

Race Number	First Name	Surname	Gender	Gender Position	Category	Category Position	Club	Team	Gun Time	Overall Position	Chip Time	Chip Position	Pace per Mile
1	Andi	Jones	Male	1	MSEN	1	Salford Harriers		01:06:02	1	01:06:01	1	00:06:59
2	Stanley	Charles	Male	25	MPRO	17	Wales	WMRA A	01:19:04	25	01:19:01	25	00:08:21
3	Matthew	Collins	Male	26	MPRO	18	Wales	WMRA A	01:20:03	26	01:20:02	27	00:08:28
4	Matthew	Gilbert	Male	23	MPRO	16	Wales	WMRA A	01:18:44	23	01:18:42	24	00:08:19
5	Richard	Roberts	Male	15	MPRO	11	Wales	WMRA A	01:15:19	15	01:15:18	15	00:07:58
6	Jenny	Hemming	Female	9	FPRO	8	Wales	WMRA A	01:31:23	91	01:31:20	91	00:09:39
7	Sarah	Ridgway	Female	8	FPRO	7	Wales	WMRA A	01:28:49	72	01:28:44	72	00:09:23
8	Andrea	Roberts	Female	10	FPRO	9	Wales	WMRA A	01:32:39	97	01:32:37	98	00:09:47
9	Iain	Ridgway	Male	27	MPRO	19	Wales	WMRA B	01:20:03	27	01:20:02	26	00:08:28
10	Matthew	Roberts	Male		MPRO		Wales	WMRA B		483			
11	Ian	Hughes	Male	38	MPRO	24	Wales	WMRA B	01:23:41	39	01:23:37	39	00:08:50
12	Harry	Matthews	Male	54	MPRO	27	Wales	WMRA B	01:27:06	58	01:27:02	58	00:09:12
13	Nick	Swinburn	Male	9	MPRO	7	England	FRA	01:12:53	9	01:12:52	9	00:07:42
14	Ian	Holmes	Male	3	MPRO	2	England	FRA	01:10:37	3	01:10:36	3	00:07:28
15	Morgan	Donnelly	Male	2	MPRO	1	England	FRA	01:09:24	2	01:09:23	2	00:07:20
16	Ricky	Lightfoot	Male	4	MPRO	3	England	FRA	01:10:59	4	01:10:58	4	00:07:30
17	Olivia	Walwyn	Female	2	FPRO	2	England	FRA	01:24:28	44	01:24:26	44	00:08:56
18	Katie	Ingram	Female	1	FPRO	1	England	FRA	01:20:44	29	01:20:42	29	00:08:32
19	Jo	Waites	Female	3	FPRO	3	England	FRA	01:25:20	48	01:25:18	48	00:09:01
20	Prasad	Prasad	Male	17	MPRO	13	Scotland	SHR	01:15:59	17	01:15:57	17	00:08:02
21	David	Rodgers	Male	16	MPRO	12	Scotland	SHR	01:15:37	16	01:15:34	16	00:07:59
22	Murray	Strain	Male	7	MPRO	6	Scotland	SHR	01:11:59	7	01:11:57	7	00:07:36
23	Douglas	Tullie	Male	20	MPRO	15	Scotland	SHR	01:17:29	20	01:17:27	20	00:08:11
24	Andrea	Priestley	Female	4	FPRO	4	Scotland	SHR	01:25:27	49	01:25:24	49	00:09:02
25	Jill	Mykura	Female	5	FPRO	5	Scotland	SHR	01:27:11	59	01:27:08	59	00:09:13
26	Dawn	Scott	Female	7	FPRO	6	Scotland	SHR	01:28:41	70	01:28:37	70	00:09:22
27	Vicente	Capitan Peña	Male	13	MPRO	10	Spain		01:14:23	13	01:14:22	13	00:07:52
28	Jose Luis	Capitan Peña	Male	12	MPRO	9	Spain		01:14:00	12	01:13:57	12	00:07:49
29	Fabian Roncer	Dominguez	Male	82	MPRO	34	Spain		01:31:21	90	01:31:19	90	00:09:39
30	David Gonzalez	Plaza	Male	18	MPRO	14	Spain		01:16:10	18	01:16:07	18	00:08:03
31	Martin Alvarez	Espinar	Male	10	MPRO	8	Spain		01:13:08	10	01:13:05	10	00:07:44
32	David	O'Flaherty	Male		MPRO		Northern Ireland	NIMRA		484			
33	Gary	Bailey	Male	33	MPRO	21	Northern Ireland	NIMRA	01:22:43	34	01:22:37	34	00:08:44
34	Andrew	Niblock	Male	35	MPRO	22	Northern Ireland	NIMRA	01:23:01	36	01:22:55	37	00:08:46
35	Jonny	Steede	Male	59	MPRO	28	Northern Ireland	NIMRA	01:27:52	64	01:27:45	64	00:09:17
36	Shalene	Ward	Female	16	FPRO	13	Northern Ireland	NIMRA	01:39:03	154	01:38:57	155	00:10:28
37	Alwynne	Shannon	Female		FPRO		Northern Ireland	NIMRA		486			
38	Frances	Orr	Female	14	FPRO	12	Northern Ireland	NIMRA	01:38:04	145	01:38:00	145	00:10:22
39	John	Brooks	Male	28	MPRO	20	Republic of Ireland	IMRA A	01:20:12	28	01:20:09	28	00:08:28
40	Brian	Furey	Male	37	MPRO	23	Republic of Ireland	IMRA A	01:23:37	38	01:23:32	38	00:08:50
41	Turlough	Conway	Male	73	MPRO	33	Republic of Ireland	IMRA A	01:29:59	81	01:29:54	81	00:09:30
42	Richie	Healy	Male	116	MPRO	40	Republic of Ireland	IMRA A	01:36:25	128	01:36:20	130	00:10:11
44	Aoife	Joyce	Female	17	FPRO	14	Republic of Ireland	IMRA A	01:39:15	157	01:39:08	158	00:10:29
45	Tressan	McCambridge	Female	62	FPRO	19	Republic of Ireland	IMRA A	02:06:55	397	02:06:44	398	00:13:24
46	Rachel	Walters	Female	30	FPRO	17	Republic of Ireland	IMRA B	01:48:32	252	01:48:22	252	00:11:27
47	Niamh	NiCholmain	Female	46	FPRO	18	Republic of Ireland	IMRA B	01:53:57	317	01:53:46	321	00:12:02

48	Jackie	O'Hagan	Female	24	FPRO	16	Republic of Ireland	IMRA A	01:42:53	203	01:42:45	204	00:10:52
49	Dario	Fracassi	Male	6	MPRO	5	Italy	A	01:11:31	6	01:11:29	6	00:07:33
50	Dario	Bonino	Male	5	MPRO	4	Italy	A	01:11:26	5	01:11:24	5	00:07:33
52	Marco	Mazzoni	Male	92	MPRO	36	Italy	A	01:33:29	102	01:33:22	102	00:09:52
53	Cinzia	Zugnoni	Female	22	FPRO	15	Italy	A	01:41:33	185	01:41:30	189	00:10:44
54	Cristina	Bonacina	Female	11	FPRO	10	Italy	A	01:33:31	104	01:33:29	106	00:09:53
55	Alessandra	Valgoi	Female	12	FPRO	11	Italy	A	01:34:08	115	01:34:05	116	00:09:57
