

Chepstow Harriers
Rose Inn 4
Tuesday, 10 May 2005. 7:30 pm

Overall Position	Time	Name	Club	Category	Race Number
1	0:19:32	GARDINER, Richard	Cardiff AAC	Senior Men	78
2	0:20:42	JENNINGS, Mark	Cardiff AAC	Senior Men	28
3	0:21:38	MEYLER, Chris	Bridgend	Senior Men	32
4	0:21:53	THOMAS, Gareth	Les Croupiers	MV40	97
5	0:21:59	ROWLEY, Jason	Clevedon AC	Senior Men	46
6	0:22:03	CREES, Stuart	Les Croupiers	Senior Men	37
7	0:22:10	DAVIES, Keith	Les Croupiers	Senior Men	31
8	0:22:19	DURY, Michael	Islwyn	Senior Men	53
9	0:22:37	FROST, Nick	Pontypridd Rodents	MV40	89
10	0:22:40	ROWLEY, Justyn	Clevedon AC	Senior Men	50
11	0:22:51	HORVATH, Paul	San Domenico	Senior Men	220
12	0:22:52	REEVES, Start	Les Croupiers	Senior Men	2
13	0:22:56	HARRIS, Paul	Lliswerry Runners	Senior Men	84
14	0:22:57	WILLIAMS, Alun		MV40	12
15	0:22:58	CLEVES, Andy	Les Croupiers	Senior Men	48
16	0:22:59	GEORGE, Phillip	Les Croupiers	Senior Men	36
17	0:23:04	BRACE, Steve	Bridgend	MV40	76
18	0:23:16	DAVIES, Peter	Brackla Harriers	MV50	74
19	0:23:19	JAMES, Mark	Severn AC	Senior Men	21
20	0:23:24	MORRIS, Ronald	San Domenico	MV55	67
21	0:23:35	LEWIS, Grant	Fairwater Runners	Senior Men	277
22	0:23:40	FEREDAY, Gareth	Newport Harriers	Senior Men	88
23	0:23:44	MEYLER, Phil	Pontypridd Rodents	MV45	33
24	0:23:50	VEALE, Garry	Chepstow Harriers	MV40	275
25	0:24:00	CRISPIE, Gerard	Les Croupiers	MV40	226
26	0:24:07	DAVIES, Julian	Pontypridd Rodents	Senior Men	13
27	0:24:17	WILLIAMS, Geraint	Pontypridd Rodents	Senior Men	15
28	0:24:18	FITCH-PEYTON, David		MV40	42
29	0:24:23	MASON, Howard	Caerleon Running Club	MV40	207
30	0:24:28	EVANS, Robert	Les Croupiers	MV50	69
31	0:24:32	THOMAS, Tom	Caerleon Running Club	Senior Men	43
32	0:24:35	LOVETT, Brian	San Domenico	Senior Men	229
33	0:24:36	JEFFREYS, Karl		Senior Men	64
34	0:24:41	OSMOND, Clive	Les Croupiers	MV45	211
35	0:24:43	EVANS, Ann	Pontypridd Rodents	LV45	16
36	0:24:50	GORMLEY, Gerard	Griffithstown Harriers	Senior Men	38
37	0:24:51	PRICE, David	Les Croupiers	MV40	216
38	0:24:53	DONNAN, Graeme	Les Croupiers	MV50	24
39	0:24:54	INGLESON, Craig	Caerleon Running Club	Senior Men	206
40	0:24:59	WILLIAMS, Neil		MV40	7
41	0:25:00	CARZANA, Tony	Pegasus Running Club	MV55	246
42	0:25:00	DAVIES, Ruth	Les Croupiers	Senior Ladies	30
43	0:25:00	MOORE, John		Senior Men	6
44	0:25:07	CREBER, Andy	Chepstow Harriers	MV45	3
45	0:25:11	MANN, Alan	Les Croupiers	MV45	23
46	0:25:15	MARTIN, Amanda		LV35	10
47	0:25:18	DAY, Paul	Lliswerry Runners	MV50	204
48	0:25:18	LLEWELLYN, Judith	Chepstow Harriers	LV40	203
49	0:25:18	CHRISTIE, Paul	Chepstow Harriers	Senior Men	208
50	0:25:23	DAVIES, Ray	Pontypridd Rodents	MV45	77
51	0:25:28	O'SULLIVAN, Tim	Les Croupiers	MV45	26
52	0:25:29	WOODS, Mike		Senior Men	9
53	0:25:35	BRIGHT, David	Les Croupiers	MV45	71
54	0:25:36	HARVEY, Mark	Chepstow Harriers	Junior Men	80
55	0:25:39	FRY, Mark	Fairwater Runners	MV40	27
56	0:25:42	DELANEY, James	San Domenico	MV45	225
57	0:25:43	RODGER, Peter	Griffithstown Harriers	MV45	39
58	0:25:46	BATTERSBY, Nick	Chepstow Harriers	MV45	25
59	0:25:47	DAVIS, Les	Severn AC	MV60	19
