

Port Talbot Hilly 4.8M - 6th July 2014

Ladies

1. 36.22 Helen Jones
2. 39.02 Pauline Williams

Men

1. 28.44 Gareth Ayres
2. 31.34 Daniel Gurmin
3. 33.48 Charles Walsh
4. 33.51 Paul Rees
5. 33.56 Steve Jones
6. 34.23 Alex Williams
7. 34.27 Jamey Taylor
8. 36.04 Ian Williams
9. 37.41 Peter Deacon
10. 38.05 Mario Rabaiotti
11. 41.44 Alan Perkins
12. 42.16 Tony Holling
13. 42.47 Ray James
14. 44.22 John Ayres
15. 45.15 Steve Williams
16. 53.26 Ian Swanson