56	Pietro	Bottà	Male	273	MPRO	43	Italy	B	01:53:58	319	01:53:37	319	00:12:01
57	Amos	Ruffoni	Male	72	MPRO	32	Italy	B	01:29:58	80	01:29:55	82	00:09:30
58	Cpt Tom	Usher	Male	164	MPRO	42	Royal Gurkha Rifles		01:41:33	186	01:41:28	188	00:10:44
59	Rfn Mohan	Angdembe	Male	70	MPRO	31	Royal Gurkha Rifles		01:29:47	78	01:29:43	78	00:09:29
60	Rfn Tulsi	Gurung	Male	43	MPRO	25	Royal Gurkha Rifles		01:24:37	45	01:24:35	45	00:08:56
62	Rfn Sankar	Magar	Male	48	MPRO	26	Royal Gurkha Rifles		01:25:37	52	01:25:32	52	00:09:02
63	Rfn Sajar	Gurung	Male	66	MPRO	29	Royal Gurkha Rifles		01:28:57	74	01:28:55	74	00:09:24
64	Rfn Surej	Magar	Male	95	MPRO	37	Royal Gurkha Rifles		01:33:34	106	01:33:30	107	00:09:53
65	Rfn Manindra	Rai	Male	84	MPRO	35	Royal Gurkha Rifles		01:31:36	93	01:31:35	94	00:09:41
66	Rfn Indrabaha	Limbu	Male	97	MPRO	39	Royal Gurkha Rifles		01:33:36	108	01:33:33	110	00:09:53
67	Rfn Bijay	Tamang	Male	68	MPRO	30	Royal Gurkha Rifles		01:29:12	76	01:29:09	77	00:09:25
68	Rfn Krishna	Limbu	Male	129	MPRO	41	Royal Gurkha Rifles		01:37:33	141	01:37:28	142	00:10:18
69	Rfn Man Bahar	Gurung	Male	96	MPRO	38	Royal Gurkha Rifles		01:33:34	107	01:33:32	109	00:09:53
71	Mark	Williams	Male	29	MSEN	8	Tauranga Ramblers		01:21:35	30	01:21:27	30	00:08:37
73	Galvin	Thomas	Male	309	MSEN	99	Glenasmole		01:59:42	361	01:59:27	363	00:12:38
74	John	Dryden	Male	79	M40+	22	Settle Harriers		01:30:40	87	01:30:32	87	00:09:34
75	Paul	Fegan	Male	237	MSEN	78	Newcastle AC		01:50:18	271	01:49:54	270	00:11:37
76	Sandra	Eaton	Male	330	M40+	123	Telford Harriers		02:05:12	387	02:04:36	387	00:13:10
77	Lewis	Banton	Male	36	MSEN	12	Clowne RR		01:23:02	37	01:22:54	36	00:08:46
78	Alan	High	Male	262	M40+	99	FRA		01:52:54	305	01:52:36	305	00:11:54
79	Neil	Goldsmith	Male	264	M50+	28	Pennine FR		01:53:05	307	01:52:42	307	00:11:55
80	Malcolm	Collins	Male	217	MSEN	70	Astley & Tydesley		01:47:24	245	01:46:59	244	00:11:19
81	Alexandra	Allott	Female	72	FSEN	29			02:08:58	413	02:08:26	413	00:13:35
82	Joseph	Cooper	Male	301	MSEN	95			01:57:24	351	01:57:16	351	00:12:24
83	Christopher	Harris	Male	343	M50+	48	DASH		02:09:13	415	02:09:06	415	00:13:39
85	Isidro	Rodriguez Marti	Male	272	M50+	32			01:53:58	318	01:53:53	324	00:12:02
86	Mark	Lester	Male	263	MSEN	87	Ballymena		01:53:01	306	01:52:36	306	00:11:54
100	Rhys	ab Elwyn	Male	71	M40+	18	Eryri Harriers		01:29:49	79	01:29:45	79	00:09:29
101	Paula	Ace	Female	81	FSEN	36	WFRA		02:16:17	440	02:15:52	440	00:14:22
102	Jim	Alcock	Male	366	MSEN	116	Wreccsam Tri		02:21:18	454	02:20:53	454	00:14:54
103	Susan	Allen	Female	89	F40+	20	Clayton le Moors		02:22:08	455	02:21:46	455	00:14:59
104	Ian	Andrews	Male	60	M40+	12	South West RR		01:27:59	65	01:27:54	65	00:09:18
105	Robert	Armstrong	Male	234	MSEN	77	Eryri Harriers		01:49:56	268	01:49:39	267	00:11:35
106	Neil	Ashcroft	Male	31	M40+	2	Ambleside		01:22:20	32	01:22:14	32	00:08:42
107	Charles	Ashley	Male	136	M50+	10	Wrexham AC		01:39:00	151	01:38:52	154	00:10:27
108	John	Atyeo	Male	42	M40+	3	Witney RR		01:24:24	43	01:24:20	43	00:08:55
109	Kate	Auchterlonie	Female	43	FSEN	20			01:52:31	298	01:52:26	303	00:11:53
110	Eddie	Austrums	Male	302	M50+	41	Mercia Fell Runners		01:57:34	352	01:57:17	352	00:12:24
111	Ben	Avery	Male	311	MSEN	100			01:59:49	363	01:59:18	360	00:12:37
112	Stephen	Bajic	Male		M40+		Telford Harriers			488			
113	Alistair	Banfield	Male	319	M40+	117	Tonbridge AC		02:02:26	374	02:02:06	374	00:12:54 00:10:29

115	Lee	Barratt	Male	188	MSEN	59	Stockport Harriers	01:44:25	214	01:44:12	215	00:11:01
116	Anna	Bartlett	Female	15	FSEN	2	Shrewsbury AC	01:38:30	146	01:38:20	147	00:10:24
117	Glen	Batchelor	Male	365	M40+	135		02:20:38	453	02:20:04	453	00:14:48
118	Amanda	Baxendale	Female	95	FSEN	46	Astley & Tyldesley	02:31:59	472	02:31:34	472	00:16:01
119	Emma	Bayliss	Female	34	FSEN	13	Mynydd Du	01:49:56	267	01:49:47	269	00:11:36
120	Mark	Beckett	Male	228	MSEN	73	Wallasey	01:49:04	258	01:48:35	255	00:11:29
121	Jim	Bell	Male	44	M40+	4	DPFR	01:24:43	46	01:24:39	46	00:08:57
122	Austin	Bell	Male	292	M50+	40	Abergele	01:56:02	341	01:55:36	339	00:12:13
123	David	Bell	Male	221	M40+	80	Mourne Runners	01:48:27	250	01:48:14	251	00:11:26
125	Nick	Biggs	Male	159	MSEN	50	Vegan Runners UK	01:41:01	180	01:40:51	180	00:10:40
126	Philip	Bignell	Male	310	M50+	43	Human Energy AC	01:59:46	362	01:59:30	365	00:12:38
127	Andrew	Blackmore	Male	174	M40+	60	MDC	01:42:22	197	01:41:54	193	00:10:46
129	Ian	Blakemore	Male	269	M50+	30	Eryri Harriers	01:53:47	314	01:53:34	318	00:12:00
