

# Scenic 7 2008

Wednesday 23 July 2008. 7:00 pm

## Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
1	0:41:56	ALVAREZ, Martin	Pilona.Deporte	senior man	05:59.3	40	1
2	0:43:06	GURMIN, Matthew	Abertillery Achilles	senior man	06:09.3	95	2
3	0:44:31	RYALL, Sam	Mynydd de Cymru	senior man	06:21.5	88	3
4	0:44:45	HARRIS, Paul	Lliswerry Runners	male vet	06:23.5	33	4
5	0:45:14	DURY, Michael	Islwyn Running Club	senior man	06:27.6	29	5
6	0:45:51	SMOULT, Robin	Lliswerry Runners	senior man	06:32.9	101	6
7	0:45:55	EDWARDS, Steven	Islwyn Running Club	senior man	06:33.5	32	7
8	0:46:53	O'CALLAGHAN, Aidan	Cardiff A.C.	senior man	06:41.7	24	8
9	0:46:59	MORGAN, Mark	Abertillery Achilles	senior man	06:42.6	64	9
10	0:47:10	HARTNELL, Hayden	Islwyn Running Club	male vet	06:44.2	83	10
11	0:47:14	THOMPSON, Andrew	Griffithstown Harriers	male supervet	06:44.7	48	11
12	0:47:32	DAWES, Paul	San Dominico R.C.	male vet	06:47.3	50	12
13	0:47:57	CRISALE, Gacard	Les Croupiers	male vet	06:50.9	100	13
14	0:48:08	MALARZ, Luke	Chepstow	senior man	06:52.5	57	14
15	0:48:39	TAYLOR, Matt		senior man	06:56.9	93	15
16	0:48:42	LOVETT, Brian	San Dominico R.C.	male vet	06:57.3	53	16
17	0:48:54	JONES, Huw		senior man	06:59.0	92	17
18	0:48:59	MASON, Howard	Caerleon Running Club	male vet	06:59.7	38	18
19	0:49:09	JONES, Gemma	Lliswerry Runners	senior female	07:01.2	107	19
20	0:49:28	GORMLEY, Gerry	Griffithstown Harriers	male vet	07:03.9	28	20
21	0:49:31	THOMAS, Garry	Griffithstown Harriers	senior man	07:04.3	62	21
22	0:49:55	BENGER, Chris	Islwyn Running Club	senior man	07:07.7	17	22
23	0:50:19	BUTCHER, Joseph	Lliswerry Runners	senior man	07:11.2	59	23
24	0:50:21	KING, James	Caerleon Running Club	senior man	07:11.4	77	24
25	0:50:31	THOMAS, Peter	Caerleon Running Club	male vet	07:12.9	44	25
26	0:50:51	DUGGAN, Rob		senior man	07:15.7	61	26
27	0:51:07	DELANY, James	San Dominico R.C.	male supervet	07:18.0	89	27
28	0:51:23	WOODS, Mike		male vet	07:20.3	15	28
29	0:51:28	BUTCHER, Christian		senior man	07:21.0	12	29
30	0:51:38	PARKER, Neill	Islwyn Running Club	male vet	07:22.4	82	30
31	0:51:39	RODGER, Peter	Griffithstown Harriers	male supervet	07:22.6	63	31
32	0:51:43	STRANGE, Paul		male vet	07:23.2	7	32
33	0:51:44	JONES, Claire	Lliswerry Runners	female supervet	07:23.3	106	33
34	0:51:55	BRISTOW, Richie	South Wales Police	male vet	07:24.9	69	34
35	0:51:56	WALSH, N	Griffithstown Harriers	senior man	07:25.0	85	35
36	0:52:09	PROCTOR, Richard		male vet	07:26.9	91	36
37	0:52:11	DAVIES, Chris	Lliswerry Runners	male supervet	07:27.2	54	37
38	0:52:18	WHATLEY, Sean		senior man	07:28.2	14	38
39	0:52:19	BIRT, Dean	Pontypridd Roadents A.C.	senior man	07:28.3	104	39
40	0:52:22	WOOLLEY, Kelly	Lliswerry Runners	senior female	07:28.7	105	40
41	0:52:41	SHIELDS, Domic	San Dominico R.C.	male vet	07:31.4	6	41
42	0:52:49	PRICE, Kerry	Islwyn Running Club	male supervet	07:32.6	81	42
43	0:53:10	EVANS, Dave		senior man	07:35.6	71	43
44	0:53:14	REESE, Tim	Lliswerry Runners	male vet	07:36.2	72	44
45	0:53:42	SIMS, Mike		senior man	07:40.2	90	45
46	0:53:51	EVERSON, Mark		senior man	07:41.4	27	46
47	0:53:55	SPENCER, Andrew	Fairwater Harriers	male vet	07:42.0	10	47
48	0:54:03	BEGUE, Nadia	Lliswerry Runners	senior female	07:43.2	16	48
49	0:54:10	WHATLEY, Craig		senior man	07:44.2	13	49
50	0:54:27	DAVIES, Andy	Pontypridd Roadents A.C.	male vet	07:46.6	46	50
51	0:54:31	WATKINS, Guy		senior man	07:47.2	80	51
52	0:54:39	JONES, Stephen	Islwyn Running Club	male supervet	07:48.3	26	52
53	0:54:43	DURSLEY, Paul	Lliswerry Runners	male supervet	07:48.9	52	53
54	0:54:54	EDWARDS, Steven	Islwyn Running Club	senior man	07:50.4	32	54
55	0:54:56	KNAPP, Nicola	Abertillery Achilles	senior female	07:50.7	65	55
56	0:55:27	BIRCH, Sean	Islwyn Running Club	senior man	07:55.2	47	56

