

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	713	M	22	Daniel	Gurmin	Abertillery	0:33:31
2	684	M	24	Vito	Graffagnino		0:34:02
3	636	M	28	Scott	Tompsett	Hillington AC	0:34:23
4	511	M	29	Michael	Dury	Islwyn Running Club	0:37:03
5	546	M	37	Stephen	Thomas		0:37:05
6	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
7	139	M	38	Wyn	Barrett		0:37:51
8	359	M	41	Iain	Darby	DML Running Club	0:38:04
9	724	M	22	Erez	Aisenberg		0:38:11
10	246	M	31	Gareth	Battle	Rhondda Tri Club	0:38:16
11	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
12	786	M	33	Alan	Davies		0:38:57
13	678	M	42	Graham	Jefferies		0:39:08
14	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
15	699	M	44	Phil	Adams	Neath Harriers	0:39:28
16	398	M	32	Matthew	Hurford	Les Croupiers	0:40:04
17	287	M	40	CHRIS	PARKER		0:40:20
18	488	M	39	Christopher	Bradshaw		0:40:42
19	615	M	33	David	Monroe		0:40:52
20	202	M	37	Mark	Amos		0:40:56
21	642	M	31	Leighton	Phillips		0:40:59
22	775	M	39	Tony	Cotter		0:41:09
23	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
24	720	F	26	Laura	Jackson	Cardiff University Harriers	0:41:17
25	523	M	33	Mark	Rees		0:41:19
26	548	M	44	Neil	Williams		0:41:25
27	195	M	42	Peter	Curran		0:40:41
28	273	M	30	LEE	SHORTER		0:41:27
29	87	M	39	CHRISTOPHER	MATTHEWS		0:41:32
30	155	M	37	Tony	Howson		0:41:33
31	391	M	48	Ron	Jenkins		0:41:35
32	26	M	28	DAVID	PRICE		0:41:48
33	514	M	29	Martin	George		0:42:01
34	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
35	723	M	29	Andy	Wilkinson		0:42:16
36	253	M	24	Lee	Morris		0:42:24
37	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
38	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
39	477	M	46	Neil	Lewis		0:42:40
40	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
41	82	M	26	GARETH	COLE		0:42:45
42	507	M	44	Ian	Jones		0:42:47
43	680	M	34	Daran	Jukes	Club 69	0:42:49
44	718	F	35	Jaime	Ortiz-Canavate		0:42:53
45	364	M	43	Jonathan	Smith		0:43:02
46	182	M	33	Andy	Dacey	Llswerry Runners	0:43:05
47	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
48	189	M	40	Michael	Thomas		0:43:16
49	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
50	772	M	42	Michael	Ramsey		0:43:27
51	681	M	40	Howard	Thomas	Club 69	0:43:28
52	805	M	35	Giancarlo	Bianchi		0:43:38
53	754	M	52	Alan	Cole	Newport	0:43:45
54	143	M	43	Philip	Morgan		0:43:49
55	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
56	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
57	225	M	31	Beano	Moran		0:43:54
58	645	M	23	Oliver	Newcombe		0:43:55
59	46	M	39	MICHAEL	HARRY		0:43:56
60	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
61	539	M	20	Paul	Williams		0:43:58
62	207	M	31	Nigel	Nicholas		0:43:59
63	745	M	35	James	Ocaccaghan		0:44:01
64	374	M	33	PETER	SPRIGGS		0:44:03
65	732	M	48	Graham	Barlow		0:44:04
66	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
67	399	M	46	Michael	Marshall		0:44:08
68	552	M	41	Josh	Harry		0:44:09
69	545	M	46	Nigel	Griffiths		0:44:11
70	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
71	486	M	24	Nick	Davies		0:44:19

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	200	F	32	Samantha	Healy		0:44:23
73	219	M	43	Steve	Martin		0:44:25
74	394	M	41	Jarmo	Suorsa		0:44:31
75	272	M	32	JAMES	BRUCE	Pegasus RC	0:44:33
76	469	M	28	Dean	Llewellyn	South Wales Police	0:44:36
77	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
78	464	M	40	Paul	Figgins		0:44:39
79	767	M	42	Simon	Warren		0:44:41
80	780	M	48	Peter	Deacon		0:44:46
81	658	M	32	Marcus	Coles	Les Croupiers	0:44:49
82	790	M	38	Dean	Packer		0:44:50
83	420	F	26	Heidi	Selch		0:44:52
84	743	M	44	James	Hewitt		0:44:55
85	515	F	37	Catherine	Darby	DML Running Club	0:45:02
86	436	M	45	David	Bennett		0:45:12
87	23	M	44	DAVID	BARRETT		0:45:13
88	520	M	31	Gareth	Roberts		0:45:17
89	270	M	38	DARREN	THOMAS		0:45:20
90	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
91	140	M	38	Michael	Tong		0:45:23
92	721	M	46	Phil	Geddes		0:45:26
93	400	M	30	Andy	Shanahan	Pencoed Tri	0:45:37
94	660	M	44	Stephen	Cooper		0:45:40
95	802	F	25	Sharon	Ford	Brackla Harriers	0:45:42
96	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
97	517	M	31	Trystan	Edwards		0:45:44
98	59	M	26	GARETH	EVANS		0:45:45
99	164	M	27	Laurence	Gray		0:45:50
100	508	M	19	Craig	Harper		0:45:53
101	579	M	26	Marcus	Barrett		0:45:54
102	726	F	26	Rebecca	Jones	Port Talbot Harriers	0:45:55
103	554	M	41	Gavin	Roberts		0:46:09
104	452	M	32	Richard	Jones		0:46:12
105	731	M	33	Jason	Lewis		0:46:24
106	393	M	39	Geraint	Evans		0:46:25
107	512	M	48	Howard	Cole		0:46:29
108	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
109	804	M	36	Paul	Ford	Brackla Harriers	0:46:35
110	573	M	21	James	Pierce		0:46:39
111	648	M	23	David	Dyer		0:46:39
112	777	M	36	Dafydd	Jones		0:46:40
113	783	M	22	Gareth	Howard		0:46:41
114	746	M	48	Peter	Jones		0:46:42
115	652	M	42	Mark	Rich		0:46:44
116	381	M	24	Ian	Ashton		0:46:46
117	112	M	43	Wayne	Holmes		0:46:48
118	463	M	29	Neil	Jones		0:46:50
119	533	M	35	GARY	JONES		0:46:51
120	172	M	24	Rhodri	Morris		0:46:53
121	248	F	38	Kate	Rees		0:46:55
122	108	M	37	Phillip	White		0:46:57
123	453	M	40	John	Lewis		0:46:59
124	405	M	29	Dan	Bailey		0:47:04
125	717	M	29	Neil	Cooksley		0:47:05
126	448	M	44	Stephen	Chambers		0:47:06
127	199	M	49	Andrew	Freedman		0:47:07
128	297	M	35	GERAINT	DAWE	BBC RUNNERS	0:47:13
129	569	M	46	Chris	Moore		0:47:14
130	48	M	23	PAUL	MEMBERY		0:47:16
131	156	M	43	Chris	Johns		0:47:17
132	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
133	735	M	18	Sean	McDonnell		0:47:19
134	696	M	43	Michael	Thomas		0:47:20
135	799	M	41	Roger	Bell	3Ms	0:47:22
136	137	M	32	Tom	Pearson		0:47:23
137	338	M	42	Chris	Matthews		0:47:24
138	637	M	17	Craig	Jenkins		0:47:29
139	555	M	48	Simon	Pinner		0:47:25
140	494	M	18	Chris	Griffiths		0:47:26
141	704	M	39	Jeff	Davies		0:47:31
142	238	M	31	Geoff	Jones		0:47:32
143	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
144	763	M	25	Neil	Pilliner		0:47:37
145	716	M	43	Philip	Hoskins		0:47:38
146	247	M	41	Bryan	Clemas		0:47:40
147	760	F	42	Jane	Buck	Cardigan	0:47:41
148	328	M	56	Don	Holloway	Brackla Harriers	0:47:43

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149	169	M	26	Michael	Johns		0:47:44
150	415	M	25	Benjamin	Tucker	Neath Harriers	0:47:45
151	736	M	50	Kieran	McDonnell		0:47:48
152	656	M	36	Rob	Johns		0:47:52
153	558	M	41	Ian	Warburton		0:47:53
154	644	M	36	Mike	Smith		0:47:55
155	220	M	39	Leighton	Roach		0:47:59
156	748	M	28	James	Cochoun		0:48:00
157	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
158	36	M	47	ANDREW	ROTHWELL		0:48:09
159	589	M	23	Ross	Williams		0:48:12
160	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
161	110	M	55	Geoffrey	Johnson		0:48:20
162	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
163	317	M	42	Mario	Rabaiotti		0:48:27
164	547	M	22	Matthew	Taylor		0:48:32
165	366	M	34	Mike	Griffiths	Team Deviant	0:48:37
166	498	M	29	Gwion	Llwyd		0:48:45
167	685	M	33	Johnny	Lam		0:48:46
168	691	M	39	Jeff	Thomas		0:48:54
169	313	M	30	Simon	Lane		0:48:55
170	733	M	28	Richard	Lloyd		0:48:56
171	586	M	47	Michael	Smith		0:49:00
172	611	M	48	JOHN	MARTIN		0:49:05
173	456	M	44	Simon	Reynolds		0:49:10
174	41	M	33	RICHARD	SIMPSON		0:49:11
175	187	M	43	Geraint	Evans		0:49:11
176	341	M	35	Jonathan	Pask		0:49:12
177	56	M	32	MATTHEW	SEAGER		0:49:13
178	509	M	30	Jonathan	Lewis		0:49:15
179	574	F	37	Helen	Eve		0:49:16
180	654	M	35	Brian	Cottan		0:49:17
181	632	M	42	James	Thomas	Brackla Harriers	0:49:21
182	111	M	33	Steve	Terry		0:49:22
183	496	M	46	Paul	Donoghue		0:49:23
184	433	M	30	Mark	Davies		0:49:25
185	653	F	32	Marie	Buchanan		0:49:26
186	340	M	40	David	Rowlands		0:49:27
187	443	M	32	Christian	Rees		0:49:28
188	531	M	40	NEIL	COLEMAN		0:49:29
189	260	M	51	Dave	Walker		0:49:29
190	694	M	52	Neil	Jellings		0:49:34
191	194	F	40	Lynn	Goward		0:49:42
192	513	M	24	Joseph	Taylor		0:49:45
193	2	M	29	Gawain	Barnard		0:49:45
194	764	M	47	Alan	Hall		0:49:45
195	177	M	37	Neil	Morgan		0:49:46
196	145	M	16	Adam	Bater		0:49:46
197	744	M	32	Mark	Edwards		0:49:46
198	367	M	34	ROBERT	REES		0:49:47
199	752	M	32	Andrew	Wallis		0:49:47
200	124	M	32	Cennydd	Amos		0:49:48
201	321	M	33	Michael	Williams		0:49:57
202	407	M	26	Ryan	Jones		0:49:57
203	561	M	57	Keith	Starr		0:49:58
204	467	M	48	Andrew	Rees		0:49:58
205	695	M	52	Frank	William		0:49:58
206	807	M	26	Gareth	Bishop		0:49:59
207	782	M	17	Thomas	Lewis		0:49:59
208	450	M	57	John	Cunnane	100km Association	0:49:59
209	578	M	24	Stephen	Attwood		0:49:59
210	105	M	46	Mark	Aston		0:49:59
211	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
212	150	M	52	Mike	Lister	Les Croupiers	0:50:02
213	462	M	27	Gavin	Rees		0:50:02
214	481	M	37	Rhydwyn	Harris	Islwyn Running Club	0:50:03
215	738	M	31	John	Ferriday	Pegasus	0:50:06
216	138	M	31	Christian	Prewett		0:50:07
217	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
218	45	M	38	DARREN	JAMES		0:50:18
219	33	M	32	JAY	WILLIAMS		0:50:22
220	459	M	37	Emyr	Thomas		0:50:24
221	667	M	33	Martin	Groves		0:50:27
222	581	M	26	Gareth	Roberts		0:50:31
223	403	M	24	Andrew	Davies		0:50:32
224	295	M	44	DAVID	KAGED		0:50:35
225	470	F	30	Angharad	Roberts	Les Croupiers	0:50:38

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
226	549	F	28	Emma	Washburn		0:50:39
227	739	M	51	Terry	Jones	Vistison	0:50:40
228	376	M	42	PATRICK	SPENCE		0:50:41
229	715	F	29	Carol	Moseley		0:50:42
230	103	M	50	Martin	Heaven		0:50:45
231	213	M	41	Simon	Cogger		0:50:50
232	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
233	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
234	324	M	47	Edward	Fish		0:50:57
235	69	M	61	MICHAEL	DEADMAN		0:50:58
236	776	M	44	Brian	Jenkins	Vistion Running Club	0:51:00
237	409	F	37	Andrea	Phillips		0:51:00
238	620	F	20	LORNA	HICKS	Les Croupiers	0:51:01
239	701	M	55	Howard	Attwood	Lliswerry Runners	0:51:01
240	62	F	30	DAISY	SEABOURNE		0:51:02
241	346	M	43	Stuart	Keeping		0:51:10
242	419	M	26	Dean	Webster	3M Road Runners	0:51:17
243	737	M	38	Ceri	Evans	Celtic Tri	0:51:18
244	427	M	37	Billy	McWilliams		0:51:19
245	109	M	37	Steven	Israel		0:51:21
246	711	M	25	Peter	Murray		0:51:22
247	518	M	24	Dan	Davies		0:51:23
248	66	F	21	MELISSA	BLYTH		0:51:28
249	222	M	46	Kevin	O'Leary		0:51:29
250	492	M	48	Barry	Norris		0:51:29
251	39	F	39	KATE	PHILLIPS		0:51:30
252	380	M	40	Ray	Greenhouse		0:51:31
253	566	M	37	Mark	Morris	Port Talbot Harriers	0:51:32
254	282	M	35	ROBERT	WILLIAMS		0:51:35
255	390	M	31	Owen	Davies		0:51:38
256	613	M	24	RICHARD	GRIFFIN		0:51:41
257	541	F	33	Mandy	Morris	Neath Harriers	0:51:45
258	101	M	32	SIMON	THOMAS		0:51:46
259	306	M	38	Richard	Cadogan	Rhondda Valley Runners	0:51:48
260	714	M	37	Mark	Blieasdale		0:51:51
261	570	M	40	David	Comery		0:51:55
262	550	M	50	Michael	Sullivan		0:51:56
263	233	M	34	Cenydd	James		0:51:57
264	800	M	35	Stephen	Birmingham		0:52:01
265	693	M	24	Adam	Shore		0:52:03
266	120	M	25	Matthew	Pitts		0:52:05
267	803	M	40	Paul	Gelly		0:52:06
268	522	M	42	David	Thomas	Sarn Helen	0:52:07
269	387	F	26	Anna	Chambers		0:52:12
270	438	M	18	Adam	Davies		0:52:13
271	493	F	16	Isobel	Norris		0:52:17
272	538	M	42	Eurig	Jenkins		0:52:19
273	719	M	27	Alun	Powell		0:52:19
274	201	M	33	Brendan	Healy		0:52:20
275	414	M	41	Nigel	Holbrook		0:52:20
276	240	F	31	Natalie	Parsons		0:52:21
277	497	M	32	Michael	Halsall		0:52:25
278	166	M	33	James	Webb		0:52:25
279	670	M	41	Paul	Molton		0:52:26
280	567	M	29	James	Davies		0:52:26
281	389	F	33	Diane	Brownhill	Womens Running Network	0:52:29
282	740	M	51	Tony	Frost		0:52:35
283	54	F	22	SARAH	RHODES		0:52:36
284	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
285	121	F	28	Eleri	Price		0:52:41
286	339	M	35	Edward	Harris		0:52:46
287	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
288	242	M	41	Mark	Vivian		0:52:55
289	641	M	41	John	Ivins		0:52:55
290	52	M	36	JONATHAN	WILSON		0:52:56
291	692	M	55	Terry	Shore		0:53:01
292	773	M	43	Dave	Thomas	Team Deviant	0:53:02
293	68	M	34	ANDREW	PICKETT		0:53:02
294	808	M	40	Richard	Hawkins		0:53:09
295	308	M	46	Jeffrey	Mogford		0:53:10
296	18	M	31	SIMON	BLEASDALE		0:53:10
297	77	M	19	OLIVER	WILLIAMS		0:53:10
298	765	M	45	Bob	Gardiner		0:53:11
299	597	M	37	JONATHAN	DAVIES	Islwyn Running Club	0:53:12
300	627	M	30	Michael	Pettit		0:53:12
301	590	F	30	Paula	Strong		0:53:13
302	722	F	42	Pip	Francis		0:53:14

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
303	646	F	39	Vanessa	Turnbull		0:53:15
304	72	M	35	CHRIS	MOLES		0:53:18
305	435	M	43	Mike	Parfitt		0:53:24
306	785	M	28	Mark	Gunn	Park Runners	0:53:30
307	217	M	37	Jonathan	Griffiths		0:53:36
308	411	F	45	Dawn	French	3M Road Runners	0:53:38
309	361	M	52	David	Griffiths		0:53:46
310	358	M	44	Stephen	Woods		0:53:47
311	149	M	52	John	Harries		0:53:48
312	798	M	39	Gethin	Jones		0:53:49
313	551	M	45	Martin	Walker		0:53:53
314	628	M	55	Michael	Newman	Neath Harriers	0:53:53
315	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
316	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
317	673	M	55	Barry	James		0:53:54
318	629	M	45	Andrew	Gronert		0:53:55
319	635	M	51	Gerald	Gray		0:54:06
320	697	M	44	Paul	Rundle		0:54:06
321	16	M	31	KWOK	LEE	GLAMORGAN HEALTH & RACQUET C	0:54:06
322	730	M	34	Nick	Jones		0:54:07
323	384	F	37	Jane	Voyle		0:54:07
324	15	M	34	DAVID	KEANE		0:54:07
325	404	F	25	Mair	Lewis		0:54:08
326	540	M	34	Mark	Parsons		0:54:08
327	747	M	44	Andy	Bray		0:54:15
328	664	M	50	Paul	Bigmorw		0:54:16
329	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
330	107	M	42	Paul	Blake		0:54:26
331	734	M	51	Bernard	Henderson		0:54:29
332	168	M	42	Philip	Moore		0:54:35
333	478	M	55	Peter	Whittemore		0:54:35
334	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
335	557	F	43	Beverley	Warburton		0:54:51
336	228	M	39	Eryl	Tottle	Liswerry Runners	0:54:52
337	430	M	52	Dave	Charrett		0:54:54
338	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
339	585	M	53	Peter	Welbirg		0:55:04
340	638	M	39	Adrian	Hughes		0:55:07
341	408	M	27	Adrian	Beaumont		0:55:08
342	259	M	36	Simon	Davies		0:55:11
343	633	F	45	Christine	Jones	Multisport RC	0:55:17
344	706	M	51	Wayne	Griffiths		0:55:19
345	173	M	29	Tim	Blacklock		0:55:20
346	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
347	296	M	46	JOHN	ALLEN		0:55:25
348	794	M	21	Thomas	Rees		0:55:25
349	519	M	24	Anthony	Simoncini		0:55:26
350	703	M	35	Steve	Burrow		0:55:26
351	283	M	15	AARON	STEPHENS		0:55:32
352	451	M	36	Aiden	Thomas		0:55:36
353	127	M	39	Mike	Rees		0:55:38
354	556	M	32	Dean	Saunders		0:55:38
355	113	M	47	Gary	Smith		0:55:39
356	603	F	25	EMMA	THOMAS	FITNESS FIRST	0:55:44
357	99	F	40	DEBBIE	POTTER		0:55:45
358	277	F	33	ELEN	WILLIS	Les Croupiers	0:55:49
359	378	F	41	Melanie	Bent		0:55:50
360	758	M	34	Neil	Jones		0:55:53
361	759	M	59	Ken	Powney		0:55:54
362	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
363	236	M	34	Darren	Rixon		0:55:55
364	237	F	31	Louise	Rixon		0:55:56
365	129	M	35	Stuart	Fraser		0:55:56
366	795	M	22	Dewi	Owen		0:55:57
367	241	M	57	Tony	Hall		0:56:02
368	671	F	38	Ceri	White		0:56:04
369	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
370	490	M	43	Nigel	Gunn		0:56:05
371	766	M	36	Steven	Press	Team Wecori	0:56:05
372	788	F	34	Janice	Doyle		0:56:05
373	422	M	33	Paul	Jones	Mumbles Milers	0:56:12
374	64	M	46	ANDREW	HOPKINS		0:56:13
375	53	M	57	COLIN	GARDNER		0:56:15
376	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
377	729	M	38	Alex	Williams		0:56:24
378	160	F	28	Andrea	Wilson		0:56:25
379	159	F	37	Rachel	Gardiner		0:56:25

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
380	728	F	33	Andrea	Williams		0:56:27
381	472	M	44	Graham	Chesterton		0:56:28
382	144	M	47	Ian	Warner		0:56:33
383	598	M	21	STUART	ADAMS		0:56:34
384	1	M	28	Andrew	Llewellyn		0:56:36
385	135	M	64	Howard	Morgan		0:56:39
386	254	M	56	Adrian	Deere-Jones		0:56:40
387	289	M	27	PHILL	LEWIS		0:56:48
388	702	M	41	Eddie	Bessant		0:56:49
389	58	M	39	DARRELL	MORGAN		0:56:51
390	524	M	38	Simon	Thomas		0:56:51
391	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
392	250	F	25	Christine	O'Byrne	U W Swansea Running Club	0:56:52
393	93	F	24	KATE	McNAMARA	Les Croupiers	0:56:53
394	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
395	700	M	69	James	Johnson		0:56:56
396	679	M	35	Martin	Thornton		0:57:00
397	491	M	42	Steve	Morris		0:57:01
398	14	M	34	IAN	COLE		0:57:01
399	749	M	45	Thomas	Davies		0:57:01
400	661	M	48	Phillip	Evans		0:57:08
401	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
402	479	M	32	Julian	Williams		0:57:08
403	619	F	28	SARAH	HUDSON		0:57:09
404	355	M	43	Larry	Burford	Pegasus RC	0:57:09
405	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
406	582	M	34	Justin	Aylett		0:57:10
407	460	M	45	Marcus	Gale		0:57:10
408	122	F	38	Sarah	Morris		0:57:11
409	130	F	33	Helen	Fraser		0:57:23
410	119	M	28	Paul	Tucker		0:57:26
411	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
412	791	F	37	Sarah	packer		0:57:30
413	423	F	43	Andrea	Hamer		0:57:30
414	57	F	45	TERRYL	MORGAN		0:57:31
415	810	M	40	Gareth	Thomas		0:57:42
416	51	F	40	DEBORAH	HOPE		0:57:42
417	345	M	47	Paul	Andrews		0:57:42
418	606	F	36	LINDA	TAYLOR		0:57:42
419	377	F	35	Tamara	Hillman		0:57:42
420	183	M	51	Roger	Vince		0:57:43
421	132	F	36	Sharon	Edelstyn		0:57:43
422	792	M	25	Rhodri	Rees		0:57:43
423	453	M	40	John	Lewis		0:57:43
424	624	M	30	Andrew	Duggan		0:57:43
425	327	F	25	Melony	Brown		0:57:52
426	416	M	24	Ben	Griffiths		0:57:53
427	793	M	55	UK	Tucker		0:57:54
428	385	F	30	Clare	Hingott		0:57:56
429	639	F	43	Claire	James		0:57:57
430	1074	F	36	Sue	Harris		0:57:58
431	67	M	40	JOHN	PARKE		0:57:59
432	425	M	34	Paul	Crouch		0:58:03
433	495	F	56	Kath	Evans		0:58:03
434	625	F	30	Amanda	Duggan		0:58:04
435	480	F	32	Kristina	Williams	Team Deviant	0:58:04
436	353	M	42	Chris	Barnes		0:58:05
437	123	M	39	Philip	Jones		0:58:10
438	437	M	64	Hadyn	Davies		0:58:11
439	809	M	28	Philip	John		0:58:12
440	562	F	33	Sue	Murray		0:58:18
441	227	M	42	Eric	Frew		0:58:22
442	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
443	510	M	54	Ronald	Davies		0:58:28
444	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
445	413	F	37	Cath	Rowlands		0:58:33
446	608	M	37	KIRK	TAYLOR		0:58:33
447	612	F	18	SALLY	MARTIN		0:58:36
448	784	M	52	Graham	Gunn		0:58:37
449	750	M	47	Andrew	Lane		0:58:40
450	568	F	39	Julie	Donovan		0:58:40
451	343	F	34	Ceri	Jones		0:58:41
452	769	M	38	Robert	Jones		0:58:47
453	191	M	50	David	Corcoran		0:58:48
454	594	M	44	LEN	CASLEY		0:58:51
455	102	M	38	Paul	Michael		0:58:53
456	631	M	36	Paul	Thomas		0:59:01

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
457	86	F	26	ALISON	ELLIOTT	Les Croupiers	0:59:01
458	336	M	44	Mark	Rees		0:59:02
459	351	M	15	Michael	Burton		0:59:02
460	781	M	35	Martin	Wells		0:59:07
461	669	M	44	Stephen	Rohman		0:59:08
462	186	F	29	Sarah	Dodd		0:59:08
463	789	F	40	Jane	Dawson		0:59:20
464	768	M	34	Philip	Crockett		0:59:21
465	428	F	50	Sian	Brown		0:59:27
466	525	M	55	ROBERT	BROWN		0:59:32
467	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
468	326	F	29	Sian	Arfon		0:59:39
469	757	M	56	Paul	Waite		0:59:45
470	274	M	47	HUW	GRIFFITHS		0:59:46
471	607	M	37	MIKE	ASHTON		0:59:47
472	787	M	57	Gary	Rees		0:59:48
473	285	F	33	CLARE	SHEARS		0:59:51
474	412	M	60	Robert	Sheffield		0:59:54
475	180	M	33	Hywel	Watkins		0:59:59
476	337	M	34	Justin	Aleman		1:00:00
477	153	F	29	Eleanor	Hale		1:00:02
478	13	F	23	TAMSIN	PEARCE		1:00:03
479	206	M	27	Paul	Lucas		1:00:04
480	278	F	33	CATHERINE	CRIMMINS	Les Croupiers	1:00:05
481	223	F	59	Heather	Payton	Trent Park RC	1:00:09
482	224	M	63	Mike	Matthews		1:00:09
483	255	F	49	Elaine	Davies		1:00:10
484	418	F	37	Rachel	Evans		1:00:13
485	406	M	42	Andy	Rowlands		1:00:14
486	756	M	49	Nigel	Ferrand		1:00:14
487	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
488	484	M	29	Lee	Ashford		1:00:21
489	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
490	774	F	28	Anne	Jones		1:00:25
491	499	F	33	Meinir	Llwyd		1:00:26
492	176	F	45	Catherine	Richards		1:00:26
493	506	M	46	Nigel	Calcutt		1:00:26
494	663	M	40	Huw	Jones		1:00:26
495	502	F	33	Sasha	Macken	Les Croupiers	1:00:26
496	609	M	48	DAVID	MORRIS		1:00:27
497	179	F	30	Sally	Hartnell	Womens Running Network	1:00:30
498	604	F	29	STELLA	RUDD	FITNESS FIRST	1:00:31
499	505	F	43	Deborah	Mitchell		1:00:32
500	325	F	34	Susan	John		1:00:32
501	468	F	49	Pauline	Rees		1:00:32
502	563	M	43	Andrew	Wall		1:00:37
503	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
504	521	M	34	Dylan	Hughes		1:00:41
505	592	M	37	Richard	Howe		1:00:41
506	383	F	51	Anne	Roberts		1:00:46
507	751	M	43	Ian	Viveash		1:00:47
508	527	M	32	HUW	DAVIES		1:00:54
509	432	M	51	Philip	Griffiths		1:00:55
510	256	F	27	Sian	Roberts		1:01:03
511	473	M	15	Ben	Chesterton		1:01:04
512	657	F	38	Nicola	Parkinson		1:01:06
513	365	F	42	Jane	Chappelle		1:01:11
514	280	M	26	OWEN	MORRIS		1:01:12
515	674	M	25	ANDREW	RICHARDS		1:01:17
516	402	F	26	Dawn	Edwards		1:01:18
517	30	F	17	AMY	CLINCH		1:01:18
518	455	F	48	Julie	Williams		1:01:18
519	397	F	32	Heather	Smith		1:01:22
520	363	M	24	Gareth	Evans		1:01:23
521	354	M	26	Carl	Hanney		1:01:26
522	474	M	15	Marcus	Chesterton		1:01:34
523	672	F	38	Sarah	Bracken		1:01:35
524	441	F	40	Alison	Powis	Les Croupiers	1:01:36
525	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
526	476	F	41	Sue	Bennett		1:01:39
527	263	F	32	Emily	Moore		1:01:45
528	659	M	23	Gary	Taylor	Mumbles Milers	1:01:58
529	801	M	36	Richard	Hesketh		1:02:00
530	276	F	23	ABBY	JENKINS		1:02:03
531	429	M	36	Keri	Jones		1:02:24
532	543	M	54	Edward	Newman		1:02:24
533	439	F	39	Jennifer	Stone		1:02:24