130	Chris	Blythin	Male	103	MSEN	33	Votwo	01:34:06	114	01:34:03	115	00:09:57
131	Lucy	Bolt	Female	78	FSEN	34	South West RR	02:14:23	435	02:14:03	435	00:14:10
132	Dave	Boothroyd	Male	180	M40+	63	Buckley Runners	01:43:23	205	01:43:12	206	00:10:55
134	Richard	Borne	Male	182	M40+	64	Eryri Harriers	01:43:48	208	01:43:18	207	00:10:55
135	Lee	Bowen	Male	303	MSEN	96		01:58:18	353	01:58:11	354	00:12:30
136	Jon	Bowie	Male	34	MSEN	11	Oswestry Olympian	01:22:48	35	01:22:44	35	00:08:45
137	John	Boyle	Male	111	MSEN	35	CFR	01:35:17	123	01:35:05	123	00:10:03
138	Andy	Bridge	Male	312	M40+	114	BARF	01:59:58	365	01:59:30	364	00:12:38
139	Mike	Briggs	Male	351	M60+	16	Wirksworth RC	02:13:05	428	02:12:45	429	00:14:02
140	Vinny	Brodrick	Male	318	M40+	116	Clayton le Moors	02:02:09	372	02:01:46	372	00:12:52
141	Adair	Broughton	Male	98	MSEN	30	Helsby	01:33:37	109	01:33:32	108	00:09:53
142	Rachel	Brown	Female	80	FSEN	35	Stroud & Dist AC	02:16:06	439	02:15:42	439	00:14:21
143	Jez	Brown	Male	45	MSEN	16		01:25:09	47	01:24:58	47	00:08:59
145	Jonathan	Burch	Male	51	M40+	7	Owls AC	01:26:45	55	01:26:31	55	00:09:09
146	Julie	Burchell	Female	90	FSEN	42	Griffithstown Harrie	02:24:09	461	02:23:41	461	00:15:11
150	Andy	Butler	Male	105	M50+	4	Pennine Fell Runner	01:34:22	117	01:34:09	117	00:09:57
151	Scott	Butterworth	Male	39	MSEN	13	Eryri Harriers	01:23:42	40	01:23:37	40	00:08:50
155	Michael	Case	Male	137	M40+	40		01:39:01	152	01:38:41	151	00:10:26
156	Kevin	Caselton	Male	359	M40+	133		02:16:05	438	02:15:35	438	00:14:20
157	Juanda	Castillo	Male	41	MSEN	15	Shrewsbury AC	01:24:20	42	01:24:09	42	00:08:54
160	Michael	Charman	Male	340	M50+	46	Helsby RC	02:08:30	409	02:08:18	411	00:13:34
161	Stephanie S.	Charman	Female	60	F50+	5	Helsby RC	02:06:20	394	02:06:08	395	00:13:20
163	Les	Chesterton	Male	211	M50+	22	Owls AC	01:46:32	239	01:46:15	239	00:11:14
164	Donna	Claridge	Female	48	F40+	7		01:55:11	334	01:54:49	334	00:12:08
165	Mandy	Clarke	Female	35	FSEN	14	Bingley Harriers	01:50:24	273	01:50:03	272	00:11:38
166	Martin	Cliffe	Male	108	MSEN	34		01:34:51	120	01:34:48	120	00:10:01
167	Tony	Codling	Male	241	M40+	88	Blackpool Wyre & F.	01:50:39	277	01:50:27	278	00:11:41
168	Andy	Coleman	Male	265	MSEN	88	Stroud & Dist AC	01:53:09	308	01:52:54	309	00:11:56
170	Kieran	Collins	Male	162	MSEN	51		01:41:15	183	01:40:59	184	00:10:40
173	Martin	Cortvriend	Male	135	M50+	9	Macclesfield Harrier	01:38:53	150	01:38:42	152	00:10:26
174	Noel	Craine	Male	107	M40+	31	Eryri Harriers	01:34:42	119	01:34:38	119	00:10:00
177	Tony	Croft	Male	133	M40+	39	Lytham St Annes RI	01:38:32	148	01:38:19	146	00:10:24
179	Tony	Crossley	Male	225	M50+	24	East Grinstead AC	01:48:54	255	01:48:39	258	00:11:29
180	Colin	Daimond	Male	256	MSEN	84		01:52:34	299	01:52:23	302	00:11:53

00:14:31

183	Catrin	Davies	Female	42	FSEN	19		01:52:14	294	01:51:50	293	00:11:49
184	Colin	Davies	Male	278	M50+	34	Altrincham & Dist A	01:54:17	324	01:54:08	327	00:12:04
186	Elwyn	Davies	Male	109	M40+	32		01:35:04	121	01:34:55	122	00:10:02
187	Eric	Davies	Male	289	M50+	37		01:55:45	337	01:55:13	337	00:12:11
189	Jim	Davis	Male	257	M40+	98	Clwydian Range Rui	01:52:35	300	01:52:20	300	00:11:52
190	Julie	Davies	Female	26	FSEN	8	Griffithstown Harrie	01:43:27	206	01:43:11	205	00:10:54
191	Paul	Davies	Male	326	MSEN	107		02:04:01	382	02:03:32	381	00:13:04
192	Phil	Davies	Male	138	M40+	41	DPFR	01:39:02	153	01:38:30	148	00:10:25
193	Rebecca	Davies	Female	91	FSEN	43		02:24:13	462	02:23:49	462	00:15:12
194	Robert	Davies	Male	282	MSEN	92		01:54:37	329	01:54:07	326	00:12:04
195	Stella	Denniss	Female	31	FSEN	11	Bournville Harriers	01:49:11	260	01:49:00	263	00:11:31
197	Peter	Docker	Male	323	M40+	120	Lechlade	02:03:08	378	02:02:45	379	00:12:59
199	Neil	Douthwaite	Male	175	MSEN	55	EvenwoodRR	01:42:26	198	01:42:19	199	00:10:49
200	Donna	Douthwaite	Female	86	FSEN	39	EvenwoodRR	02:18:49	447	02:18:42	448	00:14:40
202	Pete	Doyle	Male	279	M50+	35	Congleton Harriers	01:54:20	325	01:53:50	323	00:12:02
203	Felicity	Doyle	Female	70	F50+	6	Congleton Harriers	02:08:39	410	02:08:06	409	00:13:32
204	Paul	Drabble	Male	75	M40+	19	Buxton AC	01:30:07	83	01:30:03	84	00:09:31
205	Honor	Duffield	Female	63	FSEN	28	Skelmersdale Harri	02:06:58	398	02:06:45	399	00:13:24
206	Andrew Mark	Dugdale	Male	150	M40+	49	Clayton le Moors	01:40:05	169	01:39:54	168	00:10:34
207	Robert	Dunn	Male	202	MSEN	68	Tattenhall	01:45:30	228	01:45:05	225	00:11:06
