

Red Kite/Sialens y Barcud Coch Championship 2009



Pos	NoFirst	Name	Club	Time	Cat	AgeB	W
1	576	JAMES THIE	CARDIFF AAC	01:14:57	OM	30B	W
2	586	PETER RYDER	CARDIFF AAC	01:15:36	OM	27B	W
3	591	CARWYN THOMAS	SARN HELEN	01:21:48	OM	21B	W
4	570	MICHAEL DAVIES	SARN HELEN	01:21:59	M40	40B	W
5	535	SCOTT BUTTERWORTH	ERYI HARRIERS	01:23:25	OM	39B	W
6	534	SIMON EDWARDS	BUCKLEY RUNNERS	01:23:54	OM	38B	W
7	408	TRACEY RANSON	SPRINGFIELD STRIDERS	01:24:44	OF	27B	
8	581	MARK SMITH	ABERYSTWYTH AC	01:26:08	OM	26B	W
9	543	GLYN FLETCHER	MALDWYN HARRIERS	01:27:48	M45	47B	W
10	573	MICK TABOR	LES CROUPIERS	01:29:31	M55	56B	W
11	553	DIC EVANS	CARDIFF A A C	01:29:52	M60	62B	W
12	584	DAVE POWELL	ABERYSTWYTH AC	01:30:30	M45	49B	W
13	998	PHOEBE WEBSTER	ABERYSTWYTH AC	01:30:50	OF	28B	W

14	565	GARETH	ELLIOTT	PEMBS HARRIERS	01:32:13	OM	27B	W
15	539	ALEC	WILLIAMS	INGLI RUNNERS	01:32:16	M40	42B	W
16	590	CHRIS	EVANS	NONE	01:32:25	OM	38B	
17	517	LOUISE	BARKER	ABERYSTWYTH AC	01:34:02	OF	34B	W
18	569	JASON	WILKINS	CARDIGAN RC	01:34:31	OM	39B	W
19	551	STEVE	HERINGTON	HEREFORD COURIERS	01:35:41	M60	60B	
20	555	DONALD	WILLIAMS	ERYRI HARRIERS	01:36:04	M65	66B	W
21	583	ALEX	LEWIS	NONE	01:36:35	OM	29	
22	513	KIM	BRAZNELL	HALESOWEN A C C	01:36:45	F50	53B	
23	592	HAYDN	LLOYD	SARN HELEN	01:37:10	OM	37B	W
24	537	TOM	GARROD	ABINGDON AMBLERS A C	01:38:23	M40	41B	
25	588	MALDWYN	EVANS	ERYR RC	01:38:39	M45	48B	W
26	549	WILLIAM	MAHON	ABERYSTWYTH A C	01:38:52	M55	55B	W
27	533	ANTHONY	POWELL	RHAYADER A C	01:39:28	OM	36B	W
28	579	DANIEL	BURGESS	ABERYSTWYTH AC	01:39:34	OM	33B	W
29	559	DYLAN	JONES	ABERYSTWYTH HARRIERS	01:40:47	OM	19B	
30	414	CLAIRE	CLEATHERO	TROTS	01:41:07	F35	35B	W
31	488	DAWN	KENWRIGHT	SARN HELEN	01:41:40	F50	53B	W
32	589	ANTHONY	BAIN	NORTHERN VETS	01:42:10	M55	55B	
33	571	KEVIN	HOLLAND	ABERYSTWYTH AC	01:42:12	M50	51B	W
34	435	JACKI	JARVIS	OSWESTRY OLYMPIANS	01:42:17	F45	47B	
35	545	JEREMY	MARTIN	T R A	01:42:25	M50	50B	
36	502	LIZ	HUGHES	NONE	01:42:41	F50	52	
37	567	STEVE	HARRHY	NONE	01:43:17	M45	46	
38	580	JOHN	MARSH	TARREN HENDRE	01:44:27	M65	67B	W
39	587	KEN	SMITH	OSWESTRY OLYMPIANS	01:45:41	M50	51B	
40	552	K MARTIN	RASGAUSKI	HEADINGTON R R	01:45:54	M60	60B	
41	554	BOB	WALLACE	NONE	01:46:49	OM	36	
42	536	DEAN	BACKER	FOUR AIMIGOS	01:47:53	M40	41	
43	568	MARK	WATTTON	TEIGNBRIDGE TROTTERS	01:48:33	M45	49B	
44	518	HELEN	WALKER	INGLI RUNNERS	01:48:48	F50	53B	W
45	561	PETER	WALKER	INGLI RUNNERS	01:48:48	M50	53B	W
46	574	RAYMOND	HASLER	NONE	01:48:57	M55	58	
47	575	ROBERT	NASH	NONE	01:49:35	M50	50	
48	544	NEIL	BALLARD	OSWESTRY OLYMPIANS	01:50:39	M45	49B	
49	578	ALUN	JENKINS	RHAYADER RC	01:50:42	M45	46B	W
50	560	JOHN	THOMAS	NONE	01:51:39	OM	27	
51	491	ROSEMARI	OSBORN	NEW FOREST RUNNERS	01:51:41	F60	63B	
52	489	ANITA	WORTHING	ABERYSTWYTH A C	01:53:00	F50	53B	W
53	519	JANE	WILKINS	CARDIGAN RC	01:53:04	F45	46B	W
54	564	ROLAND	SHERWOOD	AMMAN VALLEY HARRIERS	01:53:06	M60	63B	W
55	566	DAI	ROBERTS	ABERYSTWYTH AC	01:53:11	M45	48B	W
56	572	ANDY	HEDGES	NONE	01:53:49	M40	41	
57	511	SARAH	DAVIES	NONE	01:53:49	F35	36	
58	562	PAUL	MADDRELL	NONE	01:54:03	M40	43	
59	531	LUKE	RICHARDS	NONE	01:54:26	OM	32B	
60	558	GARETH	JONES	SARN HELEN	01:54:42	M40	43B	W
61	548	TONY	WENLOCK	ABERYSTWYTH A C	01:55:08	M50	54B	W
62	547	ANDY	REES	NONE	01:57:27	M50	51B	
63	532	MARTIN	CHAFFEY	YEOVIL TOWN RRC	01:58:28	OM	34B	
64	407	CARYL	DAVIES	SARN HELEN	01:58:41	OF	21B	W
65	426	LUCY	GARROD	ABINGDON AMBLERS A C	01:59:58	F40	42B	

