

Swansea Bay 5K July 2007

Pos	Time	No Name	M/F	Cat	Club
1	15:00	564 Simon Jones	M		Belgrave
2	15:02	605 Daniel Gurmin	M		Swansea Harriers
3	15:06	637 Ritchie Nicholls	M		Swansea Harriers
4	15:40	749 Martin Rees	M	V	Neath Harriers
5	16:02	714 Simon Wilson	M	V	
6	16:08	689 Lee Aherne	M	V	Club 69
7	16:12	631 Elliot Cole	M		Bridgend A C
8	16:24	649 Edward Takata	M		Cardiff A A C
9	16:31	595 Steve Rees	M		Port Talbot
10	16:49	623 David Kehoe	M		
11	16:54	704 Alan Davies	M	V	
12	16:59	598 Huw Jenkins	M		Swansea Harriers
13	17:05	569 Gareth Morgan	M		Cardiff Tri
14	17:08	548 Andrew Rimmer	M		Multisport
15	17:08	588 Matthew Parkes	M		Bridgend A C
16	17:11	683 Grant Howells	M	V	Swansea Harriers
17	17:14	783 Tudor Harries	M	V	Neath Harriers
18	17:16	716 Christopher Parker	M	V	Swansea Harriers
19	17:23	562 Daniel Thomas	M		Llanelli A A C
20	17:27	563 Scott Evans	M		Sospan
21	17:36	578 Abde Tulu	M		
22	17:37	555 Lee Sandham	M		Neath Harriers
23	17:38	705 Dave Wilson-Evans	M	V	
24	17:41	724 Martin Webborn	M	V	Swansea Harriers
25	17:43	829 Elinor Kirk	F		Swansea Harriers
26	17:49	560 Matthew Johns	M		Neath Harriers
27	17:51	779 Kevin Griffiths	M	V	TROTS
28	17:53	574 Mark Reynolds	M		Neath Harriers
29	17:54	589 Rhys Jones	M		Neath Harriers
30	17:56	733 Steven Wilkinson	M	V	Port Talbot
31	17:57	693 Jeremy Davies	M	V	Neath Harriers
32	17:59	504 James O'Callaghan	M		
33	18:03	565 Kris Jones	M		
34	18:08	660 Steve Coupe	M	V	Sospan RR
35	18:13	736 Neil Davies	M	V	Cornelly Striders
36	18:14	607 Charles Walsh	M		Port Talbot
37	18:15	531 Andrew Davies	M		
38	18:16	761 Steve Williams	M	V	Neath Harriers
39	18:20	561 Martin George	M		Sospan
40	18:23	559 Christopher Melbourne	M		Neath Harriers
41	18:27	614 Rhodri Williams	M		Cardiff Tri
42	18:31	643 Gair McAdie	M		Team Deviant
43	18:31	710 Tom Cadwallader	M	V	Mumbles Milers
44	18:32	575 Aled Anderson	M		3M Gorseinon
45	18:37	723 Bryn Griffiths	M	V	
46	18:37	636 Pete Lloyd	M		3M Gorseinon

Pos	Time	No	Name	M/F	Cat	Club
47	18:40	665	Mark Dunscombe	M	V	Sarn Helen
48	18:41	709	Jon Embling	M	V	Bridgend A C
49	18:47	608	Adam Marshall	M		Neath Harriers
50	18:49	703	Howard Carpenter	M	V	Neath Harriers
51	18:50	766	Leighton Williams	M	V	Team Deviant
52	18:51	579	Petros Tesfaye	M		
53	18:52	577	Ceri Lewis	M		Swansea Harriers
54	18:57	581	Adrian Weaver	M		Port Talbot
55	19:02	741	Dave Rose	M	V	Brackla
56	19:05	745	Paul Rees	M	V	3M Gorseinon
57	19:06	823	Leanne Fitzgerald	F		Cardiff A A C
58	19:07	541	Christopher Leonardi	M		
59	19:08	695	Huw Beatty	M	V	
