

TROT's Tenby

10km Race & Fun Run 2006

Pos	No	First	Name	Club	Time	Cat	Age
1	39	MARTIN	POWELL	NONE	00:33:58	M40	42
2	46	DAVID	ASTINS	PEMBS TRI	00:36:26	OM	37
3	130	DARYL	JOHN	NONE	00:36:38	OM	32
4	65	JAMES	MACKAY	NONE	00:37:12	OM	23
5	116	GLYN	PRICE	SARN HELEN	00:37:29	OM	39
6	50	ROGER	COOMBS	TROTS	00:37:39	M40	40
7	27	CLEM	CLEMENT	PENARTH AND DINAS RUNNER	00:37:42	M40	47
8	151	PATRICK	MARTIN	PEMBS TRI CLUB	00:37:55	OM	23
9	93	NEIL	DAVIES	CORNELLY STRIDERS	00:38:04	M40	47
10	98	PETER	CLAYTON	VALE ROYAL AC	00:38:21	M40	40
11	38	RON	JENKINS	NONE	00:38:27	M40	49
12	95	DEAN	JOHN	TROTS	00:38:40	OM	39
13	127	MATTHEW	BROWN	PEMBROKESHIRE HARRIERS	00:39:09	OM	16
14	121	RHI	ACE	PEMBS TRI CLUB PEMBROKESHIRE	00:39:13	OF	27
15	113	JOHN	SINNETT	HARRIERS	00:39:20	M40	49
16	128	ANDY	DUFFIELD	NONE	00:39:22	M40	41
17	89	NEIL	WILKINSON	CARDIGAN RUNNING CLUB	00:39:27	M40	42
18	61	STEPHEN	THOMAS	NONE	00:39:29	M40	43
19	19	DAVID	BEMBO	NONE	00:39:31	M40	40
20	52	ANN	THOMAS	TROTS	00:39:35	F35	39
21	106	DAVE	GRIFFITHS	TROTS	00:39:47	M40	43
22	92	KEITH	POWELL	CORNELLY STRIDERS	00:39:48	M50	53
23	108	PAUL	OUGHTON	NONE	00:39:55	M40	45
24	4	JOHN	DIFFEY	LES CROUPIERS	00:40:07	M40	42
25	115	HUW	PRICE	SARN HELEN PEMBROKESHIRE	00:40:12	M40	43
26	107	GARETH	ELLIOTT	HARRIERS	00:40:24	OM	24
27	6	STAFFORD	REES	RYADER AC ATHLETIC VETS HONG	00:40:45	OM	36
28	24	TONY	FLYNN	KONG	00:40:54	42	42
29	97	PETER	TURNER	CORNELLY STRIDERS	00:40:57	M50	55
30	51	MARY	BOWEN REES	TROTS	00:41:09	F35	44
31	88	SION	BRACE	RUGBY CLUB	00:41:26	OM	24
32	83	NICKY	REES	NONE	00:41:26	OM	38
33	66	PAUL	SLACK	NONE	00:41:40	OM	38
34	11	GARETH	JEHU	NONE	00:42:18	OM	37
35	21	CYRIL	WALTERS	TROTS	00:42:44	M50	

