

August 5th 2008

Swansea Bay 5k

Position	Time	Number	Name	M/F	Vet	Club
1	15:00	41	Simon Jones	M		Belgrade AC
2	15:06	95	Daniel Gurmin	M		Swansea Harriers
3	15:10	62	Lewys Hobbs	M		Swansea Harriers
4	16:07	51	Alexander Hendry	M		Central AC
5	16:13	58	Darran Hiscox	M		Bridgend AC
6	16:15	64	Elliot Cole	M		Bridgend AC
7	16:27	79	Gareth Jones	M		3M
8	16:32	238	Paul Dyson	M	V	Swansea Harriers
9	16:35	265	Gareth Davies	M	V	Bridgend AC
10	16:42	267	Simon Wilson	M	V	
11	16:50	96	Matthew Gurmin	M		Abertillery
12	16:59	323	Tim Lewis	M	V	Bridgend AC
13	17:05	258	Alan Davies	M	V	
14	17:10	47	Steven John Richards	M		Swansea Harriers
15	17:18	46	Andrew Rimmer	M		Celtic Tri
16	17:28	270	Dave Wilson-Evans	M	V	
17	17:31	57	Iestyn Harrett	M		Celtic Tri
18	17:35	283	Martin Webborn	M	V	Swansea Harriers
19	17:44	65	James Hockin	M		Celtic Tri
20	17:47	456	Amanda Jones	F		Swansea Harriers
21	17:53	254	Grant Howells	M	V	Swansea Harriers
22	17:53	113	Matthew Rees	M		
23	17:54	67	Andrew Cleverly	M		Swansea Harriers
24	18:01	440	Elinor Kirk	F		Swansea Harriers
25	18:02	268	Ron Jenkins	M	V	
26	18:05	60	Mark Reynolds	M		Neath Harriers
27	18:18	43	Matthew Richards	M		Pembs Harriers
28	18:20	279	Ian Webb	M	V	Llanelli AAC
29	18:27	306	Dave Rose	M	V	Brackla
30	18:31	278	Tom Cadwallader	M	V	Mumbles Milers
31	18:35	92	Alun Rees	M		Neath Harriers
32	18:37	302	Nezl Davies	M	V	Cornelly Striders
33	18:37	315	Steve Brace	M	V	Bridgend AC
34	18:40	108	Geraint Rees	M		Brackla
35	18:42	115	Matt Hopkins	M		Les Croupiers
36	18:48	114	Kieran Mackintosh	M		Port Talbot
37	18:53	444	Elysia Rudley	F		Swansea Harriers
38	18:56	78	Peter Greenwood	M		Swansea Uni
39	18:57	9	Michael Roderick	M		
40	18:58	86	Pete Lloyd	M		3M
41	19:00	249	James Zaple	M	V	Herne Hill Harriers
42	19:01	503	Clare Phillips	F	V	Swansea Harriers
43	19:01	313	Steve Williams	M	V	Neath Harriers
44	19:03	550	Melissa Watson	F	V	Trots
45	19:04	274	Mark Terry	M	V	Trots
46	19:10	104	Will Kenyon	M		Brovie
47	19:13	242	Huw Bowen	M	V	
48	19:14	18	Christian Gillibrand	M		Sudbury Joggers
49	19:20	127	Andrew Baker	M		Neath Harriers
50	19:22	257	Robert bamsey	M	V	Neath Harriers

