

## Rhayader Round the Lakes 20m 2008

No	Surname	Forename	Club	Age	Gender	Local	Time
67	Butler	Andrew	HalesowenA & CC	0	M		2.03.34
166	Garratt	Mark	RRC	0	M		2.05.23
122	Thomas	Stephen	Islwyn RC	0	M		2.06.47
81	Pye	Shaw	Amazing Feet	0	M		2.07.44
173	Duckworth	Kevin	Dudley & Kingswinford	40	M		2.07.51
259	Parker	Chris	Swansea Harriers	40	M		2.08.37
291	Smith	Ian	Forest of Dean AC	45	M		2.09.01
194	Newey	Jonathan	Malvern Joggers	0	M		2.09.19
230	Price	Glyn	Sarn Helen	40	M		2.09.43
156	Bungay	Graham	Southampton RC	40	M		2.10.34
180	Ridgway	Iain	Eryri Harriers	0	M		2.11.09
256	Davis	Nick	Chepstow Harriers	0	M		2.11.44
246	Scriven	Matt	Mercia Fell Runners	0	M		2.12.43
267	King	Stephen	AberystwythAC	0	M		2.13.40
223	Vorres	Dimitri	Griffithstown Harriers	45	M		2.15.57
290	Thomas	Carwyn	Sarn Helen	0	M		2.16.00
239	Fletcher	Glyn	Maldwyn Harriers	45	M		2.16.32
262	Kendrick	Philip	Brecon AC	45	M		2.17.14
232	Jones	Adrian	Dudley & Kingswinford	0	M		2.18.38
254	Weaver	Adrian	Dudley & Kingswinford	0	M		2.18.52
189	Roberts	Dewi Wyn	Bro Dysynni	0	M		2.19.03
517	Phillips	Clare	Swansea Harriers	35	F		2.19.07
238	George	Martin	SospanRR	0	M		2.19.31
2	Barnes	Nigel	Port Talbot	40	M		2.19.44
215	Warrick	Mike	Rhayader AC	55	M	L	2.19.46
78	Devoy	Tony	Wirral AC	50	M		2.20.48
228	Ryall	Samuel	U/A	0	M		2.21.08
102	Churchward	Ian	Lytchett Manor Striders	0	M		2.21.39
137	Smithers	David	U/A	0	M		2.21.44
209	Hartnall	Haydn	Islwyn RC	45	M		2.21.52
39	Billingham	David	Cheltenham &	40	M		2.21.56
153	Fulcher	Chris	Port Talbot Harriers	40	M		2.21.58
271	Wilson	Barry	Ludlow Runners	55	M		2.22.02
214	Grosvenor	Sean	U/A	0	M		2.22.05
191	Wilde	David	Bridgnorth AC	45	M		2.22.26
281	White	Ade	Islwyn RC	40	M		2.23.02
604	Jackson	Heather	U/A	0	F		2.23.05
105	Hayes	Richard	Wreccsam Tri	0	M		2.23.43
284	Barnes	Paul	Cheltenham & Dis Harr	45	M		2.23.53
71	Rose	David	Stourbridge R	45	M		2.23.59
241	Clarke	Steve	U/A	0	M		2.24.04
237	Thomas	Andrew	SospanRR	40	M		2.24.13
85	Stadden	Bryan	Bitton RR	50	M		2.24.14
24	Bone	Craig	Amazing Feet	45	M		2.24.25
15	Bateman	Jeremy	Ripley RC	50	M		2.24.30
264	Davies	Mark	Wye Valley Runnrs	0	M		2.25.39
229	Price	Huw	Sarn Helen	40	M		2.25.54
287	Lambeth	Dafydd	Islwyn RC	0	M		2.27.02
38	Spencer	Andrew	Fairwater Runnrs	45	M		2.27.18
279	Powell	Dave	Aberystwyth AC	45	M		2.27.32
233	Adams	Phil'	Neath Harriers	45	M		2.27.37
202	Heard	Tom	U/A	0	M		2.27.40

213	Maycock	Matthew	U/A	0 M		2.28.37
197	Crump	Peter	U/A	0 M		2.28.47
263	McLoughlin	Ted	U/A	50 M		2.29.07
218	Rees	Stafford	Rhayader AC	0 M	L	2.29.10
613	Grosvenor	Emma	U/A	0 F		2.29.13
119	Durnall	Paul	Stourbridge	0 M		2.29.30