57	0:55:33	BRISTOW, Phil		male vet	07:56.0	79	57
58	0:55:40	SUTTON, Mark	Griffithstown Harriers	senior man	07:57.0	74	58
59	0:55:41	BROWN, Richie		senior man	07:57.2	109	59
60	0:55:43	WHATLEY, Martin		male supervet	07:57.4	11	60
61	0:55:48	LYNCH, Geoffrey		male vet	07:58.2	78	61
62	0:55:51	VERHEYDEN, Keith		male vet	07:58.6	70	62
63	0:55:57	LEWIS, Terry	Islwyn Running Club	male vet	07:59.4	20	63
64	0:56:15	SMOUT, David	Abertillery Achilles	male supervet	08:02.0	45	64
65	0:57:00	PALMER, Richard		male vet	08:08.4	3	65
66	0:57:12	HARMES, P		male vet	08:10.2	87	66
67	0:57:19	RUSSELL, Kevin	South Wales Police	male vet	08:11.2	68	67
68	0:57:28	PRADLEY, Malcolm		male supervet	08:12.4	99	68
69	0:57:35	ROBERTS, Peter	Griffithstown Harriers	male supervet	08:13.4	34	69
70	0:57:47	PALMER, David	Vegetarian Cycling & A.C.	male vet	08:15.2	8	70
71	0:57:58	JONES, Mandy	Islwyn Running Club	female supervet	08:16.7	25	71
72	0:58:15	WILLIAMS, Alex		senior man	08:19.2	108	72
73	0:58:23	EVANS, Ann Marie	Parc Bryn Bach Runners	female vet	08:20.3	18	73
74	0:58:30	DAVIES, Steve	Port Talbot Harriers	male vet	08:21.3	37	74
75	0:58:37	CUNNANE, John	100 km Association	male supervet	08:22.3	110	75
76	0:59:00	PROSSER, Colin	Chepstow Harriers	male vet	08:25.6	39	76
77	0:59:34	BURGESS, Bryn	Llswerry Runners	male supervet	08:30.4	67	77
78	0:59:39	WATSON, Bob		senior man	08:31.1	23	78
79	1:00:07	AVERY, Brenda	Chepstow Harriers	female supervet	08:35.1	102	79
80	1:00:15	HISCOX, Ian		male supervet	08:36.3	4	80
81	1:00:22	DARKE, Victoria		senior female	08:37.3	2	81
82	1:04:08	HARTNELL, Nathan		senior man	09:09.6	84	82
83	1:04:10	HOBBS, James		male vet	09:09.9	94	83
84	1:05:07	SUTTON, Lyndon	Islwyn Running Club	male supervet	09:18.0	9	84
85	1:05:17	JACKETT, Graham	Leeds City	male supervet	09:19.4	35	85
86	1:05:18	LAVELLE, Jane	Llswerry Runners	female supervet	09:19.6	30	86
87	1:05:19	ATWOOD, Howard	Llswerry Runners	male supervet	09:19.7	31	87
88	1:05:27	VORRES, Christine	Griffithstown Harriers	female supervet	09:20.9	96	88
89	1:06:33	STANTON, Frank		male vet	09:30.3	43	89
90	1:06:33	WERCHER, Rob		senior man	09:30.3	42	90
91	1:07:01	HOWELLWS, Michael		male vet	09:34.3	73	91
92	1:07:04	DUFF, Hs		male supervet	09:34.7	5	92
93	1:07:12	TREHARNE, Ruth	Islwyn Running Club	female vet	09:35.9	86	93
94	1:07:48	REES, Wendy	Griffithstown Harriers	female supervet	09:41.0	97	94
95	1:08:21	DAVIES, Kate		senior female	09:45.7	19	95
96	1:08:46	CARTER, Clive	Llswerry Runners	male supervet	09:49.3	51	96
97	1:09:04	BROWN, Richard	Sutton & District	male supervet	09:51.8	21	97
98	1:09:33	HOWELLS, Gwyneth	Caerleon Running Club	female supervet	09:56.0	56	98
99	1:10:07	GREEN, Claire	San Dominico R.C.	female vet	10:00.8	41	99
100	1:13:48	SWEETMAN, David		senior man	10:32.4	1	100
101	1:13:48	SUTTON, Claire	Griffithstown Harriers	female vet	10:32.4	75	101
102	1:15:52	THONGER, Dilwen	Griffithstown Harriers	female supervet	10:50.1	76	102
103	1:18:02	HOWELOT, Tracey	Fairwater Harriers	female vet	11:08.7	98	103
104	1:21:34	PALMER, Carol	Newport Harriers	female supervet	11:39.0	22	104
105	1:24:06	DAVIES, Julia	Llswerry Runners	female supervet	12:00.7	55	105
106	1:24:07	BURGESS, Ros	Llswerry Runners	female vet	12:00.8	66	106

There were 106 finishers in the All Competitors category.