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51	19:25	310 Alex Williams	M	V	RRC
52	19:25	50 Michael Halsall	M		Llanelli AAC
53	19:26	84 Jason Bellamy	M		
54	19:28	316 Paul Rees	M	V	3M
55	19:28	281 Nigel Francisco	M	V	Wecori
56	19:32	288 Anthony Higgins	M	V	
57	19:32	111 Paul Stevens	M		
58	19:36	94 Thierry Maffeis	M		
59	19:39	273 Phil Harding	M	V	Swansea Harriers
60	19:41	220 Mark Dunscombe	M	V	Sarn Helen
61	19:41	312 Mike Rimmer	M	V	Celtic Tri
62	19:44	207 John Morgan	M	V	Brackla Harriers
63	19:45	319 Martyn Hughes-Dowdle	M	V	
64	19:48	68 Matthew Evans	M		
65	19:49	226 Andrew Carter	M	V	
66	19:50	285 Steve Evans	M	V	Neath Harriers
67	19:52	119 Lee Bowen	M		Llanelli AAC
68	19:54	233 Richard Proctor	M	V	
69	19:55	112 Mark Stevens	M		
70	19:56	103 Dean Llewellyn	M		SWP
71	19:57	236 Ian Ogilvie	M	V	Brackla Harriers
72	19:58	261 Philip Hendry	M	V	Central AC
73	19:59	413 Angharad Mason	F		Brackla Harriers
74	20:01	271 Peter Murphy	M	V	Tynedale Harriers
75	20:02	277 Robert Hackett	M	V	Glamorgan Harriers
76	20:04	248 Martin Pearson	M	V	New Marske Harriers
77	20:05	76 Ivor Parry	M		
78	20:09	296 Robert Stuart Jones	M	V	
79	20:10	437 Emily Downey	F		Llanelli AAC
80	20:11	565 Amanda Evans	F	V	3M
81	20:13	448 Katie Silke	F		Hinckley RC
82	20:19	577 Frances Gill	F	V	
83	20:20	276 Dave Butters	M	V	Army
84	20:21	307 David Davies	M	V	
85	20:21	237 Alan Perkins	M	V	Port Talbot Harriers
86	20:22	85 Geraint Davies	M		
87	20:22	117 Piers Morgan-Harvey	M		Mumbles Milers
88	20:25	49 Stephen Ruddy	M		
89	20:27	93 David Wall	M		
90	20:28	546 Philippa Williams	F	V	
91	20:29	284 Neil Davies	M	V	NYRRC
92	20:31	314 Michael Evans	M	V	Neath Harriers
93	20:33	82 Gareth Ayres	M		Port Talbot
94	20:33	80 Steve Thomas	M		3M
95	20:34	56 Peter Hughes	M		The Sheds
96	20:34	32 Leon Murnieks	M		Royal Navy Reserve
97	20:44	222 Adrian Catling	M	V	Celtic Tri
98	20:45	107 Doug Morgan	M		
99	20:46	329 Rhodri Evans	M	V	
100	20:50	42 Mark Champion	M		
101	20:51	438 Cerys Morgan	F		Swansea Harriers
102	20:54	22 Graham Vyner	M		3M
103	20:54	15 Steven Jones	M		
104	20:55	441 Katryna Ley	F		Swansea Harriers
105	20:56	576 Caroline Jones	F	V	
106	21:02	299 Bob Woolterton	M	V	Bridgend AC

