

July 8th 2008
Swansea Bay 5k

Position	Time	Number	Name	M/F	Vet	Club
1	15:09	43	Simon Jones	M		Belgrade AC
2	15:15	109	Oliver Howton	M		Swansea Harriers
3	15:18	57	Daniel Gurmin	M		Swansea Harriers
4	15:50	56	Marc Hobbs	M		Swansea Harriers
5	15:59	261	Martin Rees	M	V	Neath
6	16:00	48	Darran Hiscox	M		Bridgend AC
7	16:14	50	Steve Davies	M		Swansea Harriers
8	16:25	118	Elliot Cole	M		Bridgend AC
9	16:29	85	Kristian Jones	M		Swansea Harriers
10	16:30	51	Sam Walsh	M		Swansea Harriers
11	16:37	250	Gareth Davies	M	V	Bridgend AC
12	16:44	306	Simon Wilson	M	V	
13	16:47	144	Edward Jakata	M		Cardiff AAC
14	16:53	88	Lee Ladd	M		
15	16:54	265	Wayne Thomas	M	V	Swansea Harriers
16	17:06	108	Dominic Valerio	M		
17	17:10	267	Alan Davies	M	V	
18	17:17	78	Mark Davies	M		Swansea Harriers
19	17:21	87	Alexander Lewis	M		Swansea Harriers
20	17:24	314	Chris Parker	M	V	Swansea Harriers
21	17:29	89	James Hockin	M		Celtic Tri
22	17:30	54	Scott Evans	M		Sospan RR
23	17:41	90	Iestyn Harrett	M		Celtic Tri
24	17:48	76	Nev Johnson	M		Swansea Harriers
25	17:51	332	Kevin Griffiths	M	V	TROTS
26	18:00	52	Martin George	M		Sospan RR
27	18:02	46	Andrew Cleverly	M		Swansea Harriers
28	18:05	148	Jerome Evans	M		Port Talbot
29	18:08	62	Aled Anderson	M		
30	18:11	262	Ron Jenkins	M	V	
31	18:14	277	Tom Cadwallader	M	V	Mumbles Milers
32	18:15	120	Jamie Rees	M		Neath
33	18:16	70	Adrian Weaver	M		Port Talbot
34	18:27	119	Alun Rees	M		Neath H
35	18:29	283	Dave Rose	M	V	Brackla Harriers
36	18:34	240	Paul Dyson	M	V	Swansea Harriers
37	18:35	428	Emma Leahy	F		Cardiff AAC
38	18:36	220	Mark Dunscombe	M	V	Sarn Helen
39	18:39	293	Neil Davies	M	V	Cornelly Striders
40	18:40	64	Kristian Evans	M		Swansea Uni
41	18:43	291	Chris Fulchers	M	V	Port Talbot
42	18:44	312	Stephen Williams	M	V	Neath
43	18:44	11	Andrew Baker	M		Neath Harriers
44	18:45	139	Matthew Rees	M		
45	18:46	128	Russell Bailey	M		
46	18:51	311	Steve Brace	M	V	Bridgend AC
47	18:52	247	Alun Wyn Evans	M	V	
48	18:54	434	Laura Dunn	F		Edinburgh AC
49	18:57	27	Gair McAdie	M		Team Deviant
50	19:02	290	Geraint Rees	M	V	Brackla Harriers

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51	19:14	547 Melissa Watson	F	V	TROTS
52	19:15	74 Pete Lloyd	M		3M
53	19:17	244 Huw Bowen	M	V	
54	19:22	266 Mark Terry	M	V	TROTS
55	19:24	125 Paul Stevens	M		
56	19:27	9 Michael Roderick	M		
57	19:28	75 Jason Statham	M		Swansea Harriers
58	19:29	326 Mike Rimmer	M	V	Celtic Tri
59	19:30	202 Alex Williams	M	V	Road Runners Club
60	19:32	424 Paris Williams	F		Cardiff AAC
61	19:34	279 Nigel Francisco	M	V	Wecori
