

WEST GLAMORGAN CROSS COUNTRY LEAGUE

SECOND FIXTURE 2014/2015 SEASON

Sunday October 19th 2014 - 11am

Mens Result (Positions Only)

- 1 Marc Hobbs (Swansea Harriers TNT) M
- 2 Guy Smith (Swansea Harriers TNT) M
- 3 Daniel Rothwell (Swansea Harriers TNT's) M
- 4 Matthew Harvey (Neath Harriers) M
- 5 Ashleigh Harper (Swansea University) M
- 6 Andrew Reynolds (Neath Black Tuesday) M
- 7 Ian Harris (3M Gorseinon R.R.) M
- 8 Richard Copp (Swansea Harriers TNT) M
- 9 Lewys Hobbs (Swansea Harriers TNT) M
- 10 Matthew Richards (Swansea Harriers) M
- 11 Owen Stepney (Swansea University) (U20)
- 12 Gareth Ayres (Port Talbot Harriers) M
- 13 Gareth Harries (Celtic Tri) M
- 14 Gary Wyn Davies (Aberystwyth A.C.) M
- 15 James Dean (Swansea Harriers TNT) M
- 16 Chris Parker (Port Talbot Harriers) (V45)
- 17 Gethin Holland (Aberystwyth A.C.) M
- 18 Royston Whitehouse (Neath Black Tuesday) (V50)
- 19 Ifan Lloyd (Swansea Harriers TNT) (V55)
- 20 Simon John (Neath Harriers) M
- 21 Christopher Jenkins (Porthcawl Runners) (V35)
- 22 Raul Reismann (Swansea Harriers TNT) (V40)
- 23 Gareth Poston (Tata Steel Multisport) M
- 24 Paul Speyer (Brackla Harriers) (V40)
- 25 Alan Davies (3M Gorseinon R.R.) (V60)
- 26 Chris Fulcher (Neath Black Tuesday) (V45)
- 27 Kieran John (Neath Jaguars) M
- 28 Andrew George (Celtic Tri) (V35)
- 29 Mike Evans (Llanelli A.C.) (V35)
- 30 Christopher Melbourne (Neath Jaguars) M
- 31 Daniel Triggs (Neath Harriers) M
- 32 Peter Osborne (Llanelli A.C.) (V50)
- 33 Peter Crane (Neath Black Tuesday) (V50)
- 34 Alexander Vessey (Swansea University) (U20)
- 35 Darren Edwards (Celtic Tri) (V35)
- 36 Matthew Tippings (Amman Valley Harriers) M
- 37 Alex Lewis (Neath Black Tuesday) M
- 38 Andrew Brain (Run4All) (V40)
- 39 Terry Jones (Run4All) (V35)
- 40 Martin Flear (Llanelli A.C.) M
- 41 Benjamin Jeans (Celtic Tri) M
- 42 Nick Sheehan (Llanelli A.C.) M
- 43 Alex Williams (Port Talbot Harriers) (V45)
- 44 Charles Walsh (Port Talbot Harriers) (V35)
- 45 Steve Dinham (Port Talbot Harriers) M
- 46 Edward Land (Aberystwyth A.C.) (V35)
- 47 Matthew Reynolds (Celtic Tri) M
- 48 Hugh Janney (Amman Valley Harriers) (V40)
- 49 Owain Strange (Celtic Tri) M
- 50 Steven Jones (Port Talbot Harriers) (V40)
- 51 Mike Gleeson (Swansea Harriers TNT) (V40)
- 52 Nigel Barnes (Run4All) (V45)
- 53 Jamey Taylor (Port Talbot Harriers) M
- 54 Lloyd Harris (Swansea University) M

