

# Chepstow Harriers

## Rose Inn 4

Tuesday, 10 May 2008. 7:30 pm

Position	Time	Name	Club	Category	Race Number
1	0:21:14	COLLINS, Matthew	Cardiff AAC	Senior Men	229
2	0:21:23	CREES, Stuart	Les Croupiers	Senior Men	670
3	0:22:07	LEWIS, Tim	Bridgend	MV40	239
4	0:22:36	JORDAN, Shane	NER	Senior Men	332
5	0:22:39	TERRY, John	Westbury Harriers	Senior Men	317
6	0:22:43	PENGILLY, Martin	Chepstow Harriers	MV40	278
7	0:23:03	TYRRELL, Angela	San Domenico	Senior Ladies	197
8	0:23:06	DAVIES, Peter	Bridgend	MV50	251
9	0:23:08	CRANE, Peter	Neath Harriers	MV45	3
10	0:23:11	MORGAN, Chris	Fairwater Runners	MV40	351
11	0:23:26	HARRIS, Paul	Llswerry Runners	MV40	284
12	0:23:29	ELLIS, Melanie	Chepstow Harriers	LV40	190
13	0:23:30	TEED, Ivan	Chepstow Harriers	Senior Men	313
14	0:23:38	TABOR, Mick	Les Croupiers	MV55	192
15	0:23:43	HOOPER, Steven	Pontypridd Rodents	MV40	300
16	0:23:47	EDWARDS, Jerome	San Domenico	Senior Men	328
17	0:23:48	MCILROY, Stuart		Senior Men	180
18	0:23:49	FORCE, Steven		MV45	264
19	0:23:51	HARRIS, Steven	Chepstow Harriers	Senior Men	273
20	0:24:08	GWILLYM, Lyndon	Parc Bryn Bach Running Club	MV45	23
21	0:24:15	DAWES, Paul	San Domenico	MV40	266
22	0:24:17	CLARK, Graham	Westbury Harriers	MV35	320
23	0:24:27	WILLIAMS, Alun	Fairwater Runners	MV40	200
24	0:24:40	BRUTON, Paul		Senior Men	265
25	0:24:53	MCDONALD, Ian	San Domenico	MV40	311
26	0:24:55	SOMERSALL, Dave	Chepstow Harriers	MV35	277
27	0:24:58	DAVIES, Gary	Chepstow Harriers	MV45	290
28	0:24:59	JONES, Chris	Llswerry Runners	MV45	289
29	0:25:00	DAVIS, Les	Severn AC	MV60	206
30	0:25:05	MILES, Phil	Parc Bryn Bach Running Club	MV55	212
31	0:25:06	GREEN, Edwin	Chepstow Harriers	MV40	355
32	0:25:13	LIDGETT, Paul	Chepstow Harriers	MV40	323
33	0:25:15	MULLIGAN, Samantha	Chepstow Harriers	Senior Ladies	272
34	0:25:20	LOVETT, Brian	San Domenico	MV40	267
35	0:25:24	BROWN, Andrew	Severn AC	MV50	178
36	0:25:25	LEATHARD, Matt	Chepstow Harriers	Senior Men	282
37	0:25:26	BUTCHER, Joseph		Senior Men	325
38	0:25:27	BEECHER, Katie	Les Croupiers	Senior Ladies	240
39	0:25:33	ROBERTS, Dean		MV35	223
40	0:25:43	WILSON-CROOME, Dougal	Chepstow Harriers	MV50	293
41	0:25:55	SPENCER, Andrew	Fairwater Runners	MV45	188
42	0:26:04	SEWELL, Richard	Les Croupiers	MV50	295
43	0:26:05	TURNER, John	Stratford On Avon AC	MV60	215
44	0:26:08	DONNAN, Graeme	Les Croupiers	MV50	236
45	0:26:11	DAY, Paul	Llswerry Runners	MV55	247
46	0:26:16	DELANEY, James	San Domenico	MV50	341
47	0:26:18	BACHI, Neil		Senior Men	204
48	0:26:22	SHIELDS, Dominic	San Domenico	MV40	258
49	0:26:23	HIGGINS, Nick	Chepstow Harriers	Senior Men	203
50	0:26:24	JAMES, Simon	Abergavenny Stridres	MV40	256
51	0:26:25	BLACKMORE, Andrew	Chepstow Harriers	MV40	294
52	0:26:26	FOX, William		MV45	184
53	0:26:28	LEACH, Walter	Forest of Dean A C	MV45	288
54	0:26:36	RAINBIRD, Derek	Parc Bryn Bach Running Club	MV50	279
55	0:26:43	MERRIMAN, Rebecca	Chepstow Harriers	LV35	276
56	0:26:48	SHANAHAN, John		MV50	196
57	0:26:50	WILSON, Roger	Stratford AC	MV65+	216
58	0:26:51	HEMMING, Roger	Great Western Runners	MV55	232
59	0:26:55	BURNE, Peter		Senior Men	334
60	0:27:02	LEWIS, Neil		MV35	344
61	0:27:06	LOTT, Andrew	Llswerry Runners	MV45	248
62	0:27:08	DAVIES, Michael	Les Croupiers	MV55	237
63	0:27:13	MELBOURNE, Rowena	TROT	Senior Ladies	259
64	0:27:15	MCENTEE, Kevin	Chepstow Harriers	MV50	306
65	0:27:23	WOOLLEY, Kelly	Llswerry Runners	Senior Ladies	304

