

Port Talbot Harriers Mile - 14th April 2013
Western Avenue Track

Ladies

1. 6-44.5 Amanda Parry
2. 6-51.7 Mandy Morris
3. 7-15.7 Pauline Williams

Men

1. 5-13.1 Gareth Ayres
2. 6-17.3 John Hopkins
3. 6-20.9 David Cornish
4. 6-26.7 Ian Williams
5. 6-33.0 Mario Rabaiotti
6. 6-44.8 Paul Carman
7. 6-50.9 Alan Perkins
8. 6-59.9 Peter Deacon
9. 7-33.2 John Ayres
10. 7-33.9 John Davies
11. 7-43.5 Bernie Henderson
12. 7-45.9 Tony Holling
13. 8-08.2 Ian Swanson