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
534	565	M	39	Neil	Pugh		1:02:25
535	528	M	43	GARY	BATTELL		1:02:27
536	471	F	42	Suzanne	Chesterton		1:02:27
537	252	F	32	Jaci	Thomas		1:02:33
538	251	M	35	Mark	Cleland		1:02:33
539	503	F	30	Romina	Carabott		1:02:35
540	28	M	46	MIKE	CLINCH		1:02:39
541	152	F	33	Jo	Lewis		1:02:50
542	211	M	35	Jason	Lewis		1:02:53
543	90	F	51	JAYNE	EVANS		1:02:57
544	197	F	38	Beverly	Rogers		1:02:57
545	134	F	35	Julie	Gething	Womens Running Network	1:02:58
546	76	F	34	BECI	ASPLAND	Womens Running Network	1:02:58
547	75	M	45	LEE	ASPLAND		1:03:04
548	444	F	38	Debbie	Shuffley		1:03:05
549	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
550	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
551	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
552	650	M	48	Nigel	Thomas		1:03:21
553	475	F	49	Myriam	Bonduelle		1:03:22
554	171	F	54	Pat	Seabourne		1:03:28
555	269	M	29	STEVEN	WALSH		1:03:32
556	333	F	42	Vicki	O'Neil		1:03:39
557	334	M	41	John	O'Neil		1:03:40
558	755	M	22	Craig	Thomas		1:03:41
559	22	F	39	SARAH	PLUMMER		1:03:42
560	587	M	49	Graham	Singer		1:03:46
561	446	F	58	Margaret	Barrett		1:03:47
562	284	F	24	REBECCA	MURPHY		1:03:53
563	133	M	45	Phillip	Doel		1:03:58
564	80	M	25	GARETH	ROWE		1:04:09
565	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
566	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
567	94	F	32	RUTH	HAYTON		1:04:21
568	705	M	49	Danny	Griffiths		1:04:22
569	257	F	30	Candace	Hsieh		1:04:30
570	741	F	51	Lorenza	Thomas		1:04:35
571	63	F	43	CATH	HOPKINS		1:04:42
572	698	F	49	Cathryn	Russell		1:04:48
573	89	F	27	KATHERINE	DUERDOTH		1:04:49
574	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
575	542	M	51	Kevin	Llewellyn		1:04:57
576	286	F	29	VICTORIA	RODERICK		1:04:59
577	185	M	52	John	Goodwin		1:05:01
578	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
579	262	F	25	Caitriona	Murphy		1:05:17
580	261	M	24	Ashley	Lansdown		1:05:18
581	779	F	47	Dilys	Morris-Jones		1:05:18
582	174	F	42	Carolyn	Williams		1:05:23
583	161	F	29	Rhian	Jones		1:05:24
584	347	F	40	Liz	Mallen		1:05:39
585	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
586	299	M	46	Wayne	Newton		1:05:48
587	401	F	43	Jayne	Moulton		1:05:50
588	88	M	36	ROBERT	WILLIAMS		1:05:55
589	118	F	40	SARAH	Bowden		1:05:57
590	588	F	26	Joanne	Greenwood	Les Croupiers	1:06:20
591	742	F	21	Lisa	Thomas		1:06:24
592	526	F	45	CERI	JONES		1:06:32
593	577	F	34	Catherine	Tossell		1:06:43
594	530	F	41	DIANE	MCTAVISH		1:06:46
595	264	F	45	Paula	Thomas		1:07:03
596	564	M	50	Graeme	Thelwell		1:07:06
597	560	M	43	Manher	Solanki		1:07:12
598	445	F	45	Ceri	Harnett		1:08:55
599	70	F	38	CHENETTE	THOMAS		1:07:33
600	458	F	25	Mary	Beech		1:07:39
601	24	M	46	ANTHONY	SUDWORTH		1:07:40
602	205	F	28	Caroline	Brockington		1:08:12
603	544	F	39	Carol	Rogers		1:08:41
604	617	F	27	HELEDD	PARRY		1:09:14
605	181	F	32	Kathy	Roberts		1:09:15
606	96	F	42	CATRIN	SAUNDERS		1:09:16
607	682	M	37	Steve	Evans		1:09:18
608	356	M	18	Joseph	Macpherson		1:09:21
609	372	M	35	MARTYN	LENTHALL		1:09:21
610	163	F	44	Kay	Hampton		1:09:22

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
611	162	M	44	Clive	Hampton		1:09:26
612	158	F	30	Lori	Button	Womens Running Network	1:09:27
613	595	F	32	MOLLY	MELHUIISH		1:09:29
614	665	F	45	Kryisia	Lewandowski		1:09:53
615	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
616	332	M	58	Colin	Moody		1:10:14
617	258	F	25	Katherine	Lee		1:10:16
618	395	F	37	Sarah	Ladd		1:10:24
619	215	M	30	Ceri	Davies		1:10:25
620	216	F	34	Louise	Kinsey		1:10:26
621	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
622	298	F	40	JANE	LEATHEREN		1:10:48
623	489	M	34	John	Arlott		1:10:50
624	709	F	26	Gemma	Williams		1:10:57
625	618	M	30	GARETH	HARRIS		1:11:20
626	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
627	198	F	43	Julie	Hammatt		1:11:38
628	529	F	43	HELEN	MCTAVISH		1:11:46
629	344	F	42	Alexandra	Aubrey		1:11:58
630	192	M	33	Robert	Mainwaring		1:13:17
631	688	M	35	James	Rabaiotti		1:13:21
632	141	M	51	Captain	Beany		1:13:23
633	331	F	25	Sian	Williams		1:13:48
634	81	F	51	SIAN	COLE		1:13:50
635	167	F	46	Gill	Ellis		1:14:03
636	281	F	23	ISOBEL	ADAMS		1:14:13
637	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
638	434	F	40	Ceri	Spencer		1:14:49
639	596	F	29	PRUDENCE	MELHUIISH		1:14:49
640	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
641	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
642	330	F	44	Catrin	Clarke		1:15:06
643	591	F	27	Laura	Maguire		1:15:52
644	614	F	41	Pauline	Collier		1:16:07
645	666	F	15	Zosia	Lewandowski		1:16:17
646	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25
647	29	F	42	CHARMAINE	CLINCH		1:16:28
648	117	F	45	Deborah	Walker		1:16:34
649	447	F	32	Jackie	McDonald		1:16:35
650	188	F	34	Joanne	Parry		1:16:38
651	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
652	640	F	40	Wendy	Ivins		1:16:56
653	352	F	37	Suzanne	Thomas		1:18:28
654	370	F	52	SHAARON	PRATT		1:19:53
655	687	F	23	Kay	Lewis		1:23:51
656	689	F	23	Abigail	Bullock		1:23:52

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	713	M	22	Daniel	Gurmin	Abertillery	0:33:31
2	684	M	24	Vito	Graffagnino		0:34:02
3	636	M	28	Scott	Tompsett	Hillington AC	0:34:23
4	511	M	29	Michael	Dury	Islwyn Running Club	0:37:03
5	546	M	37	Stephen	Thomas		0:37:05
6	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
7	139	M	38	Wyn	Barrett		0:37:51
8	359	M	41	Iain	Darby	DML Running Club	0:38:04
9	724	M	22	Erez	Aisenberg		0:38:11
10	246	M	31	Gareth	Battle	Rhondda Tri Club	0:38:16
11	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
12	786	M	33	Alan	Davies		0:38:57
13	678	M	42	Graham	Jefferies		0:39:08
14	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
15	699	M	44	Phil	Adams	Neath Harriers	0:39:28
16	398	M	32	Matthew	Hurford	Les Croupiers	0:40:04
17	287	M	40	CHRIS	PARKER		0:40:20
18	488	M	39	Christopher	Bradshaw		0:40:42
19	615	M	33	David	Monroe		0:40:52
20	202	M	37	Mark	Amos		0:40:56
21	642	M	31	Leighton	Phillips		0:40:59
22	775	M	39	Tony	Cotter		0:41:09
23	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
24	523	M	33	Mark	Rees		0:41:19
25	548	M	44	Neil	Williams		0:41:25
26	195	M	42	Peter	Curran		0:40:41
27	273	M	30	LEE	SHORTER		0:41:27
28	87	M	39	CHRISTOPHER	MATTHEWS		0:41:32
29	155	M	37	Tony	Howson		0:41:33
30	391	M	48	Ron	Jenkins		0:41:35
31	26	M	28	DAVID	PRICE		0:41:48
32	514	M	29	Martin	George		0:42:01
33	723	M	29	Andy	Wilkinson		0:42:16
34	253	M	24	Lee	Morris		0:42:24
35	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
36	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
37	477	M	46	Neil	Lewis		0:42:40
38	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
39	82	M	26	GARETH	COLE		0:42:45
40	507	M	44	Ian	Jones		0:42:47
41	680	M	34	Daran	Jukes	Club 69	0:42:49
42	364	M	43	Jonathan	Smith		0:43:02
43	182	M	33	Andy	Dacey	Lliswerry Runners	0:43:05
44	189	M	40	Michael	Thomas		0:43:16
45	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
46	772	M	42	Michael	Ramsey		0:43:27
47	681	M	40	Howard	Thomas	Club 69	0:43:28
48	805	M	35	Giancarlo	Bianchi		0:43:38
49	754	M	52	Alan	Cole	Newport	0:43:45
50	143	M	43	Philip	Morgan		0:43:49
51	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
52	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
53	225	M	31	Beano	Moran		0:43:54
54	645	M	23	Oliver	Newcombe		0:43:55
55	46	M	39	MICHAEL	HARRY		0:43:56
56	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
57	539	M	20	Paul	Williams		0:43:58
58	207	M	31	Nigel	Nicholas		0:43:59
59	745	M	35	James	Ocaccaghan		0:44:01
60	374	M	33	PETER	SPRIGGS		0:44:03
61	732	M	48	Graham	Barlow		0:44:04
62	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
63	399	M	46	Michael	Marshall		0:44:08
64	552	M	41	Josh	Harry		0:44:09
65	545	M	46	Nigel	Griffiths		0:44:11
66	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
67	486	M	24	Nick	Davies		0:44:19
68	219	M	43	Steve	Martin		0:44:25
69	394	M	41	Jarmo	Suorsa		0:44:31
70	272	M	32	JAMES	BRUCE	Pegasus RC	0:44:33
71	469	M	28	Dean	Llewellyn	South Wales Police	0:44:36

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
73	464	M	40	Paul	Figgins		0:44:39
74	767	M	42	Simon	Warren		0:44:41
75	780	M	48	Peter	Deacon		0:44:46
76	658	M	32	Marcus	Coles	Les Croupiers	0:44:49
77	790	M	38	Dean	Packer		0:44:50
78	743	M	44	James	Hewitt		0:44:55
79	436	M	45	David	Bennett		0:45:12
80	23	M	44	DAVID	BARRETT		0:45:13
81	520	M	31	Gareth	Roberts		0:45:17
82	270	M	38	DARREN	THOMAS		0:45:20
83	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
84	140	M	38	Michael	Tong		0:45:23
85	721	M	46	Phil	Geddes		0:45:26
86	400	M	30	Andy	Shanahan	Pencoed Tri	0:45:37
87	660	M	44	Stephen	Cooper		0:45:40
88	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
89	517	M	31	Trystan	Edwards		0:45:44
90	59	M	26	GARETH	EVANS		0:45:45
91	164	M	27	Laurence	Gray		0:45:50
92	508	M	19	Craig	Harper		0:45:53
93	579	M	26	Marcus	Barrett		0:45:54
94	554	M	41	Gavin	Roberts		0:46:09
95	452	M	32	Richard	Jones		0:46:12
96	731	M	33	Jason	Lewis		0:46:24
97	393	M	39	Geraint	Evans		0:46:25
98	512	M	48	Howard	Cole		0:46:29
99	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
100	804	M	36	Paul	Ford	Brackla Harriers	0:46:35
101	573	M	21	James	Pierce		0:46:39
102	648	M	23	David	Dyer		0:46:39
103	777	M	36	Dafydd	Jones		0:46:40
104	783	M	22	Gareth	Howard		0:46:41
105	746	M	48	Peter	Jones		0:46:42
106	652	M	42	Mark	Rich		0:46:44
107	381	M	24	Ian	Ashton		0:46:46
108	112	M	43	Wayne	Holmes		0:46:48
109	463	M	29	Neil	Jones		0:46:50
110	533	M	35	GARY	JONES		0:46:51
111	172	M	24	Rhodri	Morris		0:46:53
112	108	M	37	Phillip	White		0:46:57
113	453	M	40	John	Lewis		0:46:59
114	405	M	29	Dan	Bailey		0:47:04
115	717	M	29	Neil	Cooksley		0:47:05
116	448	M	44	Stephen	Chambers		0:47:06
117	199	M	49	Andrew	Freedman		0:47:07
118	297	M	35	GERAINT	DAWE	BBC RUNNERS	0:47:13
119	569	M	46	Chris	Moore		0:47:14
120	48	M	23	PAUL	MEMBERY		0:47:16
121	156	M	43	Chris	Johns		0:47:17
122	735	M	18	Sean	McDonnell		0:47:19
123	696	M	43	Michael	Thomas		0:47:20
124	799	M	41	Roger	Bell	3Ms	0:47:22
125	137	M	32	Tom	Pearson		0:47:23
126	338	M	42	Chris	Matthews		0:47:24
127	637	M	17	Craig	Jenkins		0:47:29
128	555	M	48	Simon	Pinner		0:47:25
129	494	M	18	Chris	Griffiths		0:47:26
130	704	M	39	Jeff	Davies		0:47:31
131	238	M	31	Geoff	Jones		0:47:32
132	763	M	25	Neil	Pilliner		0:47:37
133	716	M	43	Philip	Hoskins		0:47:38
134	247	M	41	Bryan	Clemas		0:47:40
135	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
136	169	M	26	Michael	Johns		0:47:44
137	415	M	25	Benjamin	Tucker	Neath Harriers	0:47:45
138	736	M	50	Kieran	McDonnell		0:47:48
139	656	M	36	Rob	Johns		0:47:52
140	558	M	41	Ian	Warburton		0:47:53
141	644	M	36	Mike	Smith		0:47:55
142	220	M	39	Leighton	Roach		0:47:59
143	748	M	28	James	Cochoun		0:48:00
144	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
145	36	M	47	ANDREW	ROTHWELL		0:48:09
146	589	M	23	Ross	Williams		0:48:12
147	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
148	110	M	55	Geoffrey	Johnson		0:48:20

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
150	317	M	42	Mario	Rabaiotti		0:48:27
151	547	M	22	Matthew	Taylor		0:48:32
152	366	M	34	Mike	Griffiths	Team Deviant	0:48:37
153	498	M	29	Gwion	Llwyd		0:48:45
154	685	M	33	Johnny	Lam		0:48:46
155	691	M	39	Jeff	Thomas		0:48:54
156	313	M	30	Simon	Lane		0:48:55
157	733	M	28	Richard	Lloyd		0:48:56
158	586	M	47	Michael	Smith		0:49:00
159	611	M	48	JOHN	MARTIN		0:49:05
160	456	M	44	Simon	Reynolds		0:49:10
161	41	M	33	RICHARD	SIMPSON		0:49:11
162	187	M	43	Geraint	Evans		0:49:11
163	341	M	35	Jonathan	Pask		0:49:12
164	56	M	32	MATTHEW	SEAGER		0:49:13
165	509	M	30	Jonathan	Lewis		0:49:15
166	654	M	35	Brian	Cottan		0:49:17
167	632	M	42	James	Thomas	Brackla Harriers	0:49:21
168	111	M	33	Steve	Terry		0:49:22
169	496	M	46	Paul	Donoghue		0:49:23
170	433	M	30	Mark	Davies		0:49:25
171	340	M	40	David	Rowlands		0:49:27
172	443	M	32	Christian	Rees		0:49:28
173	531	M	40	NEIL	COLEMAN		0:49:29
174	260	M	51	Dave	Walker		0:49:29
175	694	M	52	Neil	Jellings		0:49:34
176	513	M	24	Joseph	Taylor		0:49:45
177	2	M	29	Gawain	Barnard		0:49:45
178	764	M	47	Alan	Hall		0:49:45
179	177	M	37	Neil	Morgan		0:49:46
180	145	M	16	Adam	Bater		0:49:46
181	744	M	32	Mark	Edwards		0:49:46
182	367	M	34	ROBERT	REES		0:49:47
183	752	M	32	Andrew	Wallis		0:49:47
184	124	M	32	Cennydd	Amos		0:49:48
185	321	M	33	Michael	Williams		0:49:57
186	407	M	26	Ryan	Jones		0:49:57
187	561	M	57	Keith	Starr		0:49:58
188	467	M	48	Andrew	Rees		0:49:58
189	695	M	52	Frank	William		0:49:58
190	807	M	26	Gareth	Bishop		0:49:59
191	782	M	17	Thomas	Lewis		0:49:59
192	450	M	57	John	Cunnane	100km Association	0:49:59
193	578	M	24	Stephen	Attwood		0:49:59
194	105	M	46	Mark	Aston		0:49:59
195	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
196	150	M	52	Mike	Lister	Les Croupiers	0:50:02
197	462	M	27	Gavin	Rees		0:50:02
198	481	M	37	Rhydwyn	Harris	Islwyn Running Club	0:50:03
199	738	M	31	John	Ferriday	Pegasus	0:50:06
200	138	M	31	Christian	Prewett		0:50:07
201	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
202	45	M	38	DARREN	JAMES		0:50:18
203	33	M	32	JAY	WILLIAMS		0:50:22
204	459	M	37	Emyr	Thomas		0:50:24
205	667	M	33	Martin	Groves		0:50:27
206	581	M	26	Gareth	Roberts		0:50:31
207	403	M	24	Andrew	Davies		0:50:32
208	295	M	44	DAVID	KAGED		0:50:35
209	739	M	51	Terry	Jones	Vistison	0:50:40
210	376	M	42	PATRICK	SPENCE		0:50:41
211	103	M	50	Martin	Heaven		0:50:45
212	213	M	41	Simon	Cogger		0:50:50
213	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
214	324	M	47	Edward	Fish		0:50:57
215	69	M	61	MICHAEL	DEADMAN		0:50:58
216	776	M	44	Brian	Jenkins	Vistison Running Club	0:51:00
217	701	M	55	Howard	Attwood	Llswerry Runners	0:51:01
218	346	M	43	Stuart	Keeping		0:51:10
219	419	M	26	Dean	Webster	3M Road Runners	0:51:17
220	737	M	38	Ceri	Evans	Celtic Tri	0:51:18
221	427	M	37	Billy	McWilliams		0:51:19
222	109	M	37	Steven	Israel		0:51:21
223	711	M	25	Peter	Murray		0:51:22
224	518	M	24	Dan	Davies		0:51:23
225	222	M	46	Kevin	O'Leary		0:51:29

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
226	492	M	48	Barry	Norris		0:51:29
227	380	M	40	Ray	Greenhouse		0:51:31
228	566	M	37	Mark	Morris	Port Talbot Harriers	0:51:32
229	282	M	35	ROBERT	WILLIAMS		0:51:35
230	390	M	31	Owen	Davies		0:51:38
231	613	M	24	RICHARD	GRIFFIN		0:51:41
232	101	M	32	SIMON	THOMAS		0:51:46
233	306	M	38	Richard	Cadogan	Rhondda Valley Runners	0:51:48
234	714	M	37	Mark	Blieasdale		0:51:51
235	570	M	40	David	Comery		0:51:55
236	550	M	50	Michael	Sullivan		0:51:56
237	233	M	34	Cenydd	James		0:51:57
238	800	M	35	Stephen	Birmingham		0:52:01
239	693	M	24	Adam	Shore		0:52:03
240	120	M	25	Matthew	Pitts		0:52:05
241	803	M	40	Paul	Gelly		0:52:06
242	522	M	42	David	Thomas	Sarn Helen	0:52:07
243	438	M	18	Adam	Davies		0:52:13
244	538	M	42	Eurig	Jenkins		0:52:19
245	719	M	27	Alun	Powell		0:52:19
246	201	M	33	Brendan	Healy		0:52:20
247	414	M	41	Nigel	Holbrook		0:52:20
248	497	M	32	Michael	Halsall		0:52:25
249	166	M	33	James	Webb		0:52:25
250	670	M	41	Paul	Molton		0:52:26
251	567	M	29	James	Davies		0:52:26
252	740	M	51	Tony	Frost		0:52:35
253	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
254	339	M	35	Edward	Harris		0:52:46
255	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
256	242	M	41	Mark	Vivian		0:52:55
257	641	M	41	John	Ivins		0:52:55
258	52	M	36	JONATHAN	WILSON		0:52:56
259	692	M	55	Terry	Shore		0:53:01
260	773	M	43	Dave	Thomas	Team Deviant	0:53:02
261	68	M	34	ANDREW	PICKETT		0:53:02
262	808	M	40	Richard	Hawkins		0:53:09
263	308	M	46	Jeffrey	Mogford		0:53:10
264	18	M	31	SIMON	BLEASDALE		0:53:10
265	77	M	19	OLIVER	WILLIAMS		0:53:10
266	765	M	45	Bob	Gardiner		0:53:11
267	597	M	37	JONATHAN	DAVIES	Islwyn Running Club	0:53:12
268	627	M	30	Michael	Pettit		0:53:12
269	72	M	35	CHRIS	MOLES		0:53:18
270	435	M	43	Mike	Parfitt		0:53:24
271	785	M	28	Mark	Gunn	Park Runners	0:53:30
272	217	M	37	Jonathan	Griffiths		0:53:36
273	361	M	52	David	Griffiths		0:53:46
274	358	M	44	Stephen	Woods		0:53:47
275	149	M	52	John	Harries		0:53:48
276	798	M	39	Gethin	Jones		0:53:49
277	551	M	45	Martin	Walker		0:53:53
278	628	M	55	Michael	Newman	Neath Harriers	0:53:53
279	673	M	55	Barry	James		0:53:54
280	629	M	45	Andrew	Gronert		0:53:55
281	635	M	51	Gerald	Gray		0:54:06
282	697	M	44	Paul	Rundle		0:54:06
283	16	M	31	KWOK	LEE	GLAMORGAN HEALTH & RACQUET C	0:54:06
284	730	M	34	Nick	Jones		0:54:07
285	15	M	34	DAVID	KEANE		0:54:07
286	540	M	34	Mark	Parsons		0:54:08
287	747	M	44	Andy	Bray		0:54:15
288	664	M	50	Paul	Bigmorw		0:54:16
289	107	M	42	Paul	Blake		0:54:26
290	734	M	51	Bernard	Henderson		0:54:29
291	168	M	42	Philip	Moore		0:54:35
292	478	M	55	Peter	Whittemore		0:54:35
293	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
294	228	M	39	Eryl	Tottle	Llswerry Runners	0:54:52
295	430	M	52	Dave	Charrett		0:54:54
296	585	M	53	Peter	Welbirg		0:55:04
297	638	M	39	Adrian	Hughes		0:55:07
298	408	M	27	Adrian	Beaumont		0:55:08
299	259	M	36	Simon	Davies		0:55:11
300	706	M	51	Wayne	Griffiths		0:55:19
301	173	M	29	Tim	Blacklock		0:55:20
302	296	M	46	JOHN	ALLEN		0:55:25

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
303	794	M	21	Thomas	Rees		0:55:25
304	519	M	24	Anthony	Simoncini		0:55:26
305	703	M	35	Steve	Burrow		0:55:26
306	283	M	15	AARON	STEPHENS		0:55:32
307	451	M	36	Aiden	Thomas		0:55:36
308	127	M	39	Mike	Rees		0:55:38
309	556	M	32	Dean	Saunders		0:55:38
310	113	M	47	Gary	Smith		0:55:39
311	758	M	34	Neil	Jones		0:55:53
312	759	M	59	Ken	Powney		0:55:54
313	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
314	236	M	34	Darren	Rixon		0:55:55
315	129	M	35	Stuart	Fraser		0:55:56
316	795	M	22	Dewi	Owen		0:55:57
317	241	M	57	Tony	Hall		0:56:02
318	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
319	490	M	43	Nigel	Gunn		0:56:05
320	766	M	36	Steven	Press	Team Wecori	0:56:05
321	422	M	33	Paul	Jones	Mumbles Milers	0:56:12
322	64	M	46	ANDREW	HOPKINS		0:56:13
323	53	M	57	COLIN	GARDNER		0:56:15
324	729	M	38	Alex	Williams		0:56:24
325	472	M	44	Graham	Chesterton		0:56:28
326	144	M	47	Ian	Warner		0:56:33
327	598	M	21	STUART	ADAMS		0:56:34
328	1	M	28	Andrew	Llewellyn		0:56:36
329	135	M	64	Howard	Morgan		0:56:39
330	254	M	56	Adrian	Deere-Jones		0:56:40
331	289	M	27	PHILL	LEWIS		0:56:48
332	702	M	41	Eddie	Bessant		0:56:49
333	58	M	39	DARRELL	MORGAN		0:56:51
334	524	M	38	Simon	Thomas		0:56:51
335	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
336	700	M	69	James	Johnson		0:56:56
337	679	M	35	Martin	Thornton		0:57:00
338	491	M	42	Steve	Morris		0:57:01
339	14	M	34	IAN	COLE		0:57:01
340	749	M	45	Thomas	Davies		0:57:01
341	661	M	48	Philip	Evans		0:57:08
342	479	M	32	Julian	Williams		0:57:08
343	355	M	43	Larry	Burford	Pegasus RC	0:57:09
344	582	M	34	Justin	Aylett		0:57:10
345	460	M	45	Marcus	Gale		0:57:10
346	119	M	28	Paul	Tucker		0:57:26
347	810	M	40	Gareth	Thomas		0:57:42
348	345	M	47	Paul	Andrews		0:57:42
349	183	M	51	Roger	Vince		0:57:43
350	792	M	25	Rhodri	Rees		0:57:43
351	453	M	40	John	Lewis		0:57:43
352	624	M	30	Andrew	Duggan		0:57:43
353	416	M	24	Ben	Griffiths		0:57:53
354	793	M	55	UK	Tucker		0:57:54
355	67	M	40	JOHN	PARKE		0:57:59
356	425	M	34	Paul	Crouch		0:58:03
357	353	M	42	Chris	Barnes		0:58:05
358	123	M	39	Phillip	Jones		0:58:10
359	437	M	64	Hadyn	Davies		0:58:11
360	809	M	28	Phillip	John		0:58:12
361	227	M	42	Eric	Frew		0:58:22
362	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
363	510	M	54	Ronald	Davies		0:58:28
364	608	M	37	KIRK	TAYLOR		0:58:33
365	784	M	52	Graham	Gunn		0:58:37
366	750	M	47	Andrew	Lane		0:58:40
367	769	M	38	Robert	Jones		0:58:47
368	191	M	50	David	Corcoran		0:58:48
369	594	M	44	LEN	CASLEY		0:58:51
370	102	M	38	Paul	Michael		0:58:53
371	631	M	36	Paul	Thomas		0:59:01
372	336	M	44	Mark	Rees		0:59:02
373	351	M	15	Michael	Burton		0:59:02
374	781	M	35	Martin	Wells		0:59:07
375	669	M	44	Stephen	Rohman		0:59:08
376	768	M	34	Phillip	Crockett		0:59:21
377	525	M	55	ROBERT	BROWN		0:59:32
378	757	M	56	Paul	Waite		0:59:45
379	274	M	47	HUW	GRIFFITHS		0:59:46

