

Snowdon Mountain Race - 2007															
No.	Forename	Surname	Gender	GenderPos	Category	Cat. Pos	Ascent	Rank	Descent	Rank	Gun Time	Pos	Chip Time	Rank	Club
292	Andi	Jones	Male	1	MSEN	1	00:41:35	1	0:24:03	4	01:05:38	1	01:05:36	1	Salford Harriers
259	Ian	Holmes	Male	2	M40	1	00:45:15	7	0:23:01	1	01:08:16	2	01:08:14	2	Bingley Harriers
13	Ben	Bardsley	Male	3	MELITE	1	00:44:15	3	0:24:11	5	01:08:26	3	01:08:24	3	England
12	Simon	Bailey	Male	4	MELITE	2	00:45:27	9	0:23:07	2	01:08:34	4	01:08:31	4	England
132	Thomas	Cornthwaite	Male	5	MSEN	2	00:44:01	2	0:24:43	9	01:08:44	5	01:08:40	5	Blackburn H&AC
28	Jethro	Lennox	Male	6	MELITE	3	00:45:04	5	0:24:13	6	01:09:17	6	01:09:14	6	Scotland
14	Rob	Hope	Male	7	MELITE	4	00:44:42	4	0:25:14	13	01:09:56	7	01:09:53	7	England
94	Chris	Birchall	Male	8	MSEN	3	00:45:23	8	0:24:56	10	01:10:19	8	01:10:17	8	Leeds City AC
36	Eoin	Mckenna	Male	9	MELITE	5	00:47:04	12	0:23:29	3	01:10:33	9	01:10:29	9	Ireland A
19	Silvio	Gatti	Male	10	MELITE	6	00:45:14	6	0:25:32	14	01:10:46	10	01:10:44	10	Italy A
31	Stewart	Whittle	Male	11	MELITE	7	00:46:38	10	0:25:52	16	01:12:30	11	01:12:27	11	Scotland
102	Adam	Breaks	Male	12	MSEN	4	00:48:14	15	0:24:29	7	01:12:43	12	01:12:39	12	Calder Valley FR
29	Simon	Peachey	Male	13	MELITE	8	00:48:23	16	0:24:35	8	01:12:58	13	01:12:55	13	Scotland
1	Matthew	Collins	Male	14	MELITE	9	00:47:03	11	0:26:49	21	01:13:52	14	01:13:48	14	Cymru A
21	Fabio	Ciaponi	Male	15	MELITE	10	00:47:59	14	0:26:01	17	01:14:00	15	01:13:58	15	Italy A
3	Richard	Roberts	Male	16	MELITE	11	00:48:48	18	0:25:40	15	01:14:28	16	01:14:26	16	Cymru A
37	Owen	Gahan	Male	17	MELITE	12	00:47:38	13	0:26:57	24	01:14:35	17	01:14:31	17	Ireland A
4	Harry	Matthews	Male	18	MELITE	13	00:49:52	20	0:25:07	12	01:14:59	18	01:14:55	18	Cymru A
277	John	Hunt	Male	19	M40	2	00:50:05	21	0:25:05	11	01:15:10	19	01:15:07	19	DPFR
458	Andrew	Robertshaw	Male	20	MSEN	5	00:48:50	19	0:28:07	36	01:16:57	20	01:16:54	20	Otley AC
42	Keith	Daly	Male	21	MELITE	14	00:50:09	22	0:26:54	23	01:17:03	21	01:16:55	21	Ireland B
535	Alun	Vaughan	Male	22	MSEN	6	00:48:30	17	0:28:44	44	01:17:14	22	01:17:11	22	Eryri Harriers
100	Mike	Bouldstridge	Male	23	MSEN	7	00:50:58	27	0:26:31	18	01:17:29	23	01:17:22	23	Mercia FR
24	Ivano	Pargoni	Male	24	MELITE	15	00:50:59	28	0:26:45	19	01:17:44	24	01:17:41	24	Italy A
38	Martin	Bradshaw	Male	25	MELITE	16	00:50:55	26	0:27:05	26	01:18:00	25	01:17:56	25	Ireland A
2	Ian	Houston	Male	26	MELITE	17	00:50:21	24	0:27:56	33	01:18:17	26	01:18:15	26	Cymru A
8	Andy	Jones	Male	27	MELITE	18	00:50:17	23	0:28:08	37	01:18:25	27	01:18:23	28	Cymru B
43	Bernard	Fortune	Male	28	MELITE	19	00:51:34	33	0:26:58	25	01:18:32	28	01:18:16	27	Ireland B
25	Francesco	Peyronel	Male	29	MELITE	20	00:51:32	32	0:27:15	28	01:18:47	29	01:18:44	29	Italy
409	Martin	Peace	Male	30	MSEN	8	00:51:00	29	0:27:56	34	01:18:56	30	01:18:52	30	Bingley Harriers
7	Roland	Stafford	Male	31	MELITE	21	00:52:13	38	0:26:54	22	01:19:07	31	01:19:07	31	Cymru B
299	Dylan W.	Jones	Male	32	MSEN	9	00:51:02	30	0:28:10	38	01:19:12	32	01:19:09	32	Eryri Harriers
359	Stuart T.	Maycock	Male	33	MSEN	10	00:51:54	36	0:27:54	31	01:19:48	33	01:19:45	33	Hallamshire H.
35	Cormac	Conroy	Male	34	MELITE	22	00:52:01	37	0:27:55	32	01:19:56	34	01:19:50	34	Ireland A
17	Mary	Wilkinson	Female	1	FELITE	1	00:53:49	45	0:26:47	20	01:20:36	35	01:20:36	35	England
210	Crispin	Flower	Male	35	MSEN	11	00:52:32	39	0:28:19	39	01:20:51	36	01:20:45	36	Mynydd Du
16	Janet	McIver	Female	2	FELITE	2	00:53:48	44	0:27:19	29	01:21:07	37	01:21:02	37	England
586	Jason	Williams	Male	36	MSEN	12	00:50:22	25	0:30:46	71	01:21:08	38	01:21:04	38	Owls AC
476	James	Senior	Male	37	MSEN	13	00:54:32	55	0:27:05	27	01:21:37	39	01:21:33	39	Bingley
137	Tom	Cringle	Male	38	MSEN	14	00:53:42	42	0:29:02	47	01:22:44	40	01:22:36	41	Manx FR
375	Edmund	Murden	Male	39	M40	3	00:54:22	51	0:28:24	40	01:22:46	41	01:22:32	40	Shelton Striders
143	Natalie	White	Female	3	FSEN	1	00:54:24	52	0:28:25	41	01:22:49	42	01:22:46	42	Bingley Harriers
216	Owen	Gahan	Male	40	MSEN	15	00:54:10	49	0:28:57	46	01:23:07	43	01:23:02	43	Leeds City AC
411	James	Pearce	Male	41	MSEN	16	00:54:02	47	0:29:18	51	01:23:20	44	01:23:16	44	Congleton H.
364	James	McQueen	Male	42	MSEN	17	00:55:38	66	0:27:56	35	01:23:34	45	01:23:28	45	Eryri Harriers
573	Dafydd	Williams	Male	43	M40	4	00:54:17	50	0:29:46	54	01:24:03	46	01:24:00	46	Eryri Harriers
488	Alan	Smith	Male	44	M40	5	00:53:41	41	0:30:27	66	01:24:08	47	01:24:01	47	Deeside Runners

