

Talley 2008 - 5k

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>	
233	1	Michael Kallenberg	Ingli Runners	17	M	17.00	
268	2	Glyn Price	Sarn Helen	41	MV	17.26	
299	3	Andrew Abbott	Sarn Helen	36	M	17.36	
234	4	Les Hewitson	Ingli Runners	44	MV	17.53	
283	5	Michael Davies	Sarn Helen	38	M	17.58	
286	6	Gareth Elliott	Pembrokeshire Harriers	25	M	18.57	
262	7	John Morris	SBOC	27	M	19.04	
291	8	Mark Dunscombe	Sarn Helen	46	MV	19.07	
224	9	Jade Williams	Amman Valley Harriers	15	F	19.10	
290	10	Richard Marks	Sarn Helen	58	MV	19.13	
249	11	Steven Ouseley	Ingli Runners	34	M	19.18	
295	12	Huw Price	Sarn Helen	45	MV	19.27	
248	13	Tasha Sexton	Ingli Runners	34	F	19.31	
292	14	Mat Dorn		36	M	19.40	
203	15	Eric Rees	Sarn Helen	36	M	19.51	
215	16	Gethin Jenkins	Sarn Helen	17	M	19.52	
288	17	Shan Roberts	Ingli Runners	40	FV	20.03	
297	18	Martin Davies	Trots	26	M	20.13	
255	19	Daniel Aled Davies	Aberystwyth A.C.	21	M	20.14	
273	20	Andrew Lloyd		24	M	20.21	
244	21	Les Chapman	Amman Valley Harriers	59	MV	20.33	
257	22	John Sinnett	Pembrokeshire Harriers	51	MV	20.46	
235	23	Lynn Green	Ingli Runners	50	FV	20.54	
242	24	Haydn Lloyd	Sarn Helen	36	M	21.05	
258	25	Dave Griffiths	Trots	45	MV	21.13	
253	26	Calvin Williams	Sarn Helen	47	MV	21.17	
265	27	Bryan O'Learty	Amman Valley Harriers	40	MV	21.23	
247	28	Chris Sexton	Ingli Runners	44	MV	21.28	
245	29	Michael Halsall	Llanelli A.A.C.	35	M	21.30	
202	30	Lyn Rees	Sarn Helen	58	MV	22.19	
259	31	Kari O'Neill	Carmarthen Harriers	12	F	22.30	L

226	32	Rhys Evans	Sarn Helen	15	M	22.49	
206	33	Mark Roblin	Carmarthen Harriers	41	MV	22.55	
227	34	Mathew Thomas		17	M	23.01	L
217	35	Elin Evans	Amman Valley Harriers	13	F	23.05	
252	36	David Thomas	Sarn Helen	45	MV	23.14	L
141	37	Andrew Edgell	Sarn Helen	31	M	23.22	
216	38	Ffion Evans	Amman Valley Harriers	16	F	23.26	
223	39	Hayden Williams	Amman Valley Harriers	40	MV	23.36	
256	40	Dewi Jones		16	M	23.58	
220	41	Jason Colley		36	M	24.01	
207	42	Geraint Jenkins	Amman Valley Harriers	40	MV	24.01	
282	43	Owen Morgan		41	MV	24.30	
271	44	Kevin Walters		22	M	24.39	L
218	45	Bryan Evans		22	M	24.39	
263	46	Natalie Jones	Amman Valley Harriers	22	F	24.45	
296	47	Gareth Jones	Sarn Helen	42	MV	24.46	
298	48	Laurence Worth	Pembrokeshire Harriers	45	MV	24.49	
254	49	Arwyn Jones		46	MV	24.52	
278	50	Dewi Price	Carmarthen Harriers	54	MV	24.54	
228	51	Neil Lewis		44	MV	24.55	
267	52	Michelle Wolemcraft	Amman Valley Harriers	32	M	24.57	
281	53	Daniel Hooper		35	M	24.58	L
279	54	Michael Terry		57	MV	25.09	
230	55	Sue Lloyd	Pembrokeshire Harriers	44	FV	25.10	
204	56	Jack Todd	Amman Valley Harriers	12	M	25.32	
250	57	Mary Williams		46	FV	25.33	
243	58	Caryl Davies	Sarn Helen	20	F	25.38	
201	59	Michelle Phillips	Amman Valley Harriers	35+	FV	25.46	
266	60	Liam O'Leary	Amman Valley Harriers	12	M	25.57	
241	61	Luc Evans		13	M	26.01	
251	62	Martin Williams		47	MV	26.08	
285	63	Bob Elliott	Pembrokeshire Harriers	55	MV	26.12	
293	64	Sam Dorn		37	M	26.16	

213	65	Selby Le Roux		41	MV	26.31	L
284	66	Eleri Connor	Aberystwyth A.C.	25	F	26.33	
270	67	Gareth Davies		36	M	26.44	
240	68	Nia Williams		15	F	27.15	L
277	69	Alex Etheridge		24	M	27.23	
280	70	Angus Stewart		15	F	27.25	L
276	71	Joanna Mogford	Amman Valley Harriers	23	F	27.30	
246	72	Nigel Leighton Jones	Seaside Strollers	53	MV	27.37	
214	73	Sian Jenkins	Sarn Helen	19	F	27.47	
231	74	Alison Griffiths	Pembrokeshire Harriers	38	FV	28.18	
260	75	Lattie Williams		12	F	28.31	L
287	76	Dafydd Hughes		33	M	28.32	
275	77	Ann Mogford	Amman Valley Harriers	43	FV	28.34	
232	78	Barbara Thomas	Pembrokeshire Harriers	63	FV	29.17	
269	79	Joy Thomas	Amman Valley Harriers	39	FV	29.29	
261	80	Zac O'Neill		14	M	29.35	L
222	81	Danna Williams	Amman Valley Harriers	43	FV	29.43	
229	82	Jan Bell	Pembrokeshire Harriers	63	FV	29.57	
294	83	Eirian Davies		57	MV	30.19	
210	84	Daniel Quick		13	M	30.35	
211	85	John Haines		12	M	30.40	L
264	86	Brynn Evans		14	M	30.42	
274	87	Samantha Mogford	Amman Valley Harriers	22	F	30.52	
225	88	Heulyn Evans	Sarn Helen	13	M	30.53	
272	89	Nigel Walter		48	MV	31.01	L
140	90	Avarina Connor		30	F	31.04	
239	91	Rosemary Fitzgerald	Amman Valley Harriers	60	FV	31.10	
236	92	Mary Jones	Amman Valley Harriers	57	FV	31.20	
237	93	Robert Fowler	Amman Valley Harriers	62	MV	31.21	
238	94	David Rosser	Amman Valley Harriers	74	MV	31.30	
208	95	Kevin Roberts		51	MV	31.42	L
221	96	Lisa Heath	Amman Valley Harriers	35	FV	32.32	
205	97	Mike Todd	Amman Valley Harriers	52	MV	32.32	

289	98	Richard Hughes		56	MV	34.59	L
219	99	Rhian Williams		23	F	35.51	
212	100	Allen Watts	Sarn Helen	79	MV	38.56	
209	101	Mathew Roberts		13	M	39.22	