36	91	MARK	TERRY	NONE	00:42:48	M40	49
37	82	JULIA	CLARKE	CADIFF AAC	00:42:58	OM	28
38	69	CARLTON	COATES	NONE	00:43:17	M40	43
39	74	IAN	MORRIS	TROTS	00:43:31	M40	45
				PEMBROKESHIRE			
40	103	KAT	DRIVER	HARRIERS	00:43:40	OF	29
41	75	NIGEL	WORTHINGTON	NONE	00:43:49	OM	31
42	166	HAYDN	LLOYD	SARN HELEN	00:44:11	OM	34
43	55	PAUL	MORRIS	NONE	00:44:18	OM	38
44	72	MICHAEL	HALSALL	NONE	00:44:22	OM	33
45	169	CONRAD	REES	NONE	00:44:31	OM	31
46	173	RHYS	THOMAS	NONE	00:44:36	OM	18
47	174	MATT	BROADHURST	NONE	00:44:36	OM	34
48	43	TONY	BURT	CORNELLY STRIDERS	00:44:45	M50	3
49	105	NEIL	SPENCER	NONE	00:45:00	M40	41
50	117	CLIVE	LAY	NONE	00:45:06	M40	49
51	37	CATHERIN	MARKS	NONE	00:45:20	OM	23
52	94	LINDY	EYNON	TROTS	00:45:25	F45	45
53	76	LOUISE	WORTHINGTON	NONE	00:45:28	OF	33
54	81	THOMAS	JAMES	NONE	00:45:41	OM	19
55	156	RICHARD	HOWE	NONE	00:45:43	OM	36
56	188	TIM	SHARPE	NONE	00:45:44	OM	28
57	157	SIAN	PHILLIPS	SWANSEA HARRIERS	00:45:45	F45	45
				CARDIGAN RUNNING			
58	125	JASON	WILKINSON	CLUB	00:45:49	OM	36
59	99	GEOFF	MARSH	NONE	00:45:57	OM	23
60	96	DAVID	HESKETH	CORNELLY STRIDERS	00:46:05	M40	42
				PEMBROKESHIRE			
61	161	E	BATEMAN	HARRIERS	00:46:08	M40	49
62	159	ANDY	LEEDALE	THAMES VALLEY TRI	00:46:25	OF	29
63	67	DAVID	NEEDHAM	HALLAMSHIRE HARRIERS	00:46:27	M50	59
64	112	ALEX	ILYAT	PEMBS TRI CLUB	00:46:42	OM	25
65	45	ELLIE	JONES	PEMBS TRI	00:46:42	OF	25
66	114	KEVIN	RUSSELL	SOUTH WALES POLICE	00:46:51	M40	47
67	90	TONY	GEORGE	NONE	00:46:55	M40	
68	28	MICHAEL	BAILEY	NONE	00:46:58	OM	38
69	170	MATHEW	STEPHENS	NONE	00:47:00	OM	
70	85	GAVIN	BRACE	RUGBY CLUB	00:47:05	OM	26
71	56	PATRICK	WING	WEST MIDLANDS POLICE	00:47:44	M50	54
72	123	ANDREW	PHILLIPS	NONE	00:47:48	M40	
73	175	MIKE	ALLEN	NONE	00:47:50	OM	
74	158	ANDREW	ROTHWELL	NONE	00:47:54	M40	48
75	129	ANDREW	EDGELL	SARN HELEN	00:48:00	OM	
				CARDIGAN RUNNING			
76	124	HILARY	MCCARTHY	CLUB	00:48:00	F35	39
77	36	MARTIN	LAWRENCE	NONE	00:48:06	OM	30
78	164	KAREN	CORCORAN	PEMBS TRI CLUB	00:48:09	F45	48
79	62	MICHAEL	GRIFFITHS	NONE	00:48:13	M50	59
80	54	JO	CRAIG	NONE	00:48:18	OM	31
81	136	LANA	BRACE	NONE	00:48:23	F35	35
82	14	PAUL	ROWLANDS	NONE	00:48:27	M50	51
83	119	MICHAEL	MCKENNA	NONE	00:48:30	OM	32
84	110	JOR	ALRIOS	WIRRAL AC	00:48:31	OM	15