6	Iwan	Morton	Male	45	MELITE	23	00:53:47	43	0:30:25	64	01:24:12	48	01:24:12	49	Cymru B
30	Andy	McCall	Male	46	MELITE	24	00:55:32	65	0:28:43	43	01:24:15	49	01:24:11	48	Scotland
304	Graham	Jones	Male	47	M50	1	00:55:50	72	0:28:30	42	01:24:20	50	01:24:15	50	Shrewsbury AC
78	Lewis	Banton	Male	48	MSEN	18	00:51:37	34	0:32:58	120	01:24:35	51	01:24:28	51	Clowne RR
497	Chris	Speight	Male	49	M40	6	00:55:27	63	0:29:15	50	01:24:42	52	01:24:39	53	Helm Hill R.
366	David	Miller	Male	50	MSEN	19	00:54:29	54	0:30:14	61	01:24:43	53	01:24:33	52	Teignbridge Trots
18	Olivia	Walwyn	Female	4	FELITE	3	00:53:06	40	0:31:41	94	01:24:47	54	01:24:42	54	England
75	Christopher	Balderson	Male	51	M40	7	00:54:57	58	0:30:05	58	01:25:02	55	01:24:53	55	Clayton le Moors
207	Helen	Fines	Female	5	FSEN	2	00:57:46	90	0:27:35	30	01:25:21	56	01:25:16	56	Bristol & West AC
236	Chris	Gurney	Male	52	M40	8	00:55:08	60	0:30:16	62	01:25:24	57	01:25:16	57	South West RR
33	Jill	Mykura	Female	6	FELITE	4	00:55:49	70	0:29:47	55	01:25:36	58	01:25:30	58	Scotland
467	Samuel	Ryall	Male	53	MSEN	20	00:54:42	56	0:30:56	74	01:25:38	59	01:25:31	59	
297	Craig	Jones	Male	54	MSEN	21	00:55:30	64	0:30:11	60	01:25:41	60	01:25:33	60	WFRA
275	Matthew	Hulley	Male	55	MSEN	22	00:56:32	80	0:29:22	53	01:25:54	61	01:25:48	62	DPFR
518	David J	Thomas	Male	56	MSEN	23	00:55:50	71	0:30:17	63	01:26:07	62	01:25:34	61	
451	Matthew E.	Roberts	Male	57	MSEN	24	00:55:22	62	0:30:54	73	01:26:16	63	01:26:12	63	Eryri Harriers
598	Shaun	Wright	Male	58	MSEN	25	00:56:22	78	0:30:07	59	01:26:29	64	01:26:24	64	DPFR
177	Iwan	Edgar	Male	59	M50	2	00:55:46	69	0:30:53	72	01:26:39	65	01:26:36	66	Eryri Harriers
223	Ian	Gladwell	Male	60	M40	9	00:55:42	67	0:30:59	76	01:26:41	66	01:26:33	65	West End Runners
383	Peter	Newham	Male	61	MSEN	26	00:56:52	82	0:29:58	56	01:26:50	67	01:26:50	68	Congleton Harriers
45	Tony	Collins	Male	62	MELITE	25	00:55:44	68	0:31:12	81	01:26:56	68	01:26:39	67	Ireland B
360	Graham	McAra	Male	63	M50	3	00:55:52	73	0:31:07	80	01:26:59	69	01:26:54	69	Clwydian Range R.
5	Rob	Greenwood	Male	64	MELITE	26	00:57:02	84	0:30:00	57	01:27:02	70	01:26:58	71	Cymru B
60	Rhys	ab Elwyn	Male	65	M40	10	00:54:27	53	0:32:36	115	01:27:03	71	01:26:58	72	Eryri Harriers
181	Simon	Edwards	Male	66	MSEN	27	00:58:10	95	0:29:10	48	01:27:20	72	01:26:57	70	Buckley Runners
380	David	Naughton	Male	67	M40	11	00:58:52	107	0:28:51	45	01:27:43	73	01:27:36	74	Darwen Dashers
324	Stephen	Jones	Male	68	MSEN	28	00:58:32	101	0:29:12	49	01:27:44	74	01:27:36	73	Wrexham AC
9	Anna	Bartlett	Female	7	FELITE	5	00:57:19	86	0:30:26	65	01:27:45	75	01:27:38	75	Cymru F
135	Noel	Craine	Male	69	M40	12	00:56:27	79	0:31:26	85	01:27:53	76	01:27:49	76	Eryri Harriers
32	Sonia	Armitage	Female	8	FELITE	6	00:57:37	88	0:30:29	67	01:28:06	77	01:28:01	79	Scotland
235	Ben	Gudger	Male	70	MSEN	29	00:58:50	106	0:29:22	52	01:28:12	78	01:27:55	78	
500	Paul	Stinton	Male	71	MSEN	30	00:56:12	76	0:32:04	103	01:28:16	79	01:27:53	77	Clwydian Range R,
332	Michael	Kelly	Male	72	MSEN	31	00:55:57	74	0:32:22	109	01:28:19	80	01:28:04	80	Leighton FR
529	David	Tomlin	Male	73	MSEN	32	00:55:07	59	0:33:20	129	01:28:27	81	01:28:24	81	Teignbridge Trots
575	Don	Williams	Male	74	M60	1	00:56:47	81	0:31:50	99	01:28:37	82	01:28:30	82	Eryri Harriers
351	Arwel	Lewis	Male	75	M40	13	00:57:12	85	0:31:32	88	01:28:44	83	01:28:40	84	Eryri Harriers
455	Richard	Roberts	Male	76	M40	14	00:58:03	92	0:30:43	69	01:28:46	84	01:28:42	85	Bowland FR
44	Shane	O'Rourke	Male	77	MELITE	27	00:55:17	61	0:33:36	136	01:28:53	85	01:28:38	83	Ireland B
578	Gareth Wyn	Williams	Male	78	MSEN	33	00:54:47	57	0:34:16	153	01:29:03	86	01:28:53	86	Cybi
171	John	Dryden	Male	79	M40	15	00:58:20	97	0:31:00	77	01:29:20	87	01:29:07	87	
587	Julie	Wilson	Female	9	FSEN	3	00:57:58	91	0:31:40	92	01:29:38	88	01:29:32	89	DPFR
362	Owen	McIntyre	Male	80	MSEN	34	00:57:24	87	0:32:15	107	01:29:39	89	01:29:26	88	
90	Paul	Beeson	Male	81	M40	16	00:58:12	96	0:31:37	89	01:29:49	90	01:29:36	90	Maldwyn Harriers
289	Judith	Jepson	Female	10	F40	1	00:58:23	98	0:31:26	86	01:29:49	91	01:29:44	91	DPFR
148	Andrew	Darnell	Male	82	M40	17	00:54:07	48	0:35:49	197	01:29:56	92	01:29:47	92	Eryri Harriers
153	Elwyn	Davies	Male	83	M40	18	00:56:59	83	0:32:59	121	01:29:58	93	01:29:48	93	
343	Huw	Lewis	Male	84	M40	19	00:58:27	99	0:31:40	91	01:30:07	94	01:30:01	94	Buckley Runners
457	Tegid	Roberts	Male	85	M40	20	00:51:39	35	0:38:38	273	01:30:17	95	01:30:13	95	
230	David	Gresswell	Male	86	M40	21	00:56:14	77	0:34:16	151	01:30:30	96	01:30:16	96	Gloucester AC

