

TROT's

St Clears 10km 2006



Pos	No	First	Name	Club	Time	Cat	Age
1	52	ANDREW	ABBOTT	SARN HELEN	00:35:31	OM	35
2	26	STEPHEN	PATERSON	PEGASUS RC	00:36:04	OM	28
3	2	CLIVE	THOMAS	TROTS	00:36:48	M40	47
4	67	KEVIN	GRIFFITHS	TROTS	00:37:24	M40	42
5	47	MIKE	EVANS	TROTS	00:37:28	OM	31
6	16	DAVID	DAVIES	SPA-TANS RC	00:37:33	M50	50
7	35	LES	HEWITSON	INGLI RUNNERS	00:37:47	M40	42
8	36	RICHARD	BARRETT	BRITISH ARM ORIENTEERING	00:38:03	OM	36
9	28	ROBERT	DYDE	PEMBS HARRIERS	00:39:07	OM	23
10	7	JUDITH	NUTT	ELSWICK HARRIERS	00:39:17	OF	28
11	46	RICHARD	JONES	SWANSEA HARRIERS	00:39:29	M40	48
12	14	ROGER	COOMBS	TROTS	00:39:40	M40	40
13	18	ANTHONY	JEWKES	OAK PARK	00:40:22	M40	41
14	68	DEAN	JOHN	TROTS	00:40:38	OM	39
15	42	ANN	THOMAS	TROTS	00:40:40	F35	39
16	53	JOHN	SINNETT	PEMBS HARRIERS	00:40:42	M40	49
17	48	GARETH	ELIOTT	PEMBS HARRIERS	00:41:26	OM	24
18	65	HAYDN	LLOYD	SARN HELEN	00:41:44	OM	34
19	63	MARY	BOWEN REES	TROTS	00:41:48	F35	44
20	51	MARK	DUNSCOMBE	SARN HELEN	00:42:31	M40	44
21	39	MARTIN	DAVIES	TROTS	00:42:51	OM	24

22	25	TIM	JAMES	NONE	00:43:06	OM	28
23	44	GARETH	JENU	TAFF ELY TRI CLUB	00:43:10	OM	38
24	34	LYNN	GREEN	INGLI RUNNERS	00:43:28	F45	48
25	71	GLYN	SANSOM	NONE	00:43:53	M40	44
26	27	ADRIAN	WEAVER	PORT TALBOT	00:43:54	OM	28
27	57	DARREN	STEVENS	NONE	00:44:14	OM	35
28	32	PAUL	EDWARDS	PEMBS HARRIERS	00:44:29	M40	47
29	23	PAUL	COLMAN	PEMBS HARRIERS	00:45:21	M40	45
30	8	STUART	JONES	PENARTH AND DINAS RUNNER	00:45:24	OM	31
31	17	C	WATTERS	OAK PARK RC	00:45:34	OM	39
32	70	MARC	JONES	NONE	00:45:51	M40	42
33	50	JASON	WILKINS	CARDIGAN RUNNING CLUB	00:46:17	OM	36
34	49	DAVID	PERRETT	NONE	00:46:22	M40	47
35	1	CYRIL	WALTERS	TROTS	00:46:51	M50	58
36	31	IAN	MORRIS	TROTS	00:46:55	M40	45
37	64	LINDY	EYNON	TROTS	00:47:03	F45	45
38	62	PATRICK	WING	WEST MIDLANDS POLICE	00:48:03	M50	54
39	43	GWILIM	GRIFFITHS	NONE	00:48:15	M50	51
40	6	RICHARD	YEA	NONE	00:48:20	M50	52
41	9	JON	LEAR	NONE	00:48:31	M40	42
42	12	ANN	ROWELL	TROTS	00:49:18	F45	51
43	33	JOHN	DAVIES	PORT TALBOT HARRIERS	00:50:08	M50	57
44	41	TERRY	GOVER	PEMBS TRI CLUB	00:50:27	M50	58
45	54	PENELOPE	REES	TROTS	00:51:07	OF	32
46	5	LUKE	WATKINS	STRATFORD UPON AVON AC	00:51:32	OM	18
47	61	ALAN	JOHNSTONE	INGLI RUNNERS	00:52:09	M50	58
48	58	SID	EVANS	NONE	00:52:19	M50	59
49	66	TRACEY	SHARRATT	TROTS	00:52:47	OF	33
50	45	DAVID	PHILLIPS	PEMBS HARRIERS	00:52:58	M50	62
51	10	PAUL	DARBY	NONE	00:53:20	OM	36
52	3	PHILLIP	DOEL	NONE	00:53:35	M40	45
53	60	GILL	EDWARDS	NONE	00:54:17	F35	39
54	59	PAUL	WATERS	NONE	00:54:31	M40	44
55	20	D	MULLINS	HOGWEED	00:55:14	M50	53

TROTTERS

56	13	HELEN	WILLIAMS	TROTS	00:55:58	F45	45
57	22	JILL	COLMAN	PEMBS HARRIERS	00:55:58	F35	42
58	69	NIGEL	JONES	NONE	00:56:58	M50	52
59	55	TONY	ROONEY	NONE	00:57:18	M40	45
60	19	COLIN	GARDNER	NONE	00:57:58	M50	57
61	37	PAULINE	CHARLETT	PEMBS HARRIERS	00:58:07	F35	44
62	40	CARYL	DAVIES	SARN HELEN	00:58:50	OF	18
63	29	LORRAINE	DYDE	PEMBS HARRIERS	00:59:31	F45	49
64	21	NICOLA	YEA	NONE	01:01:11	OF	25
65	56	CATHERIN	LLEWELYN	NONE	01:03:14	F35	42
66	30	JAN	YOUNGER	PEMBS HARRIERS	01:06:46	F45	56
67	38	JAN	BELL	PEMBS HARRIERS	01:08:00	F45	61
68	4	NATASHA	WATKINS	STRATFORD UPON AVON AC	01:08:32	OF	29
69	24	DAN	PHILLIPS	NONE	01:08:39	OM	19
70	15	ALLEN	WATTS	SARN HELEN	01:14:22	M50	77
9999	11	PAULINE	THOMAS	TROTS		F45	63

9999 Did not Finish or Run