60	0:26:01	BULPIN, Susannah	San Domenico	Senior Ladies	230
61	0:26:01	O'CONNOR, Carol	Chepstow Harriers	LV40	83
62	0:26:13	WILLIAMS, Carl	Chepstow Harriers	Senior Men	273

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63	0:26:14	SCHOLEY, Julie	Les Croupiers	LV45	96
64	0:26:15	MALSON, Dean	Fairwater Runners	Senior Men	281
65	0:26:16	HALE, Adam	Royal Air Force	Senior Men	210
66	0:26:24	DIX, Michael	Les Croupiers	MV50	68
67	0:26:30	TURNER, John	Stratford AC	MV60	4
68	0:26:31	GRANT, Neil	Chepstow Harriers	MV50	244
69	0:26:35	JAMES, Daniel	Pontypridd Rodents	Senior Men	17
70	0:26:36	TREHERNE, Dave	Chepstow Harriers	Senior Men	87
71	0:26:37	SEWELL, Richard	Les Croupiers	MV45	250
72	0:26:39	SAXENA, Ann	Newport Harriers	LV50	261
73	0:26:40	DAVIES, Andrew	Pontypridd Rodents	MV40	61
74	0:26:42	STROUD, Sian	Chepstow Harriers	LV40	202
75	0:26:45	O'SHEA, John	Les Croupiers	MV50	51
76	0:26:50	POWELL, Mark		MV40	54
77	0:26:51	HOLE, Andrew	Caerleon Running Club	MV40	52
78	0:26:52	SHAW, Lorna	Chepstow Harriers	LV45	35
79	0:27:03	ROBINS, Mark	Griffithstown Harriers	MV40	94
80	0:27:07	RENDAL, Colin		Senior Men	55
81	0:27:18	BROOKS, Clive	Caerleon Running Club	MV50	200
82	0:27:21	HIGGINS, Nick	Chepstow Harriers	Senior Men	92
83	0:27:27	PUGSLEY, Richard	BBC Runners	Senior Men	282
84	0:27:28	SOMERSALL, David	Chepstow Harriers	Senior Men	47
85	0:27:29	JAMES, John	Severn AC	MV55	20
86	0:27:36	BRADLEY, Colin	Llisbury Runners	MV45	86
87	0:27:40	MASON, Tony	Bitton RR	MV55	259
88	0:27:41	EVANS, Brian	Chepstow Harriers	Senior Men	40
89	0:27:44	HENDRY, Neil	Penarth & Dinas	MV45	213
90	0:27:45	COLLIER, Andrew		Senior Men	227
91	0:27:46	REES, Kate		LV35	251
92	0:27:56	SEDGMOND, Andrew	Les Croupiers	MV50	217
93	0:28:00	MASON, David	Bitton RR	Senior Men	260
94	0:28:15	SOWTER, Liz	Les Croupiers	Senior Ladies	45
95	0:28:19	WOODS, Garry	Fairwater Runners	MV40	62
96	0:28:22	DALEY, Loretta	Cardiff AAC	LV35	22
97	0:28:26	CLEMENT, Viv		LV35	272
98	0:28:31	MORRIS, Jan	Chepstow Harriers	LV35	201
99	0:28:38	CRAM, Geoffrey	Chepstow Harriers	MV55	218
100	0:28:43	JONES, Gareth	Newport Harriers	MV55	65
101	0:28:45	BUCKLAND, Jenny		LV35	256
102	0:28:49	DAVIES, Elwyn	Newport Harriers	MV60	91
103	0:28:52	ROBERTS, Geraint	Griffithstown Harriers	Senior Men	241
104	0:28:54	RICHARDS, Leonie	Griffithstown Harriers	Senior Ladies	240
105	0:28:55	WILLIAMSON, Stephen		MV50	81
106	0:28:56	JONES, Nigel	MDC	MV50	66
107	0:28:59	GOODALL, Kevin		MV45	100
108	0:29:04	WILLIAMS, Frances	Les Croupiers	LV40	79
109	0:29:07	OTLEY, Debbie	Pontypridd Rodents	LV45	14
110	0:29:09	PARK, Lynne	Forest of Dean A C	LV40	60
111	0:29:11	SHAW, Tony	Chepstow Harriers	MV50	34
112	0:29:14	PHILLIPS, Tony	Griffithstown Harriers	MV45	214
113	0:29:23	BOLTON, David	Chepstow Harriers	Senior Men	209
114	0:29:32	WOODBIDGE, Daniela	Fairwater Runners	Senior Ladies	253
115	0:29:40	WILLIAMS, Stephen	Les Croupiers	MV45	276
116	0:29:47	SPOKES, Graeme	Fairwater Runners	MV40	29
117	0:29:49	WILCOCK, Peter	Fairwater Runners	MV40	56
118	0:29:50	BAYLISS, Geoffrey	Chepstow Harriers	MV55	11
119	0:29:53	JARMAN, Elspeth		LV40	82