55 Daniel Davies (Pembrokeshire Harriers) M
56 Ashley Pascoe (3M Gorseinon R.R.) (V40)
57 Steve Williams (Neath Black Tuesday) (V55)
58 Carl Scott (Pembrokeshire Harriers) M
59 Philip Thomas (Guest) M
60 Timothy Williams (Celtic Tri) (V35)
61 Steve Ousley (Pembrokeshire Harriers) (V40)
62 Daniel Greenwell (Run4All) M
63 Nathan Daniel (Celtic Tri) M
64 Andrew Dawe (Pembrokeshire Harriers) (V45)
65 Jos Jones (Swansea Harriers TNT) (V35)
66 Daniel Tomlinson (Neath Jaguars) (U20)
67 Mark Darch (Swansea University) M
68 Kevin Lewis (South Wales Police) (V50)
69 Paul Davies (Run4All) (V50)
70 David Parfitt (Port Talbot Harriers) (V40)
71 David Crane (Neath Black Tuesday) (V55)
72 Geraint Williams (Guest) (V35)
73 Simon Beer (Celtic Tri) M
74 Dave Dickson (Porthcawl Runners) M
75 Rob Falconer (Swansea Harriers TNT) (V55)
76 Dean Hardie (3M Gorseinon R.R.) (V55)
77 Stephen Raikes (3M's Gorseinon R.R.) M
78 Gary Allan (Celtic Tri) (V45)
79 Bernie Henderson (Port Talbot Wizards) (V55)
80 Michael Roderick (Swansea Harriers TNT) M
81 Andrew Yorath (Swansea Harriers TNT) (V40)
82 Luke Jones (Brackla Harriers) (V35)
83 Chris Lewis (Port Talbot Harriers) (V40)
84 Geraint Lewis (Porthcawl Runners) (V35)
85 Darren Chapple (Run4All) (V40)
86 Kneath Phillippart (Swansea Harriers TNT) (V55)
87 Stephen Power (Guest) (V40)
88 Paul Arnold (Celtic Tri) (V45)
89 Daniel Murtagh (Port Talbot Harriers) (V35)
90 Howard Carpenter (Neath Black Tuesday) (V60)
91 Bradley Ollivier (Swansea University) (U20)
92 Ian Williams (Port Talbot Harriers) (V45)
93 Dave Hesketh (Cornelly Striders) (V50)
94 Carl Price (Celtic Tri) (V35)
95 Bill Leslie (Amman Valley Harriers) (V40)
96 Rob Richards (Celtic Tri) (V35)
97 Michael Brett (Guest) M
98 Calvin Hold (Swansea Harriers TNT) (V40)
99 Neil Horsley (Run4All) (V60)
100 Stuart Booker (Swansea University) (U20)
101 Rony Seamons (Celtic Tri) (V35)
102 Kevin Taylor (Amman Valley Harriers) (V50)
103 Chris Lewis (Run4All) M
104 Tom O'Sullivan (Swansea University) M
105 Geraint Jenkins (Port Talbot Harriers) (V40)
106 Laurence Worth (Pembrokeshire Harriers) (V50)
107 Graham Colvin (Celtic Tri) (V50)
108 Steven Howell (Celtic Tri) (V40)
109 Martin Slucutt (Swansea Harriers TNT's) (V35)
110 John Hopkins (Port Talbot Wizards) (V50)
111 Robert Sposato (Guest) M
112 Heath Williams (Celtic Tri) (V40)
113 James Gwyther (Swansea Harriers) (V35)
114 Huw Jones (Celtic Tri) (V40)
115 Nigel Morse (Celtic Tri) (V45)
116 Dewi West (3M's Gorseinon R.R.) (V50)
117 Richard Beech (Brackla Harriers) (V50)
118 Steve Bendle (Swansea Harriers TNT) (V50)
119 Terry Mills (Llanelli A.C.) (V50)
120 Peter Turner (Cornelly Striders) (V60)
121 Mark Edwards (Celtic Tri) M