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
380	607	M	37	MIKE	ASHTON		0:59:47
381	787	M	57	Gary	Rees		0:59:48
382	412	M	60	Robert	Sheffield		0:59:54
383	180	M	33	Hywel	Watkins		0:59:59
384	337	M	34	Justin	Aleman		1:00:00
385	206	M	27	Paul	Lucas		1:00:04
386	224	M	63	Mike	Matthews		1:00:09
387	406	M	42	Andy	Rowlands		1:00:14
388	756	M	49	Nigel	Ferrand		1:00:14
389	484	M	29	Lee	Ashford		1:00:21
390	506	M	46	Nigel	Calcutt		1:00:26
391	663	M	40	Huw	Jones		1:00:26
392	609	M	48	DAVID	MORRIS		1:00:27
393	563	M	43	Andrew	Wall		1:00:37
394	521	M	34	Dylan	Hughes		1:00:41
395	592	M	37	Richard	Howe		1:00:41
396	751	M	43	Ian	Viveash		1:00:47
397	527	M	32	HUW	DAVIES		1:00:54
398	432	M	51	Philip	Griffiths		1:00:55
399	473	M	15	Ben	Chesterton		1:01:04
400	280	M	26	OWEN	MORRIS		1:01:12
401	674	M	25	ANDREW	RICHARDS		1:01:17
402	363	M	24	Gareth	Evans		1:01:23
403	354	M	26	Carl	Hanney		1:01:26
404	474	M	15	Marcus	Chesterton		1:01:34
405	659	M	23	Gary	Taylor	Mumbles Milers	1:01:58
406	801	M	36	Richard	Hesketh		1:02:00
407	429	M	36	Keri	Jones		1:02:24
408	543	M	54	Edward	Newman		1:02:24
409	565	M	39	Neil	Pugh		1:02:25
410	528	M	43	GARY	BATTELL		1:02:27
411	251	M	35	Mark	Cleland		1:02:33
412	28	M	46	MIKE	CLINCH		1:02:39
413	211	M	35	Jason	Lewis		1:02:53
414	75	M	45	LEE	ASPLAND		1:03:04
415	650	M	48	Nigel	Thomas		1:03:21
416	269	M	29	STEVEN	WALSH		1:03:32
417	334	M	41	John	O'Neil		1:03:40
418	755	M	22	Craig	Thomas		1:03:41
419	587	M	49	Graham	Singer		1:03:46
420	133	M	45	Phillip	Doel		1:03:58
421	80	M	25	GARETH	ROWE		1:04:09
422	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
423	705	M	49	Danny	Griffiths		1:04:22
424	542	M	51	Kevin	Llewellyn		1:04:57
425	185	M	52	John	Goodwin		1:05:01
426	261	M	24	Ashley	Lansdown		1:05:18
427	299	M	46	Wayne	Newton		1:05:48
428	88	M	36	ROBERT	WILLIAMS		1:05:55
429	564	M	50	Graeme	Thelwell		1:07:06
430	560	M	43	Manher	Solanki		1:07:12
431	24	M	46	ANTHONY	SUDWORTH		1:07:40
432	682	M	37	Steve	Evans		1:09:18
433	356	M	18	Joseph	Macpherson		1:09:21
434	372	M	35	MARTYN	LENTHALL		1:09:21
435	162	M	44	Clive	Hampton		1:09:26
436	332	M	58	Colin	Moody		1:10:14
437	215	M	30	Ceri	Davies		1:10:25
438	489	M	34	John	Arlott		1:10:50
439	618	M	30	GARETH	HARRIS		1:11:20
440	192	M	33	Robert	Mainwaring		1:13:17
441	688	M	35	James	Rabaiotti		1:13:21
442	141	M	51	Captain	Beany		1:13:23
443	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
444	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
2	359	M	41	Iain	Darby	DML Running Club	0:38:04
3	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
4	678	M	42	Graham	Jefferies		0:39:08
5	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
6	699	M	44	Phil	Adams	Neath Harriers	0:39:28
7	287	M	40	CHRIS	PARKER		0:40:20
8	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
9	548	M	44	Neil	Williams		0:41:25
10	195	M	42	Peter	Curran		0:40:41
11	391	M	48	Ron	Jenkins		0:41:35
12	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
13	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
14	477	M	46	Neil	Lewis		0:42:40
15	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
16	507	M	44	Ian	Jones		0:42:47
17	364	M	43	Jonathan	Smith		0:43:02
18	189	M	40	Michael	Thomas		0:43:16
19	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
20	772	M	42	Michael	Ramsey		0:43:27
21	681	M	40	Howard	Thomas	Club 69	0:43:28
22	754	M	52	Alan	Cole	Newport	0:43:45
23	143	M	43	Philip	Morgan		0:43:49
24	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
25	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
26	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
27	732	M	48	Graham	Barlow		0:44:04
28	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
29	399	M	46	Michael	Marshall		0:44:08
30	552	M	41	Josh	Harry		0:44:09
31	545	M	46	Nigel	Griffiths		0:44:11
32	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
33	219	M	43	Steve	Martin		0:44:25
34	394	M	41	Jarmo	Suorsa		0:44:31
35	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
36	464	M	40	Paul	Figgins		0:44:39
37	767	M	42	Simon	Warren		0:44:41
38	780	M	48	Peter	Deacon		0:44:46
39	743	M	44	James	Hewitt		0:44:55
40	436	M	45	David	Bennett		0:45:12
41	23	M	44	DAVID	BARRETT		0:45:13
42	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
43	721	M	46	Phil	Geddes		0:45:26
44	660	M	44	Stephen	Cooper		0:45:40
45	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
46	554	M	41	Gavin	Roberts		0:46:09
47	512	M	48	Howard	Cole		0:46:29
48	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
49	746	M	48	Peter	Jones		0:46:42
50	652	M	42	Mark	Rich		0:46:44
51	112	M	43	Wayne	Holmes		0:46:48
52	453	M	40	John	Lewis		0:46:59
53	448	M	44	Stephen	Chambers		0:47:06
54	199	M	49	Andrew	Freedman		0:47:07
55	569	M	46	Chris	Moore		0:47:14
56	156	M	43	Chris	Johns		0:47:17
57	696	M	43	Michael	Thomas		0:47:20
58	799	M	41	Roger	Bell	3Ms	0:47:22
59	338	M	42	Chris	Matthews		0:47:24
60	555	M	48	Simon	Pinner		0:47:25
61	716	M	43	Philip	Hoskins		0:47:38
62	247	M	41	Bryan	Clemas		0:47:40
63	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
64	736	M	50	Kieran	McDonnell		0:47:48
65	558	M	41	Ian	Warburton		0:47:53
66	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
67	36	M	47	ANDREW	ROTHWELL		0:48:09
68	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
69	110	M	55	Geoffrey	Johnson		0:48:20
70	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
71	317	M	42	Mario	Rabaiotti		0:48:27

10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	586	M	47	Michael	Smith		0:49:00
73	611	M	48	JOHN	MARTIN		0:49:05
74	456	M	44	Simon	Reynolds		0:49:10
75	187	M	43	Geraint	Evans		0:49:11
76	632	M	42	James	Thomas	Brackla Harriers	0:49:21
77	496	M	46	Paul	Donoghue		0:49:23
78	340	M	40	David	Rowlands		0:49:27
79	531	M	40	NEIL	COLEMAN		0:49:29
80	260	M	51	Dave	Walker		0:49:29
81	694	M	52	Neil	Jellings		0:49:34
82	764	M	47	Alan	Hall		0:49:45
83	561	M	57	Keith	Starr		0:49:58
84	467	M	48	Andrew	Rees		0:49:58
85	695	M	52	Frank	William		0:49:58
86	450	M	57	John	Cunnane	100km Association	0:49:59
87	105	M	46	Mark	Aston		0:49:59
88	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
89	150	M	52	Mike	Lister	Les Croupiers	0:50:02
90	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
91	295	M	44	DAVID	KAGED		0:50:35
92	739	M	51	Terry	Jones	Vistison	0:50:40
93	376	M	42	PATRICK	SPENCE		0:50:41
94	103	M	50	Martin	Heaven		0:50:45
95	213	M	41	Simon	Cogger		0:50:50
96	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
97	324	M	47	Edward	Fish		0:50:57
98	69	M	61	MICHAEL	DEADMAN		0:50:58
99	776	M	44	Brian	Jenkins	Vistion Running Club	0:51:00
100	701	M	55	Howard	Attwood	Liswerry Runners	0:51:01
101	346	M	43	Stuart	Keeping		0:51:10
102	222	M	46	Kevin	O'Leary		0:51:29
103	492	M	48	Barry	Norris		0:51:29
104	380	M	40	Ray	Greenhouse		0:51:31
105	570	M	40	David	Comery		0:51:55
106	550	M	50	Michael	Sullivan		0:51:56
107	803	M	40	Paul	Gelly		0:52:06
108	522	M	42	David	Thomas	Sarn Helen	0:52:07
109	538	M	42	Eurig	Jenkins		0:52:19
110	414	M	41	Nigel	Holbrook		0:52:20
111	670	M	41	Paul	Molton		0:52:26
112	740	M	51	Tony	Frost		0:52:35
113	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
114	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
115	242	M	41	Mark	Vivian		0:52:55
116	641	M	41	John	Ivins		0:52:55
117	692	M	55	Terry	Shore		0:53:01
118	773	M	43	Dave	Thomas	Team Deviant	0:53:02
119	808	M	40	Richard	Hawkins		0:53:09
120	308	M	46	Jeffrey	Mogford		0:53:10
121	765	M	45	Bob	Gardiner		0:53:11
122	435	M	43	Mike	Parfitt		0:53:24
123	361	M	52	David	Griffiths		0:53:46
124	358	M	44	Stephen	Woods		0:53:47
125	149	M	52	John	Harries		0:53:48
126	551	M	45	Martin	Walker		0:53:53
127	628	M	55	Michael	Newman	Neath Harriers	0:53:53
128	673	M	55	Barry	James		0:53:54
129	629	M	45	Andrew	Gronert		0:53:55
130	635	M	51	Gerald	Gray		0:54:06
131	697	M	44	Paul	Rundle		0:54:06
132	747	M	44	Andy	Bray		0:54:15
133	664	M	50	Paul	Bigmorw		0:54:16
134	107	M	42	Paul	Blake		0:54:26
135	734	M	51	Bernard	Henderson		0:54:29
136	168	M	42	Philip	Moore		0:54:35
137	478	M	55	Peter	Whittemore		0:54:35
138	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
139	430	M	52	Dave	Charrett		0:54:54
140	585	M	53	Peter	Welbirg		0:55:04
141	706	M	51	Wayne	Griffiths		0:55:19
142	296	M	46	JOHN	ALLEN		0:55:25
143	113	M	47	Gary	Smith		0:55:39
144	759	M	59	Ken	Powney		0:55:54
145	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
146	241	M	57	Tony	Hall		0:56:02
147	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
148	490	M	43	Nigel	Gunn		0:56:05

10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	64	M	46	ANDREW	HOPKINS		0:56:13
150	53	M	57	COLIN	GARDNER		0:56:15
151	472	M	44	Graham	Chesterton		0:56:28
152	144	M	47	Ian	Warner		0:56:33
153	135	M	64	Howard	Morgan		0:56:39
154	254	M	56	Adrian	Deere-Jones		0:56:40
155	702	M	41	Eddie	Bessant		0:56:49
156	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
157	700	M	69	James	Johnson		0:56:56
158	491	M	42	Steve	Morris		0:57:01
159	749	M	45	Thomas	Davies		0:57:01
160	661	M	48	Philip	Evans		0:57:08
161	355	M	43	Larry	Burford	Pegasus RC	0:57:09
162	460	M	45	Marcus	Gale		0:57:10
163	810	M	40	Gareth	Thomas		0:57:42
164	345	M	47	Paul	Andrews		0:57:42
165	183	M	51	Roger	Vince		0:57:43
166	453	M	40	John	Lewis		0:57:43
167	793	M	55	UK	Tucker		0:57:54
168	67	M	40	JOHN	PARKE		0:57:59
169	353	M	42	Chris	Barnes		0:58:05
170	437	M	64	Hadyn	Davies		0:58:11
171	227	M	42	Eric	Frew		0:58:22
172	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
173	510	M	54	Ronald	Davies		0:58:28
174	784	M	52	Graham	Gunn		0:58:37
175	750	M	47	Andrew	Lane		0:58:40
176	191	M	50	David	Corcoran		0:58:48
177	594	M	44	LEN	CASLEY		0:58:51
178	336	M	44	Mark	Rees		0:59:02
179	669	M	44	Stephen	Rohman		0:59:08
180	525	M	55	ROBERT	BROWN		0:59:32
181	757	M	56	Paul	Waite		0:59:45
182	274	M	47	HUW	GRIFFITHS		0:59:46
183	787	M	57	Gary	Rees		0:59:48
184	412	M	60	Robert	Sheffield		0:59:54
185	224	M	63	Mike	Matthews		1:00:09
186	406	M	42	Andy	Rowlands		1:00:14
187	756	M	49	Nigel	Ferrand		1:00:14
188	506	M	46	Nigel	Calcutt		1:00:26
189	663	M	40	Huw	Jones		1:00:26
190	609	M	48	DAVID	MORRIS		1:00:27
191	563	M	43	Andrew	Wall		1:00:37
192	751	M	43	Ian	Viveash		1:00:47
193	432	M	51	Philip	Griffiths		1:00:55
194	543	M	54	Edward	Newman		1:02:24
195	528	M	43	GARY	BATTELL		1:02:27
196	28	M	46	MIKE	CLINCH		1:02:39
197	75	M	45	LEE	ASPLAND		1:03:04
198	650	M	48	Nigel	Thomas		1:03:21
199	334	M	41	John	O'Neil		1:03:40
200	587	M	49	Graham	Singer		1:03:46
201	133	M	45	Phillip	Doel		1:03:58
202	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
203	705	M	49	Danny	Griffiths		1:04:22
204	542	M	51	Kevin	Llewellyn		1:04:57
205	185	M	52	John	Goodwin		1:05:01
206	299	M	46	Wayne	Newton		1:05:48
207	564	M	50	Graeme	Thelwell		1:07:06
208	560	M	43	Manher	Solanki		1:07:12
209	24	M	46	ANTHONY	SUDWORTH		1:07:40
210	162	M	44	Clive	Hampton		1:09:26
211	332	M	58	Colin	Moody		1:10:14
212	141	M	51	Captain	Beany		1:13:23
213	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
214	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot
Sunday 4 December 2005

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10k : Male : over 50

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
2	754	M	52	Alan	Cole	Newport	0:43:45
3	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
4	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
5	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
6	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
7	736	M	50	Kieran	McDonnell		0:47:48
8	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
9	110	M	55	Geoffrey	Johnson		0:48:20
10	260	M	51	Dave	Walker		0:49:29
11	694	M	52	Neil	Jellings		0:49:34
12	561	M	57	Keith	Starr		0:49:58
13	695	M	52	Frank	William		0:49:58
14	450	M	57	John	Cunnane	100km Association	0:49:59
15	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
16	150	M	52	Mike	Lister	Les Croupiers	0:50:02
17	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
18	739	M	51	Terry	Jones	Vistison	0:50:40
19	103	M	50	Martin	Heaven		0:50:45
20	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
21	69	M	61	MICHAEL	DEADMAN		0:50:58
22	701	M	55	Howard	Attwood	Lliswerry Runners	0:51:01
23	550	M	50	Michael	Sullivan		0:51:56
24	740	M	51	Tony	Frost		0:52:35
25	692	M	55	Terry	Shore		0:53:01
26	361	M	52	David	Griffiths		0:53:46
27	149	M	52	John	Harries		0:53:48
28	628	M	55	Michael	Newman	Neath Harriers	0:53:53
29	673	M	55	Barry	James		0:53:54
30	635	M	51	Gerald	Gray		0:54:06
31	664	M	50	Paul	Bigmorw		0:54:16
32	734	M	51	Bernard	Henderson		0:54:29
33	478	M	55	Peter	Whittemore		0:54:35
34	430	M	52	Dave	Charrett		0:54:54
35	585	M	53	Peter	Welbirg		0:55:04
36	706	M	51	Wayne	Griffiths		0:55:19
37	759	M	59	Ken	Powney		0:55:54
38	241	M	57	Tony	Hall		0:56:02
39	53	M	57	COLIN	GARDNER		0:56:15
40	135	M	64	Howard	Morgan		0:56:39
41	254	M	56	Adrian	Deere-Jones		0:56:40
42	700	M	69	James	Johnson		0:56:56
43	183	M	51	Roger	Vince		0:57:43
44	793	M	55	UK	Tucker		0:57:54
45	437	M	64	Hadyn	Davies		0:58:11
46	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
47	510	M	54	Ronald	Davies		0:58:28
48	784	M	52	Graham	Gunn		0:58:37
49	191	M	50	David	Corcoran		0:58:48
50	525	M	55	ROBERT	BROWN		0:59:32
51	757	M	56	Paul	Waite		0:59:45
52	787	M	57	Gary	Rees		0:59:48
53	412	M	60	Robert	Sheffield		0:59:54
54	224	M	63	Mike	Matthews		1:00:09
55	432	M	51	Philip	Griffiths		1:00:55
56	543	M	54	Edward	Newman		1:02:24
57	542	M	51	Kevin	Llewellyn		1:04:57
58	185	M	52	John	Goodwin		1:05:01
59	564	M	50	Graeme	Thelwell		1:07:06
60	332	M	58	Colin	Moody		1:10:14
61	141	M	51	Captain	Beany		1:13:23
62	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
63	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male : aged 15-18

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	735	M	18	Sean	McDonnell		0:47:19
2	637	M	17	Craig	Jenkins		0:47:29
3	494	M	18	Chris	Griffiths		0:47:26
4	145	M	16	Adam	Bater		0:49:46
5	782	M	17	Thomas	Lewis		0:49:59
6	438	M	18	Adam	Davies		0:52:13
7	283	M	15	AARON	STEPHENS		0:55:32
8	351	M	15	Michael	Burton		0:59:02
9	473	M	15	Ben	Chesterton		1:01:04
10	474	M	15	Marcus	Chesterton		1:01:34
11	356	M	18	Joseph	Macpherson		1:09:21

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

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10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	720	F	26	Laura	Jackson	Cardiff University Harriers	0:41:17
2	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
3	718	F	35	Jaime	Ortiz-Canavate		0:42:53
4	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
5	200	F	32	Samantha	Healy		0:44:23
6	420	F	26	Heidi	Selch		0:44:52
7	515	F	37	Catherine	Darby	DML Running Club	0:45:02
8	802	F	25	Sharon	Ford	Brackla Harriers	0:45:42
9	726	F	26	Rebecca	Jones	Port Talbot Harriers	0:45:55
10	248	F	38	Kate	Rees		0:46:55
11	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
12	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
13	760	F	42	Jane	Buck	Cardigan	0:47:41
14	574	F	37	Helen	Eve		0:49:16
15	653	F	32	Marie	Buchanan		0:49:26
16	194	F	40	Lynn	Goward		0:49:42
17	470	F	30	Angharad	Roberts	Les Croupiers	0:50:38
18	549	F	28	Emma	Washburn		0:50:39
19	715	F	29	Carol	Moseley		0:50:42
20	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
21	409	F	37	Andrea	Phillips		0:51:00
22	620	F	20	LORNA	HICKS	Les Croupiers	0:51:01
23	62	F	30	DAISY	SEABOURNE		0:51:02
24	66	F	21	MELISSA	BLYTH		0:51:28
25	39	F	39	KATE	PHILLIPS		0:51:30
26	541	F	33	Mandy	Morris	Neath Harriers	0:51:45
27	387	F	26	Anna	Chambers		0:52:12
28	493	F	16	Isobel	Norris		0:52:17
29	240	F	31	Natalie	Parsons		0:52:21
30	389	F	33	Diane	Brownhill	Womens Running Network	0:52:29
31	54	F	22	SARAH	RHODES		0:52:36
32	121	F	28	Eleri	Price		0:52:41
33	590	F	30	Paula	Strong		0:53:13
34	722	F	42	Pip	Francis		0:53:14
35	646	F	39	Vanessa	Turnbull		0:53:15
36	411	F	45	Dawn	French	3M Road Runners	0:53:38
37	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
38	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
39	384	F	37	Jane	Voyle		0:54:07
40	404	F	25	Mair	Lewis		0:54:08
41	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
42	557	F	43	Beverley	Warburton		0:54:51
43	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
44	633	F	45	Christine	Jones	Multisport RC	0:55:17
45	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
46	603	F	25	EMMA	THOMAS	FITNESS FIRST	0:55:44
47	99	F	40	DEBBIE	POTTER		0:55:45
48	277	F	33	ELEN	WILLIS	Les Croupiers	0:55:49
49	378	F	41	Melanie	Bent		0:55:50
50	237	F	31	Louise	Rixon		0:55:56
51	671	F	38	Ceri	White		0:56:04
52	788	F	34	Janice	Doyle		0:56:05
53	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
54	160	F	28	Andrea	Wilson		0:56:25
55	159	F	37	Rachel	Gardiner		0:56:25
56	728	F	33	Andrea	Williams		0:56:27
57	250	F	25	Christine	O'Byrne	U W Swansea Running Club	0:56:52
58	93	F	24	KATE	McNAMARA	Les Croupiers	0:56:53
59	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
60	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
61	619	F	28	SARAH	HUDSON		0:57:09
62	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
63	122	F	38	Sarah	Morris		0:57:11
64	130	F	33	Helen	Fraser		0:57:23
65	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
66	791	F	37	Sarah	packer		0:57:30
67	423	F	43	Andrea	Hamer		0:57:30
68	57	F	45	TERRYL	MORGAN		0:57:31
69	51	F	40	DEBORAH	HOPE		0:57:42
70	606	F	36	LINDA	TAYLOR		0:57:42
71	377	F	35	Tamara	Hillman		0:57:42

10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	132	F	36	Sharon	Edelstyn		0:57:43
73	327	F	25	Melony	Brown		0:57:52
74	385	F	30	Clare	Hingott		0:57:56
75	639	F	43	Claire	James		0:57:57
76	1074	F	36	Sue	Harris		0:57:58
77	495	F	56	Kath	Evans		0:58:03
78	625	F	30	Amanda	Duggan		0:58:04
79	480	F	32	Kristina	Williams	Team Deviant	0:58:04
80	562	F	33	Sue	Murray		0:58:18
81	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
82	413	F	37	Cath	Rowlands		0:58:33
83	612	F	18	SALLY	MARTIN		0:58:36
84	568	F	39	Julie	Donovan		0:58:40
85	343	F	34	Ceri	Jones		0:58:41
86	86	F	26	ALISON	ELLIOTT	Les Croupiers	0:59:01
87	186	F	29	Sarah	Dodd		0:59:08
88	789	F	40	Jane	Dawson		0:59:20
89	428	F	50	Sian	Brown		0:59:27
90	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
91	326	F	29	Sian	Arfon		0:59:39
92	285	F	33	CLARE	SHEARS		0:59:51
93	153	F	29	Eleanor	Hale		1:00:02
94	13	F	23	TAMSIN	PEARCE		1:00:03
95	278	F	33	CATHERINE	CRIMMINS	Les Croupiers	1:00:05
96	223	F	59	Heather	Payton	Trent Park RC	1:00:09
97	255	F	49	Elaine	Davies		1:00:10
98	418	F	37	Rachel	Evans		1:00:13
99	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
100	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
101	774	F	28	Anne	Jones		1:00:25
102	499	F	33	Meinir	Llwyd		1:00:26
103	176	F	45	Catherine	Richards		1:00:26
104	502	F	33	Sasha	Macken	Les Croupiers	1:00:26
105	179	F	30	Sally	Hartnell	Womens Running Network	1:00:30
106	604	F	29	STELLA	RUDD	FITNESS FIRST	1:00:31
107	505	F	43	Deborah	Mitchell		1:00:32
108	325	F	34	Susan	John		1:00:32
109	468	F	49	Pauline	Rees		1:00:32
110	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
111	383	F	51	Anne	Roberts		1:00:46
112	256	F	27	Sian	Roberts		1:01:03
113	657	F	38	Nicola	Parkinson		1:01:06
114	365	F	42	Jane	Chappelle		1:01:11
115	402	F	26	Dawn	Edwards		1:01:18
116	30	F	17	AMY	CLINCH		1:01:18
117	455	F	48	Julie	Williams		1:01:18
118	397	F	32	Heather	Smith		1:01:22
119	672	F	38	Sarah	Bracken		1:01:35
120	441	F	40	Alison	Powis	Les Croupiers	1:01:36
121	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
122	476	F	41	Sue	Bennett		1:01:39
123	263	F	32	Emily	Moore		1:01:45
124	276	F	23	ABBY	JENKINS		1:02:03
125	439	F	39	Jennifer	Stone		1:02:24
126	471	F	42	Suzanne	Chesterton		1:02:27
127	252	F	32	Jaci	Thomas		1:02:33
128	503	F	30	Romina	Carabott		1:02:35
129	152	F	33	Jo	Lewis		1:02:50
130	90	F	51	JAYNE	EVANS		1:02:57
131	197	F	38	Beverly	Rogers		1:02:57
132	134	F	35	Julie	Gething	Womens Running Network	1:02:58
133	76	F	34	BECI	ASPLAND	Womens Running Network	1:02:58
134	444	F	38	Debbie	Shuffley		1:03:05
135	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
136	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
137	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
138	475	F	49	Myriam	Bonduelle		1:03:22
139	171	F	54	Pat	Seabourne		1:03:28
140	333	F	42	Vicki	O'Neil		1:03:39
141	22	F	39	SARAH	PLUMMER		1:03:42
142	446	F	58	Margaret	Barrett		1:03:47
143	284	F	24	REBECCA	MURPHY		1:03:53
144	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
145	94	F	32	RUTH	HAYTON		1:04:21
146	257	F	30	Candace	Hsieh		1:04:30
147	741	F	51	Lorenza	Thomas		1:04:35
148	63	F	43	CATH	HOPKINS		1:04:42