120	0:30:02	GREEN, Jackie	Forest of Dean A C	LV45	58
121	0:30:13	BRAY, Andy	Chepstow Harriers	MV45	228
122	0:30:25	SILK, Andy	Chepstow Harriers	MV45	249
123	0:30:29	HOWELL, Kim	Caerleon Running Club	LV45	239
124	0:30:32	POTTER, Karen	Griffithstown Harriers	LV40	49

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125	0:30:34	POWELL, Michael	Caerleon Running Club	MV55	264
126	0:30:57	JONES, Carol	Forest of Dean A C	LV45	57
127	0:31:04	WYBRANT, David	Lliswerry Runners	MV55	270
128	0:31:17	PEACOCK, Joanne	Lliswerry Runners	LV35	98
129	0:31:20	JONES, Paul	Chepstow Harriers	Senior Men	266
130	0:31:32	BURCHELLE, Julie	Griffithstown Harriers	Senior Ladies	255
131	0:31:39	JEFFERS, Neil		MV40	245
132	0:31:52	SCROGGS, Debbie	Chepstow Harriers	LV40	278
133	0:32:01	BATTERSBY, Elisabeta	Chepstow Harriers	LV45	279
134	0:32:10	BAYLISS, Jane	Chepstow Harriers	LV50	8
135	0:32:18	WARNER, Ian		MV45	99
136	0:32:21	DAVIS, Joanne	Severn AC	LV35	18
137	0:32:32	MACHIN, Frances	Les Croupiers	Senior Ladies	63
138	0:32:35	HOWSON, Louise		Senior Ladies	215
139	0:32:47	STEVENSON, Katie	Les Croupiers	Senior Ladies	73
140	0:32:56	RICHARDS, Janet	Griffithstown Harriers	LV40	280
141	0:33:08	HUTCHISON, Kathleen	Weston AC	LV40	70
142	0:33:25	MORGAN, Claire	Forest of Dean A C	LV40	59
143	0:33:25	THONGER, Dilwen	Griffithstown Harriers	LV55+	254
144	0:33:33	JONES, Joanna	Caerleon Running Club	LV35	238
145	0:33:34	LONG, Rachel	Griffithstown Harriers	Senior Ladies	237
146	0:33:38	HOWELLS, Gwyne	Caerleon Running Club	LV55+	265
147	0:33:38	ROCHE, Julie	Fairwater Runners	LV35	231
148	0:33:41	WALSH, Terri	Fairwater Runners	Senior Ladies	234
149	0:33:47	JAMES, Peter	Caerleon Running Club	MV45	263
150	0:33:56	TROLLIP, Helen	Lliswerry Runners	Senior Ladies	90
151	0:34:21	STEVENSON, Gareth	Les Croupiers	Senior Men	72
152	0:35:00	CARTER, Clive		MV45	271
153	0:35:08	HENDRY, Joanna	Penarth & Dinas	LV35	219
154	0:35:27	IMM, Novia	Griffithstown Harriers	Senior Ladies	236
155	0:35:31	HARNETT, Max	Fairwater Runners	MV65+	221
156	0:35:32	WALKER, Yvonne	Griffithstown Harriers	LV55+	262
157	0:35:37	ROBINS, Helen	Griffithstown Harriers	LV35	93
158	0:35:45	BONERA, Steven		Senior Men	75
159	0:35:46	JAMES, Emma		Senior Ladies	85
160	0:35:57	HARRIS, Liz		Senior Ladies	269
161	0:36:02	JENKINS, Deborah		LV35	274
162	0:36:03	MEEK-WELSH, Bev	Chepstow Harriers	LV45	222
163	0:36:07	SHEPHERD, Suzie	Chepstow Harriers	LV35	95
164	0:36:11	THONGER, John	Griffithstown Harriers	MV60	258
165	0:36:20	AVERY, Ian		MV50	224
166	0:37:08	COXALL, Sian	San Domenico	Senior Ladies	242
167	0:37:19	BURRIDGE, Marianne	Fairwater Runners	LV45	232
168	0:39:16	SYRED, Katherine	San Domenico	Senior Ladies	243
169	0:40:01	JENKINS, Gareth		Senior Men	205
170	0:41:19	MORGAN, Julie	Fairwater Runners	LV35	235
171	0:41:20	HARRIS, Ron	Lliswerry Runners	MV65+	41
172	0:42:12	HAY-HARRIS, Deborah	Lliswerry Runners	LV45	248
173	0:42:13	RICHARDS, Pam	Fairwater Runners	LV45	233
174	0:45:05	LLOYD, Sue	Fairwater Runners	LV45	257
175	0:45:07	GRIFFITHS, Lydia			267
176	0:45:07	GRIFFITHS, Mark		MV40	268