249	Roger	Hayes	Male	87	M40	22	00:57:40	89	0:32:57	119	01:30:37	97	01:30:30	97	Teignbridge Trotters
462	Nigel	Rowlands	Male	88	MSEN	35	01:00:06	116	0:30:44	70	01:30:50	98	01:30:45	99	Clwydian Range R.
377	Helen B	Bleasdale	Female	11	FSEN	4	00:58:48	105	0:32:04	104	01:30:52	99	01:30:47	100	Thames Hare & H.
560	Philip	Weber	Male	89	MSEN	36	00:58:46	104	0:32:24	110	01:31:10	100	01:30:42	98	
388	Jeff	Norman	Male	90	M60	2	00:59:27	111	0:31:52	100	01:31:19	101	01:31:13	101	Altrincham & Dist
373	Jonny	Muir	Male	91	MSEN	37	00:58:08	94	0:33:38	138	01:31:46	102	01:31:37	102	Nene Valley H.
138	Tony	Croft	Male	92	M40	23	00:59:03	110	0:33:08	125	01:32:11	103	01:32:01	104	Lytham St Annes RR
10	Andrea	Roberts	Female	12	FELITE	7	01:00:54	129	0:31:19	82	01:32:13	104	01:32:08	105	Cymru F
559	Dylan	Webber	Male	93	MSEN	38	01:00:52	128	0:31:23	84	01:32:15	105	01:31:57	103	
469	Mark	Salkild	Male	94	M40	24	01:01:19	139	0:30:58	75	01:32:17	106	01:32:12	106	DPFR
34	Dawn	Scott	Female	13	FELITE	8	01:01:38	146	0:30:41	68	01:32:19	107	01:32:14	107	Scotland
524	John	Thompson	Male	95	MSEN	39	01:00:41	123	0:31:49	97	01:32:30	108	01:32:24	109	Skelmersdale BH
23	Marco	Mazzoni	Male	96	MELITE	28	00:59:44	115	0:32:52	117	01:32:36	109	01:32:20	108	Italy
145	Nick	Cunliffe	Male	97	M40	25	01:01:07	135	0:31:29	87	01:32:36	110	01:32:31	111	
356	Gary	Mason	Male	98	M40	26	00:58:37	102	0:34:03	150	01:32:40	111	01:32:28	110	Bournville Harriers
111	David	Burton	Male	99	M40	27	00:58:04	93	0:34:41	167	01:32:45	112	01:32:33	112	Stroud and Dist AC
116	Michael	Case	Male	100	M40	28	00:59:28	112	0:33:27	132	01:32:55	113	01:32:39	113	
69	Charles	Ashley	Male	101	MSEN	40	00:59:31	113	0:33:32	134	01:33:03	114	01:32:56	116	Wrexham AC
481	Richard	Sille	Male	102	MSEN	41	01:00:59	132	0:32:07	105	01:33:06	115	01:32:45	114	Manx Fell Runners
490	Anthony	Smith	Male	103	M40	29	01:01:22	141	0:31:47	96	01:33:09	116	01:32:52	115	
246	Katherine	Harvey	Female	14	F40	2	01:01:22	140	0:31:49	98	01:33:11	117	01:33:00	117	Pennine FR
565	Simon	Whitaker	Male	104	M40	30	01:00:35	121	0:32:50	116	01:33:25	118	01:33:06	118	
392	Geoff	Oldrid	Male	105	M50	4	01:01:26	142	0:32:13	106	01:33:39	119	01:33:29	120	Aberystwyth AC
74	Scott	Augur	Male	106	M40	31	00:56:02	75	0:37:38	246	01:33:40	120	01:33:28	119	Southampton RC
54	Frances	Orr	Female	15	FSEN	5	01:01:09	136	0:32:34	113	01:33:43	121	01:33:32	121	Northern Ireland
133	Martin	Cortvriend	Male	107	M50	5	01:02:13	153	0:31:39	90	01:33:52	122	01:33:45	123	Macclesfield H.
91	Stephen	Bellis	Male	108	M50	6	00:59:00	109	0:34:54	169	01:33:54	123	01:33:52	127	Buckley Runners
456	Simon	Roberts	Male	109	MSEN	42	01:00:37	122	0:33:22	130	01:33:59	124	01:33:36	122	Buckley Runners
412	Gary	Pearson	Male	110	MSEN	43	00:59:32	114	0:34:31	161	01:34:03	125	01:33:51	126	Croft Ambrey
80	John L	Farrell	Male	111	MSEN	44	00:58:30	100	0:35:36	190	01:34:06	126	01:33:58	129	Penny Lane Striders
571	John	Willacy	Male	112	M40	32	01:00:50	127	0:33:18	127	01:34:08	127	01:33:46	124	
92	Nick	Biggs	Male	113	MSEN	45	00:58:57	108	0:35:12	175	01:34:09	128	01:33:47	125	Vegan Runners UK
209	Glyn	Fletcher	Male	114	M40	33	01:02:36	159	0:31:40	93	01:34:16	129	01:34:02	130	Maldwyn Harriers
423	Ross	Powell	Male	115	M50	7	01:02:25	156	0:31:58	101	01:34:23	130	01:33:54	128	Mercia FR
107	Adair	Broughton	Male	116	MSEN	46	01:00:57	131	0:33:38	137	01:34:35	131	01:34:24	132	Helsby RC
27	Cristina	Bonacina	Female	16	FELITE	9	01:00:48	125	0:33:47	144	01:34:35	132	01:34:33	135	Italy
583	Richard W.	Williams	Male(L)	117	MSEN	47	01:01:01	133	0:33:40	139	01:34:41	133	01:34:37	136	Eryri Harriers
498	Paul	Spurge	Male	118	M50	8	01:01:13	137	0:33:29	133	01:34:42	134	01:34:25	133	Portsmouth Joggers
317	Peter MW	Jones	Male	119	M40	34	01:03:23	170	0:31:22	83	01:34:45	135	01:34:30	134	
239	Peter	Hague	Male	120	M40	35	01:01:38	145	0:33:10	126	01:34:48	136	01:34:18	131	Keswick
342	Craig	Lewis	Male	121	M40	36	01:00:29	118	0:34:21	157	01:34:50	137	01:34:42	138	Amazing Feet AC
520	Dyfed W.	Thomas	Male(L)	122	MSEN	48	01:00:19	117	0:34:35	164	01:34:54	138	01:34:41	137	Eryri Harriers
463	Gordon	Rowson	Male	123	M40	37	01:00:42	124	0:34:18	154	01:35:00	139	01:35:00	139	
211	Paul	Foot	Male	124	MSEN	49	01:00:54	130	0:34:20	155	01:35:14	140	01:35:04	141	Bournville Harriers
433	Ronald	Rees	Male	125	M50	9	01:01:34	144	0:33:45	143	01:35:19	141	01:35:00	140	Pennine FR
542	Craig	Walker	Male	126	MSEN	50	01:01:55	149	0:33:26	131	01:35:21	142	01:35:11	143	Calder Valley FR
175	Robert	Dunn	Male	127	MSEN	51	01:00:48	126	0:34:34	163	01:35:22	143	01:35:04	142	Tattenhall Runners
453	Peter	Roberts	Male	128	M60	3	01:02:42	160	0:32:54	118	01:35:36	144	01:35:29	146	Buckley Runners
232	David	Griffin	Male	129	M40	38	01:03:10	167	0:32:30	112	01:35:40	145	01:35:19	144	Manx FR