62	19:36	251 Robert Pearce	M	V	Brackla Harriers
63	19:40	264 Paul Jelley	M	V	Port Talbot
64	19:41	416 Angharad Mason	F		Brackla Harriers
65	19:43	207 John Morgan	M	V	Brackla Harriers
66	19:43	95 Thierry Maffeis	M		
67	19:45	63 Michael Halsall	M		Llanelli AAC
68	19:47	93 Piers Morgan-Harvey	M		Mumblers Milers
69	19:48	6 Matthew Herbert	M		Cornelly Striders
70	19:48	503 Clare Phillips	F	V	Swansea Harriers
71	19:49	238 Ian Ogilvie	M	V	Brackla Harriers
72	19:50	270 Leighton Gardner	M	V	Swansea Harriers
73	19:51	8 Steve Walsh	M		3M
74	19:52	32 Stuart Griffiths	M		
75	19:52	68 Richard Jones	M		Cornelly Striders
76	19:55	254 Les Chapman	M	V	Amman Valley Harriers
77	19:56	431 Trudi James	F		
78	19:57	86 Dean Llewellyn	M		South Wales Police
79	19:59	114 Greg Mathews	M		
80	20:01	274 Paul Davies	M	V	Swansea Harriers
81	20:01	276 Martyn Hughes-Dowdle	M	V	
82	20:02	282 Peter Turner	M	V	Cornelly Striders
83	20:06	101 Owain Atkins	M		
84	20:08	115 Ivor Parry	M		MCA
85	20:10	126 Mark Stevens	M		
86	20:12	113 Peter Spriggs	M		Swansea Harriers
87	20:14	310 Jeremy Forshew	M	V	Les Croupiers
88	20:15	135 Will Kenyon	M		Team Brodie
89	20:20	227 Andrew Carter	M	V	
90	20:20	98 Simon Ward	M		
91	20:21	77 Kit Lucas	M		
92	20:21	129 Dean Thomas	M		
93	20:23	531 Louise Copp	F	V	Neath Harriers
94	20:24	297 Neil Davies	M	V	NYRRC
95	20:25	242 Steve Davies	M	V	Port Talbot Harriers
96	20:25	2 Phil Protheroe	M		Brackla Harriers
97	20:27	272 David Hopkins	M	V	
98	20:31	222 Adrian Catling	M	V	Celtic Tri
99	20:33	432 Philippa Williams	F		
100	20:33	558 Sandra Pinkham	F	V	
101	20:34	239 Alan Perkins	M	V	Port Talbot Harriers
102	20:36	313 Michael Evans	M	V	Neath
103	20:37	280 Uku Kumati	M	V	Swansea Harriers
104	20:41	429 Katie Silke	F		Hinckley RC
105	20:42	124 Andy Dalrymple	M		
106	20:42	47 Nick Williams	M		

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107	20:43	304 Bob Woolterton	M	V	Bridgend AC
108	20:44	20 Graham Vyner	M		3M
109	20:47	106 Steven Thomas	M		3M
110	20:52	30 Leon Murnieks	M		Royal Navy Reserve
111	20:53	271 Allan Parsons	M	V	Wecori
112	20:58	298 Geoff White	M	V	3M
113	20:59	551 Charlotte Johns	F	V	Brackla Harriers
114	21:00	228 David Oak	M	V	Port Talbot Harriers
115	21:01	15 Steven Jones	M		
116	21:02	516 Helen Jones	F	V	
117	21:02	325 Burkhard Markhoff	M	V	Swansea Harriers
118	21:03	121 Kevin Halmkan	M		
119	21:03	72 David Bowkett	M		
120	21:04	123 Chris Morse	M		
121	21:04	259 mark Joseph	M	V	
122	21:09	300 Lynn Hughes	M	V	Bridgend AC
123	21:10	141 Ian Jones	M		
124	21:13	28 Russell Crocker	M		