10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	698	F	49	Cathryn	Russell		1:04:48
150	89	F	27	KATHERINE	DUERDOTH		1:04:49
151	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
152	286	F	29	VICTORIA	RODERICK		1:04:59
153	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
154	262	F	25	Caitriona	Murphy		1:05:17
155	779	F	47	Dilys	Morris-Jones		1:05:18
156	174	F	42	Carolyn	Williams		1:05:23
157	161	F	29	Rhian	Jones		1:05:24
158	347	F	40	Liz	Mallen		1:05:39
159	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
160	401	F	43	Jayne	Moulton		1:05:50
161	118	F	40	SARAH	Bowden		1:05:57
162	588	F	26	Joanne	Greenwood	Les Croupiers	1:06:20
163	742	F	21	Lisa	Thomas		1:06:24
164	526	F	45	CERI	JONES		1:06:32
165	577	F	34	Catherine	Tossell		1:06:43
166	530	F	41	DIANE	MCTAVISH		1:06:46
167	264	F	45	Paula	Thomas		1:07:03
168	445	F	45	Ceri	Harnett		1:08:55
169	70	F	38	CHENETTE	THOMAS		1:07:33
170	458	F	25	Mary	Beech		1:07:39
171	205	F	28	Caroline	Brockington		1:08:12
172	544	F	39	Carol	Rogers		1:08:41
173	617	F	27	HELEDD	PARRY		1:09:14
174	181	F	32	Kathy	Roberts		1:09:15
175	96	F	42	CATRIN	SAUNDERS		1:09:16
176	163	F	44	Kay	Hampton		1:09:22
177	158	F	30	Lori	Button	Womens Running Network	1:09:27
178	595	F	32	MOLLY	MELHUIH		1:09:29
179	665	F	45	Krysia	Lewandowski		1:09:53
180	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
181	258	F	25	Katherine	Lee		1:10:16
182	395	F	37	Sarah	Ladd		1:10:24
183	216	F	34	Louise	Kinsey		1:10:26
184	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
185	298	F	40	JANE	LEATHEREN		1:10:48
186	709	F	26	Gemma	Williams		1:10:57
187	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
188	198	F	43	Julie	Hammett		1:11:38
189	529	F	43	HELEN	MCTAVISH		1:11:46
190	344	F	42	Alexandra	Aubrey		1:11:58
191	331	F	25	Sian	Williams		1:13:48
192	81	F	51	SIAN	COLE		1:13:50
193	167	F	46	Gill	Ellis		1:14:03
194	281	F	23	ISOBEL	ADAMS		1:14:13
195	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
196	434	F	40	Ceri	Spencer		1:14:49
197	596	F	29	PRUDENCE	MELHUIH		1:14:49
198	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
199	330	F	44	Catrin	Clarke		1:15:06
200	591	F	27	Laura	Maguire		1:15:52
201	614	F	41	Pauline	Collier		1:16:07
202	666	F	15	Zosia	Lewandowski		1:16:17
203	29	F	42	CHARMAINE	CLINCH		1:16:28
204	117	F	45	Deborah	Walker		1:16:34
205	447	F	32	Jackie	McDonald		1:16:35
206	188	F	34	Joanne	Parry		1:16:38
207	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
208	640	F	40	Wendy	Ivins		1:16:56
209	352	F	37	Suzanne	Thomas		1:18:28
210	370	F	52	SHAARON	PRATT		1:19:53
211	687	F	23	Kay	Lewis		1:23:51
212	689	F	23	Abigail	Bullock		1:23:52

RNLI REINDEER RUN

Margam Park, Port Talbot
Sunday 4 December 2005

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10k : Female : over 35

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
2	718	F	35	Jaime	Ortiz-Canavate		0:42:53
3	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
4	515	F	37	Catherine	Darby	DML Running Club	0:45:02
5	248	F	38	Kate	Rees		0:46:55
6	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
7	760	F	42	Jane	Buck	Cardigan	0:47:41
8	574	F	37	Helen	Eve		0:49:16
9	194	F	40	Lynn	Goward		0:49:42
10	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
11	409	F	37	Andrea	Phillips		0:51:00
12	39	F	39	KATE	PHILLIPS		0:51:30
13	722	F	42	Pip	Francis		0:53:14
14	646	F	39	Vanessa	Turnbull		0:53:15
15	411	F	45	Dawn	French	3M Road Runners	0:53:38
16	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
17	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
18	384	F	37	Jane	Voyle		0:54:07
19	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
20	557	F	43	Beverley	Warburton		0:54:51
21	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
22	633	F	45	Christine	Jones	Multisport RC	0:55:17
23	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
24	99	F	40	DEBBIE	POTTER		0:55:45
25	378	F	41	Melanie	Bent		0:55:50
26	671	F	38	Ceri	White		0:56:04
27	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
28	159	F	37	Rachel	Gardiner		0:56:25
29	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
30	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
31	122	F	38	Sarah	Morris		0:57:11
32	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
33	791	F	37	Sarah	packer		0:57:30
34	423	F	43	Andrea	Hamer		0:57:30
35	57	F	45	TERRYL	MORGAN		0:57:31
36	51	F	40	DEBORAH	HOPE		0:57:42
37	606	F	36	LINDA	TAYLOR		0:57:42
38	377	F	35	Tamara	Hillman		0:57:42
39	132	F	36	Sharon	Edelstyn		0:57:43
40	639	F	43	Claire	James		0:57:57
41	1074	F	36	Sue	Harris		0:57:58
42	495	F	56	Kath	Evans		0:58:03
43	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
44	413	F	37	Cath	Rowlands		0:58:33
45	568	F	39	Julie	Donovan		0:58:40
46	789	F	40	Jane	Dawson		0:59:20
47	428	F	50	Sian	Brown		0:59:27
48	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
49	223	F	59	Heather	Payton	Trent Park RC	1:00:09
50	255	F	49	Elaine	Davies		1:00:10
51	418	F	37	Rachel	Evans		1:00:13
52	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
53	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
54	176	F	45	Catherine	Richards		1:00:26
55	505	F	43	Deborah	Mitchell		1:00:32
56	468	F	49	Pauline	Rees		1:00:32
57	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
58	383	F	51	Anne	Roberts		1:00:46
59	657	F	38	Nicola	Parkinson		1:01:06
60	365	F	42	Jane	Chappelle		1:01:11
61	455	F	48	Julie	Williams		1:01:18
62	672	F	38	Sarah	Bracken		1:01:35
63	441	F	40	Alison	Powis	Les Croupiers	1:01:36
64	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
65	476	F	41	Sue	Bennett		1:01:39
66	439	F	39	Jennifer	Stone		1:02:24
67	471	F	42	Suzanne	Chesterton		1:02:27
68	90	F	51	JAYNE	EVANS		1:02:57
69	197	F	38	Beverly	Rogers		1:02:57
70	134	F	35	Julie	Gething	Womens Running Network	1:02:58
71	444	F	38	Debbie	Shuffley		1:03:05

10k : Female : over 35

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
73	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
74	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
75	475	F	49	Myriam	Bonduelle		1:03:22
76	171	F	54	Pat	Seabourne		1:03:28
77	333	F	42	Vicki	O'Neil		1:03:39
78	22	F	39	SARAH	PLUMMER		1:03:42
79	446	F	58	Margaret	Barrett		1:03:47
80	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
81	741	F	51	Lorenza	Thomas		1:04:35
82	63	F	43	CATH	HOPKINS		1:04:42
83	698	F	49	Cathryn	Russell		1:04:48
84	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
85	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
86	779	F	47	Dilys	Morris-Jones		1:05:18
87	174	F	42	Carolyn	Williams		1:05:23
88	347	F	40	Liz	Mallen		1:05:39
89	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
90	401	F	43	Jayne	Moulton		1:05:50
91	118	F	40	SARAH	Bowden		1:05:57
92	526	F	45	CERI	JONES		1:06:32
93	530	F	41	DIANE	MCTAVISH		1:06:46
94	264	F	45	Paula	Thomas		1:07:03
95	445	F	45	Ceri	Harnett		1:08:55
96	70	F	38	CHENETTE	THOMAS		1:07:33
97	544	F	39	Carol	Rogers		1:08:41
98	96	F	42	CATRIN	SAUNDERS		1:09:16
99	163	F	44	Kay	Hampton		1:09:22
100	665	F	45	Krysia	Lewandowski		1:09:53
101	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
102	395	F	37	Sarah	Ladd		1:10:24
103	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
104	298	F	40	JANE	LEATHEREN		1:10:48
105	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
106	198	F	43	Julie	Hammett		1:11:38
107	529	F	43	HELEN	MCTAVISH		1:11:46
108	344	F	42	Alexandra	Aubrey		1:11:58
109	81	F	51	SIAN	COLE		1:13:50
110	167	F	46	Gill	Ellis		1:14:03
111	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
112	434	F	40	Ceri	Spencer		1:14:49
113	330	F	44	Catrin	Clarke		1:15:06
114	614	F	41	Pauline	Collier		1:16:07
115	29	F	42	CHARMAINE	CLINCH		1:16:28
116	117	F	45	Deborah	Walker		1:16:34
117	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
118	640	F	40	Wendy	Ivins		1:16:56
119	352	F	37	Suzanne	Thomas		1:18:28
120	370	F	52	SHAARON	PRATT		1:19:53

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Female : over 45

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
2	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
3	411	F	45	Dawn	French	3M Road Runners	0:53:38
4	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
5	633	F	45	Christine	Jones	Multisport RC	0:55:17
6	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
7	57	F	45	TERRYL	MORGAN		0:57:31
8	495	F	56	Kath	Evans		0:58:03
9	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
10	428	F	50	Sian	Brown		0:59:27
11	223	F	59	Heather	Payton	Trent Park RC	1:00:09
12	255	F	49	Elaine	Davies		1:00:10
13	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
14	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
15	176	F	45	Catherine	Richards		1:00:26
16	468	F	49	Pauline	Rees		1:00:32
17	383	F	51	Anne	Roberts		1:00:46
18	455	F	48	Julie	Williams		1:01:18
19	90	F	51	JAYNE	EVANS		1:02:57
20	475	F	49	Myriam	Bonduelle		1:03:22
21	171	F	54	Pat	Seabourne		1:03:28
22	446	F	58	Margaret	Barrett		1:03:47
23	741	F	51	Lorenza	Thomas		1:04:35
24	698	F	49	Cathryn	Russell		1:04:48
25	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
26	779	F	47	Dilys	Morris-Jones		1:05:18
27	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
28	526	F	45	CERI	JONES		1:06:32
29	264	F	45	Paula	Thomas		1:07:03
30	445	F	45	Ceri	Harnett		1:08:55
31	665	F	45	Krysia	Lewandowski		1:09:53
32	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
33	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
34	81	F	51	SIAN	COLE		1:13:50
35	167	F	46	Gill	Ellis		1:14:03
36	117	F	45	Deborah	Walker		1:16:34
37	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
38	370	F	52	SHAARON	PRATT		1:19:53

RNLI REINDEER RUN

Margam Park, Port Talbot

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10k : Female : aged 15-18

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
2	493	F	16	Isobel	Norris		0:52:17
3	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
4	612	F	18	SALLY	MARTIN		0:58:36
5	30	F	17	AMY	CLINCH		1:01:18
6	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
7	666	F	15	Zosia	Lewandowski		1:16:17

RNLI REINDEER RUN

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Sunday 4 December 2005

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5k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1077	M	14	Adam	Marshall	Neath Harriers	0:19:05
2	1190	M	27	Dee	Buchanan		0:20:03
3	1199	M	36	Simon	Beer		0:20:26
4	1123	M	15	Glen	Harper		0:20:43
5	1167	M	29	Iwan	James		0:21:52
6	1197	M	12	Matthew	O'Leary	Neath Harriers	0:22:07
7	1187	F	12	Zoe	Thomas		0:22:16
8	1219	M	58	Clive	James	Midland Vets AC	0:22:34
9	1206	M	23	Daniel	Wood		0:22:56
10	1062	M	14	Jack	Newton	Celtic Tri	0:23:05
11	1211	M	10	Jonathan	Walker		0:23:11
12	1107	M	38	Wayne	Warner		0:23:12
13	1020	M	14	Jonathan	Simpson		0:23:26
14	1031	M	12	Ieuan	Evans		0:23:33
15	1213	M	58	Clive	James	Midland Vets AC	0:23:33
16	1078	F	46	Tanis	Hand	TROTS	0:24:11
17	1214	M	58	Clive	James	Midland Vets AC	0:24:12
18	1216	M	58	Clive	James	Midland Vets AC	0:24:16
19	1005	F	14	JOANNA	ROTHWELL		0:24:17
20	1202			unknown	athlete		0:24:17
21	304	M	53	Mike	Richards		0:24:18
22	305	M	22	Darren	Richards		0:24:18
23	1021	M	13	Alex	John		0:24:56
24	1184	M	11	Jack	Parrish		0:25:02
25	1073	M	10	George	Chappelle		0:25:03
26	1072	M	44	Michael	Chappelle		0:25:05
27	1114	F	20	Sara	Griffiths	Neath Harriers	0:25:12
28	1096	F	13	Ffion	Chambers		0:25:13
29	1204	M	30	Matthew	Rossi		0:25:29
30	1198	F	16	Lauren	Ferrand		0:25:38
31	1068	F	26	Anna	Porazinski		0:25:57
32	1220	M	58	Clive	James	Midland Vets AC	0:26:00
33	1191	M	22	Amir	Ali		0:26:05
34	1207	F	25	Kelly	Morgan	Pontypridd Rodents	0:26:14
35	1079	F	17	Charlie	Ratcliffe	TROTS	0:26:21
36	1019	F	29	Kirsten	Tucker		0:26:22
37	1059	F	33	Janet	Allen		0:26:31
38	1003	F	35	KIM	DODD		0:26:35
39	1203	F	21	Emma	James		0:26:49
40	1215	M	58	Clive	James	Midland Vets AC	0:26:52
41	1093	M	21	Clifford	Jones		0:26:53
42	1161	F	13	Sophie	Wheeler		0:26:57
43	1159	M	62	Arthur	Yarranton		0:27:01
44	1183	M	67	John	Graham		0:27:13
45	1110	F	45	Elizabeth	Steed		0:27:19
46	165	F	44	Linda	Evans	Brackla Harriers	0:27:20
47	1022	M	55	James	John		0:27:23
48	1127	M	37	PAUL	MORGAN		0:27:24
49	1153	M	23	Yin	Tang		0:27:57
50	1177	F	49	Helen	Parry		0:28:09
51	1043	M	38	Paul	Wesson		0:28:11
52	1137	M	38	Stephen	Howbridge		0:28:20
53	1146	M	32	Martin	Whatty		0:28:22
54	1173	M	15	Nicky	Reid		0:28:32
55	1195	F	47	Hazel	Retallick	Prestige Pacers	0:28:38
56	1170	F	43	Andrea	Bowen		0:28:41
57	1044	F	34	Anne	Wesson		0:28:42
58	1163	M	27	Craig	Barker		0:28:47
59	1196	F	53	Diane	Davies		0:28:47
60	1049	M	15	Matthew	Gillings		0:28:47
61	1160	F	41	Wendy	Yarranton		0:29:02
62	1065	M	16	Luke	Burnell		0:29:10
63	1188	M	10	Alex	Thomas		0:29:11
64	1071	F	40	Elisabeth	Star		0:29:12
65	1186	F	40	Ceri	Thomas		0:29:16
66	1056	M	16	Huw	Cowley		0:29:21
67	1142	M	10	Joshua	Burgess		0:29:22
68	1141	F	46	Julie	Davies		0:29:35
69	1169	F	31	Joceline	Keenan		0:29:36
70	1192	F	25	Sarah	Drake		0:29:44
71	1112	F	10	Kim	Pullinger		0:29:54

5k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	1111	M	47	Steve	Pullinger		0:29:58
73	1193	F	24	Erin	Smyth		0:29:59
74	1138	F	35	Annette	Morris		0:30:11
75	1063	F	12	Abigail	Jones		0:30:14
76	1152	F	30	Rachel	Ovett		0:30:16
77	1010	M	17	JACK	MORGANS		0:30:35
78	1009	F	44	TRACY	MORGANS		0:30:45
79	1012	M	14	NIALL	HOPKINS		0:30:47
80	1212	F	25	Clare	Pendleton		0:30:50
81	1201	F	33	Fiona	Pilliner		0:30:51
82	1119	F	34	Rachel	Ace		0:31:14
83	1120	F	32	Liz	Brown		0:31:16
84	1218	M	58	Clive	James	Midland Vets AC	0:31:27
85	1008	F	25	ALLISON	LIPP		0:31:28
86	1134	F	42	Tracey	Pollock		0:31:29
87	1135	F	42	Lisa	Johns		0:31:40
88	1136	F	42	Hayley	Harris		0:31:41
89	1067	F	26	Rhiannon	Rees-Williams		0:31:45
90	1172	F	27	Fiona	Duggan		0:31:52
91	1221	M	58	Clive	James	Midland Vets AC	0:31:59
92	1126	F	35	TAMSIN	HUMPHRIES		0:32:00
93	1125	F	31	LIBBY	WILLIAMS		0:32:00
94	1133	F	47	Sheila	Williams		0:32:01
95	1194	M	26	Peter	Tucker		0:32:08
96	1116	M	54	Michael	Harmer		0:32:15
97	1222	M	58	Clive	James	Midland Vets AC	0:32:22
98	1098	M	10	Rhys	Rogan	Llisbury Runners	0:32:25
99	1099	F	46	Deborah	Hay-Harris	Llisbury Runners	0:32:34
100	1090	F	41	Sile	Northcroft		0:32:35
101	1148	F	24	Kate	Attwood		0:32:45
102	1166	F	17	Laura	Thomas		0:32:51
103	1081	F	35	JOANNE	THOMAS		0:32:52
104	1174	M	37	Lloyd	Williams		0:32:58
105	1082	F	39	SIAN	ACKLAND		0:32:59
106	1017	F	46	Lydia	Aston		0:32:59
107	1176	M	16	Alan	O'Doherty		0:33:02
108	1045	M	13	Lewis	Morgans		0:33:03
109	1109	M	69	John	Williams		0:33:04
110	1042	F	29	Nichola	Davies		0:33:09
111	1035	F	22	Ellie	Rundle		0:33:10
112	1034	F	23	Penny	Rundle		0:33:13
113	1041	M	11	Sam	Jackson		0:33:27
114	1070	F	32	Carys	Roberts-Amos		0:33:37
115	1030	F	41	Arlene	Evans		0:33:38
116	1185	F	39	Joanne	Parrish		0:33:39
117	1083	M	41	ANDREW	JOHN		0:33:41
118	1040	F	47	Cath	Jackson		0:33:45
119	1033	F	44	Andrea	Jenkins		0:33:55
120	1076	F	38	Linsey	Robins		0:34:01
121	1057	F	28	Tanya	Stokes		0:34:21
122	1058	M	31	Adrian	Williams		0:34:22
123	1097	F	49	Amanda	Chambers		0:34:27
124	1179	M	36	Chris	Ayres		0:34:27
125	1180	F	36	Rachel	Ayres		0:34:28
126	1151	F	36	Judy	Donovan		0:34:30
127	1150	M	35	Anthony	Donovan		0:34:31
128	1028	M	32	Huw	Lewis		0:34:35
129	1182	F	17	Tessa	Colquhoun		0:34:43
130	1124	F	38	Kate	Thomas		0:34:50
131	1175	F	46	Sian	Lewis		0:34:57
132	1140	F	46	Heather	Burgess		0:34:58
133	1060	F	34	Nicola	Morgan		0:35:03
134	1162	F	34	Hazel	Wheeler		0:35:04
135	1156	F	10	HOLLY	BEMBO		0:35:11
136	1155	F	38	LISA	BEMBO		0:35:15
137	1029	M	11	Llewelyn	Hampton		0:35:26
138	1013	M	11	MATHEW	O'BRIEN		0:35:29
139	1039	F	32	Rachael	Howard		0:35:30
140	1018	F	32	Julia	Tucker		0:35:36
141	1128	F	30	JAE	YORK		0:35:37
142	1038	F	38	Paula	Spring		0:35:37
143	1118	F	40	Caroline	Havard		0:35:38
144	1131	F	25	Beverley	McLean		0:35:38
145	1178	F	38	Sally-Ann	Kidwell		0:35:39
146	1171	F	46	Gill	Nicholls	gorseinon Road Runners	0:35:41
147	329	F	43	Elizabeth	Roach		0:35:46
148	1101	M	43	Ronnie	McCarthy		0:35:54

5k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	1102	F	39	Kay	Griffiths		0:35:55
150	1075	M	45	Ian	Mansell		0:36:14
151	1032	F	41	Lisa	Chess		0:36:14
152	1080	M	54	Richard	Rawlings		0:36:14
153	1181	F	49	Jan	Twedily		0:36:25
154	1100	F	38	Laura	Richards	Womens Running Network	0:36:28
155	1086	F	14	HOLLY	CASLEY		0:36:31
156	1050	F	30	Michelle	Gregory		0:36:32
157	1051	M	30	Alex	Gregory		0:36:42
158	17	M	58	IAN	JARMAN		0:36:43
159	1092	F	16	Elouise	Pratt		0:36:46
160	1210	F	38	Pamela	Walker		0:36:46
161	1115	F	26	Emily	Harmer		0:36:51
162	1117	F	55	Jane	Harmer		0:36:55
163	1189	F	48	Bev	Rosser-Smith		0:37:06
164	1047	M	62	Derek	Hawkins		0:37:07
165	1129	F	22	Eleri	Sullivan		0:37:12
166	1165	M	19	Ryan	Thomas		0:37:16
167	1002	F	26	TERESA	WHATTY		0:37:24
168	1014	F	50	SHERYL	O'BRIEN		0:38:31
169	1154	F	32	Michelle	Gray		0:38:44
170	1027	F	42	Gillian	Hughes		0:38:44
171	1026	F	45	Jill	Jenkins		0:38:45
172	1139	F	32	Michelle	Hampton		0:38:49
173	1157	F	41	Tracey	Hinton		0:38:49
174	1164	F	46	Diane	Thomas		0:39:03
175	1064	F	43	Lesney	Jones		0:39:23
176	1025	F	51	Barbara	Locke		0:39:23
177	1200	F	31	Marianne	Paterson		0:39:23
178	1091	F	40	Marti	Jones		0:39:28
179	1149	M	33	Jonathan	Godwin		0:40:05
180	1147	F	40	Nancy	Jones		0:40:25
181	1095	F	25	Kathleen	Harris		0:40:28
182	1016	F	33	ALISON	DAVIES		0:40:29
183	1144	M	54	Lynwen	Sly		0:40:29
184	1143	F	54	Gaynor	Mizen		0:40:30
185	1085	F	10	ELLIE	CASLEY		0:40:36
186	1066	F	44	Sue	Davey		0:41:27
187	1132	F	29	Amanda	Davies		0:41:54
188	1094	F	26	Lydia	Joyce		0:43:14
189	1046	F	32	Elaine	Ng		0:44:30
190	1208	F	13	Sarah	Walker		0:46:48
191	1205	M	9	Giffith Jones	Hampton		0:46:51
192	1088	F	48	Cath	Hargreaves		0:47:11
193	1089	F	51	Jane	Hitchman		0:47:15
194	1036	F	41	Janet	Brockbank		0:50:49

RNLI REINDEER RUN

Margam Park, Port Talbot

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5k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1077	M	14	Adam	Marshall	Neath Harriers	0:19:05
2	1190	M	27	Dee	Buchanan		0:20:03
3	1199	M	36	Simon	Beer		0:20:26
4	1123	M	15	Glen	Harper		0:20:43
5	1167	M	29	Iwan	James		0:21:52
6	1197	M	12	Matthew	O'Leary	Neath Harriers	0:22:07
7	1219	M	58	Clive	James	Midland Vets AC	0:22:34
8	1206	M	23	Daniel	Wood		0:22:56
9	1062	M	14	Jack	Newton	Celtic Tri	0:23:05
10	1211	M	10	Jonathan	Walker		0:23:11
11	1107	M	38	Wayne	Warner		0:23:12
12	1020	M	14	Jonathan	Simpson		0:23:26
13	1031	M	12	Ieuan	Evans		0:23:33
14	1213	M	58	Clive	James	Midland Vets AC	0:23:33
15	1214	M	58	Clive	James	Midland Vets AC	0:24:12
16	1216	M	58	Clive	James	Midland Vets AC	0:24:16
17	304	M	53	Mike	Richards		0:24:18
18	305	M	22	Darren	Richards		0:24:18
19	1021	M	13	Alex	John		0:24:56
20	1184	M	11	Jack	Parrish		0:25:02
21	1073	M	10	George	Chappelle		0:25:03
22	1072	M	44	Michael	Chappelle		0:25:05
23	1204	M	30	Matthew	Rossi		0:25:29
24	1220	M	58	Clive	James	Midland Vets AC	0:26:00
25	1191	M	22	Amir	Ali		0:26:05
26	1215	M	58	Clive	James	Midland Vets AC	0:26:52
27	1093	M	21	Clifford	Jones		0:26:53
28	1159	M	62	Arthur	Yarranton		0:27:01
29	1183	M	67	John	Graham		0:27:13
30	1022	M	55	James	John		0:27:23
31	1127	M	37	PAUL	MORGAN		0:27:24
32	1153	M	23	Yin	Tang		0:27:57
33	1043	M	38	Paul	Wesson		0:28:11
34	1137	M	38	Stephen	Howbridge		0:28:20
35	1146	M	32	Martin	Whatty		0:28:22
36	1173	M	15	Nicky	Reid		0:28:32
37	1163	M	27	Craig	Barker		0:28:47
38	1049	M	15	Matthew	Gillings		0:28:47
39	1065	M	16	Luke	Burnell		0:29:10
40	1188	M	10	Alex	Thomas		0:29:11
41	1056	M	16	Huw	Cowley		0:29:21
42	1142	M	10	Joshua	Burgess		0:29:22
43	1111	M	47	Steve	Pullinger		0:29:58
44	1010	M	17	JACK	MORGANS		0:30:35
45	1012	M	14	NIALL	HOPKINS		0:30:47
46	1218	M	58	Clive	James	Midland Vets AC	0:31:27
47	1221	M	58	Clive	James	Midland Vets AC	0:31:59
48	1194	M	26	Peter	Tucker		0:32:08
49	1116	M	54	Michael	Harmer		0:32:15
50	1222	M	58	Clive	James	Midland Vets AC	0:32:22
51	1098	M	10	Rhys	Rogan	Lliswerry Runners	0:32:25
52	1174	M	37	Lloyd	Williams		0:32:58
53	1176	M	16	Alan	O'Doherty		0:33:02
54	1045	M	13	Lewis	Morgans		0:33:03
55	1109	M	69	John	Williams		0:33:04
56	1041	M	11	Sam	Jackson		0:33:27
57	1083	M	41	ANDREW	JOHN		0:33:41
58	1058	M	31	Adrian	Williams		0:34:22
59	1179	M	36	Chris	Ayres		0:34:27
60	1150	M	35	Anthony	Donovan		0:34:31
61	1028	M	32	Huw	Lewis		0:34:35
62	1029	M	11	Llewelyn	Hampton		0:35:26
63	1013	M	11	MATHEW	O'BRIEN		0:35:29
64	1101	M	43	Ronnie	McCarthy		0:35:54
65	1075	M	45	Ian	Mansell		0:36:14
66	1080	M	54	Richard	Rawlings		0:36:14
67	1051	M	30	Alex	Gregory		0:36:42
68	17	M	58	IAN	JARMAN		0:36:43
69	1047	M	62	Derek	Hawkins		0:37:07
70	1165	M	19	Ryan	Thomas		0:37:16
71	1149	M	33	Jonathan	Godwin		0:40:05