139	Jason	Cropton	Male	130	MSEN	52	01:03:17	169	0:32:25	111	01:35:42	146	01:35:27	145	Stroud and Dist AC
475	Richard	Scottney	Male	131	M50	10	01:04:43	193	0:31:05	78	01:35:48	147	01:35:30	147	Pennine FR
76	Peter	Ball	Male	132	MSEN	53	00:53:56	46	0:41:59	343	01:35:55	148	01:35:48	149	Shrewsbury AC
212	Llifon	Foulkes	Male(L)	133	MSEN	54	01:02:04	151	0:33:52	146	01:35:56	149	01:35:33	148	Eryri Harriers
261	Shaun	Hooson	Male	134	M40	39	01:01:44	147	0:34:26	159	01:36:10	150	01:36:03	151	Buckley Runners
389	Cormac	O Ceallaigh	Male	135	MSEN	55	01:02:28	157	0:33:44	142	01:36:12	151	01:35:55	150	Parnell AC
378	Leo	Murray	Male	136	MSEN	56	01:03:12	168	0:33:19	128	01:36:31	152	01:36:13	152	Shrewsbury AC
474	Patrick	Schalbetter	Male	137	MSEN	57	01:04:32	187	0:32:18	108	01:36:50	153	01:36:35	155	
241	Andrew	Hall	Male	138	M50	11	01:05:09	200	0:31:41	95	01:36:50	154	01:36:30	153	Portsmouth Joggers
346	Gwion	Llwyd	Male(L)	139	MSEN	58					01:36:53	155	01:36:30	154	
306	Haydn	Jones	Male	140	M40	40	01:04:02	176	0:32:59	122	01:37:01	156	01:36:58	158	Maldwyn Harriers
422	Dave	Powell	Male	141	M40	41					01:37:02	157	01:36:49	157	Aberystwyth AC
284	William	James	Male	142	M40	42	01:03:28	171	0:33:42	140	01:37:10	158	01:36:39	156	Clwydian Range R.
240	Roger	Hales	Male	143	M40	43	01:04:38	190	0:32:35	114	01:37:13	159	01:37:05	159	Teignbridge Trotters
254	Jenny	Heming	Female(L)	17	FSEN	6	01:05:16	203	0:32:00	102	01:37:16	160	01:37:08	160	Eryri Harriers
355	Trevor	Marshall	Male	144	M50	12	01:02:16	154	0:35:01	172	01:37:17	161	01:37:10	161	
313	Martin	Jones	Male	145	M40	44	01:04:30	186	0:33:03	123	01:37:33	162	01:37:14	162	Carneddau Tri
344	Neil	Lewis	Male	146	M40	45	01:04:41	192	0:33:04	124	01:37:45	163	01:37:37	163	MDC
114	Marcus	Cane	Male	147	MSEN	59	01:01:30	143	0:36:25	214	01:37:55	164	01:37:42	164	
393	Gordon	Orme	Male	148	M60	4	01:02:46	161	0:35:15	178	01:38:01	165	01:37:54	165	Cardigan RC
328	Trefor	Jones	Male	149	M40	46	00:58:44	103	0:39:19	295	01:38:03	166	01:37:57	167	Mercia FR
465	James	Russell	Male	150	MSEN	60	01:02:09	152	0:36:03	203	01:38:12	167	01:37:58	168	Stroud and Dist AC
81	Simon	Barnes	Male	151	MSEN	61	01:00:31	119	0:37:41	249	01:38:12	168	01:37:57	166	Stroud and Dist AC
345	Stephen	Littlewood	Male	152	M50	13	01:01:03	134	0:37:12	235	01:38:15	169	01:38:06	172	Hereford Couriers
40	Tish	McCann	Female	18	FELITE	10	01:07:08	234	0:31:07	79	01:38:15	170	01:38:04	171	Ireland A
394	Steve	Orrells	Male	153	M50	14	01:03:02	165	0:35:17	180	01:38:19	171	01:38:00	170	Maldwyn Harriers
594	Peter	Woodhead	Male	154	MSEN	62	01:01:17	138	0:37:09	234	01:38:26	172	01:38:11	173	
427	Tom	Prytherch	Male	155	MSEN	63	01:03:31	172	0:34:58	171	01:38:29	173	01:38:13	174	N.W. Police
157	Jim	Davis	Male	156	M40	47	01:03:52	175	0:34:39	166	01:38:31	174	01:37:59	169	Clwydian Range R.
142	Leslie	Crownshaw	Male	157	M50	15	01:01:51	148	0:36:40	222	01:38:31	175	01:38:31	177	Killamarsh Kestrels
184	Neil Oliver	Elias	Male(L)	158	M40	48	01:02:59	164	0:35:46	195	01:38:45	176	01:38:40	179	
295	Christopher	Jones	Male	159	MSEN	64	01:05:06	199	0:33:43	141	01:38:49	177	01:38:38	178	Clwydian Range R.
522	Neil	Thomas	Male	160	MSEN	65	01:02:30	158	0:36:22	211	01:38:52	178	01:38:26	175	Sospan RR
563	John	Weston	Male	161	M50	16	01:02:01	150	0:36:51	226	01:38:52	179	01:38:27	176	Ipswich Jaffa
201	Rob	Falconer	Male	162	M40	49	01:03:06	166	0:35:50	198	01:38:56	180	01:38:42	180	
516	Dafydd W.	Thomas	Male(L)	163	M60	5	01:03:42	173	0:35:35	189	01:39:17	181	01:38:51	181	Eryri Harriers
581	Peter C	Williams	Male(L)	164	M40	50	01:04:12	178	0:35:11	174	01:39:23	182	01:39:10	182	
99	Rene	Bory	Male	165	MSEN	66	01:04:18	181	0:35:19	181	01:39:37	183	01:39:19	184	IMRA
250	Andrew	Hearle	Male	166	M50	17	01:05:12	201	0:34:28	160	01:39:40	184	01:39:31	185	Mercia FR
551	Peter	Walters	Male	167	MSEN	67	01:04:36	189	0:35:13	177	01:39:49	185	01:39:17	183	Stourbridge RC
506	Robyn	Sweeney Smith	Male(L)	168	MSEN	68	01:02:20	155	0:37:43	250	01:40:03	186	01:39:54	186	
579	Gwion	Williams	Male	169	MSEN	69	01:04:44	194	0:35:33	188	01:40:17	187	01:40:01	187	
314	Michael	Jones	Male	170	M40	51					01:40:18	188	01:40:06	190	
369	John	Morris	Male	171	M60	6	01:05:51	207	0:34:31	162	01:40:22	189	01:40:13	191	Buckley Runners
49	Michael	Riou	Male	172	MELITE	29	01:04:40	191	0:35:42	193	01:40:22	190	01:40:15	192	France
434	Sean	Regan	Male	173	MSEN	70	01:04:21	182	0:36:02	202	01:40:23	191	01:40:03	188	
326	Stephen LI	Jones	Male	174	M50	18	01:03:47	174	0:36:39	221	01:40:26	192	01:40:05	189	Eryri Harriers
147	Andrew	Dalton	Male	175	M40	52	01:06:17	212	0:34:37	165	01:40:54	193	01:40:48	194	Skelmersdale BH
589	Benjamin	Wolstenholme	Male	176	MSEN	71	00:51:07	31	0:49:54	420	01:41:01	194	01:40:33	193	