208	Mark	Dunscombe	Male	143	M40+	45	Sarn Helen	01:39:24	160	01:39:16	162	00:10:30
209	Andrew	Dunscombe	Male	315	M40+	115	Pontypridd Roadent	02:00:44	368	02:00:24	368	00:12:44
211	Iwan	Edgar	Male	58	M50+	1	Eryri Harriers	01:27:36	63	01:27:33	63	00:09:15
212	Alan	Edwards	Male	307	M40+	113	Eryri Harriers	01:59:26	359	01:59:21	361	00:12:37
213	Kevin	Edwards	Male	260	MSEN	86		01:52:46	303	01:52:19	299	00:11:52
216	Stephen	Edwards	Male	320	MSEN	105		02:02:35	375	02:02:07	375	00:12:55
217	Kevin	Egerton	Male	378	M50+	59	Belle Vue Racers	02:34:47	473	02:34:14	473	00:16:18
218	Pascale	Eichenmuller	Female	94	FSEN	45		02:29:13	467	02:28:49	467	00:15:44
219	Neil O.	Elias	Male	101	M40+	27		01:33:49	112	01:33:42	112	00:09:54
220	Helen	Elleker	Female	76	F50+	7	DPFR	02:11:51	424	02:11:32	425	00:13:54
222	Bruce	Elsworth	Male	32	MSEN	10	Wharfedale Harriers	01:22:34	33	01:22:30	33	00:08:43
223	Stephen	Elverd	Male	203	M40+	70	Cirencester AC	01:45:30	229	01:45:19	229	00:11:08
224	David	Emanuel	Male	198	MSEN	67		01:45:13	224	01:45:09	227	00:11:07
225	David	Englert	Male	321	M40+	118	Steel City Striders	02:02:43	376	02:02:25	376	00:12:56
226	Andrew	Evans	Male	363	MSEN	115		02:19:47	450	02:19:17	450	00:14:43
227	Ceri	Evans	Male	231	MSEN	74		01:49:40	264	01:49:34	266	00:11:35
228	Darryl	Evans	Male	213	M40+	73	Maldwyn Harriers	01:47:01	241	01:46:47	242	00:11:17
229	Maldwyn	Evans	Male	238	M40+	86	Eyri Harriers	01:50:21	272	01:50:04	273	00:11:38
230	David	Ewart	Male	119	MSEN	39	BARF	01:36:33	131	01:36:09	129	00:10:10
231	Steven	Fallon	Male	62	M40+	13	Carnethy HRC	01:28:17	67	01:28:10	67	00:09:19
232	Thomas J.	Farish	Male	375	M50+	57		02:29:59	469	02:29:43	470	00:15:50
233	Stevan	Fenney	Male	99	MSEN	31	Stone MM	01:33:38	110	01:33:24	104	00:09:52
234	Richard	Fleming	Male	358	M50+	52		02:16:02	437	02:15:30	437	00:14:19
235	Ian	Fleming	Male	229	M50+	25	Great Western Run	01:49:07	259	01:48:43	260	00:11:30
236	Claudette	Fleming	Female	41	FSEN	18		01:52:01	290	01:51:40	288	00:11:48
237	Glyn	Fletcher	Male	104	M40+	29	Maldwyn Harriers	01:34:14	116	01:34:01	114	00:09:56

00:10:44

245	Kevin	Francis	Male	53	M40+	9	Shrewsbury AC	01:27:06	57	01:27:00	57	00:09:12
246	Karen	Frankis	Female	97	F40+	22		02:42:12	477	02:42:01	477	00:17:08
247	Andy	Frankis	Male	347	M40+	129		02:11:01	422	02:10:49	422	00:13:50
248	Gus	French	Male	151	M50+	12	Pennine Fell Runner	01:40:05	170	01:39:54	169	00:10:34
249	Glynn	Frith	Male	371	MSEN	118	EvenwoodRR	02:22:53	460	02:22:42	460	00:15:05
251	Karl	Garside	Male	219	M40+	78		01:48:13	247	01:47:48	247	00:11:24
252	Steve	Gibbons	Male	76	M40+	20	Cyscod y Coed	01:30:11	84	01:30:05	85	00:09:31
255	Ian	Gladwell	Male	106	M40+	30	West End Runners	01:34:38	118	01:34:23	118	00:09:59
256	John	Goddard	Male	354	M50+	51		02:13:35	431	02:13:06	431	00:14:04
259	Karin	Goss	Female	68	F60+	2	Clayton le Moors	02:07:53	407	02:07:33	407	00:13:29
260	Brian	Graves	Male	373	M60+	18	Milton Keynes AC	02:29:13	466	02:28:50	468	00:15:44
262	Victor (Snr)	Gretton	Male	377	M50+	58	Merionnydd	02:31:15	471	02:30:39	471	00:15:55
266	Chris	Gurney	Male	295	M40+	108	South West RR	01:56:33	344	01:56:11	344	00:12:17
267	Trystan	Gwylm	Male	94	MSEN	29	Rygbi Caernarfon	01:33:34	105	01:33:28	105	00:09:53
270	Andrew	Hall	Male	161	M50+	14	Portsmouth Joggers	01:41:08	182	01:40:52	181	00:10:40
271	Kirsten	Hardiman	Female	27	FSEN	9	Settle Harriers	01:45:44	233	01:45:29	233	00:11:09
272	Stuart	Harth	Male	157	MSEN	49		01:40:54	178	01:40:26	175	00:10:37
273	Katherine	Harvey	Female	13	F40+	1	Pennine Fell Runner	01:37:49	144	01:37:38	144	00:10:19
274	Andrew	Harwood	Male	230	M40+	83		01:49:23	262	01:48:51	261	00:11:30
276	Edward	Hawliczek	Male	291	M50+	39	Eryri Harriers	01:55:54	339	01:55:26	338	00:12:12
277	Andrew	Hearle	Male	181	M50+	16	Merica Fell Runners	01:43:37	207	01:43:31	208	00:10:57
278	Alan	Heath	Male	317	MSEN	104	WFRA	02:01:47	371	02:01:32	371	00:12:51
279	Rebecca	Law	Female	18	FSEN	3	Eryri Harriers	01:39:47	166	01:39:26	164	00:10:31
281	John	Hewitt	Male	124	M40+	36	Glossopdale Harrier	01:36:58	136	01:36:49	136	00:10:14
283	Tim	Hicks	Male	236	M40+	85		01:50:11	270	01:49:57	271	00:11:37
284	Tamara	Hird	Female	23	FSEN	7	Wharfedale Harriers	01:41:34	187	01:41:27	187	00:10:43
286	Mike	Hodges	Male	350	M50+	50	Trot St Clears	02:12:56	427	02:12:27	427	00:14:00
287	James	Holdaway	Male	281	MSEN	91		01:54:28	327	01:54:02	325	00:12:03
289	Brian	Holland	Male	167	M50+	15	Stockport Harriers	01:41:52	190	01:41:34	191	00:10:44