122 Chris Watkins (Run4All) (V45)
123 Dusty Kennedy (Swansea Harriers) (V45)
124 Andrew Mundy (Guest) (V40)
125 John Sinnett (Pembrokeshire Harriers) (V55)
126 Grant Pearce (Run4All) M
127 Robert Bamsey (Neath Harriers Veterans) (V60)
128 David Cornish (Port Talbot Harriers) (V45)
129 Mat Giles (Run4All) (V35)
130 Richard Jones (Cornelly Striders) (V40)
131 Aron Jones (3M Gorseinon R.R.) M
132 Carl Singleton (Celtic Tri) (V35)
133 Matthew Anderson (Port Talbot Harriers) (V35)
134 Paul Osborne (Llanelli A.C.) (V55)
135 Darren Hopkins (Run4All) (V35)
136 Chris Williams (Celtic Tri) M
137 Jonathan Simon Jones (Llanelli A.C.) M
138 John Gardener (Pembrokeshire Harriers) (V70)
139 Mike Halsall (Llanelli A.C.) (V40)
140 Michael Couser (Guest) (V45)
141 Andrew Stoneman (Guest) (V35)
142 Ioan Evans (Run4All) (U20)
143 Ian Lloyd (Run4All) (V40)
144 Steven Perks (Run4All) (V50)
145 Chris Frey-Davies (Guest) (V35)
146 Ian Hutchinson (Run4All) (V45)
147 Simon Carter (Brackla Harriers) (V40)
148 Paul Williams (Guest) (V35)
149 Rhys Roberts (Swansea University) M
150 David Johnston (Run4All) (V40)
151 John Davies (Celtic Tri) (V35)
152 Peter Deacon (Port Talbot Harriers Wizards) (V55)
153 Mike Nash (3M Gorseinon R.R.) (V50)
154 Lee Kwok (Run4All) (V40)
155 Garry Jones (Port Talbot Wizards) (V55)
156 Steve Williams (Port Talbot Wizards) (V40)
157 Paul White (Sospan Road Runners) (V50)
158 Mark Thomas (Run4All) (V50)
159 Uku Kumari (Swansea Harriers TNT) (V60)
160 Dave Griffiths (Pembrokeshire Harriers) (V50)
161 Garry Vaughan (Celtic Tri) (V35)
162 Ross Bamsey (Port Talbot Harriers Wizards) M
163 Alan Perkins (Port Talbot Harriers Wizards) (V60)
164 Alex Tovey (Run4All) (V45)
165 Eric Davey (Llanelli A.C.) (V60)
166 Joe Hawkins (Celtic Tri) M
167 Lee Jenkins (Run4All) (V35)
168 Tony Holling (Run4All) (V55)
169 Dave Breen (Porthcawl Runners) (V60)
170 Martin Williams (Celtic Tri) (V40)
171 John Sanderson (3M Gorseinon R.R.) (V55)
172 Chris Kent (Run4All) (V40)
173 Darren Vaughan (Port Talbot Harriers) (V35)
174 Ian Stratton (Brackla Harriers) (V45)
175 Aaron Stephens (Celtic Tri) M
176 Paul McCann (Aberystwyth A.C.) (V35)
177 Lee Adams (Run4All) (V45)
178 Jordan Phillips (Celtic Tri) M
179 John McDunan (Guest) (V55)
180 Cai Williams (Run4All) M
181 John Ayres (Port Talbot Harriers) (V55)
182 James Charles (Run4All) (U20)
183 John Davies (Port Talbot Harriers Wizards) M
184 Brian Ashton (Aberystwyth A.C.) (V60)
185 Gareth Thomas (Run4All) (V45)
186 Mal Byrne (Run4All) (V45)
187 Andrew Mainwaring (Run4All) (V45)
188 Tony Burt (Brackla Harriers) (V70)

189 Ken Davies (Team Wecori) (V55)
190 Gary Owen (Run4All) (V45)
191 Bruce Morgan (Llanelli A.C.) (V55)
192 Richard Donne (3M Gorseinon R.R.) (V50)
193 Keith Treharne (Brackla Harriers) (V65)
194 Allan Smith (3M's Gorseinon R.R.) (V81)
195 Christine Hurdidge (3M's Gorseinon R.R.) (V60)
196 Rob Workman (Run4All) (V40)
197 Stuart McKee (Guest) M
198 Gary Matthews (Run4All) (V35)
199 Darren Forrester (Run4All) (V45)

Ladies Result (Positions Only)

1 Helen Marshall (Swansea Harriers AC) (F35)
2 Louise Barker (Aberystwyth A.C.) (F35)
3 Caroline Rimmer (Swansea Harriers AC) F
4 Clare Phillips (Port Talbot Harriers) (F45)
5 Lara Phillippart (Swansea Harriers AC) (U20)
6 Helen Jones (Port Talbot Harriers) (F45)
7 Emma Baxter (Swansea University) F
8 Alice Tennant (Swansea University) F
9 Claire Cuddithy (Swansea University) F
10 Rachel Evans (Run4All) (F40)
11 Charlotte Johns (Brackla Harriers) (F45)
12 Bethan Everson (Swansea University) F
13 Emma Charles (Port Talbot Harriers) F
14 Rebecca Bennett (Swansea Harriers AC) F
15 Ellie Dainton (Llanelli A.C.) (U20)
16 Caryl Williams-Ford (Sospan Road Runners) (F35)
17 Jenny Phillips (Llanelli A.C.) (F45)
18 Helen-Marie Davies (Swansea Harriers AC) (F35)
19 Julie Evans (Swansea Harriers) (F40)
20 Judith Oakley (Port Talbot Harriers) (F45)
21 Michelle Grey (3M's Gorseinon R.R.) F
22 Krissie Isley (Swansea University) F
23 Andrea Starritt (Brackla Harriers) (F45)
24 Jayne Arnold (Celtic Tri) (F40)
25 Chloe Crossman (Swansea University) F
26 Gillian Phillips (Sospan Road Runners) (F55)
27 Alyson Heard (3M's Gorseinon R.R.) (F50)
28 Angela Davies (Celtic Tri) (F35)
29 Caroline Sandles (3M's Gorseinon R.R.) (F45)
30 Mandy Morris (Port Talbot Harriers) (F40)
31 Pauline Williams (Port Talbot Harriers) (F55)
32 Caryl Davies (Sarn Helen) F
33 Hayley Griffiths (Celtic Tri) F
34 Sara Mela (Aberystwyth A.C.) F
35 Nicola Griffiths (Sospan Road Runners) (F45)
36 Jenna Gow (Port Talbot Harriers) F
37 Melanie Howard (Run4All) (F40)
38 Katie Davies (Celtic Tri) F
39 Sonia Cresswell (Women Runners Club Wales) (F35)
40 Debra Clarke (Run4All) (F45)
41 Lynne Bain (Run4All) F
42 Liz Beech (Brackla Harriers) (F50)
43 Lesley Mainwaring (Run4All) (F45)
44 Anna Marie Parsons (Port Talbot Harriers) (F45)
45 Penny Kennedy (Swansea Harriers AC) (F45)
46 Viv Jones (Sospan Road Runners) (F40)
47 Angie Ridge (Run4All) (F45)
48 Elinor Thomas (Celtic Tri) F
49 Jane Ogilvie (Brackla Harriers) (F50)
50 Elizabeth Bretherton (Run4All) F
51 Gwen Smith (3M's Gorseinon R.R.) (F45)
52 Jennifer Aylward (Run4All) (F45)