60	19:09	688	Graham Colvin	M	V	3M Gorseinon
61	19:11	685	Phil Harding	M	V	Swansea Harriers
62	19:14	596	Gareth Ayres	M		Port Talbot
63	19:17	715	Philip Bamsey	M	V	Neath Harriers
64	19:19	600	Jack Newton	M		Neath Harriers
65	19:19	735	Jeff Thomas	M	V	Bridgend A C
66	19:20	552	Kristian Evans	M		Swansea Uni
67	19:21	945	Clare Phillips	F	V	Swansea Harriers
68	19:24	713	Alun Wyn Evans	M	V	
69	19:25	697	Ian Richards	M	V	Sospan
70	19:25	653	Mike Rimmer	M	V	
71	19:27	507	Andrew Cleverly	M		
72	19:29	738	Ben Ball	M	V	
73	19:31	640	Simon Price	M		Multisport
74	19:32	517	Jason Gill-Rowe	M		
75	19:35	937	Jenny Phillips	F	V	Llanelli A A C
76	19:36	611	Alex Williams	M		R R C
77	19:38	983	Ingrid Taylor	F	V	3M Gorseinon
78	19:39	518	Jason Williams	M		
79	19:40	609	Mike Gleeson	M		Visteon
80	19:42	593	Jerome Evans	M		Port Talbot
81	19:42	686	Richard Bowen	M	V	Neath
82	19:45	516	Michael Roderick	M		
83	19:46	720	Huw Jones	M	V	Neath Harriers
84	19:48	520	Gareth Hill	M		
85	19:49	573	Attila Garai	M		
86	19:50	836	Trudi Anderson	F		Multisport
87	19:50	786	Rhodri Evans	M	V	
88	19:54	597	Kieran Mackintosh	M		Port Talbot
89	19:57	760	Michael Evans	M	V	Neath Harriers
90	20:00	556	Michael Halsall	M		Llanelli A A C
91	20:01	657	Uku Kumari	M	V	Swansea Harriers
92	20:02	751	James Penn	M	V	Luxembourg
93	20:02	712	Graham Barlow	M	V	3M Gorseinon
94	20:03	503	Chris Griffiths	M		Neath Harriers

Pos	Time	No	Name	M/F	Cat	Club
95	20:05	591	Carl Walker	M		Swansea Uni
96	20:10	732	Alan Perkins	M	V	Port Talbot
97	20:11	675	Dewi West	M	V	3M
98	20:14	506	Matthew Herbert	M		
99	20:15	566	Grant Thomas	M		Wecori
100	20:17	701	Roger Bell	M	V	3M Gorseinon
101	20:18	727	Chris Allton	M	V	Swansea Harriers
102	20:22	522	Graham Vyner	M		3M
103	20:23	624	Paul Rees	M		
104	20:26	584	Steve Thomas	M		3M Gorseinon
105	20:28	621	Paul Ford	M		Brackla
106	20:29	953	Jacqueline Brace	F	V	Bridgend A C
107	20:31	594	Pat Enricht	M		
108	20:32	696	Roger Davis	M	V	Bridgend A C
109	20:34	630	Ernst Nicolaus	M		
110	20:34	825	Drusilla Griffiths	F		Swansea Harriers
111	20:34	632	Dean Thomas	M		
112	20:36	547	Darryl Rees	M		
113	20:36	933	Joanne Howells	F	V	Swansea Harriers
114	20:38	639	Mohamed Wagaafe	M		3M Gorseinon
115	20:41	628	S Press	M		Wecori
116	20:41	828	Michelle Cale	F		
117	20:42	833	Angharad Mason	F		Brackla
118	20:45	549	Gareth Davies	M		Brackla
119	20:46	687	Paul Lewis	M	V	3M Gorseinon
120	20:49	769	Phillip Thomas	M	V	Brackla
121	20:50	981	Sian Phillips	F	V	Swansea Harriers
122	20:51	822	Efaner Llewellyn	F		Swansea Harriers