290	Shaun	Hooson	Male	140	M40+	43	Buckley Runners	01:39:12	156	01:39:02	157	00:10:28
291	Lon	Hooson	Male	195	MSEN	65	Wreccsam Tri	01:45:05	221	01:44:39	220	00:11:04
292	Brian	Horrocks	Male	69	M40+	17	Clayton le Moors	01:29:17	77	01:29:08	76	00:09:25
293	David	Horrocks	Male	285	M40+	105	Clayton le Moors	01:54:56	332	01:54:34	332	00:12:07
295	Derek	Hughes	Male	121	M40+	35	East Cheshire Harri	01:36:40	133	01:36:09	128	00:10:10
297	Gareth	Hughes	Male	322	M40+	119		02:02:56	377	02:02:40	377	00:12:58
300	Ian Wyn	Hughes	Male	353	M40+	131		02:13:22	430	02:12:54	430	00:14:03
301	Isaline	Hughes	Female	38	F40+	5	Burden RR	01:50:46	279	01:50:34	279	00:11:41
302	Kenny	Hughes	Male	328	M60+	13	Wreccsam Tri	02:04:17	384	02:03:53	383	00:13:06
303	Lenny	Hughes	Male	156	M50+	13	Maldwyn Harriers	01:40:44	176	01:40:34	178	00:10:38
305	John	Jackson	Male	50	MSEN	18		01:26:15	54	01:25:44	53	00:09:04
306	Robbie	Jackson	Male	87	MSEN	24		01:32:39	96	01:32:06	96	00:09:44
307	Dorien	James	Male	348	M40+	130	SMOC	02:11:17	423	02:10:58	423	00:13:51
308	Rebekah	James	Female	57	FSEN	26		02:04:59	386	02:04:27	386	00:13:09
309	Chris	Jameson	Male	244	MSEN	80	Swaledale RR	01:51:09	283	01:50:49	283	00:11:43

00:14:07

315	Alex	Jones	Male	88	MSEN	25		01:32:43	98	01:32:33	97	00:09:47
317	Craig	Jones	Male	47	MSEN	17	WFRA	01:25:36	51	01:25:28	51	00:09:02
318	Dei	Jones	Male	259	M50+	27	Eryri Harriers	01:52:44	302	01:52:26	304	00:11:53
319	Emma	Jones	Female	40	FSEN	17	Belle Vue Racers	01:51:57	289	01:51:43	289	00:11:49
320	Gareth Dobsor	Jones	Male	293	MSEN	93	Eryri Harriers	01:56:06	342	01:55:49	342	00:12:15
321	Geraint	Jones	Male	276	M40+	102	Eryri Harriers	01:54:05	322	01:53:49	322	00:12:02
322	Glyn	Jones	Male	171	M40+	59	Maldwyn Harriers	01:42:13	194	01:42:00	194	00:10:47
323	Graham	Jones	Male	65	M50+	2	Shrewsbury AC	01:28:54	73	01:28:48	73	00:09:23
324	Haydn	Jones	Male	132	M40+	38	Maldwyn Harriers	01:38:31	147	01:38:30	149	00:10:25
325	Hugh Pennant	Jones	Male	344	M50+	49	WFRA	02:09:37	417	02:09:07	417	00:13:39
326	Idris Wyn	Jones	Male	372	M40+	137		02:25:01	463	02:24:43	463	00:15:18
328	Kelvin	Jones	Male	100	MSEN	32	Eryri Harriers	01:33:43	111	01:33:38	111	00:09:54
329	Malcolm	Jones	Male	268	M50+	29	Eryri Harriers	01:53:42	313	01:53:25	315	00:11:59
330	Martin	Jones	Male	145	M40+	46	Carneddau Tri	01:39:40	162	01:39:16	161	00:10:30
331	Michael	Jones	Male	216	M40+	76		01:47:21	244	01:47:03	245	00:11:19
332	Peter	Jones	Male	345	M40+	127	Weston AC	02:09:39	418	02:09:25	418	00:13:41
333	Peter MW	Jones	Male	187	M40+	66		01:44:16	213	01:43:54	210	00:10:59
334	Phil	Jones	Male	210	M60+	7	WFRA	01:46:29	238	01:46:00	237	00:11:12
335	Rhian	Jones	Female	53	FSEN	24	Eryri Harriers	01:59:54	364	01:59:25	362	00:12:37
338	Steffan	Jones	Male	249	M40+	92	Eryri Harriers	01:51:50	288	01:51:47	292	00:11:49
339	Stephen Lloyd	Jones	Male	224	M50+	23	Eryri Harriers	01:48:45	254	01:48:30	254	00:11:28
340	Stephen Robel	Jones	Male	64	M40+	15	Clwydian Range Ru	01:28:45	71	01:28:39	71	00:09:22
341	Terri	Jones	Female	71	F40+	16	Maldwyn Harriers	02:08:41	411	02:08:09	410	00:13:33
343	Wyn Trefor	Jones	Male	172	MSEN	54		01:42:15	195	01:42:08	197	00:10:48
344	Mark	Kallenberg	Male	255	M40+	97	Ingli Runners	01:52:23	297	01:52:01	295	00:11:50
345	Jan	Kardasz	Male	155	M40+	52	FRA	01:40:38	175	01:40:31	177	00:10:38
346	Darren	Kay	Male	30	MSEN	9	Horwich RMI	01:21:55	31	01:21:54	31	00:08:39
347	Jason	Kehoe	Male	122	MSEN	41	Crusaders AC	01:36:45	134	01:36:35	134	00:10:13
348	Michael	Kelly	Male	80	M40+	23		01:30:50	88	01:30:43	88	00:09:35
349	Neil	Kelly	Male	152	MSEN	48		01:40:18	171	01:40:06	172	00:10:35
350	Nancy	Kennedy	Female	58	F50+	4	Lochaber AC	02:05:46	390	02:05:16	391	00:13:15
351	Laura	Kent	Female	6	FSEN	1	Cheltenham & C H	01:28:33	69	01:28:24	69	00:09:21
352	Dawn	Kenwright	Female	39	F50+	1	Sarn Helen	01:50:49	280	01:50:37	281	00:11:42
353	Clive	King	Male	245	M40+	91	Eryri Harriers	01:51:11	284	01:50:58	285	00:11:44
355	Brian	Kirkdale	Male	283	M50+	36	Hastings Runners	01:54:45	330	01:54:17	330	00:12:05
356	Andrew	Kitchen	Male	227	M40+	82	DPFR	01:49:01	257	01:48:38	257	00:11:29
358	Martin	Landells	Male	184	M40+	65		01:44:05	210	01:43:56	211	00:10:59
360	Andrew	Lenthall	Male	218	M40+	77		01:47:50	246	01:47:41	246	00:11:23
361	Andy	Lewis	Male	114	M50+	6	Shrewsbury AC	01:35:52	126	01:35:43	126	00:10:07
362	Arwel	Lewis	Male	49	M40+	6	Eryri Harriers	01:25:46	53	01:25:44	54	00:09:04
363	Craig	Lewis	Male	177	M40+	61	Amazing Feet RC	01:42:35	200	01:42:24	200	00:10:49