125	21:14	433 Rebecca King	F		Swansea Harriers
126	21:17	634 Unknown Runner	F		
127	21:17	294 Tony Baker	M	V	3M
128	21:20	235 Mick Grant	M	V	
129	21:21	564 Christina Smith	F	V	3M
130	21:23	322 Simon Pinner	M	V	Wecori
131	21:25	69 Mark Gosney	M		
132	21:25	81 Shaun Broome	M		Neath
133	21:28	320 Marcus Eyre	M	V	3M
134	21:29	567 Joanne Howells	F	V	Swansea Harriers
135	21:31	295 Brian MacSiollobleri	M	V	
136	21:33	323 Mike Rose	M	V	
137	21:34	82 Ian Moss	M		
138	21:35	249 Philer Williams	M	V	
139	21:36	253 Paul Grist	M	V	
140	21:38	289 Paul Bigmore	M	V	Brackla Harriers
141	21:41	14 Adam Abraham	M		Les Croupiers
142	21:43	133 James Blansterd	M		Team Brodie
143	21:44	58 Kevin Spreadbury	M		
144	21:45	219 Mario Rabaiotti	M	V	Port Talbot Harriers
145	21:48	103 Kristian Shearan	M		Brackla Harriers
146	21:54	145 Gavin Moore	M		
147	21:55	404 Sara Thomas	F		
148	21:55	55 Adrian Rees	M		
149	21:55	552 Andrea Starritt	F	V	Brackla Harriers
150	21:57	633 Unknown Runner	F		
151	21:59	245 John Collins	M	V	Swansea Harriers
152	22:00	450 Sara Griffiths	F		Neath
153	22:02	221 Tony Burt	M	V	Brackla Harriers
154	22:06	67 Jordan Brock	M		Swansea Harriers
155	22:08	252 Andy Poartlett	M	V	Celtic Tri
156	22:10	246 Geoff Hall	M	V	
157	22:12	218 James Thomas	M	V	Brackla Harriers
158	22:12	1 Mike Griffiths	M		Team Deviant
159	22:14	130 John Joseph	M		
160	22:16	302 Simon Cox	M	V	
161	22:17	229 Anthony Kavanagh	M	V	Brackla Harriers
162	22:17	582 Sian Phillips	F	V	Swansea Harriers

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163	22:18	278 Roland Matthews	M	V	Brackla Harriers
164	22:18	217 Allan Jones	M	V	Brackla Harriers
165	22:21	122 David Llewelyn	M		
166	22:22	553 Libby Lavis	F	V	Brackla Harriers
167	22:24	134 Henry Burnard	M		Brodie
168	22:24	538 Louise Miskell	F	V	3M
169	22:27	315 Andrew Rothwell	M	V	
170	22:27	116 Sam Rimmer	M		
171	22:29	327 Tom Baker	M	V	
172	22:30	510 Sharon Bowen	F	V	
173	22:32	60 Peter Hughes	M		
174	22:33	336 Michael Peacock	M	V	
175	22:34	26 Barry Morgan	M		Brackla Harriers
176	22:35	203 Paul Carman	M	V	
177	22:36	105 Darren Green	M		Mumblers Milers
178	22:37	321 Steve McLelland	M	V	3M
179	22:38	570 Amanda John	F	V	Amman Valley
180	22:40	273 Jeff Evans	M	V	Llanelli AAC
181	22:42	127 Richard Bevan	M		Swansea Harriers
182	22:43	45 Ross Poiner	M		
183	22:43	138 Dave Bright	M		
184	22:45	132 James dawson	M		
185	22:46	96 Stephen Keogh	M		Swansea Harriers
186	22:47	455 Clare Lloyd	F		
187	22:53	99 Eddier Harris	M		
188	22:53	563 Judith Oakley	F	V	
189	22:54	588 Angela Delaney	F	V	Swansea Harriers