260	Lon	Hooson	Male	177	MSEN	72	01:04:09	177	0:37:01	230	01:41:10	195	01:40:56	197	
315	Paul	Jones	Male	178	MSEN	73	01:05:16	202	0:35:56	199	01:41:12	196	01:40:54	195	Eryri Harriers
554	Peter	Warner	Male	179	M40	53	01:04:28	184	0:36:45	224	01:41:13	197	01:41:02	198	Napton Runners
200	Darren	Fairclough	Male	180	MSEN	74	01:06:21	213	0:34:55	170	01:41:16	198	01:40:54	196	Evenwood RR
208	Andrew	Firth	Male	181	M40	54	01:07:40	243	0:33:51	145	01:41:31	199	01:41:26	199	Clayton le Moors
387	Stephen	Nicholls	Male	182	MSEN	75	01:04:34	188	0:37:06	233	01:41:40	200	01:41:36	201	Liverpool Harriers
168	Ian	Doyle	Male	183	MSEN	76	01:05:21	204	0:36:22	212	01:41:43	201	01:41:37	203	Skelmersdale BH
205	Jo	Fifield	Female	19	FSEN	7	01:04:13	179	0:37:38	245	01:41:51	202	01:41:35	200	Stroud and Dist AC
214	Gus	French	Male	184	M40	55	01:07:08	232	0:34:47	168	01:41:55	203	01:41:37	204	Pennine FR
73	Paul	Atkinson	Male	185	M40	56	01:07:58	248	0:34:00	149	01:41:58	204	01:41:45	205	Calder Valley
365	Richard	McWilliams	Male	186	MSEN	77	01:08:26	263	0:33:34	135	01:42:00	205	01:41:50	207	Mynydd Du
331	Shaun	Keenaghan	Male	187	MSEN	78	01:02:50	162	0:39:11	290	01:42:01	206	01:41:37	202	
193	Zak	Emerson	Male	188	MSEN	79	01:04:15	180	0:37:49	251	01:42:04	207	01:41:52	208	
322	Simon	Jones	Male	189	M40	57	01:06:45	220	0:35:22	183	01:42:07	208	01:41:48	206	
258	Ian	Holmes	Male	190	MSEN	80	01:08:15	256	0:33:56	147	01:42:11	209	01:41:54	209	Gillingham Trotters
303	Glyn	Jones	Male	191	M40	58	01:06:05	209	0:36:18	209	01:42:23	210	01:42:15	210	
122	Rachel	Chatwin	Female	20	FSEN	8	01:04:28	185	0:37:59	256	01:42:27	211	01:42:17	211	Pennine FR
65	Hubert	Rödhammer	Male	192	M60	7	01:02:54	163	0:39:40	303	01:42:34	212	01:42:19	212	Bludenz
222	Phil	Gillard	Male	193	M40	59	01:05:31	205	0:37:22	239	01:42:53	213	01:42:43	214	Helsby RC
370	Kevin John	Morris	Male	194	M40	60	01:07:50	246	0:35:09	173	01:42:59	214	01:42:33	213	
89	Mark	Beckett	Male	195	MSEN	81	01:06:08	210	0:36:56	228	01:43:04	215	01:42:56	217	Wallasey AC
191	David	Emanuel	Male	196	MSEN	82	01:06:31	214	0:36:35	218	01:43:06	216	01:42:53	216	
39	Joyce	Aoife	Female	21	FELITE	11	01:06:46	221	0:36:21	210	01:43:07	217	01:42:49	215	Ireland A
352	Tim	Malpass	Male	197	MSEN	83	01:07:46	245	0:35:37	192	01:43:23	218	01:42:57	218	Deal Tri
486	Karim	Slimane	Male	198	MSEN	84	01:00:33	120	0:42:52	357	01:43:25	219	01:43:10	221	West End Runners
439	Stephen	Richards	Male(L)	199	MSEN	85	01:05:56	208	0:37:32	242	01:43:28	220	01:43:08	220	
574	Dewi	Williams	Male(L)	200	MSEN	86	01:08:14	254	0:35:16	179	01:43:30	221	01:43:12	222	Eryri Harriers
273	Kevin	Hughes	Male	201	MSEN	87	01:07:10	235	0:36:24	213	01:43:34	222	01:43:03	219	
502	Jason	Stott	Male	202	MSEN	88	01:07:34	241	0:36:01	200	01:43:35	223	01:43:15	223	Pennine FR
431	Justin	Reaff	Male	203	M40	61	01:07:54	247	0:35:44	194	01:43:38	224	01:43:23	224	Tattenhall Runners
526	Andy	Titley	Male	204	M40	62	01:05:02	198	0:38:45	280	01:43:47	225	01:43:27	226	Stockport Harriers
552	Ewan	Walton	Male	205	MSEN	89	01:06:37	216	0:37:14	237	01:43:51	226	01:43:42	227	Teignbridge Trots
66	Ben	Amesbury	Male	206	MSEN	90	01:06:34	215	0:37:24	240	01:43:58	227	01:43:26	225	Clwydian Range R.
197	Darryl	Evans	Male	207	M40	63	01:08:12	253	0:36:01	201	01:44:13	228	01:43:57	228	Maldwyn Harriers
318	Phil	Jones	Male	208	M60	8	01:06:41	217	0:37:37	244	01:44:18	229	01:44:05	230	WFRA
473	Eddie	Sawford	Male	209	MSEN	91	01:08:02	250	0:36:17	208	01:44:19	230	01:43:59	229	Edgworth CC
144	Trevallyan	Cumming	Male	210	MSEN	92	01:08:42	266	0:35:47	196	01:44:29	231	01:44:06	231	
519	Dean	Thomas	Male	211	MSEN	93	01:06:47	222	0:37:52	252	01:44:39	232	01:44:34	235	
340	Nathan	Lee	Male	212	M40	64	01:07:36	242	0:37:13	236	01:44:49	233	01:44:16	232	
46	Sarah	Moores	Female	22	FELITE	12	01:10:32	285	0:34:21	156	01:44:53	234	01:44:27	234	Ireland B
22	Gianpietro	Botta	Male	213	MELITE	30	01:09:27	279	0:35:27	185	01:44:54	235	01:44:24	233	Italy
361	Estelle	McGuire	Female	23	FSEN	9	01:06:42	218	0:38:13	266	01:44:55	236	01:44:47	238	Stockport Harriers
533	Dawn	Urquhart	Female	24	FSEN	10	01:09:26	278	0:35:30	187	01:44:56	237	01:44:48	239	Buckley Runners
338	Ian	Langler	Male	214	MSEN	94	01:04:25	183	0:40:34	322	01:44:59	238	01:44:52	240	Teignbridge Trots
323	Steffan	Jones	Male	215	M40	65	01:04:47	195	0:40:14	313	01:45:01	239	01:44:57	241	Eryri Harriers
158	Lawrence	Day	Male	216	MSEN	95	01:08:31	264	0:36:33	217	01:45:04	240	01:44:39	236	Macclesfield H.
590	Anna	Wood	Female(L)	25	FSEN	11	01:08:52	269	0:36:15	207	01:45:07	241	01:44:47	237	
597	Nick	Wright	Male	217	MSEN	96	01:06:53	226	0:38:20	269	01:45:13	242	01:45:04	243	
461	Dilwyn Merfyn	Rowlands	Male	218	MSEN	97	01:08:47	267	0:36:29	215	01:45:16	243	01:45:03	242	Eryri Harriers