365	Sarah	Lewis	Female	92	FSEN	44	Amazing Feet RC	02:26:01	464	02:25:34	464	00:15:23
366	John	Linley	Male	207	M60+	5	CRR	01:45:57	234	01:45:44	236	00:11:11

375	Andrew	Macgillivray	Male	274	M40+	101	Bridport Runners	01:53:58	320	01:53:25	316	00:11:59
376	Ian	Mackay	Male	313	MSEN	101	Droitwich AC	02:00:23	366	02:00:09	366	00:12:42
377	Sarah	Mackenzie	Female	28	FSEN	10	Lochaber AC	01:46:05	236	01:45:36	234	00:11:10
379	David	Marham	Male	147	M40+	48		01:39:42	164	01:39:37	166	00:10:32
380	Keith	Markley	Male	200	M40+	68	Owls AC	01:45:23	226	01:45:07	226	00:11:07
381	Richard	Marks	Male	197	M50+	18	Sarn Helen	01:45:12	223	01:45:01	224	00:11:06
383	Gary	Mason	Male	154	M40+	51	Bournville Harriers	01:40:32	174	01:40:20	174	00:10:36
384	Robert	McAloon	Male	160	M40+	54	Evenwood RR	01:41:07	181	01:40:59	183	00:10:40
385	Graham	McAra	Male	86	M50+	3	Cheshire Hill Runne	01:31:45	95	01:31:34	93	00:09:41
386	Tina L.	McDonnell	Female	73	FSEN	30		02:09:35	416	02:09:06	416	00:13:39
387	Paul	McKeeney	Male	235	M40+	84	Northbrook AC	01:49:57	269	01:49:23	264	00:11:34
388	James	Mcmullan	Male	8	MSEN	2	Thames Hare & Hou	01:12:20	8	01:12:18	8	00:07:39
389	Andy	McPherson	Male	258	MSEN	85	Brabond AC	01:52:36	301	01:52:19	298	00:11:52
390	James	McQueen	Male	61	MSEN	20	Eryri Harriers	01:28:04	66	01:27:58	66	00:09:18
391	Richard	McWilliams	Male	233	MSEN	76	Mynydd Du	01:49:55	266	01:49:46	268	00:11:36
392	Sabina E.	Meehan	Female	85	F40+	19	WFRA	02:18:04	446	02:17:38	446	00:14:33
393	John	Middleton	Male	379	M60+	20	Gorphwysfa	02:34:59	474	02:34:38	474	00:16:21
394	Toby	Miles	Male	91	MSEN	28	Barrow Runners	01:33:21	101	01:33:07	100	00:09:51
395	Michael	Millen	Male	381	M50+	60		02:42:12	478	02:42:01	478	00:17:08
396	Jim	Miller	Male	290	M50+	38	Milton Keynes	01:55:50	338	01:55:39	341	00:12:14
397	Nathan	Monshin	Male	332	MSEN	109		02:05:35	389	02:05:13	389	00:13:14
398	Nicholas	Moore	Male	361	MSEN	114	RAF Valley	02:18:03	444	02:17:38	445	00:14:33
399	Kirsty	Moore	Female	84	FSEN	38	RAF	02:18:03	445	02:17:37	444	00:14:33
400	Hannah	Moore-Barton	Female	88	FSEN	41		02:19:57	451	02:19:35	451	00:14:45
402	Amanda-Jane	Morgan	Female	87	FSEN	40	Trot St Clears	02:18:57	448	02:18:25	447	00:14:38
403	Lon	Morgan	Female	56	F50+	3	Trot St Clears	02:03:15	379	02:02:44	378	00:12:58
405	Kevin John	Morris	Male	300	M40+	111		01:57:17	350	01:56:48	349	00:12:21
406	John	Morris	Male	173	M60+	3	Buckley Runners	01:42:18	196	01:42:13	198	00:10:48
407	Iwan	Morton	Male	117	MSEN	37	Eryri Harriers	01:36:29	129	01:36:26	132	00:10:12
408	Peter	Mulleady	Male	146	M40+	47	Astley & T RR	01:39:40	163	01:39:19	163	00:10:30
409	Ed	Murden	Male	55	M40+	10	Shelton Striders	01:27:19	60	01:27:13	60	00:09:13
410	Kevin	Murdock	Male	125	M40+	37	Team Purple	01:37:04	137	01:36:49	137	00:10:14
411	Leo	Murray	Male	190	MSEN	61	Shrewsbury AC	01:44:34	216	01:44:08	214	00:11:00
412	Mike	Murray	Male	367	M60+	17	FRA	02:22:27	456	02:22:00	458	00:15:01
413	David	Naughton	Male	115	M40+	34	Darwen Dashers RC	01:36:12	127	01:36:04	127	00:10:09
415	Mark	Newell	Male	223	M40+	81	Cambridge Harriers	01:48:36	253	01:48:23	253	00:11:27
417	Peter	Newman	Male	89	MSEN	26	Congleton Harriers	01:33:09	99	01:33:00	99	00:09:50
418	Judith	Newman	Female	51	FSEN	23	Congleton Harriers	01:58:51	355	01:58:20	355	00:12:31
420	Peter	Norman	Male	336	M70+	1	Wreccsam Tri	02:07:14	400	02:07:05	403	00:13:26
421	Cormac	O'Ceallaigh	Male	204	MSEN	69	Sli Cualann	01:45:33	230	01:45:26	232	00:11:09
422	Shaun	O'Keefe	Male	266	MSEN	89	Wreccsam Tri	01:53:29	311	01:53:04	311	00:11:57
424	Kate	O'Sullivan	Female	52	F40+	10	Aberystwyth AC	01:59:12	358	01:58:49	356	00:12:34

434	Manhar	Patel	Male	253	M40+	95	Fell Ponies	01:52:17	295	01:51:46	290	00:11:49
435	Richard	Pattinson	Male	14	M40+	1	Pudsey & Bramley	01:14:57	14	01:14:55	14	00:07:55
437	Graham	Pearce	Male	11	MSEN	3	Pudsey & Bramley	01:13:36	11	01:13:34	11	00:07:47
438	Gary	Pearson	Male	128	MSEN	44	Croft Ambrey	01:37:33	140	01:37:19	139	00:10:17
439	Mark	Pendlebury	Male	324	M40+	121		02:03:36	380	02:03:14	380	00:13:02
442	Libby	Peter	Female	50	F40+	9	Eryri Harriers	01:56:51	345	01:56:30	345	00:12:19
444	David	Phillips	Male	110	M50+	5	South West RR	01:35:11	122	01:34:53	121	00:10:02
445	Jason	Pierce	Male	189	MSEN	60		01:44:31	215	01:44:16	216	00:11:01
446	Philip	Pilbeam	Male	222	MSEN	71	Cybi Striders	01:48:31	251	01:48:13	250	00:11:26
447	Stephen	Pilbeam	Male	368	M50+	55	Cybi Striders	02:22:31	457	02:21:58	457	00:15:00