13	Bateman	Jonathan	RRC	55 M		2.30.00
164	Laraway	Simon	Bitton RR	0 M		2.31.22
190	Nash	Pete	Royal Navy AC	45 M		2.31.32
231	Peach	Tony	Lytchett Manor Striders	40 M		2.32.15
106	Morris	John	Vegetarion C & AC	50 M		2.32.17
56	Bowen	Simon	Bromsgrove & Reddditc	0 M		2.32.19
224	Whitfield	MARk	Beaumont RC	0 M		2.32.28
227	Kisbee	Murray	Sarn Helen	55 M		2.32.34
77	Gadsden	Marc	Telford Harriers	0 M		2.32.44
274	Horton	Peter	Sneyd Striders	50 M		2.32.55
188	Cusack	Mark	Malvern Joggers	0 M		2.32.57
161	Godwin	MARtin	U/A	0 M		2.33.02
272	Taylor	Paul	U/A	0 M		2.33.06
638	Dollar	Tessa	U/A	0 F		2.33.09
630	Barker	Louise	Aberystwyth AC	0 F		2.33.12
75	Newbury	John	U/A	45 M		2.33.26
73	Roberts	Simon	Buckley Runners	0 M		2.33.39
54	McCorkell	Mike	Tattenhall Runners	0 M		2.33.43
124	Glaze	Nigel	Telford AC	40 M		2.33.48
278	Richards	Gary	Builth & Dist	50 M		2.33.59
585	Jarvis	Jacki	Oswestry Olympians	45 F		2.34.06
130	Jackson	Colin	Aldridge RC	60 M		2.34.13
273	Read	Adrian	Sneyd Striders	50 M		2.34.32
155	Highfield	Colin	Sneyd Striders	45 M		2.34.37
280	Ruston	Stuart	U/A	40 M		2.34.49
240	Davies	Clive	SospanRR	45 M		2.35.01
27	Amos	John	Amazing Feet	50 M		2.35.06
172	Ballinger	Paul	Denbigh Harriers	50 M		2.35.19
501	Davies	Julie	Griffithstown Harriers	35 F		2.35.22
199	Foale	Peter	Aberystwyth AC	55 M		2.35.25
554	Edwards	Janet	Shrops Shufflers	45 F		2.35.32
181	Park	Stuart	Westbury Harriers	0 M		2.35.54
123	Perry	Mark	Griffithstown Harriers	0 M		2.35.59
65	Richards	Paul	Dudley & Kingswinford	40 M		2.36.07
151	Jackson	Mark	Bolton Tri Club	45 M		2.36.11
283	Myles	Chris	Shrops Shufflers	40 M		2.36.16
31	Williams	Alex	RRC	40 M		2.36.21
133	Shannon	Ronald	Bitton RR	50 M		2.36.38
33	Gosling	Ronald	NewMarske Harriers	45 M		2.36.40
86	Meacham	Robert	Lytchett Manor Striders	40 M		2.36.45
591	Staite	Jane	Telford Harriers	40 F		2.36.47
179	Charles	Paul	Pegasus RC	45 M		2.36.51
107	Bickerton	Stephen	U/A	50 M		2.36.59
84	Saunders	Richard	Wallasey AC	45 M		2.37.18
80	Cox	Richard	Dudley & Kingswinford	0 M		2.37.22
205	Mole	Robert	Bromsgrove & Reddditc	0 M		2.37.35
251	Jones	Tim	Shrops Shufflers	45 M		2.37.51
113	Sutch	Thomas	U/A	0 M		2.37.58
277	Saunders	Alun	U/A	0 M		2.38.20
104	Whymant	David	Amazing Feet	60 M		2.38.23

629	Robson	Trish	Westbury Harriers	45 F		2.38.28
260	Duncombe	Mark	Sarn Helen	45 M		2.38.35
234	Lewis	Julian	U/A	0 M		2.39.03
83	Ashmead	Gareth	Yeovil Town RC	45 M		2.39.15
288	Johnson	Richard	Islwyn RC	0 M		2.39.19
26	Taylor	Andy	RRC	40 M		2.39.34
285	Bunston	Michael	Islwyn RC	0 M		2.39.47
612	Swingler	Val	Shrops Shufflers	40 F	L	2.40.00
292	Price	Ian	Stourbridge RC	45 M		2.40.02