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107	21:06	28 Barry Morgan	M	Brackla Harriers
108	21:06	303 Robert Fowler	M V	Amman Valley
109	21:06	450 Lisa Thomas	F	Amman Valley
110	21:08	61 Andrew Richards	M	Neath Harriers
111	21:09	294 Mick Grant	M V	RRC
112	21:12	30 Russell Crocker	M	
113	21:12	559 Charlotte Johns	F V	Brackla
114	21:12	91 Shaun Broome	M	Neath Harriers
115	21:15	301 Paul Bigmore	M V	Brackla
116	21:16	516 Helen Jones	F V	
117	21:21	2 Phil Protheroe	M	Brackla Harriers
118	21:24	219 Mario Rabaiotti	M V	Port Talbot Harriers
119	21:33	262 Simon Pinner	M V	Wecori
120	21:35	290 Nigel Morse	M V	3M
121	21:38	291 Steve Poulton	M V	
122	21:41	105 Christian Heathcote-Ellio	M	
123	21:42	558 Andrea Starritt	F V	Brackla
124	21:44	427 Caitlin Pearson	F	New Marske Harriers
125	21:45	217 Allan Jones	M V	Brackla Harriers
126	21:46	83 Aled Jones	M	
127	21:48	545 Gilli Davies	F V	
128	21:49	554 Christina Smith	F V	3M
129	21:50	54 Martin Steele	M	
130	21:53	70 Bryn Archbold	M	
131	21:54	88 Ian Jones	M	
132	21:54	87 Kristian Shearan	M	Brackla
133	21:54	461 Sara Griffiths	F	Neath Harriers
134	21:55	244 Geoff Hall	M V	
135	22:00	14 Adam Abraham	M	Les Croupiers
136	22:01	25 Mark Howells	M	3M
137	22:05	122 Julian Williams	M	Deviant
138	22:06	298 Tony Baker	M V	
139	22:08	442 Rebecca King	F	Swansea Harriers
140	22:09	81 James Dawson	M	
141	22:11	530 Sian Phillips	F V	Swansea Harriers
142	22:15	300 Nick Darroch	M V	Brackla
143	22:19	221 Tony Burt	M V	Brackla Harriers
144	22:23	297 Alan Jefferies	M V	Swansea Harriers
145	22:24	1 Mike Griffiths	M	Team Deviant
146	22:26	203 Paul Carman	M V	
147	22:26	548 Elizabeth Monica Barlow	F V	Sarn Helen
148	22:28	282 Chris Jones	M V	Redhill RR
149	22:29	560 Libby Lavis	F V	Brackla
150	22:29	510 Sharon Bowen	F V	
151	22:30	243 John Collins	M V	Swansea Harriers
152	22:33	263 David Hendry	M V	
153	22:34	445 Naomi Prosser	F	Hereford & County
154	22:37	551 Louise Miskell	F V	3M
155	22:39	289 James Davies	M V	3M
156	22:45	218 James Thomas	M V	Brackla Harriers
157	22:47	77 Paul Hands	M	
158	22:48	240 Steve Davies	M V	Port Talbot Harriers
159	22:50	97 Steve Keogh	M	Swansea Harriers
160	22:52	125 Ross Myland	M	
161	22:53	239 Andrew Rothwell	M V	
162	22:56	447 Michelle Witham	F	Mumbles Milers

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163	22:57	90 Christian Rees	M	
164	23:06	98 Andy Oram	M	
165	23:09	210 Richard Leathers	M	V Evesham Vale RC
166	23:11	200 David Boucher	M	V
167	23:12	124 Steven Palmer	M	
168	23:12	286 Roland Matthews	M	V Brackla
169	23:14	269 Mike Nash	M	V 3M
170	23:17	31 Kevin Kavanagh	M	
171	23:22	209 Keith Treharne	M	V Brackla Harriers
172	23:25	99 Tom Moore	M	
173	23:27	421 Caroline Medicott	F	
174	23:28	622 Steffan Jones	M	Carmarthen Harriers
175	23:31	106 Chris Howells	M	
176	23:33	252 Brian Fox	M	V Swansea Harriers
177	23:35	318 Owen Morgan	M	V
178	23:39	69 Bernard Murphy	M	
179	23:39	280 Bob Gardiner	M	V Wecori
180	23:40	304 Richard Rimmer	M	V
181	23:43	228 Anthony Kavanagh	M	V Brackla Harriers
182	23:44	553 Joanne Murphy	F	V Tynedale Harriers
183	23:48	293 John Ayres	M	V Port Talbot
184	23:49	317 Derrick Griffiths	M	V
185	23:50	451 Julie Webster	F	Brackla
186	23:52	412 Joanne Davies	F	WRN
187	23:53	100 Robert Walters	M	
188	23:54	305 Martyn Willis	M	V
189	23:58	255 Michael Davies	M	V
190	24:02	311 Ray James	M	V Port Talbot
191	24:03	232 Malcolm Bullough	M	V Swansea Uni
192	24:03	101 Richard Fair	M	
193	24:05	66 Adrian Evans	M	
194	24:05	462 Tara Hammett	F	
195	24:07	512 Patricia Jones	F	V Brackla Harriers
196	24:07	415 Alice Sullivan	F	
197	24:07	201 Ian Portway	M	V
198	24:13	24 Neil Young	M	
199	24:13	55 Oliver Lewis	M	
200	24:15	544 Sheryl Evans	F	V Hereford & County AC
201	24:24	246 Stuart Barnes	M	V
202	24:26	126 Andrew Morrissey	M	
203	24:32	118 Stuart Sparkes	M	
204	24:33	206 Michael Jarman	M	V uknetrunner.co.uk
205	24:35	208 Steve Groves	M	V
206	24:35	264 Robin Barlow	M	V Sarn Helen
207	24:37	74 Aled Morgan	M	
208	24:39	223 Paul Rowney	M	V
209	24:40	443 Sarah Howe	F	
210	24:40	275 Gary Howe	M	V 3M
211	24:41	23 Alistair Thomson	M	
212	24:41	326 Stephen Newbury	M	V
213	24:44	460 Bronwen Brooke	F	
214	24:46	120 Steve Carpenter	M	
215	24:48	588 Alison Porter	F	V
216	24:51	292 Terry Hart	M	V
217	24:51	272 Steve Jones	M	V SBOC
218	24:53	99999 Unknown Number	M	