190	22:55	334 Owen Morgan	M	V	
191	22:56	200 David Boucher	M	V	
192	22:57	301 Richard Adams	M	V	
193	22:59	575 Sarah McCarthy	F	V	Les Croupiers
194	23:00	18 Lucio Massignani	M		
195	23:03	136 Stephen Llewellyn	M		
196	23:03	437 Rhiannon Anderson	F		Swansea Harriers
197	23:03	292 Andrew Hellier	M	V	Visteon
198	23:05	91 Jeffrey Hanley	M		
199	23:06	92 Lee Jones	M		
200	23:09	288 Jonathan Clarke	M	V	Swansea Harriers
201	23:10	142 Hugh Gripper	M		
202	23:17	331 Michael Williams	M	V	
203	23:19	427 Miranda Davies	F		Pembs Harriers
204	23:19	440 Michelle Witham	F		Mumbles Milers
205	23:21	117 Steven Palmer	M		
206	23:21	285 Geraint Jenkins	M	V	Amman Valley
207	23:22	533 Sandra Beynon	F	V	
208	23:23	112 Alan John	M		
209	23:25	210 Edward Davies	M	V	
210	23:26	452 Becky Mclelland	F		3M
211	23:27	435 Christine Jones	F		Celtic Tri
212	23:28	104 Oliver Kohll	M		
213	23:31	209 Keith Treharne	M	V	Brackla Harriers
214	23:33	140 Chris Waygood	M		
215	23:36	534 Elizabeth Jones	F	V	
216	23:37	328 Phil Davies	M	V	
217	23:38	415 Joanne Davies	F		WRN
218	23:39	544 Gwen Smith	F	V	Swansea Harriers

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219	23:42	512 Patricia Jones	F	V	Brackla Harriers
220	23:43	319 Rick Rimmer	M	V	
221	23:45	585 Kathryn John	F	V	3M
222	23:46	559 Julie Webster	F	V	Brackla Harriers
223	23:54	80 Anthony Thomas	M		Port Talbot
224	24:00	451 Tara Hammett	F		
225	24:02	456 Cressida Blanshard	F		Team Brodie
226	24:06	97 Jon Playsted	M		
227	24:08	233 Malcolm Bullough	M	V	Swansea Uni
228	24:10	324 Kevin Fitzgerald	M	V	
229	24:13	255 John Ayres	M	V	Port Talbot
230	24:14	625 Unknown Runner	M		
231	24:19	307 Robert Mcnamara	M	V	Radyr
232	24:21	286 David Mitchell	M	V	SBOC
233	24:26	107 Paul Jones	M		Mumblers Milers
234	24:27	102 Steven Thomson	M		
235	24:28	100 Neil Evans	M		
236	24:30	287 Steve Jones	M	V	SBOC
237	24:32	445 Cordelia Jones	F		
238	24:32	522 Nina Brocklebank	F	V	WRN
239	24:35	316 John Clement	M	V	
240	24:37	426 Alicer Sullivan	F		
241	24:37	459 Sara Jones	F		
242	24:38	517 Julie Archer	F	V	WRN
243	24:40	520 Tara Rees	F	V	
244	24:41	528 Caroline Jones	F	V	WRN
245	24:43	149 Adian Jones	M		
246	24:43	422 Sarah Champion	F		
247	24:43	29 Kevin Kavanagh	M		
248	24:44	147 Richard Fair	M		
249	24:45	236 Raymond Boyce	M	V	Cornelly Striders
250	24:47	201 Ian Portway	M	V	
251	24:47	458 Helen Walters	F		
252	24:53	223 Paul Rowney	M	V	
253	24:54	71 Darren Williams	M		Port Talbot
254	24:56	224 Matt Weller	M	V	
255	24:58	213 Christopher O'Brien	M	V	
256	24:58	578 Jill Jones	F	V	
257	25:00	3 Michael Williams	M		