49	Ward	Alun	U/A	0 M		2.40.27
154	Gibbs	Mike	Bitton RR	40 M		2.40.41
160	Andrews	Kirk	Stourbridge RC	45 M		2.40.55
57	Dobbs	Russell	Islwyn RC	0 M		2.41.06
35	Blake	Paul	Sth West RR	0 M		2.41.45
16	Burnage	Paul	Lordshill RR	45 M		2.41.53
572	Andrews	Sharon	Bitton RR	40 F		2.42.41
212	Wenlock	Tony	Aberystwyth AC	50 M		2.43.22
236	Hooper	Martin	SospanRR	45 M		2.43.26
177	Lewis	Terry	Islwyn RC	45 M		2.43.33
148	Letheren	Michael	Lordshill RR	55 M		2.43.49
109	Marshall	Alex	Northbrook AC	45 M		2.43.56
63	Walters	Peter	Stourbridge R	0 M		2.44.05
584	Sault	Deb	U/A	35 F		2.44.11
170	Bajic	Stephen	Telford Harriers	45 M		2.44.13
226	Pryce	D.Avid	Eryri Harriers	40 M		2.44.19
58	Dobbs	Jim	Islwyn RC	55 M		2.44.23
92	Sheppard	David	Stourbridge RC	45 M		2.44.30
512	Lee	Angela	Lordshill RR	45 F		2.44.34
69	Jones	Stephen	Islwyn RC	50 M		2.44.48
592	Massey	Louise	Amazing Feet	40 F		2.44.51
149	Jackson	Nick	Bolton Tri Club	0 M		2.44.53
162	Grant	Neil	U/A	0 M		2.45.14
174	Rivers	Stephen	U/A	0 M		2.45.27
125	Cockrell	Nigel	Black Pear Joggers	40 M		2.45.30
165	Hodgson	Tony	Merieonnydd	55 M		2.45.34
556	Page	Clare	U/A	0 F		2.45.59
621	McCrae	Lori	WorcesterAC	35 F		2.46.13
146	Brown	Peter	U/A	0 M		2.46.17
147	Perry	David	Shrops Shufflers	40 M		2.46.21
622	Byrne	Bernadette	Amazing Feet	50 F		2.46.23
217	Bennett	Chris	Rhayader AC	0 M	L	2.46.27
96	Davies	Paul	U/A	40 M		2.46.37
115	Williamson	Colin	Shrops Shufflers	60 M		2.46.39
131	Heede	Kevin	Shrops Shufflers	40 M		2.46.41
255	Shields	Dominic	San Domenico	40 M		2.46.47
632	Warrick	Asha	U/A	0 F		2.47.15
636	Hardy	Lorraine	Shrops Shufflers	45 F		2.47.44
87	Trow	Peter	Amazing Feet	45 M		2.47.45
553	John	Amanda	Amman Valley H	40 F		2.47.48
187	Sanders	Gerald	Amazing Feet	50 M		2.48.08
42	Hughes	Mark	Shrops Shufflers	0 M		2.48.15
95	Tovey	Austin	U/A	0 M		2.48.38
30	Whincup	Stephen	Sth Cheshire Harriers	45 M		2.48.50
561	Powell	Amanda	Amazing Feet	0 F		2.49.00
25	Joseph	Patrick	Lordshill RR	40 M		2.49.19
120	James	Brian	Cheadle RC	40 M		2.49.21

82	Goodall	Ian	Merry Hill Striders	40	M		2.49.27
608	Carroll	Michelle	Almost Athletes	35	F		2.49.36
66	Brooks	Richard	U/A	0	M		2.49.40
619	Vlaarkamp	Judith	Lytchett Manor Striders	0	F		2.50.42
544	Pincombe	Lynda	Yeovil Town RC	35	F		2.50.49
235	Lewis	Stephen	U/A	40	M		2.51.14
583	Park	Lynne	Forest of Dean AC	45	F		2.51.24
221	Haynes	Kevin	Lytchett Manor Striders	45	M		2.51.33
627	Parkinson	Bridget	Aberystwyth AC	0	F		2.51.59
289	Kimberley	Simon	Sneyd Striders	45	M		2.52.15
573	Williams	Lorna	U/A	45	F		2.52.32
286	Birch	Sean	Islwyn RC	0	M		2.52.36
219	Crossley	Tony	East Grinstead AC	50	M		2.52.55