123	20:52	920	Amanda Evans	F	V	3M
124	20:53	837	Wendy Anderson	F		
125	20:56	708	Robert Stuart Jones	M	V	
126	20:57	725	Jonathan David	M	V	Brackla
127	20:57	633	Huw Battenbo	M		
128	21:00	830	Sian Kirk	F		Swansea Harriers
129	21:01	529	Richard Mugford	M		
130	21:02	613	Mark Hanford	M		
131	21:03	691	Burkhard Markhoft	M	V	Swansea Harriers
132	21:05	592	Piers Morgan-harvey	M		Mumbles Milers
133	21:08	606	Par Hakanssen	M		
134	21:09	744	David Caswell	M	V	
135	21:10	757	Alan Jefferies	M	V	Swansea Harriers
136	21:10	648	James Blanshard	M		
137	21:12	568	Aled Swain	M		Cardiff A A C
138	21:15	839	Rebecca King	F		Swansea Harriers
139	21:16	576	Kevin Halmkan	M		
140	21:16	553	Phil Protheroe	M		Brackla Harriers
141	21:17	843	Julie Loyns	F		
142	21:18	694	Lee Williams	M	V	

Pos	Time	No	Name	M/F	Cat	Club
143	21:19	618	Mark Bennewith	M		3M Gorseinon
144	21:20	742	Chris James	M	V	
145	21:21	726	Mark Davies	M	V	Port Talbot
146	21:21	650	Runner 650	M		
147	21:22	762	Peter Maksimovic	M	V	
148	21:24	907	Helen Jones	F	V	
149	21:26	617	Steve Ruddy	M		
150	21:27	942	Diane Wilson-Evans	F	V	
151	21:28	550	Nigel Thomas	M	V	
152	21:28	545	Mike Griffiths	M		Team Deviant
153	21:29	952	Philippa Williams	F	V	
154	21:30	960	Christina Smith	F	V	3M Gorseinon
155	21:31	734	John Sterio	M	V	
156	21:33	627	Mark Gosney	M		
157	21:34	707	Tony Burt	M	V	Brackla
158	21:35	728	Lynn Hughes	M	V	Bridgend A C
159	21:35	750	Andrew Rothwell	M	V	
160	21:37	772	Geoff Iyall	M	V	
161	21:38	699	Julian Smith	M	V	Mumbles Milers
162	21:39	615	Bryan O'Leary	M		Amman Valley
163	21:42	544	Steve Walsh	M		
164	21:43	557	Lee Gwyn	M		
165	21:44	984	Michelle Thomas-Loisi	F	V	3M Gorseinon
166	21:45	622	Jon Henderson	M		
167	21:46	810	Sara Thomas	F		
168	21:49	784	Simon Pinner	M	V	Wecori
169	21:51	542	Richard Harris	M		
170	21:52	966	Fiona Davies	F	V	Bridgend A C
171	21:52	567	Ben Seabourne	M		
172	21:54	672	Martin Ennis	M	V	3M
173	21:57	951	Helen Eve	F	V	Swansea Harriers
174	21:59	585	Matthew Williams	M		
175	22:00	706	Wayne Frewen	M	V	Brackla
176	22:04	943	Charlotte Johns	F	V	Brackla
177	22:06	533	Adrian Braun	M		
178	22:09	803	Sara Griffiths	F		Neath HARriers
179	22:20	781	John Cunnane	M	V	100Km
180	22:21	546	Colin Williams	M		
181	22:22	681	James Thomas	M	V	Brackla Harriers
182	22:29	763	Francis Gattu	M	V	
183	22:30	571	Matt Tooze	M		
184	22:32	782	Simon Cox	M	V	
185	22:33	832	Nia Lewis	F		Swansea Harriers
186	22:34	635	David Sweetman	M		
187	22:42	778	Richard Thomas	M	V	
188	22:42	838	Michelle Karen Witham	F		Mumbles Milers