53 Sali Sweetman (3M's Gorseinon R.R.) F
54 Mel Best (Sospan Road Runners) F
55 Anne Rowell (TROTTS) (F55)
56 Emmaline Hardy (Celtic Tri) F
57 Cathryn Jenkins (Run4All) (F40)
58 Kayte Walsh (Run4All) F
59 Sharon Trotman (3M's Gorseinon R.R.) (F45)
60 Felicity Crotty (Aberystwyth A.C.) F
61 Melanie Gaul (Aberystwyth A.C.) (F40)
62 Amy Seppman (Celtic Tri) F
63 Philippa Morgan (Celtic Tri) (F35)
64 Carra Carter (Run4All) (F35)
65 Sam Bowen (Run4All) F
66 Carolyn Williams (Run4All) (F50)
67 Rhiannon Wallace (Swansea University) F
68 Celyn Evans (Sospan Road Runners) F
69 Sue Ramsden (Sospan Road Runners) (F50)
70 Jan Williams (Run4All) (F55)
71 Jan Harvey (Run4All) (F55)
72 Rhian Jones (Sospan Road Runners) F
73 Kirsty Mc Donald (Guest) F
74 Alison Griffiths (Pembrokeshire Harriers) (F45)
75 Charlotte Barlow (Brackla Harriers) F
76 Jenni Thomas (Guest) F
77 Laura Grey (Run4All) (F40)
78 Catherine Hoile-Davies (Run4All) (F45)
79 Linda Waller (3M's Gorseinon R.R.) (F55)
80 Rebecca Hambrook (Porthcawl Runners) (F60)
81 Susan Owen (Run4All) F
82 Hazel Wheeler (Run4All) (F40)
83 Johanne Hughes-Dowdle (Guest) (F45)
84 Laura Hall (3M's Gorseinon R.R.) (F50)
85 Kay Barnes (Run4All) (F45)
86 Christine Williams (Celtic Tri) (F45)
87 Wendy Johnson (Run4All) F
88 Denise Warlow (Celtic Tri) (F40)
89 Gemma Harris (Run4All) F
90 Claire Edwards (Run4All) (F35)
91 Andrea Lee Davies (Run4All) (F35)
92 Catherine Ball (Celtic Tri) F
93 Vicky Broad (Run4All) (F45)
94 Victoria Holmes (3M Gorseinon R.R.) (U20)
95 Linda Owens (3M's Gorseinon R.R.) (F60)
96 Sian Tossell (Brackla Harriers) (F45)
97 Nerys Moore (Run4All) (F35)
98 Julie Davies (3M's Gorseinon R.R.) (F60)
99 Barbara Thomas (Pembrokeshire Harriers) (F70)
100 Teresa Hillier (Run4All) (F50)
101 Julia Perry (Run4All) (F35)
102 Lynn Holmes (3M's Gorseinon R.R.) (F50)
103 Angela Walsh (Porthcawl Runners) F
104 Jacqui Roman (Run4All) (F35)
105 Julia Morgan (Run4All) (F50)
106 Melissa Powell (Run4All) (F45)
107 Wendy Edwards (Run4All) (F50)
108 Alex Butler (Run4All) F
109 Andrea Jenkins (Run4All) (F50)
110 Sian Wadham (Run4All) (F35)
111 Helen Jones (Run4All) (F40)
112 Evie Forrester (Run4All) (U20)
113 Amanda Gilbert (Run4All) (F45)
114 Jenny McDonnell (Run4All) (F35)
115 Andrea Griffiths (Pembrokeshire Harriers) (F45)