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219	24:54	99999 Unknown Number	M	
220	24:59	287 Chris Randall	M	V
221	25:00	99999 Unknown Number	M	
222	25:00	555 Suzie Shepherd	F	V Chepstow
223	25:01	10 Steven Williams-Jones	M	
224	25:02	584 Michelle Shanes	F	V Brackla
225	25:02	519 Tara Rees	F	V
226	25:03	527 Caroline Jones	F	V WRN
227	25:04	3 Michael Williams	M	
228	25:13	535 Rhianwen Petruse	F	V
229	25:24	321 Neil Clegg	M	V
230	25:27	266 David Rosser	M	V Amman Valley
231	25:28	507 Lisa Ekman	F	V Brackla Harriers
232	25:32	253 Michael Shellard	M	V
233	25:35	72 Paul Jones	M	Mumbles Milers
234	25:37	543 Melanie Colburn	F	V Celtic Tri
235	25:42	417 Alison Gaunt	F	Larkfield AC
236	25:47	596 Oona Crawford	F	V Trots
237	25:48	579 Helen Phillips	F	V Amman Valley
238	25:49	463 Kristina Williams	F	Deviant
239	25:51	465 Rachel Ellis	F	
240	25:52	330 Keith Ellis	M	V
241	25:52	260 Kevin Samuel	M	V Bitton RR
242	25:54	431 Sheree Phillips	F	
243	25:55	582 Cath Hather	F	V Brackla
244	25:56	71 Donna Griffiths	F	3M
245	25:56	585 Linda Rees	F	V 3M
246	25:57	578 Lyn Brown	F	V Amman Valley
247	26:03	230 Peter Llewelyn Evans	M	V
248	26:05	324 Ralph Allemanno	M	V Swansea Harriers
249	26:07	48 Paul Skinner	M	
250	26:10	27 Mike Evanson	M	
251	26:11	426 Clare Deasy	F	
252	26:15	403 Rebecca O'Leary	F	WRN
253	26:16	320 David Walker	M	V
254	26:17	102 Daniel Melbourne	M	
255	26:17	259 Jim Halsey	M	V
256	26:23	322 Wayne Harris	M	V Yellow Cabs
257	26:26	52 Ian Henton	M	Celtic Tri
258	26:27	256 Arthur Phillips	M	V 3M
259	26:28	562 Jane Ogilvie	F	V Brackla
260	26:37	594 Lisa Fabb	F	V
261	26:40	295 Martin Nicholls	M	V 3M
262	26:41	297 Already Finished	M	
263	26:53	457 Nia Godsmark	F	
264	26:54	449 Johanne Edwards	F	
265	26:55	581 Louise Oram	F	V
266	27:00	309 Rob Skelton	M	V
267	27:01	583 Sara Burkeke	F	V Brackla
268	27:04	308 Greg Hutton	M	V
269	27:09	401 Nneka Okonta	F	Datchet Dashers
270	27:16	121 Dai Carpenter	M	
271	27:30	414 Tina Seward	F	
272	27:39	567 Pippa Poulton	F	V
273	27:40	566 Jacqui Jenkins	F	V
274	27:45	568 Vicki Hopkins	F	V