189	22:43	979	Libby Lavis	F	V	Brackla
190	22:43	964	Gaynor Hulland	F	V	3M Gorseinon

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191	22:43	764	Bob Gardiner	M	V	Wecori
192	22:44	679	Keith Treharne	M	V	Brackla Harriers
193	22:45	586	Brader Aussie	M		
194	22:46	935	Gwen Smith	F	V	Swansea Harriers
195	22:48	754	Brian Clarke	M	V	
196	22:50	570	Mohamed Ali Hussein	M		
197	22:50	678	Tony Baker	M	V	
198	22:51	722	Simon Franks	M	V	Swansea Harriers
199	22:53	620	Ray Tilley	M		Yellow Cabs
200	22:57	719	Ian Barnett	M	V	
201	22:58	765	Andrew Hellier	M	V	Visteon
202	22:59	973	Ellen Maine	F	V	
203	23:00	773	Steve McLelland	M	V	3M Gorseinon
204	23:06	739	Michael Marshall	M	V	
205	23:08	849	Nerys Hughes	F		Team Deviant
206	23:09	698	Tim Ley	M	V	
207	23:09	690	Neale Davies	M	V	
208	23:10	669	Ray Fisher	M	V	
209	23:11	731	Edward Davies	M	V	
210	23:12	851	Kirsty Noble	F		
211	23:13	638	Owen Morgan	M		
212	23:14	747	Nigel Davies	M	V	
213	23:14	616	Andy Oram	M		
214	23:16	602	Andrew Griffiths	M		Swansea Harriers
215	23:16	603	Phil Littlejohns	M		Swansea Harriers
216	23:18	652	Simon Jenkins	M	V	
217	23:20	515	Niall Hughes	M		
218	23:22	976	Alison Davies	F	V	WRN
219	23:23	785	David Ashman	M	V	
220	23:23	558	Eddie Harris	M		
221	23:27	835	Rhiannon Anderson	F		Swansea Harriers
222	23:31	667	Raymond Boyce	M	V	Cornelly Striders
223	23:35	955	Cathy Thomas	F	V	Running 4 Women
224	23:36	961	Vivienne Kavanagh	F	V	3M Gorseinon
225	23:43	748	David Mitchell	M	V	SBOC
226	23:45	610	Adam James	M		
227	23:50	659	Anthony Clements	M	V	
228	23:53	845	Joanna Rothwell	F		
229	23:56	777	David Winter	M	V	Sparkhill
230	23:58	975	Kathryn John	F	V	3M Gorseinon
231	24:07	583	James Davies	M		3M Gorseinon
232	24:08	853	Cressida Blanshard	F		
233	24:11	530	Jason Bowden	M		
234	24:14	700	Steve Jones	M	V	
235	24:14	599	Paul Jones	M		Mumbles Milers
236	24:16	525	Graham Duckett	M		
237	24:18	729	John Lovell	M	V	
238	24:19	925	Patricia Jones	F	V	Brackla Harriers

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239	24:21	934	Pat Llewelyn	F	V	
240	24:25	813	Jessica Forse	F		
241	24:26	730	John Anthony Clement	M	V	
242	24:27	684	Jeff Evans	M	V	Llanelli A A C
243	24:29	992	Alison Porter	F	V	
244	24:30	670	Stephen Ware	M	V	
245	24:31	580	David Seal	M		
246	24:32	538	Ben Wheeler	M		
247	24:32	601	Tim Donne	M		
248	24:33	99999	Unknown Number	M		
249	24:37	526	Dai Harris	M		
250	24:37	768	Don Holloway	M	V	Brackla
251	24:40	928	Julie Archer	F	V	
252	24:40	647	Daniel Austin	M		Virtual Athletics
253	24:41	572	Gareth Lewis	M		Mumbles Milers