5k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	1144	M	54	Lynwen	Sly		0:40:29
73	1205	M	9	Giffith Jones	Hampton		0:46:51



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5k : Male : aged 10 up to 15 (not inclusive)

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1077	M	14	Adam	Marshall	Neath Harriers	0:19:05
2	1197	M	12	Matthew	O'Leary	Neath Harriers	0:22:07
3	1062	M	14	Jack	Newton	Celtic Tri	0:23:05
4	1211	M	10	Jonathan	Walker		0:23:11
5	1020	M	14	Jonathan	Simpson		0:23:26
6	1031	M	12	Ieuan	Evans		0:23:33
7	1021	M	13	Alex	John		0:24:56
8	1184	M	11	Jack	Parrish		0:25:02
9	1073	M	10	George	Chappelle		0:25:03
10	1188	M	10	Alex	Thomas		0:29:11
11	1142	M	10	Joshua	Burgess		0:29:22
12	1012	M	14	NIALL	HOPKINS		0:30:47
13	1098	M	10	Rhys	Rogan	Liswerry Runners	0:32:25
14	1045	M	13	Lewis	Morgans		0:33:03
15	1041	M	11	Sam	Jackson		0:33:27
16	1029	M	11	Llewelyn	Hampton		0:35:26
17	1013	M	11	MATHEW	O'BRIEN		0:35:29



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5k : Male : aged 15 - 17

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1123	M	15	Glen	Harper		0:20:43
2	1173	M	15	Nicky	Reid		0:28:32
3	1049	M	15	Matthew	Gillings		0:28:47
4	1065	M	16	Luke	Burnell		0:29:10
5	1056	M	16	Huw	Cowley		0:29:21
6	1010	M	17	JACK	MORGANS		0:30:35
7	1176	M	16	Alan	O'Doherty		0:33:02

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5k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1187	F	12	Zoe	Thomas		0:22:16
2	1078	F	46	Tanis	Hand	TROTS	0:24:11
3	1005	F	14	JOANNA	ROTHWELL		0:24:17
4	1114	F	20	Sara	Griffiths	Neath Harriers	0:25:12
5	1096	F	13	Ffion	Chambers		0:25:13
6	1198	F	16	Lauren	Ferrand		0:25:38
7	1068	F	26	Anna	Porazinski		0:25:57
8	1207	F	25	Kelly	Morgan	Pontypridd Rodents	0:26:14
9	1079	F	17	Charlie	Ratcliffe	TROTS	0:26:21
10	1019	F	29	Kirsten	Tucker		0:26:22
11	1059	F	33	Janet	Allen		0:26:31
12	1003	F	35	KIM	DODD		0:26:35
13	1203	F	21	Emma	James		0:26:49
14	1161	F	13	Sophie	Wheeler		0:26:57
15	1110	F	45	Elizabeth	Steed		0:27:19
16	165	F	44	Linda	Evans	Brackla Harriers	0:27:20
17	1177	F	49	Helen	Parry		0:28:09
18	1195	F	47	Hazel	Retallick	Prestige Pacers	0:28:38
19	1170	F	43	Andrea	Bowen		0:28:41
20	1044	F	34	Anne	Wesson		0:28:42
21	1196	F	53	Diane	Davies		0:28:47
22	1160	F	41	Wendy	Yarranton		0:29:02
23	1071	F	40	Elisabeth	Star		0:29:12
24	1186	F	40	Ceri	Thomas		0:29:16
25	1141	F	46	Julie	Davies		0:29:35
26	1169	F	31	Joceline	Keenan		0:29:36
27	1192	F	25	Sarah	Drake		0:29:44
28	1112	F	10	Kim	Pullinger		0:29:54
29	1193	F	24	Erin	Smyth		0:29:59
30	1138	F	35	Annette	Morris		0:30:11
31	1063	F	12	Abigail	Jones		0:30:14
32	1152	F	30	Rachel	Ovett		0:30:16
33	1009	F	44	TRACY	MORGANS		0:30:45
34	1212	F	25	Clare	Pendleton		0:30:50
35	1201	F	33	Fiona	Pilliner		0:30:51
36	1119	F	34	Rachel	Ace		0:31:14
37	1120	F	32	Liz	Brown		0:31:16
38	1008	F	25	ALLISON	LIPP		0:31:28
39	1134	F	42	Tracey	Pollock		0:31:29
40	1135	F	42	Lisa	Johns		0:31:40
41	1136	F	42	Hayley	Harris		0:31:41
42	1067	F	26	Rhiannon	Rees-Williams		0:31:45
43	1172	F	27	Fiona	Duggan		0:31:52
44	1126	F	35	TAMSIN	HUMPHRIES		0:32:00
45	1125	F	31	LIBBY	WILLIAMS		0:32:00
46	1133	F	47	Sheila	Williams		0:32:01
47	1099	F	46	Deborah	Hay-Harris	Llswerry Runners	0:32:34
48	1090	F	41	Sile	Northcroft		0:32:35
49	1148	F	24	Kate	Attwood		0:32:45
50	1166	F	17	Laura	Thomas		0:32:51
51	1081	F	35	JOANNE	THOMAS		0:32:52
52	1082	F	39	SIAN	ACKLAND		0:32:59
53	1017	F	46	Lydia	Aston		0:32:59
54	1042	F	29	Nichola	Davies		0:33:09
55	1035	F	22	Ellie	Rundle		0:33:10
56	1034	F	23	Penny	Rundle		0:33:13
57	1070	F	32	Carys	Roberts-Amos		0:33:37
58	1030	F	41	Arlene	Evans		0:33:38
59	1185	F	39	Joanne	Parrish		0:33:39
60	1040	F	47	Cath	Jackson		0:33:45
61	1033	F	44	Andrea	Jenkins		0:33:55
62	1076	F	38	Linsey	Robins		0:34:01
63	1057	F	28	Tanya	Stokes		0:34:21
64	1097	F	49	Amanda	Chambers		0:34:27
65	1180	F	36	Rachel	Ayres		0:34:28
66	1151	F	36	Judy	Donovan		0:34:30
67	1182	F	17	Tessa	Colquhoun		0:34:43
68	1124	F	38	Kate	Thomas		0:34:50
69	1175	F	46	Sian	Lewis		0:34:57
70	1140	F	46	Heather	Burgess		0:34:58
71	1060	F	34	Nicola	Morgan		0:35:03

5k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	1162	F	34	Hazel	Wheeler		0:35:04
73	1156	F	10	HOLLY	BEMBO		0:35:11
74	1155	F	38	LISA	BEMBO		0:35:15
75	1039	F	32	Rachael	Howard		0:35:30
76	1018	F	32	Julia	Tucker		0:35:36
77	1128	F	30	JAE	YORK		0:35:37
78	1038	F	38	Paula	Spring		0:35:37
79	1118	F	40	Caroline	Havard		0:35:38
80	1131	F	25	Beverley	McLean		0:35:38
81	1178	F	38	Sally-Ann	Kidwell		0:35:39
82	1171	F	46	Gill	Nicholls	gorseinon Road Runners	0:35:41
83	329	F	43	Elizabeth	Roach		0:35:46
84	1102	F	39	Kay	Griffiths		0:35:55
85	1032	F	41	Lisa	Chess		0:36:14
86	1181	F	49	Jan	Twedily		0:36:25
87	1100	F	38	Laura	Richards	Womens Running Network	0:36:28
88	1086	F	14	HOLLY	CASLEY		0:36:31
89	1050	F	30	Michelle	Gregory		0:36:32
90	1092	F	16	Elouise	Pratt		0:36:46
91	1210	F	38	Pamela	Walker		0:36:46
92	1115	F	26	Emily	Harmer		0:36:51
93	1117	F	55	Jane	Harmer		0:36:55
94	1189	F	48	Bev	Rosser-Smith		0:37:06
95	1129	F	22	Eleri	Sullivan		0:37:12
96	1002	F	26	TERESA	WHATTY		0:37:24
97	1014	F	50	SHERYL	O'BRIEN		0:38:31
98	1154	F	32	Michelle	Gray		0:38:44
99	1027	F	42	Gillian	Hughes		0:38:44
100	1026	F	45	Jill	Jenkins		0:38:45
101	1139	F	32	Michelle	Hampton		0:38:49
102	1157	F	41	Tracey	Hinton		0:38:49
103	1164	F	46	Diane	Thomas		0:39:03
104	1064	F	43	Lesney	Jones		0:39:23
105	1025	F	51	Barbara	Locke		0:39:23
106	1200	F	31	Marianne	Paterson		0:39:23
107	1091	F	40	Marti	Jones		0:39:28
108	1147	F	40	Nancy	Jones		0:40:25
109	1095	F	25	Kathleen	Harris		0:40:28
110	1016	F	33	ALISON	DAVIES		0:40:29
111	1143	F	54	Gaynor	Mizen		0:40:30
112	1085	F	10	ELLIE	CASLEY		0:40:36
113	1066	F	44	Sue	Davey		0:41:27
114	1132	F	29	Amanda	Davies		0:41:54
115	1094	F	26	Lydia	Joyce		0:43:14
116	1046	F	32	Elaine	Ng		0:44:30
117	1208	F	13	Sarah	Walker		0:46:48
118	1088	F	48	Cath	Hargreaves		0:47:11
119	1089	F	51	Jane	Hitchman		0:47:15
120	1036	F	41	Janet	Brockbank		0:50:49

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5k : Female : aged 10 up to 15 (not inclusive)

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1187	F	12	Zoe	Thomas		0:22:16
2	1005	F	14	JOANNA	ROTHWELL		0:24:17
3	1096	F	13	Ffion	Chambers		0:25:13
4	1161	F	13	Sophie	Wheeler		0:26:57
5	1112	F	10	Kim	Pullinger		0:29:54
6	1063	F	12	Abigail	Jones		0:30:14
7	1156	F	10	HOLLY	BEMBO		0:35:11
8	1086	F	14	HOLLY	CASLEY		0:36:31
9	1085	F	10	ELLIE	CASLEY		0:40:36
10	1208	F	13	Sarah	Walker		0:46:48

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5k : Female : aged 15 - 17

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	1198	F	16	Lauren	Ferrand		0:25:38
2	1079	F	17	Charlie	Ratcliffe	TROTS	0:26:21
3	1166	F	17	Laura	Thomas		0:32:51
4	1182	F	17	Tessa	Colquhoun		0:34:43
5	1092	F	16	Elouise	Pratt		0:36:46

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10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	713	M	22	Daniel	Gurmin	Abertillery	0:33:31
2	684	M	24	Vito	Graffagnino		0:34:02
3	636	M	28	Scott	Tompsett	Hillington AC	0:34:23
4	511	M	29	Michael	Dury	Islwyn Running Club	0:37:03
5	546	M	37	Stephen	Thomas		0:37:05
6	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
7	139	M	38	Wyn	Barrett		0:37:51
8	359	M	41	Iain	Darby	DML Running Club	0:38:04
9	724	M	22	Erez	Aisenberg		0:38:11
10	246	M	31	Gareth	Battle	Rhondda Tri Club	0:38:16
11	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
12	786	M	33	Alan	Davies		0:38:57
13	678	M	42	Graham	Jefferies		0:39:08
14	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
15	699	M	44	Phil	Adams	Neath Harriers	0:39:28
16	398	M	32	Matthew	Hurford	Les Croupiers	0:40:04
17	287	M	40	CHRIS	PARKER		0:40:20
18	488	M	39	Christopher	Bradshaw		0:40:42
19	615	M	33	David	Monroe		0:40:52
20	202	M	37	Mark	Amos		0:40:56
21	642	M	31	Leighton	Phillips		0:40:59
22	775	M	39	Tony	Cotter		0:41:09
23	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
24	720	F	26	Laura	Jackson	Cardiff University Harriers	0:41:17
25	523	M	33	Mark	Rees		0:41:19
26	548	M	44	Neil	Williams		0:41:25
27	195	M	42	Peter	Curran		0:40:41
28	273	M	30	LEE	SHORTER		0:41:27
29	87	M	39	CHRISTOPHER	MATTHEWS		0:41:32
30	155	M	37	Tony	Howson		0:41:33
31	391	M	48	Ron	Jenkins		0:41:35
32	26	M	28	DAVID	PRICE		0:41:48
33	514	M	29	Martin	George		0:42:01
34	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
35	723	M	29	Andy	Wilkinson		0:42:16
36	253	M	24	Lee	Morris		0:42:24
37	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
38	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
39	477	M	46	Neil	Lewis		0:42:40
40	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
41	82	M	26	GARETH	COLE		0:42:45
42	507	M	44	Ian	Jones		0:42:47
43	680	M	34	Daran	Jukes	Club 69	0:42:49
44	718	F	35	Jaime	Ortiz-Canavate		0:42:53
45	364	M	43	Jonathan	Smith		0:43:02
46	182	M	33	Andy	Dacey	Llswerry Runners	0:43:05
47	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
48	189	M	40	Michael	Thomas		0:43:16
49	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
50	772	M	42	Michael	Ramsey		0:43:27
51	681	M	40	Howard	Thomas	Club 69	0:43:28
52	805	M	35	Giancarlo	Bianchi		0:43:38
53	754	M	52	Alan	Cole	Newport	0:43:45
54	143	M	43	Philip	Morgan		0:43:49
55	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
56	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
57	225	M	31	Beano	Moran		0:43:54
58	645	M	23	Oliver	Newcombe		0:43:55
59	46	M	39	MICHAEL	HARRY		0:43:56
60	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
61	539	M	20	Paul	Williams		0:43:58
62	207	M	31	Nigel	Nicholas		0:43:59
63	745	M	35	James	Ocaccaghan		0:44:01
64	374	M	33	PETER	SPRIGGS		0:44:03
65	732	M	48	Graham	Barlow		0:44:04
66	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
67	399	M	46	Michael	Marshall		0:44:08
68	552	M	41	Josh	Harry		0:44:09
69	545	M	46	Nigel	Griffiths		0:44:11
70	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
71	486	M	24	Nick	Davies		0:44:19

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	200	F	32	Samantha	Healy		0:44:23
73	219	M	43	Steve	Martin		0:44:25
74	394	M	41	Jarmo	Suorsa		0:44:31
75	272	M	32	JAMES	BRUCE	Pegasus RC	0:44:33
76	469	M	28	Dean	Llewellyn	South Wales Police	0:44:36
77	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
78	464	M	40	Paul	Figgins		0:44:39
79	767	M	42	Simon	Warren		0:44:41
80	780	M	48	Peter	Deacon		0:44:46
81	658	M	32	Marcus	Coles	Les Croupiers	0:44:49
82	790	M	38	Dean	Packer		0:44:50
83	420	F	26	Heidi	Selch		0:44:52
84	743	M	44	James	Hewitt		0:44:55
85	515	F	37	Catherine	Darby	DML Running Club	0:45:02
86	436	M	45	David	Bennett		0:45:12
87	23	M	44	DAVID	BARRETT		0:45:13
88	520	M	31	Gareth	Roberts		0:45:17
89	270	M	38	DARREN	THOMAS		0:45:20
90	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
91	140	M	38	Michael	Tong		0:45:23
92	721	M	46	Phil	Geddes		0:45:26
93	400	M	30	Andy	Shanahan	Pencoed Tri	0:45:37
94	660	M	44	Stephen	Cooper		0:45:40
95	802	F	25	Sharon	Ford	Brackla Harriers	0:45:42
96	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
97	517	M	31	Trystan	Edwards		0:45:44
98	59	M	26	GARETH	EVANS		0:45:45
99	164	M	27	Laurence	Gray		0:45:50
100	508	M	19	Craig	Harper		0:45:53
101	579	M	26	Marcus	Barrett		0:45:54
102	726	F	26	Rebecca	Jones	Port Talbot Harriers	0:45:55
103	554	M	41	Gavin	Roberts		0:46:09
104	452	M	32	Richard	Jones		0:46:12
105	731	M	33	Jason	Lewis		0:46:24
106	393	M	39	Geraint	Evans		0:46:25
107	512	M	48	Howard	Cole		0:46:29
108	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
109	804	M	36	Paul	Ford	Brackla Harriers	0:46:35
110	573	M	21	James	Pierce		0:46:39
111	648	M	23	David	Dyer		0:46:39
112	777	M	36	Dafydd	Jones		0:46:40
113	783	M	22	Gareth	Howard		0:46:41
114	746	M	48	Peter	Jones		0:46:42
115	652	M	42	Mark	Rich		0:46:44
116	381	M	24	Ian	Ashton		0:46:46
117	112	M	43	Wayne	Holmes		0:46:48
118	463	M	29	Neil	Jones		0:46:50
119	533	M	35	GARY	JONES		0:46:51
120	172	M	24	Rhodri	Morris		0:46:53
121	248	F	38	Kate	Rees		0:46:55
122	108	M	37	Phillip	White		0:46:57
123	453	M	40	John	Lewis		0:46:59
124	405	M	29	Dan	Bailey		0:47:04
125	717	M	29	Neil	Cooksley		0:47:05
126	448	M	44	Stephen	Chambers		0:47:06
127	199	M	49	Andrew	Freedman		0:47:07
128	297	M	35	GERAINT	DAWE	BBC RUNNERS	0:47:13
129	569	M	46	Chris	Moore		0:47:14
130	48	M	23	PAUL	MEMBERY		0:47:16
131	156	M	43	Chris	Johns		0:47:17
132	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
133	735	M	18	Sean	McDonnell		0:47:19
134	696	M	43	Michael	Thomas		0:47:20
135	799	M	41	Roger	Bell	3Ms	0:47:22
136	137	M	32	Tom	Pearson		0:47:23
137	338	M	42	Chris	Matthews		0:47:24
138	637	M	17	Craig	Jenkins		0:47:29
139	555	M	48	Simon	Pinner		0:47:25
140	494	M	18	Chris	Griffiths		0:47:26
141	704	M	39	Jeff	Davies		0:47:31
142	238	M	31	Geoff	Jones		0:47:32
143	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
144	763	M	25	Neil	Pilliner		0:47:37
145	716	M	43	Philip	Hoskins		0:47:38
146	247	M	41	Bryan	Clemas		0:47:40
147	760	F	42	Jane	Buck	Cardigan	0:47:41
148	328	M	56	Don	Holloway	Brackla Harriers	0:47:43

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	169	M	26	Michael	Johns		0:47:44
150	415	M	25	Benjamin	Tucker	Neath Harriers	0:47:45
151	736	M	50	Kieran	McDonnell		0:47:48
152	656	M	36	Rob	Johns		0:47:52
153	558	M	41	Ian	Warburton		0:47:53
154	644	M	36	Mike	Smith		0:47:55
155	220	M	39	Leighton	Roach		0:47:59
156	748	M	28	James	Cochoun		0:48:00
157	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
158	36	M	47	ANDREW	ROTHWELL		0:48:09
159	589	M	23	Ross	Williams		0:48:12
160	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
161	110	M	55	Geoffrey	Johnson		0:48:20
162	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
163	317	M	42	Mario	Rabaiotti		0:48:27
164	547	M	22	Matthew	Taylor		0:48:32
165	366	M	34	Mike	Griffiths	Team Deviant	0:48:37
166	498	M	29	Gwion	Llwyd		0:48:45
167	685	M	33	Johnny	Lam		0:48:46
168	691	M	39	Jeff	Thomas		0:48:54
169	313	M	30	Simon	Lane		0:48:55
170	733	M	28	Richard	Lloyd		0:48:56
171	586	M	47	Michael	Smith		0:49:00
172	611	M	48	JOHN	MARTIN		0:49:05
173	456	M	44	Simon	Reynolds		0:49:10
174	41	M	33	RICHARD	SIMPSON		0:49:11
175	187	M	43	Geraint	Evans		0:49:11
176	341	M	35	Jonathan	Pask		0:49:12
177	56	M	32	MATTHEW	SEAGER		0:49:13
178	509	M	30	Jonathan	Lewis		0:49:15
179	574	F	37	Helen	Eve		0:49:16
180	654	M	35	Brian	Cottan		0:49:17
181	632	M	42	James	Thomas	Brackla Harriers	0:49:21
182	111	M	33	Steve	Terry		0:49:22
183	496	M	46	Paul	Donoghue		0:49:23
184	433	M	30	Mark	Davies		0:49:25
185	653	F	32	Marie	Buchanan		0:49:26
186	340	M	40	David	Rowlands		0:49:27
187	443	M	32	Christian	Rees		0:49:28
188	531	M	40	NEIL	COLEMAN		0:49:29
189	260	M	51	Dave	Walker		0:49:29
190	694	M	52	Neil	Jellings		0:49:34
191	194	F	40	Lynn	Goward		0:49:42
192	513	M	24	Joseph	Taylor		0:49:45
193	2	M	29	Gawain	Barnard		0:49:45
194	764	M	47	Alan	Hall		0:49:45
195	177	M	37	Neil	Morgan		0:49:46
196	145	M	16	Adam	Bater		0:49:46
197	744	M	32	Mark	Edwards		0:49:46
198	367	M	34	ROBERT	REES		0:49:47
199	752	M	32	Andrew	Wallis		0:49:47
200	124	M	32	Cennydd	Amos		0:49:48
201	321	M	33	Michael	Williams		0:49:57
202	407	M	26	Ryan	Jones		0:49:57
203	561	M	57	Keith	Starr		0:49:58
204	467	M	48	Andrew	Rees		0:49:58
205	695	M	52	Frank	William		0:49:58
206	807	M	26	Gareth	Bishop		0:49:59
207	782	M	17	Thomas	Lewis		0:49:59
208	450	M	57	John	Cunnane	100km Association	0:49:59
209	578	M	24	Stephen	Attwood		0:49:59
210	105	M	46	Mark	Aston		0:49:59
211	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
212	150	M	52	Mike	Lister	Les Croupiers	0:50:02
213	462	M	27	Gavin	Rees		0:50:02
214	481	M	37	Rhydwyn	Harris	Islwyn Running Club	0:50:03
215	738	M	31	John	Ferriday	Pegasus	0:50:06
216	138	M	31	Christian	Prewett		0:50:07
217	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
218	45	M	38	DARREN	JAMES		0:50:18
219	33	M	32	JAY	WILLIAMS		0:50:22
220	459	M	37	Emyr	Thomas		0:50:24
221	667	M	33	Martin	Groves		0:50:27
222	581	M	26	Gareth	Roberts		0:50:31
223	403	M	24	Andrew	Davies		0:50:32
224	295	M	44	DAVID	KAGED		0:50:35
225	470	F	30	Angharad	Roberts	Les Croupiers	0:50:38

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
226	549	F	28	Emma	Washburn		0:50:39
227	739	M	51	Terry	Jones	Vistison	0:50:40
228	376	M	42	PATRICK	SPENCE		0:50:41
229	715	F	29	Carol	Moseley		0:50:42
230	103	M	50	Martin	Heaven		0:50:45
231	213	M	41	Simon	Cogger		0:50:50
232	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
233	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
234	324	M	47	Edward	Fish		0:50:57
235	69	M	61	MICHAEL	DEADMAN		0:50:58
236	776	M	44	Brian	Jenkins	Vistion Running Club	0:51:00
237	409	F	37	Andrea	Phillips		0:51:00
238	620	F	20	LORNA	HICKS	Les Croupiers	0:51:01
239	701	M	55	Howard	Attwood	Lliswerry Runners	0:51:01
240	62	F	30	DAISY	SEABOURNE		0:51:02
241	346	M	43	Stuart	Keeping		0:51:10
242	419	M	26	Dean	Webster	3M Road Runners	0:51:17
243	737	M	38	Ceri	Evans	Celtic Tri	0:51:18
244	427	M	37	Billy	McWilliams		0:51:19
245	109	M	37	Steven	Israel		0:51:21
246	711	M	25	Peter	Murray		0:51:22
247	518	M	24	Dan	Davies		0:51:23
248	66	F	21	MELISSA	BLYTH		0:51:28
249	222	M	46	Kevin	O'Leary		0:51:29
250	492	M	48	Barry	Norris		0:51:29
251	39	F	39	KATE	PHILLIPS		0:51:30
252	380	M	40	Ray	Greenhouse		0:51:31
253	566	M	37	Mark	Morris	Port Talbot Harriers	0:51:32
254	282	M	35	ROBERT	WILLIAMS		0:51:35
255	390	M	31	Owen	Davies		0:51:38
256	613	M	24	RICHARD	GRIFFIN		0:51:41
257	541	F	33	Mandy	Morris	Neath Harriers	0:51:45
258	101	M	32	SIMON	THOMAS		0:51:46
259	306	M	38	Richard	Cadogan	Rhondda Valley Runners	0:51:48
260	714	M	37	Mark	Blieasdale		0:51:51
261	570	M	40	David	Comery		0:51:55
262	550	M	50	Michael	Sullivan		0:51:56
263	233	M	34	Cenydd	James		0:51:57
264	800	M	35	Stephen	Birmingham		0:52:01
265	693	M	24	Adam	Shore		0:52:03
266	120	M	25	Matthew	Pitts		0:52:05
267	803	M	40	Paul	Gelly		0:52:06
268	522	M	42	David	Thomas	Sarn Helen	0:52:07
269	387	F	26	Anna	Chambers		0:52:12
270	438	M	18	Adam	Davies		0:52:13
271	493	F	16	Isobel	Norris		0:52:17
272	538	M	42	Eurig	Jenkins		0:52:19
273	719	M	27	Alun	Powell		0:52:19
274	201	M	33	Brendan	Healy		0:52:20
275	414	M	41	Nigel	Holbrook		0:52:20
276	240	F	31	Natalie	Parsons		0:52:21
277	497	M	32	Michael	Halsall		0:52:25
278	166	M	33	James	Webb		0:52:25
279	670	M	41	Paul	Molton		0:52:26
280	567	M	29	James	Davies		0:52:26
281	389	F	33	Diane	Brownhill	Womens Running Network	0:52:29
282	740	M	51	Tony	Frost		0:52:35
283	54	F	22	SARAH	RHODES		0:52:36
284	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
285	121	F	28	Eleri	Price		0:52:41
286	339	M	35	Edward	Harris		0:52:46
287	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
288	242	M	41	Mark	Vivian		0:52:55
289	641	M	41	John	Ivins		0:52:55
290	52	M	36	JONATHAN	WILSON		0:52:56
291	692	M	55	Terry	Shore		0:53:01
292	773	M	43	Dave	Thomas	Team Deviant	0:53:02
293	68	M	34	ANDREW	PICKETT		0:53:02
294	808	M	40	Richard	Hawkins		0:53:09
295	308	M	46	Jeffrey	Mogford		0:53:10
296	18	M	31	SIMON	BLEASDALE		0:53:10
297	77	M	19	OLIVER	WILLIAMS		0:53:10
298	765	M	45	Bob	Gardiner		0:53:11
299	597	M	37	JONATHAN	DAVIES	Islwyn Running Club	0:53:12
300	627	M	30	Michael	Pettit		0:53:12
301	590	F	30	Paula	Strong		0:53:13
302	722	F	42	Pip	Francis		0:53:14