406	Neil	Parry	Male	219	MSEN	98	01:07:14	237	0:38:04	262	01:45:18	244	01:45:10	245	
95	Mike	Blake	Male	220	M50	19	01:11:28	295	0:33:59	148	01:45:27	245	01:45:19	249	Eryri Harriers
527	Hannah	Toberman	Female(L)	26	FSEN	12	01:08:56	270	0:36:36	220	01:45:32	246	01:45:09	244	Eryri Harriers
555	Hywel	Watkin	Male	221	M50	20	01:07:42	244	0:37:52	253	01:45:34	247	01:45:12	246	
312	Mandy	Jones	Female	27	F40	3	01:10:01	281	0:35:36	191	01:45:37	248	01:45:16	247	Islwyn RC
501	Alan	Storrow	Male	222	M40	66	01:08:48	268	0:37:02	231	01:45:50	249	01:45:17	248	Uknetrunners
532	Kenny	Turner	Male	223	M40	67	01:08:22	259	0:37:36	243	01:45:58	250	01:45:33	250	DPFR
496	Thomas	Snaith	Male	224	M40	68	01:07:05	231	0:39:01	288	01:46:06	251	01:45:39	251	Belle Vue Racers
263	Nigel	Horney	Male	225	M40	69	01:09:22	276	0:36:52	227	01:46:14	252	01:46:11	254	
179	Kevin O	Edwards	Male(L)	226	MSEN	99	01:07:02	230	0:39:17	292	01:46:19	253	01:45:58	252	
53	Sylvain	Guillerm	Male	227	MELITE	31	01:08:16	257	0:38:07	264	01:46:23	254	01:46:14	255	France
26	Michela	Acquistapace	Female	28	FELITE	13	01:11:57	304	0:34:26	158	01:46:23	255	01:46:21	257	Italy
294	Arwel	Jones	Male	228	M40	70	01:06:59	229	0:39:31	298	01:46:30	256	01:46:22	258	Prestatyn RC
149	Brian	Davies	Male	229	M60	9	01:12:19	313	0:34:16	152	01:46:35	257	01:46:26	259	Croft Ambrey
466	Steve	Russell	Male	230	M40	71	01:09:20	275	0:37:16	238	01:46:36	258	01:46:15	256	Wilmslow RC
202	Michael	Fallon	Male	231	M50	21	01:06:12	211	0:40:26	319	01:46:38	259	01:46:28	261	Teignbridge Trots
252	Alan	Heath	Male	232	MSEN	100	01:08:32	265	0:38:12	265	01:46:44	260	01:46:33	264	WFRA
437	Luke	Richards	Male	233	MSEN	101	01:08:25	262	0:38:22	270	01:46:47	261	01:46:11	253	
172	Honor	Duffield	Female	29	FSEN	13	01:09:23	277	0:37:28	241	01:46:51	262	01:46:29	263	Skelmersdale BH
580	Ian	Williams	Male	234	M40	72	01:08:06	251	0:38:47	283	01:46:53	263	01:46:40	267	Cybi
278	Wilf	Hutchinson	Male	235	M50	22	01:06:49	224	0:40:07	308	01:46:56	264	01:46:26	260	Concordia
255	Tim	Hicks	Male	236	M40	73	01:08:57	271	0:38:03	260	01:47:00	265	01:46:29	262	
321	Robert	Jones	Male	237	M50	23	01:11:35	300	0:35:26	184	01:47:01	266	01:46:40	265	Clwydian Range R.
325	Stephen	Jones	Male	238	M40	74	01:09:07	273	0:37:57	254	01:47:04	267	01:46:40	266	Islwyn RC
11	Emma	Bayliss	Female	30	FELITE	14	01:07:28	239	0:39:40	302	01:47:08	268	01:46:58	270	Cymru F
167	Felicity	Doyle	Female	31	F40	4	01:08:15	255	0:38:56	286	01:47:11	269	01:46:44	268	Congleton Harriers
568	Chris	Wilcox	Male	239	M50	24	01:07:59	249	0:39:18	294	01:47:17	270	01:46:49	269	Clwydian Range R.
358	John	Matthews	Male	240	M40	75	01:06:43	219	0:40:40	323	01:47:23	271	01:47:10	271	Ambleside
165	Neil	Douthwaite	Male	241	MSEN	102	01:07:26	238	0:40:08	309	01:47:34	272	01:47:14	272	Evenwood RR
298	Dei	Jones	Male	242	M50	25	01:12:10	309	0:35:27	186	01:47:37	273	01:47:29	274	Eryri Harriers
591	David	Wood	Male	243	M50	26	01:07:28	240	0:40:14	314	01:47:42	274	01:47:31	275	Blackpool WF AC
125	Mandy	Clarke	Female	32	FSEN	14	01:09:04	272	0:38:40	277	01:47:44	275	01:47:26	273	Bingley Harriers
381	Mark	Newell	Male	244	M40	76	01:06:56	227	0:40:48	325	01:47:44	276	01:47:33	276	Cambridge Harriers
363	Paul	McKeeney	Male	245	M40	77	01:06:50	225	0:41:20	331	01:48:10	277	01:48:00	281	Northbrook AC
113	Debra	Campbell	Female	33	FSEN	15	01:12:00	306	0:36:10	205	01:48:10	278	01:47:51	278	Skelmersdale BH
415	Libby	Peter	Female(L)	34	F40	5	01:12:52	316	0:35:19	182	01:48:11	279	01:48:04	282	
268	Gareth	Hughes	Male	246	M40	78	01:12:02	308	0:36:10	204	01:48:12	280	01:47:53	279	
391	Paul	Oldfield	Male	247	M40	79	01:09:42	280	0:38:38	274	01:48:20	281	01:47:45	277	Clwydian Range R.
596	Chris	Wride	Male	248	M40	80	01:10:42	287	0:37:39	248	01:48:21	282	01:48:11	283	Teignbridge Trots
286	Gwyon	Jenkins	Male	249	M40	81	01:10:26	284	0:37:59	257	01:48:25	283	01:47:59	280	Sospan RR
189	Garry	Ellis	Male	250	M40	82	01:10:14	283	0:38:43	279	01:48:57	284	01:48:39	284	
190	Steven	Ellis	Male	251	MSEN	103	01:10:12	282	0:38:45	281	01:48:57	285	01:48:40	285	
376	Cathy	Murray	Female	35	F40	6	01:12:32	315	0:36:35	219	01:49:07	286	01:48:54	286	Glossopdale H.
443	Stephen	Robbins	Male	252	M50	27	01:10:37	286	0:38:39	275	01:49:16	287	01:49:01	287	Portsmouth Joggers
311	Malcolm R.	Jones	Male	253	M50	28					01:49:44	288	01:49:33	290	Eryri Harriers
515	Alison	Thomas	Female(L)	36	F40	7	01:14:37	337	0:35:12	176	01:49:49	289	01:49:27	288	Eryri Harriers
124	Donna	Claridge	Female	37	F40	8	01:13:21	320	0:36:29	216	01:49:50	290	01:49:28	289	
447	Gwyn	Roberts	Male	254	MSEN	104	01:11:42	301	0:38:16	267	01:49:58	291	01:49:42	292	
425	Shane	Price	Male(L)	255	MSEN	105					01:49:58	292	01:49:37	291	

300	Eluet	Jones	Male	256	M60	10	01:13:21	321	0:36:58	229	01:50:19	293	01:49:53	293	Brecon
480	Edwin	Sherstone	Male	257	M40	83	01:08:24	261	0:42:00	344	01:50:24	294	01:50:11	295	
509	Brandon	Taylor	Male	258	MSEN	106	01:12:22	314	0:38:03	261	01:50:25	295	01:50:09	294	Helsby RC
353	David	Marham	Male	259	M40	84	01:06:47	223	0:43:51	378	01:50:38	296	01:50:14	296	Leighton FR
396	Kate	O'Sullivan	Female	38	F40	9	01:11:24	293	0:39:17	291	01:50:41	297	01:50:21	297	Aberystwyth AC
156	Tom	Davies	Male	260	M50	29	01:11:18	290	0:39:43	304	01:51:01	298	01:50:43	298	Croft Ambrey
115	Peter	Cartwright	Male	261	M50	30	01:11:31	299	0:39:35	299	01:51:06	299	01:50:54	301	
97	Ian	Blakemore	Male(L)	262	M50	31	01:08:07	252	0:43:03	362	01:51:10	300	01:50:51	300	Eryri Harriers
105	Jeremy	Bright	Male	263	MSEN	107	01:08:18	258	0:42:59	360	01:51:17	301	01:50:44	299	Abergele Harriers
505	Andy	Swann	Male	264	MSEN	108	01:13:37	323	0:37:58	255	01:51:35	302	01:51:24	304	RAF Regiment
176	Andrew	Duncombe	Male	265	M40	85	01:12:12	311	0:39:27	296	01:51:39	303	01:51:12	302	Brackla Harriers
528	Gail	Tombs	Female	39	F50	1	01:14:38	338	0:37:02	232	01:51:40	304	01:51:26	306	Calder Valley FR
368	Hugh LI.	Morgan	Male(L)	266	MSEN	109	01:11:31	298	0:40:10	311	01:51:41	305	01:51:24	305	
549	Martin	Walsh	Male	267	M50	32	01:12:57	317	0:38:45	282	01:51:42	306	01:51:20	303	Lytham St Annes RR
319	Philip	Jones	Male	268	M60	11	01:15:11	344	0:36:44	223	01:51:55	307	01:51:31	308	Prestatyn RC
271	Isaline	Hughes	Female	40	F40	10	01:11:52	303	0:40:06	307	01:51:58	308	01:51:37	309	Skelmersdale BH
48	Dena	Hogan	Female	41	FELITE	15	01:12:59	318	0:39:03	289	01:52:02	309	01:51:38	310	Ireland B
108	Philip	Brown	Male	269	M40	86	01:07:08	233	0:44:54	385	01:52:02	310	01:51:30	307	
52	Lean Luc	Kermarec	Male	270	MELITE	32	01:10:56	288	0:41:25	333	01:52:21	311	01:51:55	312	France
382	Judith	Newham	Female	42	FSEN	16	01:15:32	347	0:36:50	225	01:52:22	312	01:51:53	311	Congleton Harriers
141	Rich	Cross	Male	271	MSEN	110	01:11:29	296	0:41:03	328	01:52:32	313	01:52:19	314	
477	Kyle	Shaw	Male	272	MSEN	111	01:13:59	328	0:38:36	272	01:52:35	314	01:52:05	313	Concordia
160	Stella	Denniss	Female	43	FSEN	17	01:11:02	289	0:41:40	339	01:52:42	315	01:52:26	316	Bournville Harriers
151	Colin	Davies	Male	273	M50	33	01:05:40	206	0:47:07	400	01:52:47	316	01:52:41	318	Altrincham & Dist
543	David	Walker	Male	274	M50	34	01:14:08	331	0:38:42	278	01:52:50	317	01:52:25	315	Macclesfield H.
106	Vinny	Brodrick	Male	275	M40	87	01:14:52	340	0:38:01	258	01:52:53	318	01:52:28	317	Clayton le Moors
288	John F.	Jennings	Male	276	M40	88	01:13:57	327	0:39:17	293	01:53:14	319	01:53:12	320	Ellesmere Port RC
217	Thomas	Galvin	Male	277	MSEN	112	01:11:26	294	0:41:49	340	01:53:15	320	01:52:50	319	IMRA
79	Joe	Barlow	Male	278	M50	35	01:14:42	339	0:38:59	287	01:53:41	321	01:53:31	322	
426	David S.	Prytherch	Male	279	MSEN	113	01:12:11	310	0:41:35	338	01:53:46	322	01:53:34	323	Eryri Harriers
188	Gareth	Ellis	Male	280	MSEN	114	01:11:30	297	0:42:18	354	01:53:48	323	01:53:40	324	
445	Andrew	Roberts	Male	281	M40	89	01:11:43	302	0:42:08	348	01:53:51	324	01:53:18	321	
86	Edwin	Williams	Male(L)	282	M40	90					01:53:58	325	01:53:50	327	Eryri Harriers
407	Graham	Parton	Male	283	M40	91	01:13:50	325	0:40:18	316	01:54:08	326	01:53:48	326	Shrewsbury AC
372	Stuart	Moulson	Male	284	MSEN	115	01:15:33	348	0:38:39	276	01:54:12	327	01:54:04	330	Teignbridge Trots
548	Colin	Waller	Male	285	M40	92	01:16:37	357	0:37:38	247	01:54:15	328	01:53:40	325	Stroud and Dist AC
416	Gillian	Phillips	Female	44	F40	11	01:11:22	292	0:43:01	361	01:54:23	329	01:53:52	329	Sospan RR
152	David	Davies	Male	286	MSEN	116	01:12:15	312	0:42:11	350	01:54:26	330	01:53:52	328	Vegan Runners UK
195	David	Englert	Male	287	M40	93	01:16:27	355	0:38:17	268	01:54:44	331	01:54:17	331	Steel City Striders
349	David	Luxton	Male	288	M40	94	01:14:14	332	0:40:33	321	01:54:47	332	01:54:27	332	Gillington Trotters
77	Alistair	Banfield	Male	289	M40	95	01:14:30	335	0:40:32	320	01:55:02	333	01:54:43	333	
87	Andrew	Beale	Male	290	MSEN	117	01:04:52	196	0:50:16	421	01:55:08	334	01:54:56	335	
489	Andy	Smith	Male	291	M40	96	01:07:12	236	0:48:02	406	01:55:14	335	01:54:48	334	Helsby RC
173	Andrew M	Dugdale	Male	292	M40	97	01:13:07	319	0:42:14	352	01:55:21	336	01:55:12	338	Clayton le Moors
417	David	Pinnington	Male	293	M40	98	01:09:15	274	0:46:12	391	01:55:27	337	01:55:11	337	
68	Gillian	Armstrong	Female	45	FSEN	18	01:14:03	329	0:41:31	337	01:55:34	338	01:55:07	336	Congleton Harriers
163	James	Donovan	Male	294	M40	99	01:15:19	345	0:40:16	315	01:55:35	339	01:55:23	340	Teignbridge Trotters
558	John	Weaver	Male	295	M40	100	01:15:26	346	0:40:11	312	01:55:37	340	01:55:20	339	Hook Norton H.
247	Kay	Hatton	Female	46	F40	12	01:12:02	307	0:43:36	368	01:55:38	341	01:55:24	341	NWRRC