615	Conway	Kate	Lytchett Manor Striders	40	F		2.53.05
116	Sterry-Macdonald	George	Amazing Feet	0	M		2.53.07
564	Davies	Nicola	Stourbridge RC	0	F		2.53.26
141	Mail	David	Cambridge & CC	50	M		2.53.32
590	Dyu	Lily	Team Deviant	35	F		2.53.37
150	Jackson	Steven	Bolton Tri Club	50	M		2.53.44
266	Fuller	Alexander	U/A	0	M		2.54.00
5	Hooson	David	Royal Sutton AC	45	M		2.54.26
243	Simpson	Derek	U/A	50	M		2.54.35
79	Chaffey	Martin	Yeovil Town RC	0	M		2.54.40
511	Spick	Claire	Bitton RR	45	F		2.54.43
144	Barnes	Andy	RRC	45	M		2.54.51
159	Stock	Philip	U/A	0	M		2.55.01
98	Pye	David	Amazing Feet	55	M		2.55.05
134	Palmer	Richard	U/A	40	M		2.55.10
507	Cole	Barbara	Shrops Shufflers	50	F		2.55.53
168	Sinnott	David	Saddleworth RC	55	M		2.55.56
242	Robson	Dave	Elvet Striders	55	M		2.56.02
195	Lewis	Neil	Mumbles Milers	45	M		2.56.13
618	Jones	Tricia	WallaseyAC	45	F		2.56.19
252	Eden	Andy	U/A	45	M		2.56.21
594	Garratt	Anna	RRC	40	F		2.56.31
578	Swaysland	Sarah	RRC	35	F		2.56.45
624	Roberts	Glenda	Aberystwyth AC	50	F		2.56.53
626	O'Sullivan	Kate	Aberystwyth AC	40	F		2.56.55
152	Ballard	Neil	Oswestry Olympians	45	M		2.57.47
143	Ridout	Mike	Brackla Harriers	50	M		2.57.58
138	Preece	Wayne	U/A	55	M		2.58.01
91	Gillan	Robert	U/A	50	M		2.58.07
545	Morgan	Carole	Shrops Shufflers	60	F		2.58.21
140	Evans	Edwin	Welsh Masters AA	60	M		2.58.23
601	Turner	Donna	Dudley & Kingswinford	35	F		2.58.23
244	Cromie	Andrew	Rhayader AC	40	M	L	2.58.31
163	Wilding	Russell	Amazing Feet	0	M		2.58.55
602	Follis	Joy	Dudley & Kingswinford	55	F		2.59.03
253	Jones	Milton	Shrops Shufflers	45	M		2.59.19
11	Boughton	Ellis	U/A	0	M		2.59.22
610	Hendre	Jacqueline	Shrops Shufflers	50	F		2.59.24
570	Hooper	Ellie	Amazing Feet	50	F		2.59.31
145	Howe	Andrew	Worcester AC	45	M		2.59.39
565	Rees	Samantha	Hook Norton Harriers	35	F		2.59.47
620	Rees	Penelope	TROT	0	F		2.59.53
616	Brown	Angela			F		2.59.58

178	Domoney	Richard	U/A	0 M		3.00.00
45	Stokes	Paul	U/A	0 M		3.00.24
581	Richardson	Bridget	Queensferry RC	45 F		3.00.30
185	Naylor	Adam	Bolton Tri Club	0 M		3.00.38
577	Collett	Sarah	Cobra RC	0 F		3.01.06
48	Wood	Chris	Shrops Shufflers	50 M		3.01.17
18	Downey	Colin	Dudley & Kingswinford	45 M		3.01.30
3	Hall	Ian	Amazing Feet	45 M		3.01.47
261	Moorhouse	Andy	Dudley & Kingswinford	0 M		3.02.00
559	Jones	Anita	Amazing Feet	35 F		3.02.09
523	Samuelson-Dean	Katie	Cambridge & CC	0 F		3.02.32
41	Gillman	Darren	Spa Striders	0 M		3.02.34
257	Smith	Philip	Wye Valley Runnrs	50 M		3.02.48
89	Bergonzini	Alain	U/A	45 M		3.03.05
32	Morris	Andy	U/A	0 M		3.03.23
631	Williams	Sian	Maldwyn Harriers	45 F		3.03.39
44	Gibbons	Andrew	Westbury Harriers	40 M		3.03.40