449	Trevor	Platts	Male	349	M70+	2	Clowne RR	02:12:17	426	02:12:04	426	00:13:58
451	Nicholas	Porter	Male	370	M40+	136		02:22:36	459	02:22:28	459	00:15:04
452	Gary	Porter-Jones	Male	192	M40+	67		01:44:46	218	01:44:16	217	00:11:01
453	Peter	Potter	Male	305	MSEN	97	Radcliffe AC	01:59:07	356	01:58:53	357	00:12:34
454	Dave	Powell	Male	153	M40+	50	Aberystwyth AC	01:40:24	173	01:40:14	173	00:10:36
456	Alan	Price	Male	339	M60+	14	Birchfield Harriers	02:07:35	406	02:07:28	406	00:13:28
457	Anthony	Price	Male	220	M40+	79	Dudley & Kingsford	01:48:23	249	01:48:05	249	00:11:26
458	Glyn	Price	Male	93	M40+	26	Sarn Helen	01:33:31	103	01:33:22	103	00:09:52
459	Hugh	Price	Male	251	M40+	94	Sarn Helen	01:52:12	292	01:52:03	296	00:11:51
460	Shane Wyn	Price	Male	314	MSEN	102		02:00:38	367	02:00:11	367	00:12:42
461	David S.	Prytherch	Male	329	M40+	122	Eryri Harriers	02:04:56	385	02:04:26	385	00:13:09
462	Tom	Prytherch	Male	176	MSEN	56		01:42:30	199	01:42:08	196	00:10:48
463	Simon	Ramsden	Male	144	MSEN	47		01:39:36	161	01:39:10	159	00:10:29
464	Norma	Rea	Female	45	FSEN	22	BARF	01:53:23	310	01:52:59	310	00:11:57
465	Justin	Realf	Male	215	M40+	75	Tattenhall	01:47:17	243	01:46:53	243	00:11:18
466	Ronald	Rees	Male	123	M50+	7	Pennine Fell Runner	01:36:52	135	01:36:35	135	00:10:13
467	Penelope A.	Rees	Female	36	FSEN	15	Trot St Clears	01:50:37	275	01:50:07	274	00:11:38
468	Janet	Richards	Female	69	F40+	15	Griffithstown Harrie	02:08:16	408	02:07:55	408	00:13:31
473	Mike	Ridout	Male	304	M50+	42	Brackla Harriers	01:58:33	354	01:57:59	353	00:12:28
474	Greg	Rimmer	Male	165	M40+	56	DPFR	01:41:40	188	01:41:17	186	00:10:42
475	Stephen	Roach	Male	383	M50+	61		02:45:34	480	02:45:20	480	00:17:29
477	Aled	Roberts	Male	246	M50+	26		01:51:14	285	01:51:02	286	00:11:44
479	Andrew	Roberts	Male	338	M40+	126	Mysteruns	02:07:25	403	02:06:58	401	00:13:25
483	Peter	Roberts	Male	134	M60+	1	Buckley Runners	01:38:42	149	01:38:37	150	00:10:25
485	Tegid	Roberts	Male	83	M40+	24		01:31:26	92	01:31:24	92	00:09:40
487	Andrew	Robertshaw	Male	19	MSEN	4	Otley AC	01:16:32	19	01:16:21	19	00:08:04
488	Jon	Robinson	Male	81	MSEN	23	Goyt Valley Striders	01:30:55	89	01:30:48	89	00:09:36
489	Gordon	Robinson	Male	186	M60+	4	Westerlands	01:44:12	212	01:44:01	213	00:11:00
490	Steve	Rosser	Male	142	M40+	44	South West RR	01:39:22	159	01:38:59	156	00:10:28
491	Ian	Rotherley	Male	334	M50+	44	Cybi Striders	02:06:15	393	02:05:58	394	00:13:19
492	Huw	Rowcliffe	Male	194	MSEN	64	Sarn Helen	01:44:56	220	01:44:44	221	00:11:04

502	Stephen	Samuels	Male	364	M50+	54	Wrexham AC	02:20:24	452	02:19:52	452	00:14:47
504	Paul	Satchell	Male	199	M50+	19		01:45:16	225	01:44:59	223	00:11:06
505	Jack	Scannell	Male		M40+		London Dynamo		487			
506	Patrick	Schalbetter	Male	118	MSEN	38		01:36:31	130	01:36:25	131	00:10:12
507	Richard	Scottney	Male	131	M50+	8	Pennine Fell Runner	01:37:42	143	01:37:32	143	00:10:19
508	Daniel	Searle	Male	196	MSEN	66		01:45:07	222	01:44:46	222	00:11:04
509	Jennifer	Shackley	Female	96	FSEN	47		02:35:45	475	02:35:18	475	00:16:25
513	Pru	Shelley	Female	77	FSEN	33	FRA	02:11:53	425	02:11:25	424	00:13:54
514	Michael	Shepherd	Male	306	M40+	112	Medmenham RC	01:59:09	357	01:59:00	358	00:12:35
515	Neil	Shepherd	Male	78	M40+	21	Bowland Fell Runne	01:30:30	86	01:30:17	86	00:09:33
518	Lois	Sim	Female	82	F40+	18	Maldwyn Harriers	02:17:08	441	02:16:37	442	00:14:26
519	Michael	Singleton	Male	242	M40+	89		01:51:00	281	01:50:35	280	00:11:41
520	Karim D.	Slimane	Male	226	MSEN	72	West End Runners	01:48:54	256	01:48:36	256	00:11:29
521	Sarah	Smiles	Female	99	FSEN	48	Brackla Harriers	02:55:49	482	02:55:16	481	00:18:32
522	Alan	Smith	Male	52	M40+	8	Deeside Runners	01:26:50	56	01:26:41	56	00:09:10
524	Paul	Spurge	Male	205	M50+	20	Portsmouth Joggers	01:45:39	231	01:45:24	231	00:11:08
525	Paul	Stead	Male	166	MSEN	52	Northbrook AC	01:41:44	189	01:41:10	185	00:10:42
527	Chris	Steele	Male	21	MSEN	5	Borrowdale FR	01:18:10	21	01:18:08	21	00:08:16
528	Paul	Stinton	Male	126	MSEN	42	Clwydian Range Rui	01:37:09	138	01:36:57	138	00:10:15
529	Jason	Stott	Male	277	MSEN	90	Pennine Fell Runner	01:54:05	323	01:53:40	320	00:12:01
530	Richard	Suttle	Male	158	M40+	53		01:40:59	179	01:40:49	179	00:10:39
531	Robyn	Sweeney	Female	19	FSEN	4		01:40:04	168	01:39:57	170	00:10:34
532	Val	Swingler	Female	25	F40+	2	Shropshire Shuffler:	01:42:55	204	01:42:36	202	00:10:51
533	Trevor	Symonds	Male	271	M50+	31	North York Moors A	01:53:55	316	01:53:32	317	00:12:00
534	Mark	Taylor	Male	252	MSEN	83	Clayton le Moors	01:52:13	293	01:51:54	294	00:11:50