169	Pete	Doyle	Male	296	M40	101	01:16:04	352	0:39:49	305	01:55:53	342	01:55:25	342	Congleton Harriers
582	Rhodri	Williams	Male	297	MSEN	118	01:14:06	330	0:42:00	345	01:56:06	343	01:55:49	345	
329	Terry	Kavanagh	Male	298	M40	102	01:11:19	291	0:44:50	383	01:56:09	344	01:55:47	344	
96	Ian	Blakebrough	Male	299	M50	36	01:17:23	366	0:38:54	284	01:56:17	345	01:55:40	343	Cheshire Hash H.
395	Martin	Orton	Male	300	MSEN	119	01:06:56	228	0:49:22	418	01:56:18	346	01:56:06	347	
316	Peter	Jones	Male	301	M40	103	01:14:26	334	0:41:53	341	01:56:19	347	01:56:05	346	Weston AC
562	Dewi	Sinclair	Male	302	M60	12	01:18:02	377	0:38:25	271	01:56:27	348	01:56:10	348	NWRRRC
166	Colin	Downey	Male	303	M40	104	01:16:54	362	0:39:36	300	01:56:30	349	01:56:20	350	Dudley Kingswinford
103	Nigel	Brien	Male	304	M40	105	01:14:31	336	0:42:06	347	01:56:37	350	01:56:12	349	
101	Simon	Bower	Male	305	MSEN	120	01:11:57	305	0:44:52	384	01:56:49	351	01:56:31	351	
155	Martin	Davies	Male	306	MSEN	121	01:15:07	343	0:42:02	346	01:57:09	352	01:56:43	352	Sospan RR
154	Gari	Davies	Male(L)	307	M50	37	01:21:03	402	0:36:10	206	01:57:13	353	01:56:50	353	
479	Michaael	Sherpherd	Male	308	M40	106	01:08:23	260	0:49:11	417	01:57:34	354	01:57:24	355	
227	David	Gould	Male	309	M50	38	01:16:42	358	0:40:56	327	01:57:38	355	01:57:19	354	
225	Chris	Good	Male	310	M40	107	01:17:18	365	0:40:22	318	01:57:40	356	01:57:26	358	Ludlow Runners
584	Tracey	Williams	Female	47	F40	13	01:15:38	349	0:42:10	349	01:57:48	357	01:57:25	356	Denbigh Harriers
487	Mick	Small	Male	311	M50	39	01:15:07	342	0:42:42	355	01:57:49	358	01:57:33	360	Portsmouth Joggers
128	Deborah	Clift	Female	48	F40	14	01:13:34	322	0:44:18	381	01:57:52	359	01:57:25	357	Mysteruns Fun C.
146	Derek	Dale	Male	312	M60	13	01:17:58	375	0:39:56	306	01:57:54	360	01:57:27	359	Congleton Harriers
270	Ian Wyn	Hughes	Male(L)	313	M40	108	01:19:51	386	0:38:06	263	01:57:57	361	01:57:37	362	
385	Niamh	Ni Cholmain	Female	49	FSEN	19	01:20:01	391	0:38:01	259	01:58:02	362	01:57:36	361	
185	Helen	Elleker	Female	50	F50	2	01:19:11	382	0:38:55	285	01:58:06	363	01:57:46	364	DPFR
307	Hugh	Jones	Male	314	M50	40	01:16:16	353	0:41:57	342	01:58:13	364	01:57:43	363	
129	Tony	Codling	Male	315	M40	109	01:04:57	197	0:53:26	433	01:58:23	365	01:58:12	366	Blackpool WF AC
180	Richard	Edwards	Male	316	M40	110	01:14:19	333	0:44:17	380	01:58:36	366	01:58:10	365	
72	Peter	Aston	Male	317	MSEN	122	01:13:46	324	0:44:58	386	01:58:44	367	01:58:31	368	Teignbridge Trots
47	Karen	Duggan	Female	51	FELITE	16	01:15:55	351	0:42:54	358	01:58:49	368	01:58:31	367	Ireland B
265	Kate	Hovers	Female	52	F40	15	01:19:26	383	0:39:37	301	01:59:03	369	01:58:37	369	Brecon
350	Peter	Lymer	Male	318	M40	111	01:13:55	326	0:45:16	387	01:59:11	370	01:58:51	371	Droitwich AC
253	Terry	Hefferman	Male	319	M50	41	01:18:27	379	0:40:54	326	01:59:21	371	01:58:47	370	Stroud and Dist AC
248	Edward	Hawliczek	Male	320	M50	42	01:18:00	376	0:41:30	335	01:59:30	372	01:58:56	372	Eryri Harriers
233	Christina	Griffiths	Female	53	FSEN	20	01:16:49	360	0:42:43	356	01:59:32	373	01:58:58	373	Stroud and Dist AC
61	Kathryn	Abbott	Female	54	FSEN	21	01:17:41	370	0:42:11	351	01:59:52	374	01:59:40	374	Bournville Harriers
512	Mark	Taylor	Male	321	MSEN	123	01:19:57	389	0:40:08	310	02:00:05	375	01:59:41	375	Clayton le Moors
199	Maldwyn	Evans	Male	322	M40	112	01:16:44	359	0:43:27	365	02:00:11	376	01:59:55	377	Eryri Harriers
438	Peter	Richards	Male	323	M50	43	01:16:54	361	0:43:17	364	02:00:11	377	01:59:43	376	
67	Yvonne	Amesbury	Female	55	FSEN	22	01:20:06	394	0:40:21	317	02:00:27	378	01:59:57	378	Clwydian Range R.
534	Willem	Van Prooijen	Male	324	M60	14	01:17:16	364	0:43:49	375	02:01:05	379	02:00:34	380	Hague RR
109	Rachel	Brown	Female	56	FSEN	23	01:20:00	390	0:41:06	329	02:01:06	380	02:00:32	379	Stroud and Dist AC
546	Peter	Walker	Male	325	M40	113	01:17:39	369	0:43:38	369	02:01:17	381	02:00:51	381	
507	Frank	Szablewski	Male	326	M50	44	01:19:48	384	0:41:31	336	02:01:19	382	02:01:01	382	Maldwyn Harriers
441	Mike	Ridout	Male	327	M50	45	01:20:06	393	0:41:26	334	02:01:32	383	02:01:03	383	Brackla Harriers
281	Dorien	James	Male	328	M40	114	01:16:22	354	0:45:29	388	02:01:51	384	02:01:26	385	SMOC
110	Cornelia	Bufe	Female(L)	57	FSEN	24	01:20:36	396	0:41:20	332	02:01:56	385	02:01:24	384	Eryri Harriers
348	Andrew	Ludlam	Male	329	M40	115	01:20:41	397	0:41:16	330	02:01:57	386	02:01:47	388	Teignbridge Trots
491	Elizabeth	Smith	Female	58	F40	16	01:17:51	373	0:44:14	379	02:02:05	387	02:01:41	387	
285	Hilary	Jaques	Female	59	F50	3	01:18:26	378	0:43:44	372	02:02:10	388	02:01:40	386	Abergele Harriers
450	Iorwerth	Roberts	Male	330	M60	15	01:17:26	367	0:45:33	389	02:02:59	389	02:02:23	389	Eryri Harriers
257	Mike	Hodges	Male	331	M50	46	01:16:37	356	0:46:43	393	02:03:20	390	02:02:50	390	Trot St Clares