85	33	ANDREW	JONES	NONE	00:48:32	OM	29
86	15	BRIAN	JONES	NONE	00:48:51	M40	43
87	73	CLIVE	JAMES	MIDLAND MASTERS AC	00:48:55	M50	59
88	138	VAL	BROWN	PEMBS TRI CLUB	00:49:09	F35	40
89	47	JON	LEAR	NONE	00:49:09	M40	42
90	118	FLOYD	VAUGHAN	NONE	00:49:18	OM	33
91	171	IAN	JONES	NONE	00:49:23	OM	
92	29	MARC	GILES	NONE	00:49:27	OM	32
93	154	ALAN	JOHNSTONE	INGLI RUNNERS	00:49:31	M50	58
94	150	SIMON	ROSSITER	NONE	00:49:35	OM	
95	137	CHRIS	BRACE	NONE	00:49:36	OM	37
96	122	HAN	ACE	PEMBS TRI CLUB	00:49:55	OF	25
97	111	MARK	LLEWHELLIN	NONE	00:49:57	OM	32
				NORTH CORNELLY			
98	1A		KAVANAGH	STRIDERS	00:50:00	M50	61
99	8	RICHARD	PHILLIPS	NONE	00:50:18	OM	29
100	131	NEIL	THOMAS	NONE	00:50:22	M40	46
101	132	TERRY	GOVER	PEMBS TRI CLUB	00:50:23	M50	58
102	160	JULIA	HILL	PEMBS TRI CLUB	00:51:01	OF	32
103	32	PATRICK	JENKINS	NONE	00:51:07	M50	32
104	18	PHILLIP	DOEL	NONE	00:51:30	M40	45
105	101	ROB	MONK	NONE	00:51:39	OM	38
106	168	BEN	MCDONNELL	NONE	00:51:53	OM	28
107	60	JAN	JONES	SARN HELEN	00:51:56	F35	41
108	63	TRACEY	SHERRATT	TROTS	00:52:02	OF	33
109	134	JOHN	DAVIES	NONE	00:52:09	M50	56
110	34	MELONIE	GLAVIN	NONE	00:52:12	F35	38
111	20	ANTHONY	BEER	NONE	00:53:04	M40	42
				PENARTH AND DINAS			
112	26	JANICE	CLEMENT	RUNNER	00:53:07	F45	48
113	78	JOANNE	DAVIES	NONE	00:53:11	OF	18
114	77	NEIL	DAVIES	NYRRC	00:53:11	M40	48
115	80	ED	DAVIES	NONE	00:53:47	OM	27
116	84	LON	MORGAN	TROTS	00:53:59	F45	49
117	2	BEV	BEYNON	NONE	00:54:11	OF	27
118	167	ANDY	WILLIAMS	NONE	00:54:13	M40	40
119	7	JANETTE	REYNOLDS	TROTS	00:54:35	OF	26
120	87	WILL	CROCKFORD	RUGBY CLUB	00:54:55	OM	23
121	86	NEIL	POWLING	RUGBY CLUB	00:54:56	OM	27
122	153	NICOLA	TINSLEY	NONE	00:55:09	OF	34
123	40	SALLY	EVANS	MERSEY TRI	00:55:10	F35	43
124	41	ANDREW	EVANS	MERSEY TRI	00:55:12	M40	42
125	64	KIRSTY	MORGAN	NONE	00:55:17	F35	37
126	133	CLARE	HILLING	NONE	00:55:19	F45	49
127	42	LINDA	EVANS	NONE	00:55:30	OF	26
128	163	ANDY	COURTNADGE	NONE	00:55:30	OM	27
129	25	PAUL	DARBY	NONE	00:55:55	OM	37
130	57	COLIN	GARDNER	NONE	00:56:00	M50	57
131	152	NIGEL	JAMES	NONE	00:56:16	M50	51
132	135	KAREN	EVANS	NONE	00:56:22	F35	38
133	44	LOIS	REED	NONE	00:56:29	OF	25
134	162	KATE	KNIGHT	PEMBS TRI CLUB	00:56:42	OF	26

135	100	GEMMA	CLEWER	NONE	00:56:44	OF	26
				NORTHAMPTON ROAD			
136	102	OWEN	COOPER	RUNNER	00:57:12	OM	39
137	79	MICHELLE	KNIGHT	NONE	00:57:25	OF	27
138	30	JULIE	NIXON	NONE	00:57:35	F35	41
139	31	PETER	NIXON	NONE	00:57:35	M40	41
140	53	BRIAN	MILLS	100 MARATHON CLUB	00:57:37	M50	50
141	59	MICHAEL	DAVIES	NONE	00:59:17	M40	46
142	172	WILLIAM	HUGHES	NONE	00:59:21	OM	32
143	49	EMILY	REES	NONE	01:00:19	OF	15
144	120	SUSAN	PENDLETON	NONE	01:00:46	F35	38
145	155	HELEN	MCDAID	WRN	01:00:46	F35	36
146	165	SARAH	DAS	NONE	01:02:00	F35	41
147	10	MELANIE	LEWIS	NONE	01:02:50	OF	34
148	70	ELAINE	WILLIS	ISLWYN RC	01:02:56	F45	52
149	71	GLYN	HICKS	ISLWYN RC	01:02:57	M50	56
150	139	CEIRE	MERRISON	NONE	01:04:20	OF	33
151	68	NICOLA	COATES	NONE	01:04:22	F35	43
152	9	DAN	PHILLIPS	NONE	01:06:20	OM	19
153	3	DEWI	THOMAS	NONE	01:07:23	OM	31
154	16	ANN	WILLIAMS	NONE	01:08:36	F45	50
155	17	CARL	WILLIAMS	NONE	01:08:37	M40	49
156	58	ALLEN	WATTS	SARN HELEN	01:10:20	M50	77
157	109	JOHN	ATKINS	NONE	01:11:10	M40	42
158	104	K	WEBSTER	NONE	01:12:24	OF	30
9999	5	MAIRWEN	RICHARDS	NONE		OF	26
9999	12	GRAEME	ROBERTS	NONE		OM	31
9999	13	WENDY	DIMENT	NONE		OF	31
9999	22	CHARLOTE	MAIDER	NONE		OF	34
9999	23	ADRIAN	WEBB	NONE		OM	33
9999	35	ANDREA	MAGEEAN	NONE		F35	40
9999	48	LOUISE	IRVINE	NONE		OF	27

9999 Did not Finish or Run