254	24:44	634	Sean Doherty	M		
255	24:47	737	Bruce Morgan	M	V	Llanelli A A C
256	24:50	743	Stephen Woods	M	V	
257	24:52	671	Nigel Jones	M	V	
258	24:53	746	Richard Donne	M	V	3M Gorseinon
259	24:55	702	Russell Pullen	M	V	Neath Harriers
260	24:57	959	Helen Hughes	F	V	
261	24:57	912	Caroline Jones	F	V	WRN
262	25:01	646	Jamie Brotherton	M		Virtual Athletics
263	25:07	901	Tara Rees	F	V	
264	25:09	756	Andy Bellingham	M	V	
265	25:11	626	Stephen Carpenter	M		
266	25:12	554	Oliver Kohll	M		
267	25:15	956	Christine Hurdidge	F	V	3M Gorseinon
268	25:18	842	Alison Norman	F		
269	25:23	692	Jim Halsey	M	V	
270	25:26	645	David Pope	M		Virtual Athletics
271	25:31	619	Will Carter	M		
272	25:31	759	Christopher Carter	M	V	
273	25:33	774	Rhidian Morgan	M	V	
274	25:34	673	Eric Owen	M	V	Cornelly Striders
275	25:35	946	Margaret Reynolds	F	V	
276	25:39	534	Gareth Quinlan	M		
277	25:40	717	John James	M	V	3M Gorseinon
278	25:41	900	Ali Wood	F	V	
279	25:47	954	Fay Sharpe	F	V	3M Gorseinon
280	25:50	826	Catherine Evans	F		
281	25:56	969	Hayley Martin	F	V	
282	25:59	944	Paula Murphy	F	V	
283	26:00	770	Naomi Dunstan	F	V	
284	26:12	655	Peter Llewelyn Evans	M	V	
285	26:14	913	Helen Wolsey	F	V	WRN
286	26:17	604	Gary Taylor	M		Mumbles Milers

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287	26:20	852	Sarah Johnson	F		3M Gorseinon
288	26:21	834	Sarah Hartrey	F		Brackla
289	26:26	664	Simon David Partridge	M	V	Neath Harriers
290	26:29	977	Amanda Bebb	F	V	
291	26:30	642	Martin Nicholls	M		3M Gorseinon
292	26:38	513	Matti Stithos	M		
293	26:41	711	Franc Mateo	M	V	
294	26:43	658	Philip Griffiths	M	V	
295	26:44	855	Runner 855	F		
296	26:47	677	Alfryn Easter	M	V	3M
297	26:49	817	Sarah Louise Smiles	F		Brackla Harriers
298	26:58	521	Christopher Hockley	M		
299	27:02	932	Tracey Heath	F	V	
300	27:03	651	Steve Whyte	M	V	
301	27:04	914	Melanie Stone	F	V	
302	27:05	532	Chris Peters	M		
303	27:17	993	Annie Brelloy	F	V	WRN
304	27:21	947	Tracey Hinton	F	V	WRN
305	27:27	629	Paul Skinner	M		
306	27:29	965	Susan Davies	F	V	
307	27:31	758	Steve Benby	M	V	
308	27:33	850	Rosy Benbow	F		
309	27:33	948	Andrea Mateo	F	V	
310	27:34	775	Mike Kethro	M	V	
311	27:34	904	Jane Edge	F	V	
312	27:36	753	Karl Harris	M	V	Yellow Cabs
313	27:45	827	Page Burraston	F		
314	27:47	919	Fiona Cumming	F	V	
315	27:47	841	Kate Greenfield	F		
316	27:51	840	Wendy Godwin	F		
317	27:55	644	Simon Pope	M		Virtual Athletics
318	27:55	968	Donna Williams	F	V	Amman Valley
319	27:56	587	Hayden Williams	M		Amman Valley
320	28:01	780	Daniel Cundy	M	V	