258	Hartnell	Nathan	U/A	0 M		3.03.59
603	Yeoman	Helen	Lytchett Manor Striders	40 F		3.04.09
600	Jones	Carole	Brecon AC	50 F		3.04.27
606	Edwards	Clare	Wreccsam Tri	0 F		3.04.39
275	Somerfield	Christopher	Aldridge RC	0 M		3.05.09
502	Staniforth	Jane	Stroud & Dist AC	45 F		3.05.47
276	Foster	David	U/A	0 M		3.06.21
543	Newbury	Joanne	U/A	45 F		3.06.39
203	Drew	David	U/A	60 M		3.06.42
546	Arthan	Liz	Oswestry Olympians	45 F		3.06.44
265	Colton	Thomas	U/A	0 M		3.06.56
611	Garston	Marion	Aberystwyth AC	40 F		3.07.22
99	Jones	Anthony	Black Pear Joggers	0 M		3.07.41
536	Volland	Helen	Skelmersdale Bounders	0 F		3.08.19
201	Alsworth	Michael	100 Marathon Club	55 M		3.08.47
270	Kedde	Michael	U/A	0 M		3.09.07
196	Morgan-Harvey	Huw	U/A	0 M		3.1.32
249	Jones	Malcolm	Brackla Harriers	55 M		3.10.10
293	Noble	Andrew	Wye Valley Runnrs	40 M		3.10.21
220	Jenkins	Alun	Rhayader AC	40 M	L	3.10.23
8	Maher	Chris	U/A	55 M		3.11.05
4	Goodchild	Derek	Lordshill RR	60 M		3.11.37
43	Smith	Simon	U/A	40 M		3.12.24
62	Whittall	Robert	U/A	0 M		3.12.27
6	Thomas	Neil	Black Dog RC	40 M		3.12.30
169	Bailey	Richard	Shrops Shufflers	60 M		3.12.34
538	Dixon	Angela	Skelmersdale Bounders	0 F		3.12.40
568	Warrington	Frances	Dudley & Kingswinford	45 F		3.12.51
576	Lewis	Sarah	Amazing Feet	35 F		3.13.24
136	Llewellyn	James	Rh & D AC	0 M	L	3.13.52
589	Humphreys	Melitsa	Black Pear Joggers	45 F		3.15.56
549	Saunders	Rachel	Wallasey	45 F		3.16.21
192	Jackson	David	U/A	45 M		3.16.43
527	Hammond	Susan	Eden Runners	0 F		3.16.48
633	Roberts	Bethan	Black Pear Joggers	45 F		3.16.54
250	Hodgkiss	Ian	U/A	0 M		3.17.45
268	Cunnane	John	100km Ass.	55 M		3.19.57
186	Davies	Matthew	U/A	0 M		3.20.20
129	Campbell	Malcolm	U/A	55 M		3.20.45

142	Barker	Christopher	Malvern Joggers	55	M		3.20.51
637	Birch	Colleen	Islwyn RC	0	F	L	3.21.00
609	Banning-Boddy	Nondus	Rhayader AC	55	F		3.21.02
563	Huxtable	Fiona	Chester Tri	0	F		3.22.02
555	Paterson	Susan	U/A	45	F		3.23.10
595	Howell	Toni	U/A	40	F		3.23.38
175	Mackay	Ian	Droitwich AC	0	M		3.23.42
582	Hailey	Dee	Hook Norton Harriers	55	F		3.24.04
208	Burrows	Barry	U/A		M		3.24.24
634	Higginson	Ruth	Rhayader AC	40	F		3.25.19
225	Lawrence	Peter	Stratford AC	60	M		3.25.28
628	Hooper	Joanne	Black Pear Joggers	35	F		3.25.40
90	Burton	Richard	Shrops Shufflers	45	M		3.25.45
547	Ashmead	Annie	Yeovil Town RC	40	F		3.25.57
121	Delaney	Joe	Village RR	50	M		3.26.40
550	Rees	Wendy	Griffithstown Harriers	45	F		3.27.08
593	Bishop	Dawn	Stourbridge RC	0	F		3.27.11
20	Hillman	Paul	Maldwyn Harriers	50	M		3.27.15
625	Hughes	Victoria	U/A	0	F		3.27.23
12	Gill	Colin	Team Coco	60	M		3.27.24