66	0:27:24	MORRIS, Ronald	San Domenico	MV55	261
67	0:27:27	TOOK, Michael		Senior Men	181
68	0:27:29	GRANT, Neil	Chepstow Harriers	MV55	301
69	0:27:31	CARZANA, Tony	Pegasus Running Club	MV60	280
70	0:27:35	REES, Alan	Abergavenny Stridres	MV50	257
71	0:27:39	DAVIES, Andy	Pontypridd Rodents	MV45	187
72	0:27:44	MORRIS, Jonathan	Newport Harriers	Junior Men	234
73	0:27:48	JONES, Toby		Senior Men	303
74	0:27:53	REEKS, Malcolm	Chepstow Harriers	MV45	205
75	0:27:55	UNSWORTH, Mark	San Domenico	MV45	347
76	0:27:57	REESE, Tim	Lliswerry Runners	MV45	254
77	0:27:58	JONES, Stephen	Islwyn Running Club	MV50	296
78	0:28:00	JOHN, Gareth	Les Croupiers	MV50	208
79	0:28:10	DURSLEY, Paul	Lliswerry Runners	MV50	238
80	0:28:16	HASELHURST, Sally	San Domenico	Senior Ladies	250
81	0:28:25	WATSON, Andy		MV45	231
82	0:28:29	DIX, Michael	Les Croupiers	MV50	222
83	0:28:29	LOCKE, Matthew		MV35	319
84	0:28:30	WILLIAMS, Stephen	Lliswerry Runners	MV50	291
85	0:28:43	JONES, Mostyn	Chepstow Harriers	Senior Men	329
86	0:28:46	SCHOLEY, Julie	Les Croupiers	LV45	310
87	0:28:56	TAYLOR, Andrew	Caerleon Running Club	MV50	307
88	0:28:57	HARMES, Paul		MV40	326
89	0:28:59	ADDY, Liam		MV35	235
90	0:29:03	WESTON, David		MV55	270
91	0:29:05	REES, Kate		LV40	10
92	0:29:07	MANN, Alan	Les Croupiers	MV50	201
93	0:29:09	MASON, Tony	South West Vets	MV60	342
94	0:29:10	ROGERS, Mark		MV40	221
95	0:29:12	CASEY, Stephen		Senior Men	224
96	0:29:13	COCKRAM, Debbie	Fairwater Runners	LV40	315
97	0:29:25	JENKINS, Paul		MV55	271
98	0:29:29	WILLIAMS, Frances	San Domenico	LV40	302
99	0:29:32	DAVIS, Joanne	Severn AC	LV35	207
100	0:29:34	STORRAR, Jim		MV45	286
101	0:29:51	DANIELS, Peta	Lliswerry Runners	LV40	285
102	0:29:53	AVERY, Brenda	Chepstow Harriers	LV55 +	309
103	0:30:00	ATTWOOD, Howard	Lliswerry Runners	MV55	225
104	0:30:05	BOWEN, Huw		Senior Men	281
105	0:30:15	SAGE, Katheryn		Senior Ladies	209
106	0:30:16	GRIFFITH, Sian	Chepstow Harriers	Senior Ladies	312
107	0:30:23	BURGESS, Bryn	Lliswerry Runners	MV50	242
108	0:30:32	VAN DER WERF, Hanneke	Wye Valley Runners	LV40	333
109	0:30:37	HART, Gareth	Chepstow Harriers	MV35	253
110	0:30:46	WATSON, Bob		MV35	275
111	0:30:54	JONES, Rob	Chepstow Harriers	MV50	195
112	0:31:03	JENKINS, Jeanette	Fairwater Runners	LV45	283
113	0:31:04	DAVEY, Ralph	Les Croupiers	MV60	220
114	0:31:08	STONE, Sam		Senior Men	182
115	0:31:13	HOWELLS, Anthony		MV40	336
116	0:31:20	CARTER, Clive	Lliswerry Runners	MV50	324
117	0:31:39	FORSEY, Tomas		Junior Men	227
118	0:31:40	HOGAN, Paul		MV45	185
119	0:31:40	COLE, Sera		LV40	354
120	0:31:51	WARNER, Ian		MV50	308
121	0:32:07	BRAY, Andy	Chepstow Harriers	MV50	268
122	0:32:17	LAWSON, Vanessa	Chepstow Harriers	LV35	246
123	0:32:18	CREBER, Andy	Chepstow Harriers	MV50	211
124	0:32:48	HOBBS, James		MV40	327
125	0:32:50	SHEPHERD, Suzie	Chepstow Harriers	LV35	233
126	0:33:00	FRY, John	Fairwater Runners	MV60	186
127	0:33:00	HOLLYFIELD, Gareth	Abergavenny Stridres	MV45	260
128	0:33:07	WALLBANK, Chesney		Junior Men	331
129	0:33:16	REGAN, Peter		MV45	241
130	0:33:18	WILLIAMSON, Stephen		MV50	337
131	0:33:32	AZZOPARDI, Dan		Senior Men	335
132	0:33:35	SUTER, Pamela	Abergavenny Stridres	Senior Ladies	274