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
303	646	F	39	Vanessa	Turnbull		0:53:15
304	72	M	35	CHRIS	MOLES		0:53:18
305	435	M	43	Mike	Parfitt		0:53:24
306	785	M	28	Mark	Gunn	Park Runners	0:53:30
307	217	M	37	Jonathan	Griffiths		0:53:36
308	411	F	45	Dawn	French	3M Road Runners	0:53:38
309	361	M	52	David	Griffiths		0:53:46
310	358	M	44	Stephen	Woods		0:53:47
311	149	M	52	John	Harries		0:53:48
312	798	M	39	Gethin	Jones		0:53:49
313	551	M	45	Martin	Walker		0:53:53
314	628	M	55	Michael	Newman	Neath Harriers	0:53:53
315	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
316	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
317	673	M	55	Barry	James		0:53:54
318	629	M	45	Andrew	Gronert		0:53:55
319	635	M	51	Gerald	Gray		0:54:06
320	697	M	44	Paul	Rundle		0:54:06
321	16	M	31	KWOK	LEE	GLAMORGAN HEALTH & RACQUET C	0:54:06
322	730	M	34	Nick	Jones		0:54:07
323	384	F	37	Jane	Voyle		0:54:07
324	15	M	34	DAVID	KEANE		0:54:07
325	404	F	25	Mair	Lewis		0:54:08
326	540	M	34	Mark	Parsons		0:54:08
327	747	M	44	Andy	Bray		0:54:15
328	664	M	50	Paul	Bigmorw		0:54:16
329	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
330	107	M	42	Paul	Blake		0:54:26
331	734	M	51	Bernard	Henderson		0:54:29
332	168	M	42	Philip	Moore		0:54:35
333	478	M	55	Peter	Whittemore		0:54:35
334	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
335	557	F	43	Beverley	Warburton		0:54:51
336	228	M	39	Eryl	Tottle	Lliswerry Runners	0:54:52
337	430	M	52	Dave	Charrett		0:54:54
338	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
339	585	M	53	Peter	Welbirg		0:55:04
340	638	M	39	Adrian	Hughes		0:55:07
341	408	M	27	Adrian	Beaumont		0:55:08
342	259	M	36	Simon	Davies		0:55:11
343	633	F	45	Christine	Jones	Multisport RC	0:55:17
344	706	M	51	Wayne	Griffiths		0:55:19
345	173	M	29	Tim	Blacklock		0:55:20
346	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
347	296	M	46	JOHN	ALLEN		0:55:25
348	794	M	21	Thomas	Rees		0:55:25
349	519	M	24	Anthony	Simoncini		0:55:26
350	703	M	35	Steve	Burrow		0:55:26
351	283	M	15	AARON	STEPHENS		0:55:32
352	451	M	36	Aiden	Thomas		0:55:36
353	127	M	39	Mike	Rees		0:55:38
354	556	M	32	Dean	Saunders		0:55:38
355	113	M	47	Gary	Smith		0:55:39
356	603	F	25	EMMA	THOMAS	FITNESS FIRST	0:55:44
357	99	F	40	DEBBIE	POTTER		0:55:45
358	277	F	33	ELEN	WILLIS	Les Croupiers	0:55:49
359	378	F	41	Melanie	Bent		0:55:50
360	758	M	34	Neil	Jones		0:55:53
361	759	M	59	Ken	Powney		0:55:54
362	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
363	236	M	34	Darren	Rixon		0:55:55
364	237	F	31	Louise	Rixon		0:55:56
365	129	M	35	Stuart	Fraser		0:55:56
366	795	M	22	Dewi	Owen		0:55:57
367	241	M	57	Tony	Hall		0:56:02
368	671	F	38	Ceri	White		0:56:04
369	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
370	490	M	43	Nigel	Gunn		0:56:05
371	766	M	36	Steven	Press	Team Wecori	0:56:05
372	788	F	34	Janice	Doyle		0:56:05
373	422	M	33	Paul	Jones	Mumbles Milers	0:56:12
374	64	M	46	ANDREW	HOPKINS		0:56:13
375	53	M	57	COLIN	GARDNER		0:56:15
376	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
377	729	M	38	Alex	Williams		0:56:24
378	160	F	28	Andrea	Wilson		0:56:25
379	159	F	37	Rachel	Gardiner		0:56:25

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
380	728	F	33	Andrea	Williams		0:56:27
381	472	M	44	Graham	Chesterton		0:56:28
382	144	M	47	Ian	Warner		0:56:33
383	598	M	21	STUART	ADAMS		0:56:34
384	1	M	28	Andrew	Llewellyn		0:56:36
385	135	M	64	Howard	Morgan		0:56:39
386	254	M	56	Adrian	Deere-Jones		0:56:40
387	289	M	27	PHILL	LEWIS		0:56:48
388	702	M	41	Eddie	Bessant		0:56:49
389	58	M	39	DARRELL	MORGAN		0:56:51
390	524	M	38	Simon	Thomas		0:56:51
391	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
392	250	F	25	Christine	O'Byrne	U W Swansea Running Club	0:56:52
393	93	F	24	KATE	McNAMARA	Les Croupiers	0:56:53
394	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
395	700	M	69	James	Johnson		0:56:56
396	679	M	35	Martin	Thornton		0:57:00
397	491	M	42	Steve	Morris		0:57:01
398	14	M	34	IAN	COLE		0:57:01
399	749	M	45	Thomas	Davies		0:57:01
400	661	M	48	Phillip	Evans		0:57:08
401	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
402	479	M	32	Julian	Williams		0:57:08
403	619	F	28	SARAH	HUDSON		0:57:09
404	355	M	43	Larry	Burford	Pegasus RC	0:57:09
405	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
406	582	M	34	Justin	Aylett		0:57:10
407	460	M	45	Marcus	Gale		0:57:10
408	122	F	38	Sarah	Morris		0:57:11
409	130	F	33	Helen	Fraser		0:57:23
410	119	M	28	Paul	Tucker		0:57:26
411	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
412	791	F	37	Sarah	packer		0:57:30
413	423	F	43	Andrea	Hamer		0:57:30
414	57	F	45	TERRYL	MORGAN		0:57:31
415	810	M	40	Gareth	Thomas		0:57:42
416	51	F	40	DEBORAH	HOPE		0:57:42
417	345	M	47	Paul	Andrews		0:57:42
418	606	F	36	LINDA	TAYLOR		0:57:42
419	377	F	35	Tamara	Hillman		0:57:42
420	183	M	51	Roger	Vince		0:57:43
421	132	F	36	Sharon	Edelstyn		0:57:43
422	792	M	25	Rhodri	Rees		0:57:43
423	453	M	40	John	Lewis		0:57:43
424	624	M	30	Andrew	Duggan		0:57:43
425	327	F	25	Melony	Brown		0:57:52
426	416	M	24	Ben	Griffiths		0:57:53
427	793	M	55	UK	Tucker		0:57:54
428	385	F	30	Clare	Hingott		0:57:56
429	639	F	43	Claire	James		0:57:57
430	1074	F	36	Sue	Harris		0:57:58
431	67	M	40	JOHN	PARKE		0:57:59
432	425	M	34	Paul	Crouch		0:58:03
433	495	F	56	Kath	Evans		0:58:03
434	625	F	30	Amanda	Duggan		0:58:04
435	480	F	32	Kristina	Williams	Team Deviant	0:58:04
436	353	M	42	Chris	Barnes		0:58:05
437	123	M	39	Philip	Jones		0:58:10
438	437	M	64	Hadyn	Davies		0:58:11
439	809	M	28	Philip	John		0:58:12
440	562	F	33	Sue	Murray		0:58:18
441	227	M	42	Eric	Frew		0:58:22
442	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
443	510	M	54	Ronald	Davies		0:58:28
444	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
445	413	F	37	Cath	Rowlands		0:58:33
446	608	M	37	KIRK	TAYLOR		0:58:33
447	612	F	18	SALLY	MARTIN		0:58:36
448	784	M	52	Graham	Gunn		0:58:37
449	750	M	47	Andrew	Lane		0:58:40
450	568	F	39	Julie	Donovan		0:58:40
451	343	F	34	Ceri	Jones		0:58:41
452	769	M	38	Robert	Jones		0:58:47
453	191	M	50	David	Corcoran		0:58:48
454	594	M	44	LEN	CASLEY		0:58:51
455	102	M	38	Paul	Michael		0:58:53
456	631	M	36	Paul	Thomas		0:59:01

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
457	86	F	26	ALISON	ELLIOTT	Les Croupiers	0:59:01
458	336	M	44	Mark	Rees		0:59:02
459	351	M	15	Michael	Burton		0:59:02
460	781	M	35	Martin	Wells		0:59:07
461	669	M	44	Stephen	Rohman		0:59:08
462	186	F	29	Sarah	Dodd		0:59:08
463	789	F	40	Jane	Dawson		0:59:20
464	768	M	34	Philip	Crockett		0:59:21
465	428	F	50	Sian	Brown		0:59:27
466	525	M	55	ROBERT	BROWN		0:59:32
467	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
468	326	F	29	Sian	Arfon		0:59:39
469	757	M	56	Paul	Waite		0:59:45
470	274	M	47	HUW	GRIFFITHS		0:59:46
471	607	M	37	MIKE	ASHTON		0:59:47
472	787	M	57	Gary	Rees		0:59:48
473	285	F	33	CLARE	SHEARS		0:59:51
474	412	M	60	Robert	Sheffield		0:59:54
475	180	M	33	Hywel	Watkins		0:59:59
476	337	M	34	Justin	Aleman		1:00:00
477	153	F	29	Eleanor	Hale		1:00:02
478	13	F	23	TAMSIN	PEARCE		1:00:03
479	206	M	27	Paul	Lucas		1:00:04
480	278	F	33	CATHERINE	CRIMMINS	Les Croupiers	1:00:05
481	223	F	59	Heather	Payton	Trent Park RC	1:00:09
482	224	M	63	Mike	Matthews		1:00:09
483	255	F	49	Elaine	Davies		1:00:10
484	418	F	37	Rachel	Evans		1:00:13
485	406	M	42	Andy	Rowlands		1:00:14
486	756	M	49	Nigel	Ferrand		1:00:14
487	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
488	484	M	29	Lee	Ashford		1:00:21
489	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
490	774	F	28	Anne	Jones		1:00:25
491	499	F	33	Meinir	Llwyd		1:00:26
492	176	F	45	Catherine	Richards		1:00:26
493	506	M	46	Nigel	Calcutt		1:00:26
494	663	M	40	Huw	Jones		1:00:26
495	502	F	33	Sasha	Macken	Les Croupiers	1:00:26
496	609	M	48	DAVID	MORRIS		1:00:27
497	179	F	30	Sally	Hartnell	Womens Running Network	1:00:30
498	604	F	29	STELLA	RUDD	FITNESS FIRST	1:00:31
499	505	F	43	Deborah	Mitchell		1:00:32
500	325	F	34	Susan	John		1:00:32
501	468	F	49	Pauline	Rees		1:00:32
502	563	M	43	Andrew	Wall		1:00:37
503	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
504	521	M	34	Dylan	Hughes		1:00:41
505	592	M	37	Richard	Howe		1:00:41
506	383	F	51	Anne	Roberts		1:00:46
507	751	M	43	Ian	Viveash		1:00:47
508	527	M	32	HUW	DAVIES		1:00:54
509	432	M	51	Philip	Griffiths		1:00:55
510	256	F	27	Sian	Roberts		1:01:03
511	473	M	15	Ben	Chesterton		1:01:04
512	657	F	38	Nicola	Parkinson		1:01:06
513	365	F	42	Jane	Chappelle		1:01:11
514	280	M	26	OWEN	MORRIS		1:01:12
515	674	M	25	ANDREW	RICHARDS		1:01:17
516	402	F	26	Dawn	Edwards		1:01:18
517	30	F	17	AMY	CLINCH		1:01:18
518	455	F	48	Julie	Williams		1:01:18
519	397	F	32	Heather	Smith		1:01:22
520	363	M	24	Gareth	Evans		1:01:23
521	354	M	26	Carl	Hanney		1:01:26
522	474	M	15	Marcus	Chesterton		1:01:34
523	672	F	38	Sarah	Bracken		1:01:35
524	441	F	40	Alison	Powis	Les Croupiers	1:01:36
525	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
526	476	F	41	Sue	Bennett		1:01:39
527	263	F	32	Emily	Moore		1:01:45
528	659	M	23	Gary	Taylor	Mumbles Milers	1:01:58
529	801	M	36	Richard	Hesketh		1:02:00
530	276	F	23	ABBY	JENKINS		1:02:03
531	429	M	36	Keri	Jones		1:02:24
532	543	M	54	Edward	Newman		1:02:24
533	439	F	39	Jennifer	Stone		1:02:24

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
534	565	M	39	Neil	Pugh		1:02:25
535	528	M	43	GARY	BATTELL		1:02:27
536	471	F	42	Suzanne	Chesterton		1:02:27
537	252	F	32	Jaci	Thomas		1:02:33
538	251	M	35	Mark	Cleland		1:02:33
539	503	F	30	Romina	Carabott		1:02:35
540	28	M	46	MIKE	CLINCH		1:02:39
541	152	F	33	Jo	Lewis		1:02:50
542	211	M	35	Jason	Lewis		1:02:53
543	90	F	51	JAYNE	EVANS		1:02:57
544	197	F	38	Beverly	Rogers		1:02:57
545	134	F	35	Julie	Gething	Womens Running Network	1:02:58
546	76	F	34	BECI	ASPLAND	Womens Running Network	1:02:58
547	75	M	45	LEE	ASPLAND		1:03:04
548	444	F	38	Debbie	Shuffley		1:03:05
549	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
550	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
551	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
552	650	M	48	Nigel	Thomas		1:03:21
553	475	F	49	Myriam	Bonduelle		1:03:22
554	171	F	54	Pat	Seabourne		1:03:28
555	269	M	29	STEVEN	WALSH		1:03:32
556	333	F	42	Vicki	O'Neil		1:03:39
557	334	M	41	John	O'Neil		1:03:40
558	755	M	22	Craig	Thomas		1:03:41
559	22	F	39	SARAH	PLUMMER		1:03:42
560	587	M	49	Graham	Singer		1:03:46
561	446	F	58	Margaret	Barrett		1:03:47
562	284	F	24	REBECCA	MURPHY		1:03:53
563	133	M	45	Phillip	Doel		1:03:58
564	80	M	25	GARETH	ROWE		1:04:09
565	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
566	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
567	94	F	32	RUTH	HAYTON		1:04:21
568	705	M	49	Danny	Griffiths		1:04:22
569	257	F	30	Candace	Hsieh		1:04:30
570	741	F	51	Lorenza	Thomas		1:04:35
571	63	F	43	CATH	HOPKINS		1:04:42
572	698	F	49	Cathryn	Russell		1:04:48
573	89	F	27	KATHERINE	DUERDOTH		1:04:49
574	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
575	542	M	51	Kevin	Llewellyn		1:04:57
576	286	F	29	VICTORIA	RODERICK		1:04:59
577	185	M	52	John	Goodwin		1:05:01
578	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
579	262	F	25	Caitriona	Murphy		1:05:17
580	261	M	24	Ashley	Lansdown		1:05:18
581	779	F	47	Dilys	Morris-Jones		1:05:18
582	174	F	42	Carolyn	Williams		1:05:23
583	161	F	29	Rhian	Jones		1:05:24
584	347	F	40	Liz	Mallen		1:05:39
585	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
586	299	M	46	Wayne	Newton		1:05:48
587	401	F	43	Jayne	Moulton		1:05:50
588	88	M	36	ROBERT	WILLIAMS		1:05:55
589	118	F	40	SARAH	Bowden		1:05:57
590	588	F	26	Joanne	Greenwood	Les Croupiers	1:06:20
591	742	F	21	Lisa	Thomas		1:06:24
592	526	F	45	CERI	JONES		1:06:32
593	577	F	34	Catherine	Tossell		1:06:43
594	530	F	41	DIANE	MCTAVISH		1:06:46
595	264	F	45	Paula	Thomas		1:07:03
596	564	M	50	Graeme	Thelwell		1:07:06
597	560	M	43	Manher	Solanki		1:07:12
598	445	F	45	Ceri	Harnett		1:08:55
599	70	F	38	CHENETTE	THOMAS		1:07:33
600	458	F	25	Mary	Beech		1:07:39
601	24	M	46	ANTHONY	SUDWORTH		1:07:40
602	205	F	28	Caroline	Brockington		1:08:12
603	544	F	39	Carol	Rogers		1:08:41
604	617	F	27	HELEDD	PARRY		1:09:14
605	181	F	32	Kathy	Roberts		1:09:15
606	96	F	42	CATRIN	SAUNDERS		1:09:16
607	682	M	37	Steve	Evans		1:09:18
608	356	M	18	Joseph	Macpherson		1:09:21
609	372	M	35	MARTYN	LENTHALL		1:09:21
610	163	F	44	Kay	Hampton		1:09:22

10k : All Entrants

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
611	162	M	44	Clive	Hampton		1:09:26
612	158	F	30	Lori	Button	Womens Running Network	1:09:27
613	595	F	32	MOLLY	MELHUISH		1:09:29
614	665	F	45	Krysia	Lewandowski		1:09:53
615	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
616	332	M	58	Colin	Moody		1:10:14
617	258	F	25	Katherine	Lee		1:10:16
618	395	F	37	Sarah	Ladd		1:10:24
619	215	M	30	Ceri	Davies		1:10:25
620	216	F	34	Louise	Kinsey		1:10:26
621	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
622	298	F	40	JANE	LEATHEREN		1:10:48
623	489	M	34	John	Arlott		1:10:50
624	709	F	26	Gemma	Williams		1:10:57
625	618	M	30	GARETH	HARRIS		1:11:20
626	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
627	198	F	43	Julie	Hammitt		1:11:38
628	529	F	43	HELEN	MCTAVISH		1:11:46
629	344	F	42	Alexandra	Aubrey		1:11:58
630	192	M	33	Robert	Mainwaring		1:13:17
631	688	M	35	James	Rabaiotti		1:13:21
632	141	M	51	Captain	Beany		1:13:23
633	331	F	25	Sian	Williams		1:13:48
634	81	F	51	SIAN	COLE		1:13:50
635	167	F	46	Gill	Ellis		1:14:03
636	281	F	23	ISOBEL	ADAMS		1:14:13
637	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
638	434	F	40	Ceri	Spencer		1:14:49
639	596	F	29	PRUDENCE	MELHUISH		1:14:49
640	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
641	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
642	330	F	44	Catrin	Clarke		1:15:06
643	591	F	27	Laura	Maguire		1:15:52
644	614	F	41	Pauline	Collier		1:16:07
645	666	F	15	Zosia	Lewandowski		1:16:17
646	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25
647	29	F	42	CHARMAINE	CLINCH		1:16:28
648	117	F	45	Deborah	Walker		1:16:34
649	447	F	32	Jackie	McDonald		1:16:35
650	188	F	34	Joanne	Parry		1:16:38
651	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
652	640	F	40	Wendy	Ivins		1:16:56
653	352	F	37	Suzanne	Thomas		1:18:28
654	370	F	52	SHAARON	PRATT		1:19:53
655	687	F	23	Kay	Lewis		1:23:51
656	689	F	23	Abigail	Bullock		1:23:52

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	713	M	22	Daniel	Gurmin	Abertillery	0:33:31
2	684	M	24	Vito	Graffagnino		0:34:02
3	636	M	28	Scott	Tompsett	Hillington AC	0:34:23
4	511	M	29	Michael	Dury	Islwyn Running Club	0:37:03
5	546	M	37	Stephen	Thomas		0:37:05
6	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
7	139	M	38	Wyn	Barrett		0:37:51
8	359	M	41	Iain	Darby	DML Running Club	0:38:04
9	724	M	22	Erez	Aisenberg		0:38:11
10	246	M	31	Gareth	Battle	Rhondda Tri Club	0:38:16
11	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
12	786	M	33	Alan	Davies		0:38:57
13	678	M	42	Graham	Jefferies		0:39:08
14	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
15	699	M	44	Phil	Adams	Neath Harriers	0:39:28
16	398	M	32	Matthew	Hurford	Les Croupiers	0:40:04
17	287	M	40	CHRIS	PARKER		0:40:20
18	488	M	39	Christopher	Bradshaw		0:40:42
19	615	M	33	David	Monroe		0:40:52
20	202	M	37	Mark	Amos		0:40:56
21	642	M	31	Leighton	Phillips		0:40:59
22	775	M	39	Tony	Cotter		0:41:09
23	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
24	523	M	33	Mark	Rees		0:41:19
25	548	M	44	Neil	Williams		0:41:25
26	195	M	42	Peter	Curran		0:40:41
27	273	M	30	LEE	SHORTER		0:41:27
28	87	M	39	CHRISTOPHER	MATTHEWS		0:41:32
29	155	M	37	Tony	Howson		0:41:33
30	391	M	48	Ron	Jenkins		0:41:35
31	26	M	28	DAVID	PRICE		0:41:48
32	514	M	29	Martin	George		0:42:01
33	723	M	29	Andy	Wilkinson		0:42:16
34	253	M	24	Lee	Morris		0:42:24
35	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
36	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
37	477	M	46	Neil	Lewis		0:42:40
38	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
39	82	M	26	GARETH	COLE		0:42:45
40	507	M	44	Ian	Jones		0:42:47
41	680	M	34	Daran	Jukes	Club 69	0:42:49
42	364	M	43	Jonathan	Smith		0:43:02
43	182	M	33	Andy	Dacey	Lliswerry Runners	0:43:05
44	189	M	40	Michael	Thomas		0:43:16
45	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
46	772	M	42	Michael	Ramsey		0:43:27
47	681	M	40	Howard	Thomas	Club 69	0:43:28
48	805	M	35	Giancarlo	Bianchi		0:43:38
49	754	M	52	Alan	Cole	Newport	0:43:45
50	143	M	43	Philip	Morgan		0:43:49
51	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
52	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
53	225	M	31	Beano	Moran		0:43:54
54	645	M	23	Oliver	Newcombe		0:43:55
55	46	M	39	MICHAEL	HARRY		0:43:56
56	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
57	539	M	20	Paul	Williams		0:43:58
58	207	M	31	Nigel	Nicholas		0:43:59
59	745	M	35	James	Ocaccaghan		0:44:01
60	374	M	33	PETER	SPRIGGS		0:44:03
61	732	M	48	Graham	Barlow		0:44:04
62	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
63	399	M	46	Michael	Marshall		0:44:08
64	552	M	41	Josh	Harry		0:44:09
65	545	M	46	Nigel	Griffiths		0:44:11
66	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
67	486	M	24	Nick	Davies		0:44:19
68	219	M	43	Steve	Martin		0:44:25
69	394	M	41	Jarmo	Suorsa		0:44:31
70	272	M	32	JAMES	BRUCE	Pegasus RC	0:44:33
71	469	M	28	Dean	Llewellyn	South Wales Police	0:44:36

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
73	464	M	40	Paul	Figgins		0:44:39
74	767	M	42	Simon	Warren		0:44:41
75	780	M	48	Peter	Deacon		0:44:46
76	658	M	32	Marcus	Coles	Les Croupiers	0:44:49
77	790	M	38	Dean	Packer		0:44:50
78	743	M	44	James	Hewitt		0:44:55
79	436	M	45	David	Bennett		0:45:12
80	23	M	44	DAVID	BARRETT		0:45:13
81	520	M	31	Gareth	Roberts		0:45:17
82	270	M	38	DARREN	THOMAS		0:45:20
83	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
84	140	M	38	Michael	Tong		0:45:23
85	721	M	46	Phil	Geddes		0:45:26
86	400	M	30	Andy	Shanahan	Pencoed Tri	0:45:37
87	660	M	44	Stephen	Cooper		0:45:40
88	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
89	517	M	31	Trystan	Edwards		0:45:44
90	59	M	26	GARETH	EVANS		0:45:45
91	164	M	27	Laurence	Gray		0:45:50
92	508	M	19	Craig	Harper		0:45:53
93	579	M	26	Marcus	Barrett		0:45:54
94	554	M	41	Gavin	Roberts		0:46:09
95	452	M	32	Richard	Jones		0:46:12
96	731	M	33	Jason	Lewis		0:46:24
97	393	M	39	Geraint	Evans		0:46:25
98	512	M	48	Howard	Cole		0:46:29
99	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
100	804	M	36	Paul	Ford	Brackla Harriers	0:46:35
101	573	M	21	James	Pierce		0:46:39
102	648	M	23	David	Dyer		0:46:39
103	777	M	36	Dafydd	Jones		0:46:40
104	783	M	22	Gareth	Howard		0:46:41
105	746	M	48	Peter	Jones		0:46:42
106	652	M	42	Mark	Rich		0:46:44
107	381	M	24	Ian	Ashton		0:46:46
108	112	M	43	Wayne	Holmes		0:46:48
109	463	M	29	Neil	Jones		0:46:50
110	533	M	35	GARY	JONES		0:46:51
111	172	M	24	Rhodri	Morris		0:46:53
112	108	M	37	Phillip	White		0:46:57
113	453	M	40	John	Lewis		0:46:59
114	405	M	29	Dan	Bailey		0:47:04
115	717	M	29	Neil	Cooksley		0:47:05
116	448	M	44	Stephen	Chambers		0:47:06
117	199	M	49	Andrew	Freedman		0:47:07
118	297	M	35	GERAINT	DAWE	BBC RUNNERS	0:47:13
119	569	M	46	Chris	Moore		0:47:14
120	48	M	23	PAUL	MEMBERY		0:47:16
121	156	M	43	Chris	Johns		0:47:17
122	735	M	18	Sean	McDonnell		0:47:19
123	696	M	43	Michael	Thomas		0:47:20
124	799	M	41	Roger	Bell	3Ms	0:47:22
125	137	M	32	Tom	Pearson		0:47:23
126	338	M	42	Chris	Matthews		0:47:24
127	637	M	17	Craig	Jenkins		0:47:29
128	555	M	48	Simon	Pinner		0:47:25
129	494	M	18	Chris	Griffiths		0:47:26
130	704	M	39	Jeff	Davies		0:47:31
131	238	M	31	Geoff	Jones		0:47:32
132	763	M	25	Neil	Pilliner		0:47:37
133	716	M	43	Philip	Hoskins		0:47:38
134	247	M	41	Bryan	Clemas		0:47:40
135	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
136	169	M	26	Michael	Johns		0:47:44
137	415	M	25	Benjamin	Tucker	Neath Harriers	0:47:45
138	736	M	50	Kieran	McDonnell		0:47:48
139	656	M	36	Rob	Johns		0:47:52
140	558	M	41	Ian	Warburton		0:47:53
141	644	M	36	Mike	Smith		0:47:55
142	220	M	39	Leighton	Roach		0:47:59
143	748	M	28	James	Cochoun		0:48:00
144	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
145	36	M	47	ANDREW	ROTHWELL		0:48:09
146	589	M	23	Ross	Williams		0:48:12
147	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
148	110	M	55	Geoffrey	Johnson		0:48:20