258	25:09	537 C Jones	F	V	WRN
259	25:10	16 Richard Peevor	M		
260	25:16	557 Pauline Williams	F	V	
261	25:19	10 Steven Williams-Jones	M		
262	25:20	303 Tony Henebery	M	V	Mumblers Milers
263	25:22	84 Steven Warlow	M		
264	25:25	525 Amanda Bebb	F	V	
265	25:25	258 Runner RosserDavid	M	V	Amman Valley
266	25:29	330 Nick John	M	V	
267	25:32	572 Emma Cownie	F	V	
268	25:32	317 Richard Dunne	M	V	3M
269	25:32	308 Terry Vickery	M	V	
270	25:33	464 Leanne Fethney	F		
271	25:35	542 Melanie Colburn	F	V	Celtic Tri
272	25:39	22 Neil Young	M		
273	25:40	409 Emma Nelson-Jones	F		
274	25:41	299 Selby Le Roux	M	V	

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275	25:45	505 Ali Wood	F	V	
276	25:45	296 David Walker	M	V	
277	25:48	569 Tamsin Josty	F	V	
278	25:48	73 Andrew Smith	M		Swansea Harriers
279	25:49	439 Sarah Howe	F		
280	25:51	61 Iain Lindsay	M		
281	25:58	514 Fiona Thomas	F	V	WRN
282	25:59	110 Tony Hale	M		
283	26:00	583 Helen Phillips	F	V	Amman Valley
284	26:02	131 Leighton Jenkins	M		
285	26:02	275 Neale Davies	M	V	
286	26:03	507 Lisa Ekman	F	V	Brackla Harriers
287	26:04	5 Gareth Chapman	M		
288	26:08	561 Christine Hurdidge	F	V	3M
289	26:11	581 Lyn Brown	F	V	Amman Valley
290	26:15	333 Christopher Coleman	M	V	
291	26:21	305 Brian Miles	M	V	Mumbles Milers
292	26:22	205 Steve Whyte	M	V	
293	26:22	150 Mark Morgan	M		
294	26:25	257 Adrian Hughes	M	V	Celtic Tri
295	26:25	204 Tony Marshall	M	V	
296	26:26	41 Jonathan Evans	M		
297	26:26	263 Arthur Phillips	M	V	3M
298	26:27	211 Michael Aspland	M	V	
299	26:28	214 Euan Kevelighan	M	V	
300	26:31	571 Runner 571	F	V	
301	26:32	461 Christine Webb	F		
302	26:33	566 Cath Hather	F	V	Brackla Harriers
303	26:36	541 Nia Godsmark	F	V	
304	26:38	284 Greg Hutton	M	V	
305	26:38	587 Linda Rees	F	V	3M
306	26:38	256 Jim Halsey	M	V	
307	26:38	408 Donna Griffiths	F		
308	26:39	401 Nneka Okonta	F		Datchet Dashers
309	26:39	402 Sarah Louise Smiles	F		Brackla Harriers
310	26:40	269 Michael Davies	M	V	
311	26:40	565 Sara Birkett	F	V	Brackla Harriers
312	26:42	83 Jason Jones	M		
313	26:43	329 Paul Rees	M	V	3M
314	26:43	268 Leighton Johnson	M	V	Visteon
315	26:44	560 Fay Sharpe	F	V	3M
316	26:46	417 Tina Seward	F		
317	26:47	66 Paul Skinner	M		
318	26:48	231 Peter Llewelyn Evans	M	V	
319	26:49	545 Jacqueline King	F	V	
320	26:50	526 Catherine Isaac	F	V	
321	26:56	407 Susan Buckley	F		
322	26:58	590 Julia Harris	F	V	
323	27:03	441 Katie Ebenezer	F		Swansea Harriers
324	27:05	12 Christopher Hockley	M		
325	27:07	25 Mike Evanson	M		
326	27:38	462 Hannah Webb	F		
327	27:39	554 Vicki Hopkins	F	V	