247	Williams	Nigel	U/A	45	M		3.27.51
46	Haggett	Terence	U/A	0	M		3.29.18
210	Hawes	Mick	U/A	40	M		3.29.24
193	Lawrence	Alan	U/A	45	M		3.30.05
269	Hudson	Mick	Kidderminster& Stourpo	50	M		3.30.14
282	Murray	Andy	U/A	40	M		3.31.32
135	Cousins	Richard	U/A	0	M		3.33.32
118	McGarry	John	Lordshill RR	55	M		3.33.45
560	Dunn	Suzanne	Amazing Feet	0	F		3.34.02
614	Warrick	Stephanie	Rhayader AC	55	F		3.34.07
579	Giordano	Luisa	Winston Runners	0	F		3.34.24
55	Knott	Shane	Penny Lane Striders	0	M		3.35.21
537	Houghton	Carolyn	Penny lane Striders	35	F		3.35.27
211	Foale	Adam	Aberystwyth AC	0	M		3.35.31
623	Belcher	Cassie	Amazing Feet	0	F		3.35.50
206	Robins	Alan	Oregon RC(USA)	55	M		3.36.25
76	Upstone	John	Hook Norton Harriers	65	M		3.36.54
1	Phillips	David	Pembrokeshire Harriers	60	M		3.37.00
617	Phillips	Anna	Penstone Footpath R	0	F		3.37.21
518	Hamer-Davies	Elizabeth	Winston Runners	40	F		3.38.05
562	Carpenter	Lilian	Hook Norton Harriers	65	F		3.39.47
605	Anderson	Paula	U/A	40	F		3.39.51
528	Peacock	Jill	Winston Runners	45	F		3.40.12
635	Loat	Monica	U/A	45	F		3.43.45
216	Powell	Michael	Shrops Shufflers	60	M		3.43.47
505	Tudor	Sarah	Penarth & DinasRC	35	F		3.46.28
21	Dawes	Geoffrey	Lordshill RR	70	M		3.46.36
245	Hodges	Mike	TROT	55	M55		3.49.58
627							3.53.30
93	Wild	Stuart	Black Pear Joggers				3.52.46
521	Lane	Carron	Winston Runners	45	F45		3.55.05
520	Crawley	Julie	Winston Runners	35	F35		3.55.37
552	Dyde	Rosalind	Winston Runners	50	F50		3.56.00
574	Burridge	Marianne	Fairwater Runners	45	F45		3.56.33
525	Lewis	Jennifer	UA		F		4.00.32
204	Wakem	Michael	Spectrum Striders	60	M60		4.04.32

622	Byrne	Bernadette	Amazing Feet		4.09.11
588	Stanley	Debbie	Black Pear Joggers	40 F40	4.11.15
510	Dawes	Jenny	Lordshill RR	60 F60	4.19.32
171	Harrison	Malcolm	Black Country Tri	50 M50	4.22.29
598	Robinson	Deborah	UA	40 F40	4.22.29
40	Williams	Martin	Purple Patch Runners	0 M	
47	Pollock	Nick	Shrops Shufflers	0 M	
50	Williams	Paul	Shrops Shufflers	40 M	
51	Prietzal	Chris	U/A	45 M	
52	Wheadon	Jeremy	U/A	0 M	
53	Bird	Jonathan	GWR	40 M	
59	Perry	Mark	Cobra	0 M	
60	McLaughlin	Keith	Wallasey AC	0 M	
61	McCarthy	Kevin	RRC	40 M	
64	Bailey	Russell	U/A	0 M	
68	Anderson	Jamie	Telford Harriers	0 M	
70	Molloy	Tony	Birchfield Harriers	50 M	
72	Cole	Jonathan	Ellesmere PortRC	0 M	
74	Williams	Steven	U/A	40 M	
88	Hayes	Josef	DeesideAC	0 M	
93	Wild	Stuart	Black Pear Joggers	60 M	
94	Stannard	Eric	Uknetrunner	40 M	
97	Needham	Murray	Ivanhoe Runners	40 M	
100	Fine	Peter	U/A	55 M	
101	Soltys	Daniel	Telford AC	0 M	
103	Hughes	Andrew	U/A	0 M	
108	Davies	Colin HJ	Brecon AC	45 M	
110	Roche	Alan	Hook Norton Harriers	60 M	