321	28:14	987	Susan Jenkins	F	V	
322	28:15	808	Angela Harris	F		
323	28:18	551	Sean Evans	M		Beautiful Heating
324	28:19	978	Helen McDaid	F	V	WRN
325	28:21	990	Sandra Rees	F	V	
326	28:24	950	Gillian Jones	F	V	
327	28:25	831	Stephanie Jones	F		
328	28:28	926	Nia Dickie	F	V	
329	28:39	915	Kathryn Davies	F	V	
330	28:43	941	Bev Jones	F	V	
331	28:46	844	Helen Scott	F		WRN
332	28:56	922	Michelle Shorney	F	V	
333	28:58	590	Tom Stear	M		
334	28:59	938	Paula Thomas	F	V	Brackla

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335	29:03	991	Joanne Popham	F	V	
336	29:13	806	Hannah Woodward	F		Mad Hatters
337	29:13	661	Alan Woodward	M	V	Mad Hatters
338	29:15	625	David Carpenter	M		
339	29:17	962	Lindar Owens	F	V	3M Gorseinon
340	29:32	854	Sarah Grant	F		
341	29:40	916	Elizabeth Barclay	F	V	
342	29:40	527	Stephen Barclay	M		
343	29:43	771	Michael Kennedy	M	V	
344	29:45	988	Mary Davies	F	V	WRN
345	29:48	821	Kloe Hands	F		Sarn Helen
346	29:58	982	Elizabeth Diamond	F	V	
347	30:06	674	Michael Howell	M	V	
348	30:08	985	Julie Lloyd	F	V	
349	30:10	930	Mary Donnelly	F	V	Brackla Harriers
350	30:12	903	Kay Davis	F	V	
351	30:17	989	Fran Hollis	F	V	
352	30:21	814	Bronwen Williams	F		
353	30:24	967	Rosie Amesbury	F	V	
354	30:27	802	Kathryn Sweetman	F		Running 4 Women
355	30:31	641	Khalid Wagaafe	M		
356	30:47	957	Julie Davies	F	V	3M Gorseinon
357	30:51	909	Laura Dowsett	F	V	
358	30:52	663	Dennis Lynch	M	V	
359	30:56	972	Hayley Parsons	F	V	WRN
360	31:00	776	Mike Leaves	M	V	
361	31:03	752	Wayne Harris	M	V	Yellow Cabs
362	31:07	940	Linsey Robins	F	V	
363	31:11	682	Alan Acreman	M	V	
364	31:15	980	Andrea Jones	F	V	
365	31:26	818	Jessica Jones	F		
366	31:41	923	Deborah Lewis	F	V	
367	31:46	721	Gareth Acreman	M	V	
368	31:53	847	Zoe Harris	F		Yellow Cabs
369	32:04	958	Lynn Joseph	F	V	
370	32:06	848	Katy Harris	F		Yellow Cabs
371	32:10	917	Michelle Davies	F	V	
372	32:18	524	Stuart Baker	M		
373	32:24	963	Eleanor Evans	F	V	
374	32:27	908	Helen Hutson	F	V	
375	32:27	939	Sian Ackland	F	V	Brackla
376	32:28	813	Already Finished	F		
377	32:28	819	Joanna Furber	F		
378	32:40	974	Caroline Morgan	F	V	
379	32:50	949	Wendy Fisher	F	V	
380	32:51	986	Jayne Leaves	F	V	
381	33:13	970	Lynne Perrott	F	V	WRN
382	33:13	971	Debbie Ace	F	V	WRN

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383	33:33	918 Janet Forse	F	V	
384	33:42	936 Ayse Ford	F	V	
385	33:52	911 Carol Johns	F	V	
386	34:11	929 Michelle Dobbin	F	V	
387	34:14	931 Caran McKee-Hands	F	V	
388	34:15	820 Roisin Thomas Hands	F		
389	35:37	740 Shirley Rose	F	V	Brackla