535	Alison	Thomas	Female	47	F40+	6	Eryri Harriers	01:54:30	328	01:54:11	329	00:12:04
536	Carwyn	Thomas	Male	24	MSEN	7	Sarn Helen	01:18:49	24	01:18:41	23	00:08:19
537	Dean	Thomas	Male	327	MSEN	108		02:04:08	383	02:04:01	384	00:13:07
538	Dewi	Thomas	Male	352	MSEN	111		02:13:12	429	02:12:39	428	00:14:01
539	James	Thomas	Male	346	M40+	128	Brackla Harriers	02:10:25	419	02:09:52	419	00:13:44
540	Matthew	Thomas	Male	380	MSEN	119		02:40:53	476	02:40:19	476	00:16:57
541	Martin	Thomerson	Male	178	MSEN	57		01:42:39	201	01:42:26	201	00:10:50
542	John	Thompson	Male	90	MSEN	27	Skelmersdale Harri	01:33:18	100	01:33:12	101	00:09:51
544	John	Tierney	Male	331	M40+	124		02:05:20	388	02:05:00	388	00:13:13
545	Warren	Tilke	Male	325	MSEN	106	Pontypridd Rodents	02:03:57	381	02:03:35	382	00:13:04
546	Andy	Titley	Male	201	M40+	69	Stockport Harriers	01:45:28	227	01:45:18	228	00:11:08
547	Hannah	Toberman	Female	21	FSEN	6	Eryri Harriers	01:40:49	177	01:40:29	176	00:10:37
549	Mary A.	Tracey-Agurfra	Female	20	FSEN	5	Astley & Tyldesley	01:40:21	172	01:39:58	171	00:10:34
550	Huw	Trainer	Male	193	MSEN	63		01:44:50	219	01:44:33	218	00:11:03
551	Ian	Travis	Male	56	M40+	11	FRA	01:27:26	61	01:27:15	61	00:09:13

563	David	Walker	Male	275	M50+	33	Macclesfield Harrier	01:53:59	321	01:53:24	314	00:11:59
564	Peter	Walker	Male	382	M40+	138		02:45:34	479	02:45:12	479	00:17:28
565	Paul	Walsh	Male	342	M60+	15		02:09:12	414	02:08:58	414	00:13:38
566	Martin	Walsh	Male	296	M60+	11	Lytham St Annes RI	01:56:54	346	01:56:39	346	00:12:20
567	Brenda	Wane	Female	49	F40+	8	Astley & Tyldesley	01:55:59	340	01:55:36	340	00:12:13
569	Dave	Ward	Male	40	MSEN	14	Borrowdale FR	01:23:54	41	01:23:50	41	00:08:52
570	Andrew	Ward	Male	22	MSEN	6	Clowne RR	01:18:20	22	01:18:17	22	00:08:17
572	Phillip	Weber	Male	113	MSEN	36	Amazing Feet RC	01:35:49	125	01:35:35	125	00:10:06
574	Robert	Webster	Male	335	M40+	125	Tattenhall Runners	02:06:50	396	02:06:25	396	00:13:22
575	Belinda	Wells	Female	61	F40+	11	Stockport Harriers	02:06:31	395	02:05:56	393	00:13:19
576	Phillip	Western	Male	288	M60+	10	Havant AC	01:55:38	336	01:55:07	336	00:12:10
577	Dale	Western	Male	316	MSEN	103	Havant AC	02:01:39	370	02:01:10	370	00:12:48
579	John	Weston	Male	148	M50+	11	Ipswich J	01:39:45	165	01:39:37	167	00:10:32
580	Martin	Weston	Male	112	M40+	33		01:35:42	124	01:35:34	124	00:10:06
582	Sean	Whewell	Male	169	M40+	58	Stockport Harriers	01:42:10	192	01:42:05	195	00:10:47
585	Jason	Wilkins	Male	232	MSEN	75	Cardigan RC	01:49:41	265	01:49:28	265	00:11:34
587	Jason	Wilkinson	Male	333	MSEN	110		02:05:49	391	02:05:14	390	00:13:14
589	John	Willacy	Male	102	M40+	28		01:34:02	113	01:33:46	113	00:09:55
590	Alun	Williams	Male	139	M40+	42	Fairwater Runners	01:39:10	155	01:38:51	153	00:10:27
593	Dafydd	Williams	Male	67	M40+	16	Eryri Harriers	01:29:06	75	01:29:04	75	00:09:25
594	Gareth	Williams	Male	74	MSEN	21	Cybi Striders	01:30:00	82	01:29:47	80	00:09:29
595	Gwion	Williams	Male	185	MSEN	58		01:44:11	211	01:43:49	209	00:10:58
596	Ian	Williams	Male	267	M40+	100	Cybi Striders	01:53:38	312	01:53:21	312	00:11:59
597	Ian	Williams	Male	247	MSEN	81	Cheltenham Tri	01:51:28	286	01:50:56	284	00:11:44
598	Jason	Williams	Male	57	MSEN	19	Owls AC	01:27:28	62	01:27:19	62	00:09:14
599	John M	Williams	Male	284	M40+	104	Eryri Harriers	01:54:46	331	01:54:26	331	00:12:06
600	Jonathan	Williams	Male	250	M40+	93	Fairwater Runners	01:52:05	291	01:51:47	291	00:11:49
601	Jonathan	Williams	Male	248	MSEN	82		01:51:48	287	01:51:14	287	00:11:45
602	Melanie	Williams	Female	64	F40+	12	Mysteruns	02:07:04	399	02:06:38	397	00:13:23
603	Peter Charles	Williams	Male	212	M40+	72		01:46:54	240	01:46:47	241	00:11:17
604	Rhodri	Williams	Male	287	M40+	107		01:55:34	335	01:55:02	335	00:12:10
605	Richard Wyn	Williams	Male	120	MSEN	40	Eryri Harriers	01:36:37	132	01:36:34	133	00:10:12
606	Robart K	Williams	Male	254	M40+	96		01:52:22	296	01:52:05	297	00:11:51
607	Tom	Williams	Male	270	M60+	9	Dudley & Kingsford	01:53:53	315	01:53:23	313	00:11:59
608	Colin	Williamson	Male	209	M60+	6	Shropshire Shuffler:	01:46:25	237	01:46:08	238	00:11:13
609	Jennifer	Williamson	Female	74	FSEN	31	Eryri Harriers	02:10:39	420	02:10:19	420	00:13:47
610	Sarah	Wolley	Female	59	FSEN	27	Pennine Fell Runner	02:05:53	392	02:05:27	392	00:13:16
611	Anna	Wood	Female	44	FSEN	21		01:53:14	309	01:52:52	308	00:11:56
613	Emily	Wood	Female	65	F40+	13	Eryri Harriers	02:07:17	401	02:06:58	402	00:13:25

00:15:44