111	ab Elwyn	Rhys	Eryri Harriers	40 M	
112	Pendlebury	Mark	U/A	45 M	
114	Amos	Mark	W4 Harriers	0 M	
117	Hume	Chris	RRC	60 M	
126	Finney	John	Stafford Harriers	60 M	
127	Robson	Dave	Elvet Striders	55 M	
128	Smithers	David	U/A	0 M	
132	Gresty	Paul	Shrops Shufflers	50 M	
139	Smith	Jason	Wye Valley Runnrs	0 M	
157	Scott	Edmund	RRC	60 M	
158	Stanley	Drew	Black Pear Joggers	40 M	
167	Pressdee	Fraser	Stourbridge RC	0 M	
171	Harrison	Malcolm	Black CountryTri	50 M	
176	Jones	Arwel	U/A	0 M	
182	Davies	John	U/A	55 M	
183	Murphy	Denis	Les Croupiers	55 M	
184	Donnan	Graeme	Les Croupiers	50 M	
198	Goodwin	David	U/A	40 M	
200	Sargent	Nicholas	Clevedon AC	50 M	
204	Wakem	Michael	Spectrum Striders	60 M	
207	Reeves	Martin	U/A	45 M	
222	Fotherby	Ken	Wolverhampton & Bilsto	50 M	
245	Hodges	Mike	TROT	55 M	
248	McCrae	Ritchie	Penicuik Harriers	40 M	
267	King	Stephen	Aberystwyth AC	0 M	
503	Richards	Janet	Griffithstown Harriers	40 F	
504	Orrells	Caroline	Maldwyn Harriers	50 F	
506	Boughton	Bridget	U/A	0 F	

508	Brown	Rachel	Stroud & Dist AC	35	F
509	Hillman	Jill	Maldwyn Harriers	50	F
510	Dawes	Jenny	Lordshill RR	60	F
513	Baker	Tracey	Egdon Heath Harriers	40	F
514	Banfield	Hazel	Shrops Shufflers	0	F
515	Anderton	Lucinda	U/A	35	F
516	Luffrum	Vicky	U/A	35	F
519	Matthews	Ruthie	U/A	40	F
520	Crawley	Julie	Winston Runners	35	F
521	Lane	Carron	Winston Runners	45	F
522	Jones	Sue	Cybi Striders	45	F
524	Morgan	Susan	Chase Harriers	40	F
525	Lewis	Jennifer	U/A	0	F
526	Smith	Alison	U/A	0	F
529	Edwards	Glenda	Les Croupiers	40	F
530	Prietzl	Helen	U/A	40	F
531	Evans	Tina	Chase Harriers	45	F
532	Marshall	Sally-Anne	U/A	0	F
533	Snow	Kimberly	U/A	0	F
534	Maguire	Tina	Cannock Chase Harriers	45	F
535	Bird	Nicola	GWR	40	F
539	Rivas	Paula	Skelmersdale Bounders	45	F
540	Townsend	Jennifer	Reading Joggers	40	F
541	Jones	Mandy	Islwyn RC	45	F
542	Hughes	Alison	EllesmerePort RC	0	F
548	Dunn	Emma	Yeovil Town RC	0	F
551	Francis	Anne	Lordshill RR	55	F
552	Dyde	Rosalind	Winston Runners	50	F
557	O'Duffy	Libby	Les Croupiers	35	F
558	Worthing	Anita	Aberystwyth AC	50	F
566	Hume	Shirley	RRC	55	F
567	Adams	Denise	Black Pear Joggers	40	F
569	Finney	Helen	U/A	0	F
571	Tavener	Mary	Vale Royal AC	45	F
574	Burridge	Marianne	Fairwater Runners	45	F
575	Preece	Nina	Chard RRC	0	F
580	Bolam	Rebecca	U/A	0	F
586	Hutchinson	Samantha	Shrops Shufflers	35	F
587	Scott	Patricia	RRC	60	F
588	Stanley	Debbie	Black Pear Joggers	40	F
596	Benzimra	Ruth	RRC	40	F
597	Hamilton	Vicky	Wye Valley Runners	35	F
598	Robinson	Deborah	U/A	40	F
599	Morley	Lisa	Wrexham AC	35	F
607	Wright	Tracey	U/A	45	F
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