133	0:33:38	PHILLIPS, John	Chepstow Harriers	MV60	249
134	0:33:46	HAINES, Roberta	Chepstow Harriers	Senior Ladies	350
135	0:33:56	TREHARNE, Ruth	Islwyn Running Club	LV40	346
136	0:34:04	BISHOP, Philip		MV45	305
137	0:34:12	FRENCH, David		Junior Men	330
138	0:34:13	HOWELLS, Gwyneth	Caerleon Running Club	LV55+	287
139	0:34:34	DALEY, Loretta	Les Croupiers	LV40	202
140	0:34:48	BROWN, Sandra	Severn AC	LV45	179
141	0:34:54	JOHNSON, Jo		LV45	353
142	0:34:55	JOHNSON, Andrew	Lliswerry Runners	MV40	352
143	0:35:05	MCCATHY, Gareth		Senior Men	345
144	0:35:10	DYSON, Tris		Senior Men	193
145	0:35:23	TURNER, Andrew		Senior Men	214
146	0:35:32	ROSSITER, Lynne	Lliswerry Runners	LV50	269
147	0:35:40	BRAZEAU, Alex		Senior Ladies	183
148	0:35:46	HILL, Katie		LV35	338
149	0:35:47	WILSON, Susan	North East Vets	LV55+	217
150	0:35:55	DAVIES, Julia	Lliswerry Runners	LV50	262
151	0:36:11	GREEN, Clare	San Domenico	LV40	292
152	0:36:17	HOWELL, Roger	Penarth & Dinas	MV60	343
153	0:36:19	FRANCIS, Clive		MV45	228
154	0:36:22	JONES, Sian	Chepstow Harriers	Senior Ladies	252
155	0:36:31	SYROD, Caroline		Senior Ladies	356
156	0:36:34	DAVIES, Joy	Les Croupiers	LV45	299
157	0:36:57	GAY, Julia		LV35	210
158	0:36:59	BURRIDGE, Marianne	Fairwater Runners	LV45	316
159	0:37:14	MURPHY, Mike	Les Croupiers	MV50	297
160	0:37:14	MURPHY, Gill	Les Croupiers	LV50	298
161	0:37:15	REES, Jamie		Senior Men	218
162	0:37:16	BRAY, Helen		Senior Ladies	219
163	0:38:08	FORSEY, Yvonne	Lliswerry Runners	LV50	226
164	0:38:24	FEAR, Vicky	Lliswerry Runners	Senior Ladies	314
165	0:39:07	BROWN, Rob	Chepstow Harriers	MV55	191
166	0:39:18	LOCKE, Geraldine		LV35	318
167	0:39:26	POWELL, Catherine		LV35	339
168	0:39:26	SMART, Maggie		LV40	340
169	0:40:37	LEWIS, Sarah	Chepstow Harriers	Senior Ladies	348
170	0:40:43	HILL, Sue	Lliswerry Runners	LV55+	263
171	0:41:36	BURGESS, Ros	Lliswerry Runners	LV40	243
172	0:41:50	JAMES, Paula	Pontypridd Rodents	LV35	255
173	0:42:40	HARRIS, Ronald	Lliswerry Runners	MV65+	321
174	0:44:26	DAVIES, Marie		LV35	349
175	0:48:18	SYRED, Katherine	San Domenico	Senior Ladies	198
176	0:48:18	COXALL, Sian	San Domenico	Senior Ladies	199
177	0:48:41	SPENCER, Catherine	Fairwater Runners	LV40	189
178	0:48:53	LOCKE, Claire	Chepstow Harriers	LV40	245
179	0:48:53	LOCKE, David	Chepstow Harriers	MV45	244