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275	27:48	405 Michelle Davis	F		
276	27:49	563 Caron McKee Hands	F	V	FERC
277	27:59	116 Ross Edwards	M		Yellow Cabs
278	28:14	506 Jaynie Rance	F	V	
279	28:16	409 Tracey Howells	F		
280	28:21	19 Ian Bacon	M		
281	28:29	556 Kathryn Davies	F	V	
282	28:34	569 Julie Lloyd	F	V	
283	28:35	110 Bobby Tsang	M		
284	28:41	109 Adam Holder	M		
285	28:46	592 Samantha Ward-Jones	F	V	WRN
286	28:50	552 Jane Dakin	F	V	Brackla
287	28:54	53 Mike Edey	M		
288	28:55	75 Gary Taylor	M		Mumbles Milers
289	29:04	573 Linda Owens	F	V	3M
290	29:10	453 Nicole Brown	F		
291	29:17	571 Julie Davies	F	V	3M
292	29:26	518 Mary Donnelly	F	V	Brackla Harriers
293	29:32	564 Jo Haines	F	V	
294	29:52	557 Ros Ash	F	V	
295	29:57	587 Johanne Hughes-Dowdle	F	V	
296	30:02	542 Lisa Ogilvie	F	V	Celtic Tri
297	30:02	586 Deb Morris	F	V	
298	30:27	537 Heather Pearson	F	V	North East Vets
299	30:28	99999 Unknown Number	M		
300	30:35	99999 Unknown Number	M		
301	30:35	99999 Unknown Number	M		
302	30:36	580 Helen Calcutt	F	V	
303	30:38	458 Ruth Hurley	F		
304	30:38	325 John Hurley	M	V	
305	30:41	436 Anna Kathryn Phillips	F		
306	30:47	575 Shirley Rose	F	V	Brackla
307	31:09	526 Kay Davis	F	V	
308	31:14	432 Lois Jones	F		
309	31:40	73 Phillip Mitchell	M		
310	31:41	561 Elise Jenkins	F	V	WRN
311	31:42	123 Darren Taylor	M		
312	31:48	400 Stephanie Portway	F		
313	31:52	590 Sian Morgans	F	V	
314	31:53	247 Ian Treen	M	V	
315	31:59	593 Cath Harris	F	V	WRN
316	32:02	328 Robin Wood	M	V	
317	32:03	591 Anita Knill	F	V	
318	32:06	547 Wendy Davies	F	V	
319	32:20	595 Melanie Coleman	F	V	
320	32:34	428 Sam Holly	F		
321	32:37	513 Lynn Chambers	F	V	
322	32:40	429 Kimberly Michael	F		
323	32:42	59 Darren Snell	M		
324	32:49	598 Emilie Short	F	V	
325	32:54	517 Sian Ackland	F	V	Brackla Harriers
326	32:58	539 Ceri Saunders	F	V	Grand Cayman BWI
327	33:38	410 Rachel Youlten	F		
328	33:40	536 Rae Lewis	F	V	
329	33:57	538 Sarah West	F	V	WRN
330	34:01	502 Melanie Stone	F	V	

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331	35:00	63 Andrew Davies	M		
332	36:05	434 Nicola Lane	F		
333	36:51	572 Nadine Hall	F	V	3M
334	36:51	570 Christine Hurdrige	F	V	3M
335	37:00	459 Sarah Taylor	F		
336	41:03	435 Stacey Jenkins	F		
337	41:03	455 Bailey Minere	F		
338	42:08	446 Carly Jones	F		
339	42:08	420 Michelle Gibbs	F		
340	42:48	589 Mel Jehu	F	V	
341	42:49	430 Gemmar Williams	F		
342	44:14	454 Lucy Campbell	F		
343	44:15	574 Helen Willis	F	V	

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