66	431	TRACY	EDWARDS	RHONDDA VALLEY RUNNERS	02:02:00	F40	42B	W
67	582	DAVID	JAMES	ABERYSTWYTH AC	02:02:56	M60	61B	W
68	494	BRENDA	JONES	BRO DYSYNNI A C	02:04:17	F65	68B	W
69	507	LON	MORGAN	TROTS	02:04:26	F50	52B	W
70	498	JAN	JONES	SARN HELEN	02:04:51	F40	44B	W
71	490	ANN	ROWELL	TROTS	02:05:42	F50	53B	W
72	538	SIMON	BARTLETT	FOUR AIMIGOS	02:06:21	M40	42	
73	550	MIKE	HODGES	TROTS	02:07:54	M55	56B	W
74	577	CAMERON	POPE	NONE	02:09:14	M50	53	
75	496	HELEN	STRETCH	ABERYSTWYTH AC	02:11:51	F55	56B	W
76	542	IAN	BROOM	FOUR AIMIGOS	02:13:23	M45	45	
77	495	SHAN	BREESE	ABERYSTWYTH AC	02:15:38	F50	50B	W
78	506	LINDA	JENSEN	LES CROUPIERS	02:20:06	F45	48	
79	493	PAULINE	THOMAS	TROTS	02:21:45	F65	66B	W
80	481	GUNDRUN	JONES	SARN HELEN	02:24:29	F50	51B	W
81	541	NIGEL	WILLIAMS	FOUR AIMIGOS	02:31:30	M40	43	
82	557	ALEC	OSBORN	NEW FOREST RUNNERS	02:33:03	M75	76B	
83	492	MARJORIE	GRIFFITHS	BRO DYSYNNI A C	02:47:52	F60	64B	W
9999	420	SHAN	ROBERTS	INGLI RUNNERS		F40	41B	W
9999	433	UTE	MEISTER	NONE		F40	43B	
9999	479	CHRISTINE	LLOYD	HALESOWEN A & C C		F50	50B	W
9999	540	CHRISTOPR	HARRHY	LLISWERRY		M40	42B	W
9999	546	CLIFFORD	EVANS	ABERSTWYTH HARRIERS		M50	51B	W
9999	556	KEN	BUCKLE	CHELTEHAM COUNTY HARRIRS		M65	67B	W
9999	497	ANGELA	JONES	BRECON AC		F40	43B	W
9999	499	SUSAN	DAVIES	CROFT AMBREY RC		F40	44B	W
9999	563	MARK	PAVIOUR	CROFT AMBREY RC		M45	46B	W
9999	368	MARK	WOTTON	TEIGHBRIDGE TROTTERS		M45	49	
9999	585	CALVIN	WILLIAMS	SARN HELEN		M45	47 B	W