0
119	234	36.49	TONY BURT	SENIOR VET MALE	BRACKLA HARRIERS
120	270	36.57	HUW JAMES	SENIOR MALE	0
121	240	37.00	ANDREW EZARD	VETERAN MALE	0
122	205	37.00	K SHEARAN	SENIOR MALE	BRACKLA HARRIERS
123	270	37.03	HUW JAMES	SENIOR MALE	0
124	204	37.09	JAMES THOMAS	VETERAN MALE	0
125	265	37.13	RAYMOND BOYCE	VETERAN MALE	CORNELLY STRIDERS
126	206	37.14	JOHN COLE	SENIOR VET MALE	0
127	155	37.22	SARAH SMILES	SENIOR FEMALE	0
128	223	37.28	LEIGHTON DAVIS	VETERAN MALE	0
129	155	37.30	SARAH SMILES	SENIOR FEMALE	0
130	37	37.32	SAM PEARCE	JUNIOR MALE	0
131	110	37.33	HANNAH JENKINS	SENIOR FEMALE	0
132	271	37.35	BARRY JAMES	VETERAN MALE	0
133	277	37.38	ARWYN JONES	SENIOR VET FEMALE	0
134	346	38.11	EDWARD WILLAIMS	VETERAN MALE	0
135	291	38.12	VERNON JONES	SENIOR VET MALE	0
136	269	38.14	ADELE RATTENBURY	VETERAN FEMALE	0
137	2	38.16	MARCELLE WRIGHT	SENIOR FEMALE	0
138	1	38.17	IAN GALL	SENIOR VET MALE	BRACKLA HARRIERS
139	299	38.19	MIKE WHITE	SENIOR MALE	0
140	323	38.21	CHRIS LAWRENCE	SENIOR MALE	0
141	313	38.23	ALWYN THOMAS	VETERAN MALE	0
142	283	38.32	DAVE JONES	VETERAN MALE	0
143	275	38.36	DARIEN JAY	SENIOR MALE	0
144	122	38.42	CERI THOMAS	VETERAN FEMALE	0
145	275	38.52	DARIEN JAY	SENIOR MALE	0
146	122	38.53	CERI THOMAS	VETERAN FEMALE	0
147	282	38.54	OWAIN JONES	JUNIOR MALE	0
148	283	38.55	DAVE JONES	VETERAN MALE	0
149	19	38.58	RICKY MATIOLI	VETERAN MALE	0
150	213	38.58	IAN MACIVER	JUNIOR MALE	0
151	27	41.26	IEUAN WALMSLEY WILLIAMS	JUNIOR MALE	0











The image shows a vertical table with 20 columns and 50 rows. A vertical line divides the table into two columns of 10 columns each. The table is filled with alternating light gray and white horizontal bands, creating a striped pattern. The bands are uniform in height and width, covering the entire area of the table.