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
150	317	M	42	Mario	Rabaiotti		0:48:27
151	547	M	22	Matthew	Taylor		0:48:32
152	366	M	34	Mike	Griffiths	Team Deviant	0:48:37
153	498	M	29	Gwion	Llwyd		0:48:45
154	685	M	33	Johnny	Lam		0:48:46
155	691	M	39	Jeff	Thomas		0:48:54
156	313	M	30	Simon	Lane		0:48:55
157	733	M	28	Richard	Lloyd		0:48:56
158	586	M	47	Michael	Smith		0:49:00
159	611	M	48	JOHN	MARTIN		0:49:05
160	456	M	44	Simon	Reynolds		0:49:10
161	41	M	33	RICHARD	SIMPSON		0:49:11
162	187	M	43	Geraint	Evans		0:49:11
163	341	M	35	Jonathan	Pask		0:49:12
164	56	M	32	MATTHEW	SEAGER		0:49:13
165	509	M	30	Jonathan	Lewis		0:49:15
166	654	M	35	Brian	Cottan		0:49:17
167	632	M	42	James	Thomas	Brackla Harriers	0:49:21
168	111	M	33	Steve	Terry		0:49:22
169	496	M	46	Paul	Donoghue		0:49:23
170	433	M	30	Mark	Davies		0:49:25
171	340	M	40	David	Rowlands		0:49:27
172	443	M	32	Christian	Rees		0:49:28
173	531	M	40	NEIL	COLEMAN		0:49:29
174	260	M	51	Dave	Walker		0:49:29
175	694	M	52	Neil	Jellings		0:49:34
176	513	M	24	Joseph	Taylor		0:49:45
177	2	M	29	Gawain	Barnard		0:49:45
178	764	M	47	Alan	Hall		0:49:45
179	177	M	37	Neil	Morgan		0:49:46
180	145	M	16	Adam	Bater		0:49:46
181	744	M	32	Mark	Edwards		0:49:46
182	367	M	34	ROBERT	REES		0:49:47
183	752	M	32	Andrew	Wallis		0:49:47
184	124	M	32	Cennydd	Amos		0:49:48
185	321	M	33	Michael	Williams		0:49:57
186	407	M	26	Ryan	Jones		0:49:57
187	561	M	57	Keith	Starr		0:49:58
188	467	M	48	Andrew	Rees		0:49:58
189	695	M	52	Frank	William		0:49:58
190	807	M	26	Gareth	Bishop		0:49:59
191	782	M	17	Thomas	Lewis		0:49:59
192	450	M	57	John	Cunnane	100km Association	0:49:59
193	578	M	24	Stephen	Attwood		0:49:59
194	105	M	46	Mark	Aston		0:49:59
195	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
196	150	M	52	Mike	Lister	Les Croupiers	0:50:02
197	462	M	27	Gavin	Rees		0:50:02
198	481	M	37	Rhydwyn	Harris	Islwyn Running Club	0:50:03
199	738	M	31	John	Ferriday	Pegasus	0:50:06
200	138	M	31	Christian	Prewett		0:50:07
201	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
202	45	M	38	DARREN	JAMES		0:50:18
203	33	M	32	JAY	WILLIAMS		0:50:22
204	459	M	37	Emyr	Thomas		0:50:24
205	667	M	33	Martin	Groves		0:50:27
206	581	M	26	Gareth	Roberts		0:50:31
207	403	M	24	Andrew	Davies		0:50:32
208	295	M	44	DAVID	KAGED		0:50:35
209	739	M	51	Terry	Jones	Vistison	0:50:40
210	376	M	42	PATRICK	SPENCE		0:50:41
211	103	M	50	Martin	Heaven		0:50:45
212	213	M	41	Simon	Cogger		0:50:50
213	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
214	324	M	47	Edward	Fish		0:50:57
215	69	M	61	MICHAEL	DEADMAN		0:50:58
216	776	M	44	Brian	Jenkins	Vistion Running Club	0:51:00
217	701	M	55	Howard	Attwood	Llswerry Runners	0:51:01
218	346	M	43	Stuart	Keeping		0:51:10
219	419	M	26	Dean	Webster	3M Road Runners	0:51:17
220	737	M	38	Ceri	Evans	Celtic Tri	0:51:18
221	427	M	37	Billy	McWilliams		0:51:19
222	109	M	37	Steven	Israel		0:51:21
223	711	M	25	Peter	Murray		0:51:22
224	518	M	24	Dan	Davies		0:51:23
225	222	M	46	Kevin	O'Leary		0:51:29

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
226	492	M	48	Barry	Norris		0:51:29
227	380	M	40	Ray	Greenhouse		0:51:31
228	566	M	37	Mark	Morris	Port Talbot Harriers	0:51:32
229	282	M	35	ROBERT	WILLIAMS		0:51:35
230	390	M	31	Owen	Davies		0:51:38
231	613	M	24	RICHARD	GRIFFIN		0:51:41
232	101	M	32	SIMON	THOMAS		0:51:46
233	306	M	38	Richard	Cadogan	Rhondda Valley Runners	0:51:48
234	714	M	37	Mark	Blieasdale		0:51:51
235	570	M	40	David	Comery		0:51:55
236	550	M	50	Michael	Sullivan		0:51:56
237	233	M	34	Cenydd	James		0:51:57
238	800	M	35	Stephen	Birmingham		0:52:01
239	693	M	24	Adam	Shore		0:52:03
240	120	M	25	Matthew	Pitts		0:52:05
241	803	M	40	Paul	Gelly		0:52:06
242	522	M	42	David	Thomas	Sarn Helen	0:52:07
243	438	M	18	Adam	Davies		0:52:13
244	538	M	42	Eurig	Jenkins		0:52:19
245	719	M	27	Alun	Powell		0:52:19
246	201	M	33	Brendan	Healy		0:52:20
247	414	M	41	Nigel	Holbrook		0:52:20
248	497	M	32	Michael	Halsall		0:52:25
249	166	M	33	James	Webb		0:52:25
250	670	M	41	Paul	Molton		0:52:26
251	567	M	29	James	Davies		0:52:26
252	740	M	51	Tony	Frost		0:52:35
253	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
254	339	M	35	Edward	Harris		0:52:46
255	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
256	242	M	41	Mark	Vivian		0:52:55
257	641	M	41	John	Ivins		0:52:55
258	52	M	36	JONATHAN	WILSON		0:52:56
259	692	M	55	Terry	Shore		0:53:01
260	773	M	43	Dave	Thomas	Team Deviant	0:53:02
261	68	M	34	ANDREW	PICKETT		0:53:02
262	808	M	40	Richard	Hawkins		0:53:09
263	308	M	46	Jeffrey	Mogford		0:53:10
264	18	M	31	SIMON	BLEASDALE		0:53:10
265	77	M	19	OLIVER	WILLIAMS		0:53:10
266	765	M	45	Bob	Gardiner		0:53:11
267	597	M	37	JONATHAN	DAVIES	Islwyn Running Club	0:53:12
268	627	M	30	Michael	Pettit		0:53:12
269	72	M	35	CHRIS	MOLES		0:53:18
270	435	M	43	Mike	Parfitt		0:53:24
271	785	M	28	Mark	Gunn	Park Runners	0:53:30
272	217	M	37	Jonathan	Griffiths		0:53:36
273	361	M	52	David	Griffiths		0:53:46
274	358	M	44	Stephen	Woods		0:53:47
275	149	M	52	John	Harries		0:53:48
276	798	M	39	Gethin	Jones		0:53:49
277	551	M	45	Martin	Walker		0:53:53
278	628	M	55	Michael	Newman	Neath Harriers	0:53:53
279	673	M	55	Barry	James		0:53:54
280	629	M	45	Andrew	Gronert		0:53:55
281	635	M	51	Gerald	Gray		0:54:06
282	697	M	44	Paul	Rundle		0:54:06
283	16	M	31	KWOK	LEE	GLAMORGAN HEALTH & RACQUET C	0:54:06
284	730	M	34	Nick	Jones		0:54:07
285	15	M	34	DAVID	KEANE		0:54:07
286	540	M	34	Mark	Parsons		0:54:08
287	747	M	44	Andy	Bray		0:54:15
288	664	M	50	Paul	Bigmorw		0:54:16
289	107	M	42	Paul	Blake		0:54:26
290	734	M	51	Bernard	Henderson		0:54:29
291	168	M	42	Philip	Moore		0:54:35
292	478	M	55	Peter	Whittemore		0:54:35
293	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
294	228	M	39	Eryl	Tottle	Llswerry Runners	0:54:52
295	430	M	52	Dave	Charrett		0:54:54
296	585	M	53	Peter	Welbirg		0:55:04
297	638	M	39	Adrian	Hughes		0:55:07
298	408	M	27	Adrian	Beaumont		0:55:08
299	259	M	36	Simon	Davies		0:55:11
300	706	M	51	Wayne	Griffiths		0:55:19
301	173	M	29	Tim	Blacklock		0:55:20
302	296	M	46	JOHN	ALLEN		0:55:25

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
303	794	M	21	Thomas	Rees		0:55:25
304	519	M	24	Anthony	Simoncini		0:55:26
305	703	M	35	Steve	Burrow		0:55:26
306	283	M	15	AARON	STEPHENS		0:55:32
307	451	M	36	Aiden	Thomas		0:55:36
308	127	M	39	Mike	Rees		0:55:38
309	556	M	32	Dean	Saunders		0:55:38
310	113	M	47	Gary	Smith		0:55:39
311	758	M	34	Neil	Jones		0:55:53
312	759	M	59	Ken	Powney		0:55:54
313	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
314	236	M	34	Darren	Rixon		0:55:55
315	129	M	35	Stuart	Fraser		0:55:56
316	795	M	22	Dewi	Owen		0:55:57
317	241	M	57	Tony	Hall		0:56:02
318	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
319	490	M	43	Nigel	Gunn		0:56:05
320	766	M	36	Steven	Press	Team Wecori	0:56:05
321	422	M	33	Paul	Jones	Mumbles Milers	0:56:12
322	64	M	46	ANDREW	HOPKINS		0:56:13
323	53	M	57	COLIN	GARDNER		0:56:15
324	729	M	38	Alex	Williams		0:56:24
325	472	M	44	Graham	Chesterton		0:56:28
326	144	M	47	Ian	Warner		0:56:33
327	598	M	21	STUART	ADAMS		0:56:34
328	1	M	28	Andrew	Llewellyn		0:56:36
329	135	M	64	Howard	Morgan		0:56:39
330	254	M	56	Adrian	Deere-Jones		0:56:40
331	289	M	27	PHILL	LEWIS		0:56:48
332	702	M	41	Eddie	Bessant		0:56:49
333	58	M	39	DARRELL	MORGAN		0:56:51
334	524	M	38	Simon	Thomas		0:56:51
335	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
336	700	M	69	James	Johnson		0:56:56
337	679	M	35	Martin	Thornton		0:57:00
338	491	M	42	Steve	Morris		0:57:01
339	14	M	34	IAN	COLE		0:57:01
340	749	M	45	Thomas	Davies		0:57:01
341	661	M	48	Philip	Evans		0:57:08
342	479	M	32	Julian	Williams		0:57:08
343	355	M	43	Larry	Burford	Pegasus RC	0:57:09
344	582	M	34	Justin	Aylett		0:57:10
345	460	M	45	Marcus	Gale		0:57:10
346	119	M	28	Paul	Tucker		0:57:26
347	810	M	40	Gareth	Thomas		0:57:42
348	345	M	47	Paul	Andrews		0:57:42
349	183	M	51	Roger	Vince		0:57:43
350	792	M	25	Rhodri	Rees		0:57:43
351	453	M	40	John	Lewis		0:57:43
352	624	M	30	Andrew	Duggan		0:57:43
353	416	M	24	Ben	Griffiths		0:57:53
354	793	M	55	UK	Tucker		0:57:54
355	67	M	40	JOHN	PARKE		0:57:59
356	425	M	34	Paul	Crouch		0:58:03
357	353	M	42	Chris	Barnes		0:58:05
358	123	M	39	Phillip	Jones		0:58:10
359	437	M	64	Hadyn	Davies		0:58:11
360	809	M	28	Phillip	John		0:58:12
361	227	M	42	Eric	Frew		0:58:22
362	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
363	510	M	54	Ronald	Davies		0:58:28
364	608	M	37	KIRK	TAYLOR		0:58:33
365	784	M	52	Graham	Gunn		0:58:37
366	750	M	47	Andrew	Lane		0:58:40
367	769	M	38	Robert	Jones		0:58:47
368	191	M	50	David	Corcoran		0:58:48
369	594	M	44	LEN	CASLEY		0:58:51
370	102	M	38	Paul	Michael		0:58:53
371	631	M	36	Paul	Thomas		0:59:01
372	336	M	44	Mark	Rees		0:59:02
373	351	M	15	Michael	Burton		0:59:02
374	781	M	35	Martin	Wells		0:59:07
375	669	M	44	Stephen	Rohman		0:59:08
376	768	M	34	Phillip	Crockett		0:59:21
377	525	M	55	ROBERT	BROWN		0:59:32
378	757	M	56	Paul	Waite		0:59:45
379	274	M	47	HUW	GRIFFITHS		0:59:46

10k : Male

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
380	607	M	37	MIKE	ASHTON		0:59:47
381	787	M	57	Gary	Rees		0:59:48
382	412	M	60	Robert	Sheffield		0:59:54
383	180	M	33	Hywel	Watkins		0:59:59
384	337	M	34	Justin	Aleman		1:00:00
385	206	M	27	Paul	Lucas		1:00:04
386	224	M	63	Mike	Matthews		1:00:09
387	406	M	42	Andy	Rowlands		1:00:14
388	756	M	49	Nigel	Ferrand		1:00:14
389	484	M	29	Lee	Ashford		1:00:21
390	506	M	46	Nigel	Calcutt		1:00:26
391	663	M	40	Huw	Jones		1:00:26
392	609	M	48	DAVID	MORRIS		1:00:27
393	563	M	43	Andrew	Wall		1:00:37
394	521	M	34	Dylan	Hughes		1:00:41
395	592	M	37	Richard	Howe		1:00:41
396	751	M	43	Ian	Viveash		1:00:47
397	527	M	32	HUW	DAVIES		1:00:54
398	432	M	51	Philip	Griffiths		1:00:55
399	473	M	15	Ben	Chesterton		1:01:04
400	280	M	26	OWEN	MORRIS		1:01:12
401	674	M	25	ANDREW	RICHARDS		1:01:17
402	363	M	24	Gareth	Evans		1:01:23
403	354	M	26	Carl	Hanney		1:01:26
404	474	M	15	Marcus	Chesterton		1:01:34
405	659	M	23	Gary	Taylor	Mumbles Milers	1:01:58
406	801	M	36	Richard	Hesketh		1:02:00
407	429	M	36	Keri	Jones		1:02:24
408	543	M	54	Edward	Newman		1:02:24
409	565	M	39	Neil	Pugh		1:02:25
410	528	M	43	GARY	BATTELL		1:02:27
411	251	M	35	Mark	Cleland		1:02:33
412	28	M	46	MIKE	CLINCH		1:02:39
413	211	M	35	Jason	Lewis		1:02:53
414	75	M	45	LEE	ASPLAND		1:03:04
415	650	M	48	Nigel	Thomas		1:03:21
416	269	M	29	STEVEN	WALSH		1:03:32
417	334	M	41	John	O'Neil		1:03:40
418	755	M	22	Craig	Thomas		1:03:41
419	587	M	49	Graham	Singer		1:03:46
420	133	M	45	Phillip	Doel		1:03:58
421	80	M	25	GARETH	ROWE		1:04:09
422	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
423	705	M	49	Danny	Griffiths		1:04:22
424	542	M	51	Kevin	Llewellyn		1:04:57
425	185	M	52	John	Goodwin		1:05:01
426	261	M	24	Ashley	Lansdown		1:05:18
427	299	M	46	Wayne	Newton		1:05:48
428	88	M	36	ROBERT	WILLIAMS		1:05:55
429	564	M	50	Graeme	Thelwell		1:07:06
430	560	M	43	Manher	Solanki		1:07:12
431	24	M	46	ANTHONY	SUDWORTH		1:07:40
432	682	M	37	Steve	Evans		1:09:18
433	356	M	18	Joseph	Macpherson		1:09:21
434	372	M	35	MARTYN	LENTHALL		1:09:21
435	162	M	44	Clive	Hampton		1:09:26
436	332	M	58	Colin	Moody		1:10:14
437	215	M	30	Ceri	Davies		1:10:25
438	489	M	34	John	Arlott		1:10:50
439	618	M	30	GARETH	HARRIS		1:11:20
440	192	M	33	Robert	Mainwaring		1:13:17
441	688	M	35	James	Rabaiotti		1:13:21
442	141	M	51	Captain	Beany		1:13:23
443	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
444	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot
Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	762	M	47	Richard	Jones	Swansea Harriers	0:37:41
2	359	M	41	Iain	Darby	DML Running Club	0:38:04
3	349	M	47	Neil	Davies	Cornelly Striders	0:38:31
4	678	M	42	Graham	Jefferies		0:39:08
5	771	M	45	Colin	Elvins	Swansea Harriers	0:39:16
6	699	M	44	Phil	Adams	Neath Harriers	0:39:28
7	287	M	40	CHRIS	PARKER		0:40:20
8	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
9	548	M	44	Neil	Williams		0:41:25
10	195	M	42	Peter	Curran		0:40:41
11	391	M	48	Ron	Jenkins		0:41:35
12	348	M	45	Bill	Pletcher	Cardiff Triathletes	0:42:33
13	504	M	41	Paul	Sullivan	Pontypridd Roadents	0:42:39
14	477	M	46	Neil	Lewis		0:42:40
15	753	M	42	Stephen	Powell	Port Talbot Harriers	0:42:43
16	507	M	44	Ian	Jones		0:42:47
17	364	M	43	Jonathan	Smith		0:43:02
18	189	M	40	Michael	Thomas		0:43:16
19	727	M	47	Geoffrey	O'Keefe	Abertillery	0:43:26
20	772	M	42	Michael	Ramsey		0:43:27
21	681	M	40	Howard	Thomas	Club 69	0:43:28
22	754	M	52	Alan	Cole	Newport	0:43:45
23	143	M	43	Philip	Morgan		0:43:49
24	312	M	42	Shane	Wilde	Islwyn Running Club	0:43:51
25	49	M	48	RICHARD	SEWELL	Les Croupiers	0:43:53
26	292	M	40	ANDY	BOWEN	WEST 4 HARRIERS	0:43:57
27	732	M	48	Graham	Barlow		0:44:04
28	797	M	41	Malcolm	Turner	Team Deviant	0:44:08
29	399	M	46	Michael	Marshall		0:44:08
30	552	M	41	Josh	Harry		0:44:09
31	545	M	46	Nigel	Griffiths		0:44:11
32	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
33	219	M	43	Steve	Martin		0:44:25
34	394	M	41	Jarmo	Suorsa		0:44:31
35	580	M	42	Paul	Cable	Taff Ely Tri	0:44:37
36	464	M	40	Paul	Figgins		0:44:39
37	767	M	42	Simon	Warren		0:44:41
38	780	M	48	Peter	Deacon		0:44:46
39	743	M	44	James	Hewitt		0:44:55
40	436	M	45	David	Bennett		0:45:12
41	23	M	44	DAVID	BARRETT		0:45:13
42	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
43	721	M	46	Phil	Geddes		0:45:26
44	660	M	44	Stephen	Cooper		0:45:40
45	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
46	554	M	41	Gavin	Roberts		0:46:09
47	512	M	48	Howard	Cole		0:46:29
48	796	M	47	Kevin	Gardener	Chepstow Harriers	0:46:30
49	746	M	48	Peter	Jones		0:46:42
50	652	M	42	Mark	Rich		0:46:44
51	112	M	43	Wayne	Holmes		0:46:48
52	453	M	40	John	Lewis		0:46:59
53	448	M	44	Stephen	Chambers		0:47:06
54	199	M	49	Andrew	Freedman		0:47:07
55	569	M	46	Chris	Moore		0:47:14
56	156	M	43	Chris	Johns		0:47:17
57	696	M	43	Michael	Thomas		0:47:20
58	799	M	41	Roger	Bell	3Ms	0:47:22
59	338	M	42	Chris	Matthews		0:47:24
60	555	M	48	Simon	Pinner		0:47:25
61	716	M	43	Philip	Hoskins		0:47:38
62	247	M	41	Bryan	Clemas		0:47:40
63	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
64	736	M	50	Kieran	McDonnell		0:47:48
65	558	M	41	Ian	Warburton		0:47:53
66	91	M	48	DOUG	WEBB	FOREST OF DEAN ATHLETIC CLUB	0:48:03
67	36	M	47	ANDREW	ROTHWELL		0:48:09
68	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
69	110	M	55	Geoffrey	Johnson		0:48:20
70	584	M	44	Raymond	James	Port Talbot Harriers	0:48:22
71	317	M	42	Mario	Rabaiotti		0:48:27

10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	586	M	47	Michael	Smith		0:49:00
73	611	M	48	JOHN	MARTIN		0:49:05
74	456	M	44	Simon	Reynolds		0:49:10
75	187	M	43	Geraint	Evans		0:49:11
76	632	M	42	James	Thomas	Brackla Harriers	0:49:21
77	496	M	46	Paul	Donoghue		0:49:23
78	340	M	40	David	Rowlands		0:49:27
79	531	M	40	NEIL	COLEMAN		0:49:29
80	260	M	51	Dave	Walker		0:49:29
81	694	M	52	Neil	Jellings		0:49:34
82	764	M	47	Alan	Hall		0:49:45
83	561	M	57	Keith	Starr		0:49:58
84	467	M	48	Andrew	Rees		0:49:58
85	695	M	52	Frank	William		0:49:58
86	450	M	57	John	Cunnane	100km Association	0:49:59
87	105	M	46	Mark	Aston		0:49:59
88	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
89	150	M	52	Mike	Lister	Les Croupiers	0:50:02
90	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
91	295	M	44	DAVID	KAGED		0:50:35
92	739	M	51	Terry	Jones	Vistison	0:50:40
93	376	M	42	PATRICK	SPENCE		0:50:41
94	103	M	50	Martin	Heaven		0:50:45
95	213	M	41	Simon	Cogger		0:50:50
96	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
97	324	M	47	Edward	Fish		0:50:57
98	69	M	61	MICHAEL	DEADMAN		0:50:58
99	776	M	44	Brian	Jenkins	Vistion Running Club	0:51:00
100	701	M	55	Howard	Attwood	Liswerry Runners	0:51:01
101	346	M	43	Stuart	Keeping		0:51:10
102	222	M	46	Kevin	O'Leary		0:51:29
103	492	M	48	Barry	Norris		0:51:29
104	380	M	40	Ray	Greenhouse		0:51:31
105	570	M	40	David	Comery		0:51:55
106	550	M	50	Michael	Sullivan		0:51:56
107	803	M	40	Paul	Gelly		0:52:06
108	522	M	42	David	Thomas	Sarn Helen	0:52:07
109	538	M	42	Eurig	Jenkins		0:52:19
110	414	M	41	Nigel	Holbrook		0:52:20
111	670	M	41	Paul	Molton		0:52:26
112	740	M	51	Tony	Frost		0:52:35
113	770	M	46	Kewwyn	Davies	Team Wecori	0:52:40
114	616	M	43	SIMON	FRANKS	Swansea Harriers	0:52:47
115	242	M	41	Mark	Vivian		0:52:55
116	641	M	41	John	Ivins		0:52:55
117	692	M	55	Terry	Shore		0:53:01
118	773	M	43	Dave	Thomas	Team Deviant	0:53:02
119	808	M	40	Richard	Hawkins		0:53:09
120	308	M	46	Jeffrey	Mogford		0:53:10
121	765	M	45	Bob	Gardiner		0:53:11
122	435	M	43	Mike	Parfitt		0:53:24
123	361	M	52	David	Griffiths		0:53:46
124	358	M	44	Stephen	Woods		0:53:47
125	149	M	52	John	Harries		0:53:48
126	551	M	45	Martin	Walker		0:53:53
127	628	M	55	Michael	Newman	Neath Harriers	0:53:53
128	673	M	55	Barry	James		0:53:54
129	629	M	45	Andrew	Gronert		0:53:55
130	635	M	51	Gerald	Gray		0:54:06
131	697	M	44	Paul	Rundle		0:54:06
132	747	M	44	Andy	Bray		0:54:15
133	664	M	50	Paul	Bigmorw		0:54:16
134	107	M	42	Paul	Blake		0:54:26
135	734	M	51	Bernard	Henderson		0:54:29
136	168	M	42	Philip	Moore		0:54:35
137	478	M	55	Peter	Whittemore		0:54:35
138	245	M	46	Neil	Lewis	Mumbles Milers	0:54:37
139	430	M	52	Dave	Charrett		0:54:54
140	585	M	53	Peter	Welbirg		0:55:04
141	706	M	51	Wayne	Griffiths		0:55:19
142	296	M	46	JOHN	ALLEN		0:55:25
143	113	M	47	Gary	Smith		0:55:39
144	759	M	59	Ken	Powney		0:55:54
145	301	M	43	Jeff	Jones	Rhondda Tri Club	0:55:55
146	241	M	57	Tony	Hall		0:56:02
147	461	M	45	Steve	Williams	Mumbles Milers	0:56:04
148	490	M	43	Nigel	Gunn		0:56:05

10k : Male : over 40

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	64	M	46	ANDREW	HOPKINS		0:56:13
150	53	M	57	COLIN	GARDNER		0:56:15
151	472	M	44	Graham	Chesterton		0:56:28
152	144	M	47	Ian	Warner		0:56:33
153	135	M	64	Howard	Morgan		0:56:39
154	254	M	56	Adrian	Deere-Jones		0:56:40
155	702	M	41	Eddie	Bessant		0:56:49
156	634	M	45	Ieuan	Jones	Multisport RC	0:56:52
157	700	M	69	James	Johnson		0:56:56
158	491	M	42	Steve	Morris		0:57:01
159	749	M	45	Thomas	Davies		0:57:01
160	661	M	48	Philip	Evans		0:57:08
161	355	M	43	Larry	Burford	Pegasus RC	0:57:09
162	460	M	45	Marcus	Gale		0:57:10
163	810	M	40	Gareth	Thomas		0:57:42
164	345	M	47	Paul	Andrews		0:57:42
165	183	M	51	Roger	Vince		0:57:43
166	453	M	40	John	Lewis		0:57:43
167	793	M	55	UK	Tucker		0:57:54
168	67	M	40	JOHN	PARKE		0:57:59
169	353	M	42	Chris	Barnes		0:58:05
170	437	M	64	Hadyn	Davies		0:58:11
171	227	M	42	Eric	Frew		0:58:22
172	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
173	510	M	54	Ronald	Davies		0:58:28
174	784	M	52	Graham	Gunn		0:58:37
175	750	M	47	Andrew	Lane		0:58:40
176	191	M	50	David	Corcoran		0:58:48
177	594	M	44	LEN	CASLEY		0:58:51
178	336	M	44	Mark	Rees		0:59:02
179	669	M	44	Stephen	Rohman		0:59:08
180	525	M	55	ROBERT	BROWN		0:59:32
181	757	M	56	Paul	Waite		0:59:45
182	274	M	47	HUW	GRIFFITHS		0:59:46
183	787	M	57	Gary	Rees		0:59:48
184	412	M	60	Robert	Sheffield		0:59:54
185	224	M	63	Mike	Matthews		1:00:09
186	406	M	42	Andy	Rowlands		1:00:14
187	756	M	49	Nigel	Ferrand		1:00:14
188	506	M	46	Nigel	Calcutt		1:00:26
189	663	M	40	Huw	Jones		1:00:26
190	609	M	48	DAVID	MORRIS		1:00:27
191	563	M	43	Andrew	Wall		1:00:37
192	751	M	43	Ian	Viveash		1:00:47
193	432	M	51	Philip	Griffiths		1:00:55
194	543	M	54	Edward	Newman		1:02:24
195	528	M	43	GARY	BATTELL		1:02:27
196	28	M	46	MIKE	CLINCH		1:02:39
197	75	M	45	LEE	ASPLAND		1:03:04
198	650	M	48	Nigel	Thomas		1:03:21
199	334	M	41	John	O'Neil		1:03:40
200	587	M	49	Graham	Singer		1:03:46
201	133	M	45	Phillip	Doel		1:03:58
202	342	M	43	Keith	Harris	Mumbles Milers	1:04:13
203	705	M	49	Danny	Griffiths		1:04:22
204	542	M	51	Kevin	Llewellyn		1:04:57
205	185	M	52	John	Goodwin		1:05:01
206	299	M	46	Wayne	Newton		1:05:48
207	564	M	50	Graeme	Thelwell		1:07:06
208	560	M	43	Manher	Solanki		1:07:12
209	24	M	46	ANTHONY	SUDWORTH		1:07:40
210	162	M	44	Clive	Hampton		1:09:26
211	332	M	58	Colin	Moody		1:10:14
212	141	M	51	Captain	Beany		1:13:23
213	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
214	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot
Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male : over 50