418	Trevor	Platts	Male	332	M70	1	01:23:59	417	0:39:27	297	02:03:26	391	02:03:14	393	Clowne RR
159	Trevor	Dehavilland	Male	333	M50	47	01:19:56	388	0:43:50	376	02:03:46	392	02:03:11	391	Stroud and Dist AC
71	Sharon	Askew	Female	60	FSEN	25	01:19:56	387	0:43:50	377	02:03:46	393	02:03:12	392	Stroud and Dist AC
237	Chris	Hack	Male	334	M50	48	01:17:05	363	0:46:48	395	02:03:53	394	02:03:29	394	Portsmouth Joggers
226	Karin	Goss	Female	61	F50	4					02:03:58	395	02:03:34	395	Clayton le Moors
162	Allison	Donnelly	Female(L)	62	F40	17	01:20:57	401	0:43:29	367	02:04:26	396	02:04:01	397	Eryri Harriers
398	Helen	Owen	Female	63	FSEN	26					02:04:26	397	02:04:13	398	Bournville Harriers
397	Eryl	Owain	Male	335	M50	49	01:20:49	398	0:43:39	370	02:04:28	398	02:04:00	396	
485	Paul	Skidmore	Male	336	M40	116	01:21:09	404	0:43:46	373	02:04:55	399	02:04:23	399	Action Heart
282	Jenny	James	Female	64	FSEN	27	01:21:10	405	0:43:47	374	02:04:57	400	02:04:35	400	
274	Wynford Ll.	Hughes	Male(L)	337	M40	117	01:19:06	381	0:46:26	392	02:05:32	401	02:05:03	402	WFRA
592	David	Wood	Male	338	M40	118	01:17:43	371	0:47:50	404	02:05:33	402	02:04:59	401	Manchester H.
424	Alan	Price	Male	339	M60	16	01:18:56	380	0:46:46	394	02:05:42	403	02:05:34	405	Birchfield Harriers
517	Darren	Thomas	Male	340	MSEN	124	01:22:04	408	0:43:43	371	02:05:47	404	02:05:19	404	
120	Paul	Channing	Male	341	M50	50					02:05:52	405	02:05:17	403	Portsmouth Joggers
399	Kevin	Owen	Male(L)	342	M40	119					02:06:01	406	02:05:41	406	
327	Terri	Jones	Female	65	F40	18	01:17:52	374	0:48:47	410	02:06:39	407	02:06:04	407	Maldwyn Harriers
577	Elfed	Williams	Male	343	M40	120	01:24:29	419	0:42:17	353	02:06:46	408	02:06:22	409	Eryri Harriers
264	Tony	Houghton	Male	344	M40	121	01:17:49	372	0:48:59	413	02:06:48	409	02:06:19	408	Belle Vue Racers
64	Jim	Alcock	Male	345	MSEN	125	01:26:26	428	0:40:42	324	02:07:08	410	02:06:35	410	Wreccsam Tri
401	Julian	Page	Male	346	M40	122					02:07:11	411	02:06:39	411	Denbigh Harriers
291	Ivor	Johnstone	Male	347	M40	123					02:07:15	412	02:06:46	412	Helsby RC
123	Noel	Cheshire	Male	348	M50	51	01:22:59	412	0:44:42	382	02:07:41	413	02:07:08	413	
521	James	Thomas	Male	349	M40	124	01:20:10	395	0:47:38	403	02:07:48	414	02:07:20	414	Brackla Harriers
85	Glen	Batchelor	Male	350	M40	125	01:24:54	422	0:42:56	359	02:07:50	415	02:07:25	415	
290	Kim	Johnston	Male	351	M40	126	01:20:53	400	0:47:31	402	02:08:24	416	02:07:49	416	Stratford on Avon
150	Caryl	Davies	Female	66	FSEN	28	01:25:33	423	0:43:06	363	02:08:39	417	02:08:08	417	Sarn Helen
50	Roger	Merour	Male	352	MELITE	33					02:08:42	418	02:08:15	419	France
468	Dylan	Saer	Male	353	MSEN	126					02:08:43	419	02:08:15	418	RNLI
320	Rhian	Jones	Female(L)	67	FSEN	29	01:22:11	409	0:46:48	396	02:08:59	420	02:08:37	420	Eryri Harriers
104	Michael	Briggs	Male	354	M60	17	01:23:24	413	0:45:57	390	02:09:21	421	02:08:56	421	Wirksworth RC
374	John	Munn	Male	355	M40	127					02:09:43	422	02:09:07	422	
231	Victor	Gretton	Male	356	M60	18	01:26:24	427	0:43:29	366	02:09:53	423	02:09:17	423	Henfield Joggers
296	Clive John	Jones	Male(L)	357	MSEN	127	01:21:31	407	0:48:33	409	02:10:04	424	02:09:35	424	
308	Idris Wyn	Jones	Male	358	M40	128					02:10:35	425	02:10:21	425	
478	Prue	Shelley	Female	68	FSEN	30					02:11:22	426	02:10:48	426	
121	Stephanie	Charman	Female	69	F50	5					02:11:24	427	02:10:54	427	Helsby RC
600	David	Yetton	Male	359	M50	52	01:22:30	411	0:49:03	414	02:11:33	428	02:10:58	428	Portsmouth Joggers
436	Janet	Richards	Female	70	F40	19	01:20:52	399	0:50:55	424	02:11:47	429	02:11:27	429	Griffithstown H.
341	Richard	Lee	Male	360	MSEN	128	01:21:12	406	0:50:52	423	02:12:04	430	02:11:41	431	
599	Julie	Wyant	Female	71	FSEN	31	01:23:43	415	0:48:23	407	02:12:06	431	02:11:32	430	
164	Donna	Douthwaite	Female	72	FSEN	32	01:24:43	420	0:47:52	405	02:12:35	432	02:12:13	432	Evenwood RR
550	Paul	Walsh	Male	361	M60	19	01:20:02	392	0:52:39	428	02:12:41	433	02:12:19	433	Lytham St Annes RR
420	Nicholas	Porter	Male	362	M40	129	01:19:48	385	0:53:05	430	02:12:53	434	02:12:32	434	
531	Eva	Tuer	Female	73	FSEN	33	01:23:29	414	0:49:34	419	02:13:03	435	02:12:38	435	Astley & Tydesley RR
196	Andrew	Evans	Male	363	MSEN	129	01:26:49	430	0:47:17	401	02:14:06	436	02:13:54	436	
464	Dorothea	Russell	Female	74	F40	20	01:23:52	416	0:50:40	422	02:14:32	437	02:14:18	437	Poole Runners
538	Christine	Vorres	Female	75	F40	21	01:26:43	429	0:48:26	408	02:15:09	438	02:14:46	439	Griffithstown H.
224	John	Goddard	Male	364	M50	53	01:21:04	403	0:54:09	434	02:15:13	439	02:14:40	438	

390	Andrzej	Oborski	Male	365	M40	130	01:22:23	410	0:53:01	429	02:15:24	440	02:15:04	440	
63	Paula	Ace	Female	76	F50	34					02:15:49	441	02:15:20	441	WFRA
170	Mike	Driver	Male	366	M40	131	01:24:07	418	0:51:46	426	02:15:53	442	02:15:34	442	
567	Mandy	Whitehead	Female(L)	77	F50	6	01:26:09	425	0:51:36	425	02:17:45	443	02:17:11	443	
93	Philip	Bignell	Male	367	M50	54	01:31:02	440	0:47:04	398	02:18:06	444	02:17:38	444	Human Energy AC
379	Mike	Murray	Male	368	M50	55	01:29:09	434	0:49:04	415	02:18:13	445	02:17:54	445	
219	Sarah	Gardner-Hall	Female	78	F50	35	01:29:26	437	0:48:53	411	02:18:19	446	02:18:05	448	Norton Canes RR
218	Ben	Gardner-Hall	Male	369	M50	130	01:29:26	436	0:48:54	412	02:18:20	447	02:18:05	447	Norton Canes RR
183	Pascale	Eichenmuller	Female	79	F50	36	01:31:43	442	0:46:49	397	02:18:32	448	02:17:57	446	
182	Kevin	Egerton	Male	370	M50	56	01:29:36	438	0:49:08	416	02:18:44	449	02:18:09	449	Belle Vue Racers
585	Jennifer	Williamson	Female	80	F50	37	01:32:14	443	0:47:04	399	02:19:18	450	02:18:54	450	Eryri Harriers
134	Owen	Coxall	Male	371	M50	131	01:28:03	432	0:53:20	431	02:21:23	451	02:20:47	451	
215	G	Frith	Male	372	M50	132					02:22:04	452	02:21:41	452	Evenwood RR
419	Phil	Pollard	Male	373	M60	20	01:30:55	439	0:51:48	427	02:22:43	453	02:22:08	453	Portsmouth Joggers
51	Gerald	Leon	Male	374	MELITE	34	01:29:23	435	0:53:23	432	02:22:46	454	02:22:17	454	France
402	Jeff	Palmer	Male	375	M60	21	01:27:12	431	0:56:01	436	02:23:13	455	02:22:36	455	
470	Paul S.	Samuels	Male	376	M50	133	01:26:18	426	0:58:44	441	02:25:02	456	02:24:31	457	
471	Stephen	Samuels	Male	377	M50	57	01:28:12	433	0:56:50	437	02:25:02	457	02:24:30	456	Wrexham AC
540	Ashley	Wager	Male(L)	378	M40	132	01:15:47	350	1:10:11	445	02:25:58	458	02:25:21	458	Eryri Harriers
242	Les	Hall	Male	379	M60	22	01:32:16	444	0:55:14	435	02:27:30	459	02:27:15	460	Norton Canes RR
595	Brian	Worthington	Male	380	M50	58	01:24:50	421	1:02:41	442	02:27:31	460	02:27:08	459	Birchfield Harriers
442	Stephen	Roach	Male	381	M50	59	01:32:55	445	0:57:03	438	02:29:58	461	02:29:52	461	
440	George T.	Richardson	Male	382	M70	2	01:31:13	441	1:03:05	443	02:34:18	462	02:33:48	462	Clowne RR
140	Nigel	Cross	Male	383	M40	133	01:26:03	424	1:13:13	446	02:39:16	463	02:38:41	463	Devizes RC
430	Kurmang	Rashid	Male	384	M40	134	01:36:05	446	1:03:16	444	02:39:21	464	02:39:19	464	
245	Rachel	Harris	Female	81	F50	38	01:43:02	449	0:57:08	439	02:40:10	465	02:39:37	465	Dudley Ladies
244	Christopher	Harris	Male	385	M50	60	01:43:01	448	0:57:09	440	02:40:10	466	02:39:39	466	Dudley & S.
228	Frank	Grant	Male	386	M60	23	01:39:56	447	1:17:30	447	02:57:26	467	02:57:10	467	Stafford Harriers
602	Primo	Zavoli	Male		M60		01:14:53	341			DNF				Bournville Harriers
556	Gary	Watson	Male		M40		01:17:37	368			DNF				Teignbridge Trots
310	Judith C.	Jones	Female		F40						DNF				Mysteruns Fun C,
460	Ann	Rowell	Female		F50						DNF				Trot