328	27:40	446 Kelly Harsant	F		Mumbles Milers
329	27:40	281 Kevin Jones	M	V	
330	27:40	232 Nigel Jones	M	V	Llanelli Seaside St

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331	27:43	94 Gary Taylor	M		Mumblers Milers
332	27:48	137 John Llewellyn	M		
333	27:54	591 Lesley Mainwaring	F	V	
334	27:55	453 Sarah Johnson	F		3M
335	28:05	143 Aled Evans	M		
336	28:11	460 Katrina Walters	F		
337	28:11	335 Wayne harris	M	V	Yellow Cabs
338	28:14	42 Brian Morgan	M		
339	28:19	44 Al Marner	M		
340	28:23	546 Hayley Harris	F	V	
341	28:24	509 Elizabeth Barclay	F	V	
342	28:29	586 Linda Owens	F	V	3M
343	28:30	237 Alfryn Easter	M	V	3M
344	28:32	59 Mark Penny	M		
345	28:33	504 Rhian Chase	F	V	
346	28:33	49 Andrew Evans	M		
347	28:39	19 Jonathan Gardiner	M		
348	28:40	448 Judith Michael	F		WRN
349	28:46	33 Lloyd Jenkins	M		
350	28:48	530 Jacqui Jenkins	F	V	
351	28:48	454 Sharon Holmes	F		
352	28:54	562 Julie Davies	F	V	3M
353	28:57	527 Kay Davis	F	V	
354	28:58	555 Julie Lloyd	F	V	
355	29:00	463 Kristina Williams	F		Team Deviant
356	29:08	414 Jenny McAdie	F		Team Deviant
357	29:18	580 Elin Davies	F	V	WRN
358	29:26	146 Ian Bacon	M		
359	29:27	577 Jayne davies	F	V	
360	29:30	519 Mary Donnelly	F	V	Brackla Harriers
361	29:38	579 Anita Lane	F	V	WRN
362	29:48	438 Jo Hughes-Dowdle	F		
363	30:11	576 Meinir Hutchings	F	V	
364	30:14	436 Michelle Ponomarenku	F		
365	30:24	548 Rosie Amesbury	F	V	
366	30:32	421 Sara Morgan	F		
367	30:52	584 Sally Killian	F	V	
368	31:22	589 Mel Coleman	F	V	
369	31:27	574 Caroline Morgan	F	V	
370	31:30	550 Donna Woods	F	V	WRN
371	31:35	543 Helen Calcutt	F	V	
372	31:35	524 Deborah Lewis	F	V	
373	31:47	515 Kim Evans	F	V	
374	31:50	518 Sian Ackland	F	V	Brackla Harriers
375	31:57	400 Stephanie Portway	F		
376	32:11	443 Sarah Alexander	F		
377	32:27	430 Michelle Walker	F		
378	32:36	444 Christine O'Byrne	F		
379	32:45	536 Janette Thorne	F	V	
380	32:46	513 Lynn Chambers	F	V	
381	32:50	535 Sarah West	F	V	WRN
382	32:50	540 Helen Evans	F	V	
383	32:52	309 Gordon Sturrock	M	V	
384	32:53	573 Karen Birdsall	F	V	
385	33:06	539 Linda Oatway	F	V	
386	34:46	447 Amanda Hughes	F		

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387	34:46	111 Richard Hughes	M	
388	35:28	422 Already Finished	M	
389	35:43	457 Ria Woffinden	F	
390	35:43	420 Elina Telford	F	
391	36:17	556 Shirley Rose	F	V Brackla Harriers
392	36:36	449 Cheryl Smiles	F	Brackla Harriers
393	37:37	40 Jonathan James	M	
394	37:39	39 Adrian James	M	3M
395	37:39	425 Heather James	F	

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