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	320	M	55	Calvin	Thomas	Islwyn Running Club	0:41:12
2	754	M	52	Alan	Cole	Newport	0:43:45
3	710	M	54	Peter	Turner	Cornelly Striders	0:44:17
4	675	M	59	Francis	Stevans	Pegasus RC	0:45:21
5	43	M	52	MIKE	RIDOUT	Brackla Harriers	0:45:43
6	328	M	56	Don	Holloway	Brackla Harriers	0:47:43
7	736	M	50	Kieran	McDonnell		0:47:48
8	626	M	50	John	Weeks	Islwyn Running Club	0:48:15
9	110	M	55	Geoffrey	Johnson		0:48:20
10	260	M	51	Dave	Walker		0:49:29
11	694	M	52	Neil	Jellings		0:49:34
12	561	M	57	Keith	Starr		0:49:58
13	695	M	52	Frank	William		0:49:58
14	450	M	57	John	Cunnane	100km Association	0:49:59
15	708	M	56	Glyn	Hicks	Islwyn RC	0:50:00
16	150	M	52	Mike	Lister	Les Croupiers	0:50:02
17	572	M	71	Arthur	Phillips	Sospan RR	0:50:17
18	739	M	51	Terry	Jones	Vistison	0:50:40
19	103	M	50	Martin	Heaven		0:50:45
20	622	M	50	DOUGAL	WILSON-CROOME	BROCKWEIR BADGERS	0:50:53
21	69	M	61	MICHAEL	DEADMAN		0:50:58
22	701	M	55	Howard	Attwood	Lliswerry Runners	0:51:01
23	550	M	50	Michael	Sullivan		0:51:56
24	740	M	51	Tony	Frost		0:52:35
25	692	M	55	Terry	Shore		0:53:01
26	361	M	52	David	Griffiths		0:53:46
27	149	M	52	John	Harries		0:53:48
28	628	M	55	Michael	Newman	Neath Harriers	0:53:53
29	673	M	55	Barry	James		0:53:54
30	635	M	51	Gerald	Gray		0:54:06
31	664	M	50	Paul	Bigmorw		0:54:16
32	734	M	51	Bernard	Henderson		0:54:29
33	478	M	55	Peter	Whittemore		0:54:35
34	430	M	52	Dave	Charrett		0:54:54
35	585	M	53	Peter	Welbirg		0:55:04
36	706	M	51	Wayne	Griffiths		0:55:19
37	759	M	59	Ken	Powney		0:55:54
38	241	M	57	Tony	Hall		0:56:02
39	53	M	57	COLIN	GARDNER		0:56:15
40	135	M	64	Howard	Morgan		0:56:39
41	254	M	56	Adrian	Deere-Jones		0:56:40
42	700	M	69	James	Johnson		0:56:56
43	183	M	51	Roger	Vince		0:57:43
44	793	M	55	UK	Tucker		0:57:54
45	437	M	64	Hadyn	Davies		0:58:11
46	571	M	53	Malcolm	Jones	Brackla Harriers	0:58:23
47	510	M	54	Ronald	Davies		0:58:28
48	784	M	52	Graham	Gunn		0:58:37
49	191	M	50	David	Corcoran		0:58:48
50	525	M	55	ROBERT	BROWN		0:59:32
51	757	M	56	Paul	Waite		0:59:45
52	787	M	57	Gary	Rees		0:59:48
53	412	M	60	Robert	Sheffield		0:59:54
54	224	M	63	Mike	Matthews		1:00:09
55	432	M	51	Philip	Griffiths		1:00:55
56	543	M	54	Edward	Newman		1:02:24
57	542	M	51	Kevin	Llewellyn		1:04:57
58	185	M	52	John	Goodwin		1:05:01
59	564	M	50	Graeme	Thelwell		1:07:06
60	332	M	58	Colin	Moody		1:10:14
61	141	M	51	Captain	Beany		1:13:23
62	315	M	62	Eric	Ricketts	3M Road Runners	1:14:59
63	449	M	69	Ron	Harris	Lliswerry Runners	1:16:25

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Male : aged 15-18

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	735	M	18	Sean	McDonnell		0:47:19
2	637	M	17	Craig	Jenkins		0:47:29
3	494	M	18	Chris	Griffiths		0:47:26
4	145	M	16	Adam	Bater		0:49:46
5	782	M	17	Thomas	Lewis		0:49:59
6	438	M	18	Adam	Davies		0:52:13
7	283	M	15	AARON	STEPHENS		0:55:32
8	351	M	15	Michael	Burton		0:59:02
9	473	M	15	Ben	Chesterton		1:01:04
10	474	M	15	Marcus	Chesterton		1:01:34
11	356	M	18	Joseph	Macpherson		1:09:21

RNLI REINDEER RUN

Margam Park, Port Talbot
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10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	720	F	26	Laura	Jackson	Cardiff University Harriers	0:41:17
2	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
3	718	F	35	Jaime	Ortiz-Canavate		0:42:53
4	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
5	200	F	32	Samantha	Healy		0:44:23
6	420	F	26	Heidi	Selch		0:44:52
7	515	F	37	Catherine	Darby	DML Running Club	0:45:02
8	802	F	25	Sharon	Ford	Brackla Harriers	0:45:42
9	726	F	26	Rebecca	Jones	Port Talbot Harriers	0:45:55
10	248	F	38	Kate	Rees		0:46:55
11	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
12	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
13	760	F	42	Jane	Buck	Cardigan	0:47:41
14	574	F	37	Helen	Eve		0:49:16
15	653	F	32	Marie	Buchanan		0:49:26
16	194	F	40	Lynn	Goward		0:49:42
17	470	F	30	Angharad	Roberts	Les Croupiers	0:50:38
18	549	F	28	Emma	Washburn		0:50:39
19	715	F	29	Carol	Moseley		0:50:42
20	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
21	409	F	37	Andrea	Phillips		0:51:00
22	620	F	20	LORNA	HICKS	Les Croupiers	0:51:01
23	62	F	30	DAISY	SEABOURNE		0:51:02
24	66	F	21	MELISSA	BLYTH		0:51:28
25	39	F	39	KATE	PHILLIPS		0:51:30
26	541	F	33	Mandy	Morris	Neath Harriers	0:51:45
27	387	F	26	Anna	Chambers		0:52:12
28	493	F	16	Isobel	Norris		0:52:17
29	240	F	31	Natalie	Parsons		0:52:21
30	389	F	33	Diane	Brownhill	Womens Running Network	0:52:29
31	54	F	22	SARAH	RHODES		0:52:36
32	121	F	28	Eleri	Price		0:52:41
33	590	F	30	Paula	Strong		0:53:13
34	722	F	42	Pip	Francis		0:53:14
35	646	F	39	Vanessa	Turnbull		0:53:15
36	411	F	45	Dawn	French	3M Road Runners	0:53:38
37	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
38	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
39	384	F	37	Jane	Voyle		0:54:07
40	404	F	25	Mair	Lewis		0:54:08
41	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
42	557	F	43	Beverley	Warburton		0:54:51
43	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
44	633	F	45	Christine	Jones	Multisport RC	0:55:17
45	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
46	603	F	25	EMMA	THOMAS	FITNESS FIRST	0:55:44
47	99	F	40	DEBBIE	POTTER		0:55:45
48	277	F	33	ELEN	WILLIS	Les Croupiers	0:55:49
49	378	F	41	Melanie	Bent		0:55:50
50	237	F	31	Louise	Rixon		0:55:56
51	671	F	38	Ceri	White		0:56:04
52	788	F	34	Janice	Doyle		0:56:05
53	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
54	160	F	28	Andrea	Wilson		0:56:25
55	159	F	37	Rachel	Gardiner		0:56:25
56	728	F	33	Andrea	Williams		0:56:27
57	250	F	25	Christine	O'Byrne	U W Swansea Running Club	0:56:52
58	93	F	24	KATE	McNAMARA	Les Croupiers	0:56:53
59	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
60	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
61	619	F	28	SARAH	HUDSON		0:57:09
62	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
63	122	F	38	Sarah	Morris		0:57:11
64	130	F	33	Helen	Fraser		0:57:23
65	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
66	791	F	37	Sarah	packer		0:57:30
67	423	F	43	Andrea	Hamer		0:57:30
68	57	F	45	TERRYL	MORGAN		0:57:31
69	51	F	40	DEBORAH	HOPE		0:57:42
70	606	F	36	LINDA	TAYLOR		0:57:42
71	377	F	35	Tamara	Hillman		0:57:42

10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	132	F	36	Sharon	Edelstyn		0:57:43
73	327	F	25	Melony	Brown		0:57:52
74	385	F	30	Clare	Hingott		0:57:56
75	639	F	43	Claire	James		0:57:57
76	1074	F	36	Sue	Harris		0:57:58
77	495	F	56	Kath	Evans		0:58:03
78	625	F	30	Amanda	Duggan		0:58:04
79	480	F	32	Kristina	Williams	Team Deviant	0:58:04
80	562	F	33	Sue	Murray		0:58:18
81	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
82	413	F	37	Cath	Rowlands		0:58:33
83	612	F	18	SALLY	MARTIN		0:58:36
84	568	F	39	Julie	Donovan		0:58:40
85	343	F	34	Ceri	Jones		0:58:41
86	86	F	26	ALISON	ELLIOTT	Les Croupiers	0:59:01
87	186	F	29	Sarah	Dodd		0:59:08
88	789	F	40	Jane	Dawson		0:59:20
89	428	F	50	Sian	Brown		0:59:27
90	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
91	326	F	29	Sian	Arfon		0:59:39
92	285	F	33	CLARE	SHEARS		0:59:51
93	153	F	29	Eleanor	Hale		1:00:02
94	13	F	23	TAMSIN	PEARCE		1:00:03
95	278	F	33	CATHERINE	CRIMMINS	Les Croupiers	1:00:05
96	223	F	59	Heather	Payton	Trent Park RC	1:00:09
97	255	F	49	Elaine	Davies		1:00:10
98	418	F	37	Rachel	Evans		1:00:13
99	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
100	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
101	774	F	28	Anne	Jones		1:00:25
102	499	F	33	Meinir	Llwyd		1:00:26
103	176	F	45	Catherine	Richards		1:00:26
104	502	F	33	Sasha	Macken	Les Croupiers	1:00:26
105	179	F	30	Sally	Hartnell	Womens Running Network	1:00:30
106	604	F	29	STELLA	RUDD	FITNESS FIRST	1:00:31
107	505	F	43	Deborah	Mitchell		1:00:32
108	325	F	34	Susan	John		1:00:32
109	468	F	49	Pauline	Rees		1:00:32
110	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
111	383	F	51	Anne	Roberts		1:00:46
112	256	F	27	Sian	Roberts		1:01:03
113	657	F	38	Nicola	Parkinson		1:01:06
114	365	F	42	Jane	Chappelle		1:01:11
115	402	F	26	Dawn	Edwards		1:01:18
116	30	F	17	AMY	CLINCH		1:01:18
117	455	F	48	Julie	Williams		1:01:18
118	397	F	32	Heather	Smith		1:01:22
119	672	F	38	Sarah	Bracken		1:01:35
120	441	F	40	Alison	Powis	Les Croupiers	1:01:36
121	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
122	476	F	41	Sue	Bennett		1:01:39
123	263	F	32	Emily	Moore		1:01:45
124	276	F	23	ABBY	JENKINS		1:02:03
125	439	F	39	Jennifer	Stone		1:02:24
126	471	F	42	Suzanne	Chesterton		1:02:27
127	252	F	32	Jaci	Thomas		1:02:33
128	503	F	30	Romina	Carabott		1:02:35
129	152	F	33	Jo	Lewis		1:02:50
130	90	F	51	JAYNE	EVANS		1:02:57
131	197	F	38	Beverly	Rogers		1:02:57
132	134	F	35	Julie	Gething	Womens Running Network	1:02:58
133	76	F	34	BECI	ASPLAND	Womens Running Network	1:02:58
134	444	F	38	Debbie	Shuffley		1:03:05
135	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
136	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
137	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
138	475	F	49	Myriam	Bonduelle		1:03:22
139	171	F	54	Pat	Seabourne		1:03:28
140	333	F	42	Vicki	O'Neil		1:03:39
141	22	F	39	SARAH	PLUMMER		1:03:42
142	446	F	58	Margaret	Barrett		1:03:47
143	284	F	24	REBECCA	MURPHY		1:03:53
144	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
145	94	F	32	RUTH	HAYTON		1:04:21
146	257	F	30	Candace	Hsieh		1:04:30
147	741	F	51	Lorenza	Thomas		1:04:35
148	63	F	43	CATH	HOPKINS		1:04:42

10k : Female

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
149	698	F	49	Cathryn	Russell		1:04:48
150	89	F	27	KATHERINE	DUERDOTH		1:04:49
151	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
152	286	F	29	VICTORIA	RODERICK		1:04:59
153	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
154	262	F	25	Caitriona	Murphy		1:05:17
155	779	F	47	Dilys	Morris-Jones		1:05:18
156	174	F	42	Carolyn	Williams		1:05:23
157	161	F	29	Rhian	Jones		1:05:24
158	347	F	40	Liz	Mallen		1:05:39
159	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
160	401	F	43	Jayne	Moulton		1:05:50
161	118	F	40	SARAH	Bowden		1:05:57
162	588	F	26	Joanne	Greenwood	Les Croupiers	1:06:20
163	742	F	21	Lisa	Thomas		1:06:24
164	526	F	45	CERI	JONES		1:06:32
165	577	F	34	Catherine	Tossell		1:06:43
166	530	F	41	DIANE	MCTAVISH		1:06:46
167	264	F	45	Paula	Thomas		1:07:03
168	445	F	45	Ceri	Harnett		1:08:55
169	70	F	38	CHENETTE	THOMAS		1:07:33
170	458	F	25	Mary	Beech		1:07:39
171	205	F	28	Caroline	Brockington		1:08:12
172	544	F	39	Carol	Rogers		1:08:41
173	617	F	27	HELEDD	PARRY		1:09:14
174	181	F	32	Kathy	Roberts		1:09:15
175	96	F	42	CATRIN	SAUNDERS		1:09:16
176	163	F	44	Kay	Hampton		1:09:22
177	158	F	30	Lori	Button	Womens Running Network	1:09:27
178	595	F	32	MOLLY	MELHUIH		1:09:29
179	665	F	45	Krysia	Lewandowski		1:09:53
180	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
181	258	F	25	Katherine	Lee		1:10:16
182	395	F	37	Sarah	Ladd		1:10:24
183	216	F	34	Louise	Kinsey		1:10:26
184	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
185	298	F	40	JANE	LEATHEREN		1:10:48
186	709	F	26	Gemma	Williams		1:10:57
187	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
188	198	F	43	Julie	Hammett		1:11:38
189	529	F	43	HELEN	MCTAVISH		1:11:46
190	344	F	42	Alexandra	Aubrey		1:11:58
191	331	F	25	Sian	Williams		1:13:48
192	81	F	51	SIAN	COLE		1:13:50
193	167	F	46	Gill	Ellis		1:14:03
194	281	F	23	ISOBEL	ADAMS		1:14:13
195	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
196	434	F	40	Ceri	Spencer		1:14:49
197	596	F	29	PRUDENCE	MELHUIH		1:14:49
198	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
199	330	F	44	Catrin	Clarke		1:15:06
200	591	F	27	Laura	Maguire		1:15:52
201	614	F	41	Pauline	Collier		1:16:07
202	666	F	15	Zosia	Lewandowski		1:16:17
203	29	F	42	CHARMAINE	CLINCH		1:16:28
204	117	F	45	Deborah	Walker		1:16:34
205	447	F	32	Jackie	McDonald		1:16:35
206	188	F	34	Joanne	Parry		1:16:38
207	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
208	640	F	40	Wendy	Ivins		1:16:56
209	352	F	37	Suzanne	Thomas		1:18:28
210	370	F	52	SHAARON	PRATT		1:19:53
211	687	F	23	Kay	Lewis		1:23:51
212	689	F	23	Abigail	Bullock		1:23:52

RNLI REINDEER RUN

Margam Park, Port Talbot
Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Female : over 35

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	725	F	35	Sharon	Leech	Amman Valley Harriers	0:42:02
2	718	F	35	Jaime	Ortiz-Canavate		0:42:53
3	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
4	515	F	37	Catherine	Darby	DML Running Club	0:45:02
5	248	F	38	Kate	Rees		0:46:55
6	37	F	44	SIAN	PHILLIPS	Swansea Harriers	0:47:18
7	760	F	42	Jane	Buck	Cardigan	0:47:41
8	574	F	37	Helen	Eve		0:49:16
9	194	F	40	Lynn	Goward		0:49:42
10	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
11	409	F	37	Andrea	Phillips		0:51:00
12	39	F	39	KATE	PHILLIPS		0:51:30
13	722	F	42	Pip	Francis		0:53:14
14	646	F	39	Vanessa	Turnbull		0:53:15
15	411	F	45	Dawn	French	3M Road Runners	0:53:38
16	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
17	487	F	41	Cath	Bradshaw	Brackla Harriers	0:53:54
18	384	F	37	Jane	Voyle		0:54:07
19	761	F	38	Hillary	McCarthy	Cardigan	0:54:24
20	557	F	43	Beverley	Warburton		0:54:51
21	290	F	39	KATHRYN	JOHN	3M Road Runners	0:55:03
22	633	F	45	Christine	Jones	Multisport RC	0:55:17
23	243	F	41	Andrea	Reynolds	Swansea Harriers	0:55:22
24	99	F	40	DEBBIE	POTTER		0:55:45
25	378	F	41	Melanie	Bent		0:55:50
26	671	F	38	Ceri	White		0:56:04
27	388	F	37	Julie	Roche	Fairwater Runners	0:56:20
28	159	F	37	Rachel	Gardiner		0:56:25
29	307	F	38	Kelly	Gipson	Team Deviant	0:57:08
30	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
31	122	F	38	Sarah	Morris		0:57:11
32	778	F	35	Tracey	Newman	Les Croupiers	0:57:29
33	791	F	37	Sarah	packer		0:57:30
34	423	F	43	Andrea	Hamer		0:57:30
35	57	F	45	TERRYL	MORGAN		0:57:31
36	51	F	40	DEBORAH	HOPE		0:57:42
37	606	F	36	LINDA	TAYLOR		0:57:42
38	377	F	35	Tamara	Hillman		0:57:42
39	132	F	36	Sharon	Edelstyn		0:57:43
40	639	F	43	Claire	James		0:57:57
41	1074	F	36	Sue	Harris		0:57:58
42	495	F	56	Kath	Evans		0:58:03
43	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
44	413	F	37	Cath	Rowlands		0:58:33
45	568	F	39	Julie	Donovan		0:58:40
46	789	F	40	Jane	Dawson		0:59:20
47	428	F	50	Sian	Brown		0:59:27
48	350	F	43	Shirley	Davies	Womens Running Network	0:59:38
49	223	F	59	Heather	Payton	Trent Park RC	1:00:09
50	255	F	49	Elaine	Davies		1:00:10
51	418	F	37	Rachel	Evans		1:00:13
52	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
53	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
54	176	F	45	Catherine	Richards		1:00:26
55	505	F	43	Deborah	Mitchell		1:00:32
56	468	F	49	Pauline	Rees		1:00:32
57	576	F	41	Sandra	Williams	Mumbles Milers	1:00:40
58	383	F	51	Anne	Roberts		1:00:46
59	657	F	38	Nicola	Parkinson		1:01:06
60	365	F	42	Jane	Chappelle		1:01:11
61	455	F	48	Julie	Williams		1:01:18
62	672	F	38	Sarah	Bracken		1:01:35
63	441	F	40	Alison	Powis	Les Croupiers	1:01:36
64	226	F	37	Fiona	Neill	Mumbles Milers	1:01:36
65	476	F	41	Sue	Bennett		1:01:39
66	439	F	39	Jennifer	Stone		1:02:24
67	471	F	42	Suzanne	Chesterton		1:02:27
68	90	F	51	JAYNE	EVANS		1:02:57
69	197	F	38	Beverly	Rogers		1:02:57
70	134	F	35	Julie	Gething	Womens Running Network	1:02:58
71	444	F	38	Debbie	Shuffley		1:03:05

10k : Female : over 35

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
72	424	F	35	Carol	Vyner	3M Road Runners	1:03:05
73	335	F	36	Finola	Wilson	Womens Running Network	1:03:14
74	532	F	44	AMANDA	BEER	Womens Running Network	1:03:14
75	475	F	49	Myriam	Bonduelle		1:03:22
76	171	F	54	Pat	Seabourne		1:03:28
77	333	F	42	Vicki	O'Neil		1:03:39
78	22	F	39	SARAH	PLUMMER		1:03:42
79	446	F	58	Margaret	Barrett		1:03:47
80	417	F	37	Jacqui	Lewis-Griffiths		1:04:10
81	741	F	51	Lorenza	Thomas		1:04:35
82	63	F	43	CATH	HOPKINS		1:04:42
83	698	F	49	Cathryn	Russell		1:04:48
84	576	F	41	Sandra	Williams	Mumbles Milers	1:04:54
85	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
86	779	F	47	Dilys	Morris-Jones		1:05:18
87	174	F	42	Carolyn	Williams		1:05:23
88	347	F	40	Liz	Mallen		1:05:39
89	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
90	401	F	43	Jayne	Moulton		1:05:50
91	118	F	40	SARAH	Bowden		1:05:57
92	526	F	45	CERI	JONES		1:06:32
93	530	F	41	DIANE	MCTAVISH		1:06:46
94	264	F	45	Paula	Thomas		1:07:03
95	445	F	45	Ceri	Harnett		1:08:55
96	70	F	38	CHENETTE	THOMAS		1:07:33
97	544	F	39	Carol	Rogers		1:08:41
98	96	F	42	CATRIN	SAUNDERS		1:09:16
99	163	F	44	Kay	Hampton		1:09:22
100	665	F	45	Krysia	Lewandowski		1:09:53
101	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
102	395	F	37	Sarah	Ladd		1:10:24
103	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
104	298	F	40	JANE	LEATHEREN		1:10:48
105	302	F	41	Linda	Burnell	Womens Running Network	1:11:27
106	198	F	43	Julie	Hammett		1:11:38
107	529	F	43	HELEN	MCTAVISH		1:11:46
108	344	F	42	Alexandra	Aubrey		1:11:58
109	81	F	51	SIAN	COLE		1:13:50
110	167	F	46	Gill	Ellis		1:14:03
111	357	F	41	Alyson	Jones	Womens Running Network	1:14:48
112	434	F	40	Ceri	Spencer		1:14:49
113	330	F	44	Catrin	Clarke		1:15:06
114	614	F	41	Pauline	Collier		1:16:07
115	29	F	42	CHARMAINE	CLINCH		1:16:28
116	117	F	45	Deborah	Walker		1:16:34
117	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
118	640	F	40	Wendy	Ivins		1:16:56
119	352	F	37	Suzanne	Thomas		1:18:28
120	370	F	52	SHAARON	PRATT		1:19:53

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

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10k : Female : over 45

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	630	F	50	Dawn	Kenwright	Sarn Helen	0:43:08
2	623	F	48	RUTH	CROOME	BROCKWEIR BADGERS	0:50:51
3	411	F	45	Dawn	French	3M Road Runners	0:53:38
4	537	F	47	Pauline	Williams	Neath Harriers	0:53:54
5	633	F	45	Christine	Jones	Multisport RC	0:55:17
6	157	F	47	Janice	Clement	Penarth & Dinas Runners	0:57:09
7	57	F	45	TERRYL	MORGAN		0:57:31
8	495	F	56	Kath	Evans		0:58:03
9	605	F	50	CELIA	THOMAS	FITNESS FIRST	0:58:29
10	428	F	50	Sian	Brown		0:59:27
11	223	F	59	Heather	Payton	Trent Park RC	1:00:09
12	255	F	49	Elaine	Davies		1:00:10
13	314	F	49	Anita	Griffiths	3M Road Runners	1:00:20
14	221	F	45	Doranne	Beresford	Rothwell Harriers	1:00:25
15	176	F	45	Catherine	Richards		1:00:26
16	468	F	49	Pauline	Rees		1:00:32
17	383	F	51	Anne	Roberts		1:00:46
18	455	F	48	Julie	Williams		1:01:18
19	90	F	51	JAYNE	EVANS		1:02:57
20	475	F	49	Myriam	Bonduelle		1:03:22
21	171	F	54	Pat	Seabourne		1:03:28
22	446	F	58	Margaret	Barrett		1:03:47
23	741	F	51	Lorenza	Thomas		1:04:35
24	698	F	49	Cathryn	Russell		1:04:48
25	65	F	47	JACKIE	BLYTH	Swansea Harriers	1:05:12
26	779	F	47	Dilys	Morris-Jones		1:05:18
27	707	F	51	Elaine	Williams	Islwyn RC	1:05:46
28	526	F	45	CERI	JONES		1:06:32
29	264	F	45	Paula	Thomas		1:07:03
30	445	F	45	Ceri	Harnett		1:08:55
31	665	F	45	Krysia	Lewandowski		1:09:53
32	74	F	46	MICHELLE	JAMES-ELLISON		1:09:58
33	230	F	47	Marianne	Burridge	Fairwater Runners	1:10:42
34	81	F	51	SIAN	COLE		1:13:50
35	167	F	46	Gill	Ellis		1:14:03
36	117	F	45	Deborah	Walker		1:16:34
37	599	F	62	DAPHNE	AUSTERBERRY		1:16:55
38	370	F	52	SHAARON	PRATT		1:19:53

RNLI REINDEER RUN

Margam Park, Port Talbot

Sunday 4 December 2005

Timing and Results by [activEVENTS.co.uk](http://www.activEVENTS.co.uk)

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10k : Female : aged 15-18

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Position	Race #	Cat	Age	Forename	Surname	Club	Time
1	600	F	18	CERI	TOTHILL	BBC RUNNERS	0:47:33
2	493	F	16	Isobel	Norris		0:52:17
3	593	F	16	Eleri	Williams	Les Croupiers	0:56:54
4	612	F	18	SALLY	MARTIN		0:58:36
5	30	F	17	AMY	CLINCH		1:01:18
6	431	F	16	Llaima Mali	Cardenas	Womens Running Network	1:14:53
7	666	F	15	Zosia	Lewandowski		1:16:17